



Чемпионат и первенство Астраханской области по плаванию (25м)

13 - 16 декабря 2022 г

(25)

, 13. - 16.12.2022

12
14.12.2022 - 14:30

, 400m

		4:04.28								14.12.2016		
		4:04.28								14.12.2016		
: FINA 2022												
		/				R.T.				FINA		
1.				2006				+0,67	4:09.85		613	
	50m:	26.85	26.85	150m:	1:28.36	31.42	250m:	2:31.79	31.40	350m:	3:37.81	33.42
	100m:	56.94	30.09	200m:	2:00.39	32.03	300m:	3:04.39	32.60	400m:	4:09.85	32.04
2.				2002				+0,55	4:14.15 I		582	
	50m:	27.96	27.96	150m:	1:32.22	32.51	250m:	2:37.58	32.68	350m:	3:42.81	32.45
	100m:	59.71	31.75	200m:	2:04.90	32.68	300m:	3:10.36	32.78	400m:	4:14.15	31.34
3.				2006					4:14.39 I		580	
	50m:	28.08	28.08	150m:	1:31.52	32.25	250m:	2:37.11	32.98	350m:	3:43.31	32.84
	100m:	59.27	31.19	200m:	2:04.13	32.61	300m:	3:10.47	33.36	400m:	4:14.39	31.08
4.				2005				+0,62	4:16.69 I		565	
	50m:	28.03	28.03	150m:	1:30.97	32.00	250m:	2:36.85	33.10	350m:	3:43.10	33.10
	100m:	58.97	30.94	200m:	2:03.75	32.78	300m:	3:10.00	33.15	400m:	4:16.69	33.59
5.				2007				+0,63	4:18.88 I		551	
	50m:	28.66	28.66	150m:	1:32.58	32.59	250m:	2:39.16	33.39	350m:	3:45.74	33.77
	100m:	59.99	31.33	200m:	2:05.77	33.19	300m:	3:11.97	32.81	400m:	4:18.88	33.14
6.				2006				+0,67	4:21.02 I		537	
	50m:	27.59	27.59	150m:	1:32.60	33.14	250m:	2:40.33	34.10	350m:	3:48.72	34.35
	100m:	59.46	31.87	200m:	2:06.23	33.63	300m:	3:14.37	34.04	400m:	4:21.02	32.30
7.				2006 I				+0,64	4:24.72 I		515	
	50m:	27.66	27.66	150m:	1:29.88	31.80	250m:	2:38.39	35.26	350m:	3:50.47	35.96
	100m:	58.08	30.42	200m:	2:03.13	33.25	300m:	3:14.51	36.12	400m:	4:24.72	34.25
8.				2006 I				+0,72	4:26.32 I		506	
	50m:	27.73	27.73	150m:	1:32.40	33.16	250m:	2:41.88	35.02	350m:	3:53.00	35.88
	100m:	59.24	31.51	200m:	2:06.86	34.46	300m:	3:17.12	35.24	400m:	4:26.32	33.32
9.				2006 I				+0,63	4:32.13 II		474	
	50m:	29.75	29.75	150m:	1:37.98	34.55	250m:	2:47.50	34.88	350m:	3:58.21	35.32
	100m:	1:03.43	33.68	200m:	2:12.62	34.64	300m:	3:22.89	35.39	400m:	4:32.13	33.92
10.				2007 II					4:36.67 II		451	
	50m:	31.02	31.02	150m:	1:37.74	33.51	250m:	2:47.90	35.60	350m:	4:00.95	36.78
	100m:	1:04.23	33.21	200m:	2:12.30	34.56	300m:	3:24.17	36.27	400m:	4:36.67	35.72
11.				2006 I				+0,70	4:38.26 II		443	
	50m:	31.31	31.31	150m:	1:40.09	34.97	250m:	2:52.61	36.24	350m:	4:04.67	35.92
	100m:	1:05.12	33.81	200m:	2:16.37	36.28	300m:	3:28.75	36.14	400m:	4:38.26	33.59
12.				2007 II				+0,68	4:47.34 II		403	
	50m:	31.15	31.15	150m:	1:42.14	36.00	250m:	2:55.70	37.65	350m:	4:11.53	37.90
	100m:	1:06.14	34.99	200m:	2:18.05	35.91	300m:	3:33.63	37.93	400m:	4:47.34	35.81
13.				2006 II				+0,72	4:49.66 II		393	
	50m:	31.01	31.01	150m:	1:42.70	36.73	250m:	2:58.05	37.80	350m:	4:13.58	38.17
	100m:	1:05.97	34.96	200m:	2:20.25	37.55	300m:	3:35.41	37.36	400m:	4:49.66	36.08
14.				2007 II				+0,69	4:52.72 II		381	
	50m:	29.11	29.11	150m:	1:39.16	36.25	250m:	2:55.17	38.73	350m:	4:13.89	39.42
	100m:	1:02.91	33.80	200m:	2:16.44	37.28	300m:	3:34.47	39.30	400m:	4:52.72	38.83





