

13													
13.12.2023													
		4:57.49								17.10.2018			
		4:57.44								02.12.2018			
: FINA 2023													
		/						R.T.					
1.	,	2003						-2	+0,70	5:13.83	561		
		50m:	31.21	31.21	150m:	1:51.68	40.78	250m:	3:16.40	44.74	350m:	4:38.89	36.43
		100m:	1:10.90	39.69	200m:	2:31.66	39.98	300m:	4:02.46	46.06	400m:	5:13.83	34.94
2.	,	2009 I								+0,74	5:37.09	453	
	I	50m:	37.03	37.03	150m:	2:01.03	40.74	250m:	3:32.73	50.10	350m:	4:59.31	38.62
		100m:	1:20.29	43.26	200m:	2:42.63	41.60	300m:	4:20.69	47.96	400m:	5:37.09	37.78
3.	,	2009 II								+0,79	5:53.72	392	
	II	50m:	35.79	35.79	150m:	2:06.67	46.23	250m:	3:42.60	50.10	350m:	5:15.52	39.72
		100m:	1:20.44	44.65	200m:	2:52.50	45.83	300m:	4:35.80	53.20	400m:	5:53.72	38.20
DSQ	,	2007 I								+0,71			
		50m:	31.82	31.82	150m:	2:02.78	50.29	250m:			350m:		
		100m:	1:12.49	40.67	200m:			300m:			400m:		
(13-14)													
1.	,	2009 I								+0,74	5:37.09	453	
	I	50m:	37.03	37.03	150m:	2:01.03	40.74	250m:	3:32.73	50.10	350m:	4:59.31	38.62
		100m:	1:20.29	43.26	200m:	2:42.63	41.60	300m:	4:20.69	47.96	400m:	5:37.09	37.78
2.	,	2009 II								+0,79	5:53.72	392	
	II	50m:	35.79	35.79	150m:	2:06.67	46.23	250m:	3:42.60	50.10	350m:	5:15.52	39.72
		100m:	1:20.44	44.65	200m:	2:52.50	45.83	300m:	4:35.80	53.20	400m:	5:53.72	38.20