

, 20. - 23.1.2026

35  
23.01.2026 - 14:25

, 400m

|         |  |         |  |  |  |  |  |     |  |            |
|---------|--|---------|--|--|--|--|--|-----|--|------------|
|         |  | 4:31.51 |  |  |  |  |  |     |  | 14.12.2016 |
| 16 - 18 |  | 4:31.51 |  |  |  |  |  |     |  | 14.12.2016 |
| 14 - 15 |  | 4:36.00 |  |  |  |  |  | - - |  | 04.02.2016 |

: AQUA 2025

100m 200m 300m 400m

|    |       |         |       |       |                         |         |         |         |         |         |         |       |
|----|-------|---------|-------|-------|-------------------------|---------|---------|---------|---------|---------|---------|-------|
| 1. |       | 06      |       | -3    | <b>4:41.95</b> 581 I    | 1:06.50 | 1:12.13 | 1:12.85 | 1:10.47 |         |         |       |
|    | 50m:  | 31.19   | 31.19 | 150m: | 1:42.33                 | 35.83   | 250m:   | 2:54.83 | 36.20   | 350m:   | 4:07.66 | 36.18 |
|    | 100m: | 1:06.50 | 35.31 | 200m: | 2:18.63                 | 36.30   | 300m:   | 3:31.48 | 36.65   | 400m:   | 4:41.95 | 34.29 |
| 2. |       | 12      |       | . . . | <b>-44:53.14</b> 517 I  | 1:08.74 | 1:14.22 | 1:16.40 | 1:13.78 |         |         |       |
|    | 50m:  |         |       | 150m: |                         |         | 250m:   |         | 350m:   |         |         |       |
|    | 100m: | 1:08.74 |       | 200m: | 2:22.96                 |         | 300m:   | 3:39.36 | 400m:   | 4:53.14 |         |       |
| 3. |       | 11      |       | -2    | <b>4:55.45</b> 505 I    | 1:09.20 | 1:15.72 | 1:16.27 | 1:14.26 |         |         |       |
|    | 50m:  | 32.40   | 32.40 | 150m: | 1:46.90                 | 37.70   | 250m:   | 3:03.41 | 38.49   | 350m:   | 4:19.51 | 38.32 |
|    | 100m: | 1:09.20 | 36.80 | 200m: | 2:24.92                 | 38.02   | 300m:   | 3:41.19 | 37.78   | 400m:   | 4:55.45 | 35.94 |
| 4. |       | 09      |       | . . . | <b>-45:34.01</b> 349 II | 1:12.42 | 1:23.82 | 1:29.45 | 1:28.32 |         |         |       |
|    | 50m:  | 33.91   | 33.91 | 150m: | 1:53.72                 | 41.30   | 250m:   | 3:20.24 | 44.00   | 350m:   | 4:51.24 | 45.55 |
|    | 100m: | 1:12.42 | 38.51 | 200m: | 2:36.24                 | 42.52   | 300m:   | 4:05.69 | 45.45   | 400m:   | 5:34.01 | 42.77 |
| 5. |       | 11      |       | . . . | <b>-45:36.82</b> 341 II | 1:18.40 | 1:25.69 | 1:27.85 | 1:24.88 |         |         |       |
|    | 50m:  | 36.88   | 36.88 | 150m: | 2:00.75                 | 42.35   | 250m:   | 4:55.90 | 2:11.81 | 350m:   |         |       |
|    | 100m: | 1:18.40 | 41.52 | 200m: | 2:44.09                 | 43.34   | 300m:   | 4:11.94 |         | 400m:   | 5:36.82 |       |
| 6. |       | 12      |       | -2    | <b>5:44.70</b> 318      | 1:21.97 | 1:27.60 | 1:29.65 | 1:25.48 |         |         |       |
|    | 50m:  | 39.18   | 39.18 | 150m: | 2:04.91                 | 42.94   | 250m:   | 3:33.76 | 44.19   | 350m:   | 5:02.93 | 43.71 |
|    | 100m: | 1:21.97 | 42.79 | 200m: | 2:49.57                 | 44.66   | 300m:   | 4:19.22 | 45.46   | 400m:   | 5:44.70 | 41.77 |
| 7. |       | 09      |       | . . . | <b>-15:53.88</b> 294    | 1:16.75 | 1:30.37 | 1:33.32 | 1:33.44 |         |         |       |
|    | 50m:  | 35.64   | 35.64 | 150m: | 2:01.32                 | 44.57   | 250m:   | 3:33.84 | 46.72   | 350m:   | 5:08.42 | 47.98 |
|    | 100m: | 1:16.75 | 41.11 | 200m: | 2:47.12                 | 45.80   | 300m:   | 4:20.44 | 46.60   | 400m:   | 5:53.88 | 45.46 |
| 8. |       | 10      |       | -3    | <b>5:56.04</b> 288      | 1:22.75 | 1:30.04 | 1:32.31 | 1:30.94 |         |         |       |
|    | 50m:  | 39.55   | 39.55 | 150m: | 2:07.26                 | 44.51   | 250m:   | 3:38.68 | 45.89   | 350m:   | 5:11.51 | 46.41 |
|    | 100m: | 1:22.75 | 43.20 | 200m: | 2:52.79                 | 45.53   | 300m:   | 4:25.10 | 46.42   | 400m:   | 5:56.04 | 44.53 |