Чемпионат и первенство Астраханской области по плаванию (25м)

13 - 16 декабря 2022 г

(25)

, 13. - 16.12.2022

12, , 400m								R.T.	FINA	
15.			2007 II					+0,89	4:56.12 II	368
	50m: 30.97	30.97	150m: 1:44.32	38.11	250m: 3:01.74	39.02	350m: 4:19.74			38.74
	100m: 1:06.21	35.24	200m: 2:22.72	38.40	300m: 3:41.00	39.26	400m: 4:56.12			36.38
16.			2007 II					+0,73	4:58.57 II	359
	50m: 31.23	31.23	150m: 1:44.19	37.37	250m: 3:01.90	39.21	350m: 4:20.96			39.25
	100m: 1:06.82	35.59	200m: 2:22.69	38.50	300m: 3:41.71	39.81	400m: 4:58.57			37.61
17.			2007 II					+0,80	5:03.72	341
	50m: 32.59	32.59	150m: 1:45.05	37.17	250m: 3:03.15	39.25	350m: 4:22.97			39.92
	100m: 1:07.88	35.29	200m: 2:23.90	38.85	300m: 3:43.05	39.90	400m: 5:03.72			40.75
1.			2006					+0,67	4:09.85	613
	50m: 26.85	26.85	150m: 1:28.36	31.42	250m: 2:31.79	31.40	350m: 3:37.81			33.42
	100m: 56.94	30.09	200m: 2:00.39	32.03	300m: 3:04.39	32.60	400m: 4:09.85			32.04
2.			2006						4:14.39 I	580
	50m: 28.08	28.08	150m: 1:31.52	32.25	250m: 2:37.11	32.98	350m: 3:43.31			32.84
	100m: 59.27	31.19	200m: 2:04.13	32.61	300m: 3:10.47	33.36	400m: 4:14.39			31.08
3.			2007					+0,63	4:18.88 I	551
	50m: 28.66	28.66	150m: 1:32.58	32.59	250m: 2:39.16	33.39	350m: 3:45.74			33.77
	100m: 59.99	31.33	200m: 2:05.77	33.19	300m: 3:11.97	32.81	400m: 4:18.88			33.14
4.			2006					+0,67	4:21.02 I	537
	50m: 27.59	27.59	150m: 1:32.60	33.14	250m: 2:40.33	34.10	350m: 3:48.72			34.35
	100m: 59.46	31.87	200m: 2:06.23	33.63	300m: 3:14.37	34.04	400m: 4:21.02			32.30
5.			2006 I					+0,64	4:24.72 I	515
	50m: 27.66	27.66	150m: 1:29.88	31.80	250m: 2:38.39	35.26	350m: 3:50.47			35.96
	100m: 58.08	30.42	200m: 2:03.13	33.25	300m: 3:14.51	36.12	400m: 4:24.72			34.25
6.			2006 I					+0,72	4:26.32 I	506
	50m: 27.73	27.73	150m: 1:32.40	33.16	250m: 2:41.88	35.02	350m: 3:53.00			35.88
	100m: 59.24	31.51	200m: 2:06.86	34.46	300m: 3:17.12	35.24	400m: 4:26.32			33.32
7.			2006 I					+0,63	4:32.13 II	474
	50m: 29.75	29.75	150m: 1:37.98	34.55	250m: 2:47.50	34.88	350m: 3:58.21			35.32
	100m: 1:03.43	33.68	200m: 2:12.62	34.64	300m: 3:22.89	35.39	400m: 4:32.13			33.92
8.			2007 II						4:36.67 II	451
	50m: 31.02	31.02	150m: 1:37.74	33.51	250m: 2:47.90	35.60	350m: 4:00.95			36.78
	100m: 1:04.23	33.21	200m: 2:12.30	34.56	300m: 3:24.17	36.27	400m: 4:36.67			35.72
9.			2006 I					+0,70	4:38.26 II	443
	50m: 31.31	31.31	150m: 1:40.09	34.97	250m: 2:52.61	36.24	350m: 4:04.67			35.92
	100m: 1:05.12	33.81	200m: 2:16.37	36.28	300m: 3:28.75	36.14	400m: 4:38.26			33.59
10.			2007 II					+0,68	4:47.34 II	403
	50m: 31.15	31.15	150m: 1:42.14	36.00	250m: 2:55.70	37.65	350m: 4:11.53			37.90
	100m: 1:06.14	34.99	200m: 2:18.05	35.91	300m: 3:33.63	37.93	400m: 4:47.34			35.81
11.			2006 II					+0,72	4:49.66 II	393
	50m: 31.01	31.01	150m: 1:42.70	36.73	250m: 2:58.05	37.80	350m: 4:13.58			38.17
	100m: 1:05.97	34.96	200m: 2:20.25	37.55	300m: 3:35.41	37.36	400m: 4:49.66			36.08
12.			2007 II					+0,69	4:52.72 II	381
	50m: 29.11	29.11	150m: 1:39.16	36.25	250m: 2:55.17	38.73	350m: 4:13.89			39.42
	100m: 1:02.91	33.80	200m: 2:16.44	37.28	300m: 3:34.47	39.30	400m: 4:52.72			38.83
13.			2007 II					+0,89	4:56.12 II	368
	50m: 30.97	30.97	150m: 1:44.32	38.11	250m: 3:01.74	39.02	350m: 4:19.74			38.74
	100m: 1:06.21	35.24	200m: 2:22.72	38.40	300m: 3:41.00	39.26	400m: 4:56.12			36.38





