

, 10. - 13.12.2024

14
11.12.2024 - 12:55

, 400m

4:26.40

19.01.2006

: FINA 2004

R.T.

1.				2009					+0,69	4:45.15	I	633
	50m:	29.70	29.70	150m:	1:43.39	38.73	250m:	2:59.55	38.80	350m:	4:13.14	34.17
	100m:	1:04.66	34.96	200m:	2:20.75	37.36	300m:	3:38.97	39.42	400m:	4:45.15	32.01
2.				2009					+0,79	4:47.18	I	619
	50m:	29.62	29.62	150m:	1:42.93	39.00	250m:	2:58.64	38.60	350m:	4:13.46	34.98
	100m:	1:03.93	34.31	200m:	2:20.04	37.11	300m:	3:38.48	39.84	400m:	4:47.18	33.72
3.				2008	I				+0,73	4:51.10	I	595
	50m:	30.53	30.53	150m:	1:41.46	36.43	250m:	3:00.91	42.77	350m:	4:17.40	34.28
	100m:	1:05.03	34.50	200m:	2:18.14	36.68	300m:	3:43.12	42.21	400m:	4:51.10	33.70
4.				2009	I				+0,70	4:58.86	I	550
	50m:	31.26	31.26	150m:	1:47.40	39.20	250m:	3:08.93	43.68	350m:	4:27.07	34.46
	100m:	1:08.20	36.94	200m:	2:25.25	37.85	300m:	3:52.61	43.68	400m:	4:58.86	31.79
5.				2008	I				+0,73	5:04.97	II	517
	50m:	31.38	31.38	150m:	1:45.03	37.99	250m:	3:07.59	43.31	350m:	4:28.93	36.83
	100m:	1:07.04	35.66	200m:	2:24.28	39.25	300m:	3:52.10	44.51	400m:	5:04.97	36.04
6.				2010	II				+0,70	5:18.88	II	452
	50m:	30.94	30.94	150m:	1:52.66	43.15	250m:	3:20.66	46.78	350m:	4:44.02	36.65
	100m:	1:09.51	38.57	200m:	2:33.88	41.22	300m:	4:07.37	46.71	400m:	5:18.88	34.86
7.				2009	I				+0,80	5:30.01	II	408
	50m:	33.06	33.06	150m:	1:54.17	42.84	250m:	3:25.50	48.72	350m:	4:53.39	40.93
	100m:	1:11.33	38.27	200m:	2:36.78	42.61	300m:	4:12.46	46.96	400m:	5:30.01	36.62
8.				2009	II				+0,67	5:33.92	II	394
	50m:	36.22	36.22	150m:	2:04.00	46.69	250m:	3:32.10	42.92	350m:	4:56.47	39.79
	100m:	1:17.31	41.09	200m:	2:49.18	45.18	300m:	4:16.68	44.58	400m:	5:33.92	37.45
9.				2010	II				+0,78	5:41.13	II	370
	50m:	32.82	32.82	150m:	1:58.37	44.21	250m:	3:31.51	50.47	350m:	5:02.70	40.82
	100m:	1:14.16	41.34	200m:	2:41.04	42.67	300m:	4:21.88	50.37	400m:	5:41.13	38.43
10.				2010	II				+0,79	5:47.40	III	350
	50m:	34.11	34.11	150m:	2:00.37	43.54	250m:	3:36.44	52.31	350m:	5:07.88	39.70
	100m:	1:16.83	42.72	200m:	2:44.13	43.76	300m:	4:28.18	51.74	400m:	5:47.40	39.52
11.				2010	III					6:04.11	III	304
	50m:	36.91	36.91	150m:	2:06.44	44.93	250m:	3:41.26	49.48	350m:	5:17.77	44.44
	100m:	1:21.51	44.60	200m:	2:51.78	45.34	300m:	4:33.33	52.07	400m:	6:04.11	46.34

1.				2008	I				+0,73	4:51.10	I	595
	50m:	30.53	30.53	150m:	1:41.46	36.43	250m:	3:00.91	42.77	350m:	4:17.40	34.28
	100m:	1:05.03	34.50	200m:	2:18.14	36.68	300m:	3:43.12	42.21	400m:	4:51.10	33.70
2.				2008	I				+0,73	5:04.97	II	517
	50m:	31.38	31.38	150m:	1:45.03	37.99	250m:	3:07.59	43.31	350m:	4:28.93	36.83
	100m:	1:07.04	35.66	200m:	2:24.28	39.25	300m:	3:52.10	44.51	400m:	5:04.97	36.04

1.				2009					+0,69	4:45.15	I	633
	50m:	29.70	29.70	150m:	1:43.39	38.73	250m:	2:59.55	38.80	350m:	4:13.14	34.17
	100m:	1:04.66	34.96	200m:	2:20.75	37.36	300m:	3:38.97	39.42	400m:	4:45.15	32.01
2.				2009					+0,79	4:47.18	I	619
	50m:	29.62	29.62	150m:	1:42.93	39.00	250m:	2:58.64	38.60	350m:	4:13.46	34.98
	100m:	1:03.93	34.31	200m:	2:20.04	37.11	300m:	3:38.48	39.84	400m:	4:47.18	33.72
3.				2009	I				+0,70	4:58.86	I	550
	50m:	31.26	31.26	150m:	1:47.40	39.20	250m:	3:08.93	43.68	350m:	4:27.07	34.46
	100m:	1:08.20	36.94	200m:	2:25.25	37.85	300m:	3:52.61	43.68	400m:	4:58.86	31.79

" " ", 25

SWISS TIMING QANTUM AQUATIC