(16-18 )

|    |       |         |       |       |                         |         |         |         |         |       |         |       |
|----|-------|---------|-------|-------|-------------------------|---------|---------|---------|---------|-------|---------|-------|
| 1. |       | 09      |       | . . . | <b>-45:34.01</b> 349 II | 1:12.42 | 1:23.82 | 1:29.45 | 1:28.32 |       |         |       |
|    | 50m:  | 33.91   | 33.91 | 150m: | 1:53.72                 | 41.30   | 250m:   | 3:20.24 | 44.00   | 350m: | 4:51.24 | 45.55 |
|    | 100m: | 1:12.42 | 38.51 | 200m: | 2:36.24                 | 42.52   | 300m:   | 4:05.69 | 45.45   | 400m: | 5:34.01 | 42.77 |
| 2. |       | 09      |       | . . . | <b>-15:53.88</b> 294    | 1:16.75 | 1:30.37 | 1:33.32 | 1:33.44 |       |         |       |
|    | 50m:  | 35.64   | 35.64 | 150m: | 2:01.32                 | 44.57   | 250m:   | 3:33.84 | 46.72   | 350m: | 5:08.42 | 47.98 |
|    | 100m: | 1:16.75 | 41.11 | 200m: | 2:47.12                 | 45.80   | 300m:   | 4:20.44 | 46.60   | 400m: | 5:53.88 | 45.46 |
| 3. |       | 10      |       | -3    | <b>5:56.04</b> 288      | 1:22.75 | 1:30.04 | 1:32.31 | 1:30.94 |       |         |       |
|    | 50m:  | 39.55   | 39.55 | 150m: | 2:07.26                 | 44.51   | 250m:   | 3:38.68 | 45.89   | 350m: | 5:11.51 | 46.41 |
|    | 100m: | 1:22.75 | 43.20 | 200m: | 2:52.79                 | 45.53   | 300m:   | 4:25.10 | 46.42   | 400m: | 5:56.04 | 44.53 |

(14-15 )

|    |       |         |       |       |                         |         |         |         |         |         |         |       |
|----|-------|---------|-------|-------|-------------------------|---------|---------|---------|---------|---------|---------|-------|
| 1. |       | 12      |       | . . . | <b>-44:53.14</b> 517 I  | 1:08.74 | 1:14.22 | 1:16.40 | 1:13.78 |         |         |       |
|    | 50m:  |         |       | 150m: |                         |         | 250m:   |         | 350m:   |         |         |       |
|    | 100m: | 1:08.74 |       | 200m: | 2:22.96                 |         | 300m:   | 3:39.36 | 400m:   | 4:53.14 |         |       |
| 2. |       | 11      |       | -2    | <b>4:55.45</b> 505 I    | 1:09.20 | 1:15.72 | 1:16.27 | 1:14.26 |         |         |       |
|    | 50m:  | 32.40   | 32.40 | 150m: | 1:46.90                 | 37.70   | 250m:   | 3:03.41 | 38.49   | 350m:   | 4:19.51 | 38.32 |
|    | 100m: | 1:09.20 | 36.80 | 200m: | 2:24.92                 | 38.02   | 300m:   | 3:41.19 | 37.78   | 400m:   | 4:55.45 | 35.94 |
| 3. |       | 11      |       | . . . | <b>-45:36.82</b> 341 II | 1:18.40 | 1:25.69 | 1:27.85 | 1:24.88 |         |         |       |
|    | 50m:  | 36.88   | 36.88 | 150m: | 2:00.75                 | 42.35   | 250m:   | 4:55.90 | 2:11.81 | 350m:   |         |       |
|    | 100m: | 1:18.40 | 41.52 | 200m: | 2:44.09                 | 43.34   | 300m:   | 4:11.94 |         | 400m:   | 5:36.82 |       |
| 4. |       | 12      |       | -2    | <b>5:44.70</b> 318      | 1:21.97 | 1:27.60 | 1:29.65 | 1:25.48 |         |         |       |
|    | 50m:  | 39.18   | 39.18 | 150m: | 2:04.91                 | 42.94   | 250m:   | 3:33.76 | 44.19   | 350m:   | 5:02.93 | 43.71 |
|    | 100m: | 1:21.97 | 42.79 | 200m: | 2:49.57                 | 44.66   | 300m:   | 4:19.22 | 45.46   | 400m:   | 5:44.70 | 41.77 |

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"OMEGA"