Чемпионат и первенство Астраханской области по плаванию (25м)

13 - 16 декабря 2022 г

(25)

, 13. - 16.12.2022

12, , 400m								R.T.			FINA	
14.				2007 II				+0,73	4:58.57	II	359	
	50m:	31.23	31.23	150m:	1:44.19	37.37	250m:	3:01.90	39.21	350m:	4:20.96	39.25
	100m:	1:06.82	35.59	200m:	2:22.69	38.50	300m:	3:41.71	39.81	400m:	4:58.57	37.61
15.				2007 II				+0,80	5:03.72		341	
	50m:	32.59	32.59	150m:	1:45.05	37.17	250m:	3:03.15	39.25	350m:	4:22.97	39.92
	100m:	1:07.88	35.29	200m:	2:23.90	38.85	300m:	3:43.05	39.90	400m:	5:03.72	40.75
EXH				2009 I				+0,69	4:26.56	I	504	
	50m:	29.17	29.17	150m:	1:35.77	33.78	250m:	2:44.19	34.10	350m:	3:53.37	34.46
	100m:	1:01.99	32.82	200m:	2:10.09	34.32	300m:	3:18.91	34.72	400m:	4:26.56	33.19
EXH				2009 I				+0,43	4:36.46	II	452	
	50m:	30.60	30.60	150m:	1:39.49	35.08	250m:	2:50.54	35.52	350m:	4:01.80	35.52
	100m:	1:04.41	33.81	200m:	2:15.02	35.53	300m:	3:26.28	35.74	400m:	4:36.46	34.66
EXH				2008 I				+0,77	4:38.97	II	440	
	50m:	31.36	31.36	150m:	1:40.42	35.03	250m:	2:51.26	35.60	350m:	4:03.53	36.05
	100m:	1:05.39	34.03	200m:	2:15.66	35.24	300m:	3:27.48	36.22	400m:	4:38.97	35.44
EXH				2008 II					4:43.37	II	420	
	50m:	31.52	31.52	150m:	1:41.20	35.43	250m:	2:54.18	36.65	350m:	4:06.94	36.35
	100m:	1:05.77	34.25	200m:	2:17.53	36.33	300m:	3:30.59	36.41	400m:	4:43.37	36.43
EXH				2008 II				+0,70	4:49.84	II	392	
	50m:	31.59	31.59	150m:	1:43.26	36.49	250m:	2:57.91	37.46	350m:	4:13.67	37.97
	100m:	1:06.77	35.18	200m:	2:20.45	37.19	300m:	3:35.70	37.79	400m:	4:49.84	36.17
EXH				2009 II				+0,67	4:55.62	II	370	
	50m:	32.12	32.12	150m:	1:45.93	37.34	250m:	3:02.22	38.68	350m:	4:19.17	38.09
	100m:	1:08.59	36.47	200m:	2:23.54	37.61	300m:	3:41.08	38.86	400m:	4:55.62	36.45
EXH				2008 II				+0,69	4:55.64	II	370	
	50m:	32.13	32.13	150m:	1:44.57	36.98	250m:	3:00.03	37.94	350m:	4:18.06	39.17
	100m:	1:07.59	35.46	200m:	2:22.09	37.52	300m:	3:38.89	38.86	400m:	4:55.64	37.58
EXH				2008 II				+0,59	4:57.28	II	363	
	50m:	32.55	32.55	150m:	1:44.70	36.79	250m:	3:01.79	39.03	350m:	4:19.80	38.75
