

, 17. - 20.9.2024

37
20.09.2024 - 13:25

, 400m

4:24.28

11.09.2020

: FINA 2023

R.T.

1.				2008	I				+0,70	4:48.71	I	514	
	50m:	31.32	31.32	150m:	1:42.91	36.74	250m:	2:57.91	37.58	350m:	4:13.73	38.13	
	100m:	1:06.17	34.85	200m:	2:20.33	37.42	300m:	3:35.60	37.69	400m:	4:48.71	34.98	
2.				2009	I				-3	+0,77	4:54.19	II	486
	50m:	33.56	33.56	150m:	1:47.94	37.73	250m:	3:04.52	38.65	350m:	4:19.68	37.79	
	100m:	1:10.21	36.65	200m:	2:25.87	37.93	300m:	3:41.89	37.37	400m:	4:54.19	34.51	
3.				2006						+0,65	4:54.64	II	483
	50m:	31.41	31.41	150m:	1:44.88	37.34	250m:	3:01.76	38.56	350m:	4:18.16	37.79	
	100m:	1:07.54	36.13	200m:	2:23.20	38.32	300m:	3:40.37	38.61	400m:	4:54.64	36.48	
4.				2007	I				-3	+0,80	4:55.98	II	477
	50m:	31.72	31.72	150m:	1:44.10	37.24	250m:	3:00.32	38.39	350m:	4:18.64	39.11	
	100m:	1:06.86	35.14	200m:	2:21.93	37.83	300m:	3:39.53	39.21	400m:	4:55.98	37.34	
5.				2009	I				-3	+0,68	4:57.43	II	470
	50m:	31.96	31.96	150m:	1:46.48	37.99	250m:	3:03.06	38.56	350m:	4:19.55	38.32	
	100m:	1:08.49	36.53	200m:	2:24.50	38.02	300m:	3:41.23	38.17	400m:	4:57.43	37.88	
6.				2006						+0,70	5:05.47	II	434
	50m:	33.14	33.14	150m:	1:49.87	38.98	250m:	3:07.86	38.83	350m:	4:26.70	39.52	
	100m:	1:10.89	37.75	200m:	2:29.03	39.16	300m:	3:47.18	39.32	400m:	5:05.47	38.77	
7.				2009	II				-3	+0,68	5:12.49	II	405
	50m:	34.27	34.27	150m:	1:51.87	39.58	250m:	3:12.40	40.04	350m:	4:32.93	40.80	
	100m:	1:12.29	38.02	200m:	2:32.36	40.49	300m:	3:52.13	39.73	400m:	5:12.49	39.56	
8.				2009	III				-1		5:40.82		312
	50m:	36.53	36.53	150m:	1:58.10	41.95	250m:	3:25.62	44.30	350m:	4:56.30	45.50	
	100m:	1:16.15	39.62	200m:	2:41.32	43.22	300m:	4:10.80	45.18	400m:	5:40.82	44.52	

1.				2008	I				+0,70	4:48.71	I	514	
	50m:	31.32	31.32	150m:	1:42.91	36.74	250m:	2:57.91	37.58	350m:	4:13.73	38.13	
	100m:	1:06.17	34.85	200m:	2:20.33	37.42	300m:	3:35.60	37.69	400m:	4:48.71	34.98	
2.				2006						+0,65	4:54.64	II	483
	50m:	31.41	31.41	150m:	1:44.88	37.34	250m:	3:01.76	38.56	350m:	4:18.16	37.79	
	100m:	1:07.54	36.13	200m:	2:23.20	38.32	300m:	3:40.37	38.61	400m:	4:54.64	36.48	
3.				2007	I				-3	+0,80	4:55.98	II	477
	50m:	31.72	31.72	150m:	1:44.10	37.24	250m:	3:00.32	38.39	350m:	4:18.64	39.11	
	100m:	1:06.86	35.14	200m:	2:21.93	37.83	300m:	3:39.53	39.21	400m:	4:55.98	37.34	
4.				2006						+0,70	5:05.47	II	434
	50m:	33.14	33.14	150m:	1:49.87	38.98	250m:	3:07.86	38.83	350m:	4:26.70	39.52	
	100m:	1:10.89	37.75	200m:	2:29.03	39.16	300m:	3:47.18	39.32	400m:	5:05.47	38.77	

1.				2009	I				-3	+0,77	4:54.19	II	486
	50m:	33.56	33.56	150m:	1:47.94	37.73	250m:	3:04.52	38.65	350m:	4:19.68	37.79	
	100m:	1:10.21	36.65	200m:	2:25.87	37.93	300m:	3:41.89	37.37	400m:	4:54.19	34.51	
2.				2009	I				-3	+0,68	4:57.43	II	470
	50m:	31.96	31.96	150m:	1:46.48	37.99	250m:	3:03.06	38.56	350m:	4:19.55	38.32	
	100m:	1:08.49	36.53	200m:	2:24.50	38.02	300m:	3:41.23	38.17	400m:	4:57.43	37.88	
3.				2009	II				-3	+0,68	5:12.49	II	405
	50m:	34.27	34.27	150m:	1:51.87	39.58	250m:	3:12.40	40.04	350m:	4:32.93	40.80	
	100m:	1:12.29	38.02	200m:	2:32.36	40.49	300m:	3:52.13	39.73	400m:	5:12.49	39.56	
4.				2009	III				-1		5:40.82		312
	50m:	36.53	36.53	150m:	1:58.10	41.95	250m:	3:25.62	44.30	350m:	4:56.30	45.50	
	100m:	1:16.15	39.62	200m:	2:41.32	43.22	300m:	4:10.80	45.18	400m:	5:40.82	44.52	