	100m:	1:07.91	35.36	200m:	2:22.76	38.06	300m:	3:41.05	39.26	400m:	4:57.28	37.48
EXH				2008 II				+0,83	4:58.66	II	358	
	50m:	31.54	31.54	150m:	1:43.34	36.77	250m:	3:00.30	39.14	350m:	4:19.98	39.81
	100m:	1:06.57	35.03	200m:	2:21.16	37.82	300m:	3:40.17	39.87	400m:	4:58.66	38.68
EXH				2008 II				+0,86	5:00.04	II	354	
	50m:	33.71	33.71	150m:	1:48.01	37.60	250m:	3:04.94	38.14	350m:	4:23.57	39.17
	100m:	1:10.41	36.70	200m:	2:26.80	38.79	300m:	3:44.40	39.46	400m:	5:00.04	36.47
EXH				2008 II				+0,63	5:01.99	II	347	
	50m:	32.38	32.38	150m:	1:46.09	37.72	250m:	3:04.27	39.04	350m:	4:24.76	40.40
	100m:	1:08.37	35.99	200m:	2:25.23	39.14	300m:	3:44.36	40.09	400m:	5:01.99	37.23
EXH				2009 II					5:08.98		324	
	50m:	33.42	33.42	150m:	1:50.70	39.59	250m:	3:10.11	40.03	350m:	4:30.77	40.28
	100m:	1:11.11	37.69	200m:	2:30.08	39.38	300m:	3:50.49	40.38	400m:	5:08.98	38.21
EXH				2009 II				+0,56	5:16.37		301	
	50m:	36.00	36.00	150m:	1:55.54	40.44	250m:	3:16.77	40.28	350m:	4:38.01	39.97
	100m:	1:15.10	39.10	200m:	2:36.49	40.95	300m:	3:58.04	41.27	400m:	5:16.37	38.36
EXH				2009 II					5:23.81		281	
	50m:	35.82	35.82	150m:	1:57.19	41.22	250m:	3:21.04	42.69	350m:	4:43.92	40.90
	100m:	1:15.97	40.15	200m:	2:38.35	41.16	300m:	4:03.02	41.98	400m:	5:23.81	39.89





Чемпионат и первенство Астраханской области по плаванию (25м)

13 - 16 декабря 2022 г

(25)

, 13. - 16.12.2022

		12, , 400m						R.T.		FINA		
EXH				2009 II				+0,63	5:25.58	277		
	50m:	32.25	32.25	150m:	1:49.22	39.26	250m:	3:14.97	42.66	350m:	4:43.86	44.90
	100m:	1:09.96	37.71	200m:	2:32.31	43.09	300m:	3:58.96	43.99	400m:	5:25.58	41.72
EXH				2009 III						5:32.82	259	
	50m:	36.37	36.37	150m:	2:00.29	42.69	250m:	3:25.99	42.83	350m:	4:52.28	42.82
	100m:	1:17.60	41.23	200m:	2:43.16	42.87	300m:	4:09.46	43.47	400m:	5:32.82	40.54
EXH				2010 III						5:36.25	251	
	50m:	36.46	36.46	150m:	2:00.79	42.63	250m:	3:26.91	43.21	350m:	4:54.86	44.17
	100m:	1:18.16	41.70	200m:	2:43.70	42.91	300m:	4:10.69	43.78	400m:	5:36.25	41.39

