

, 30.1. - 2.2.2024

10
31.01.2024 - 14:30

, 400m

14

						4:31.51					14.12.2016	
: FINA 2024												
						100m	200m	300m	400m			
1.			02			-14:52.12	523 I	1:07.99	1:13.99	1:15.52	1:14.62	
	50m:	32.25	32.25	150m:	1:44.12	36.13	250m:	2:59.68	37.70	350m:	4:14.69	37.19
	100m:	1:07.99	35.74	200m:	2:21.98	37.86	300m:	3:37.50	37.82	400m:	4:52.12	37.43
2.			08			5:02.25	472 II	1:07.58	1:16.24	1:19.73	1:18.70	
	50m:			150m:			250m:		350m:	5:02.25		
	100m:	1:07.58		200m:	2:23.82		300m:	3:43.55				
3.			02			-15:05.51	457 II	1:13.94	1:17.22	1:17.81	1:16.54	
	50m:	34.60	34.60	150m:	1:51.91	37.97	250m:	3:09.38	38.22	350m:	4:26.88	37.91
	100m:	1:13.94	39.34	200m:	2:31.16	39.25	300m:	3:48.97	39.59	400m:	5:05.51	38.63
4.			07			-15:11.91	429 II	1:11.03				
	50m:	33.43	33.43	150m:	1:50.11	39.08	250m:	3:11.28	350m:	4:33.22		
	100m:	1:11.03	37.60	200m:			300m:		400m:	5:11.91	38.69	
5.			03			5:14.43	419 II	1:11.68	1:22.01	1:22.74	1:18.00	
	50m:	33.44	33.44	150m:	1:52.19	40.51	250m:	3:15.04	41.35	350m:	4:36.47	40.04
	100m:	1:11.68	38.24	200m:	2:33.69	41.50	300m:	3:56.43	41.39	400m:	5:14.43	37.96
6.			07			-15:17.26	408 II	1:12.00	1:20.68	1:23.83	1:20.75	
	50m:			150m:			250m:		350m:			
	100m:	1:12.00		200m:	2:32.68		300m:	3:56.51	400m:	5:17.26		
7.			08			5:26.27	375 II	1:13.18	1:22.79	1:25.43	1:24.87	
	50m:	33.53	33.53	150m:	1:53.90	40.72	250m:	3:18.37	42.40	350m:	4:44.05	42.65
	100m:	1:13.18	39.65	200m:	2:35.97	42.07	300m:	4:01.40	43.03	400m:	5:26.27	42.22
8.			06			-15:30.03	362 II	1:17.47	1:24.43	1:25.29	1:22.84	
	50m:	36.05	36.05	150m:	1:59.16	41.69	250m:	3:24.00	42.10	350m:	4:48.42	41.23
	100m:	1:17.47	41.42	200m:	2:41.90	42.74	300m:	4:07.19	43.19	400m:	5:30.03	41.61
9.			08			-16:19.40	238	1:29.07	1:36.29	1:37.85	1:36.19	
	50m:	41.04	41.04	150m:	2:16.31	47.24	250m:	3:53.84	48.48	350m:	5:32.16	48.95
	100m:	1:29.07	48.03	200m:	3:05.36	49.05	300m:	4:43.21	49.37	400m:	6:19.40	47.24
1.			09			-25:04.30	462 II	1:12.78	1:17.94	1:18.02	1:15.56	
	50m:	34.44	34.44	150m:	1:51.63	38.85	250m:	3:09.46	38.74	350m:	4:27.36	38.62
	100m:	1:12.78	38.34	200m:	2:30.72	39.09	300m:	3:48.74	39.28	400m:	5:04.30	36.94
2.			09			-25:12.81	426 II	1:12.13	1:19.84	1:21.37	1:19.47	
	50m:	34.02	34.02	150m:	1:51.83	39.70	250m:	3:12.39	40.42	350m:	4:33.82	40.48
	100m:	1:12.13	38.11	200m:	2:31.97	40.14	300m:	3:53.34	40.95	400m:	5:12.81	38.99
3.			09			-25:14.73	418 II	1:09.61	1:19.92	1:23.49	1:21.71	
	50m:	32.15	32.15	150m:	1:48.79	39.18	250m:	3:10.28	40.75	350m:	4:34.70	41.68
	100m:	1:09.61	37.46	200m:	2:29.53	40.74	300m:	3:53.02	42.74	400m:	5:14.73	40.03
4.			09			5:18.24	404 II	1:11.88	1:20.72	1:23.67	1:21.97	
	50m:	32.53	32.53	150m:	1:52.20	40.32	250m:	3:14.72	42.12	350m:	4:38.89	42.62
	100m:	1:11.88	39.35	200m:	2:32.60	40.40	300m:	3:56.27	41.55	400m:	5:18.24	39.35
5.			09			-25:19.51	399 II	1:12.32	1:20.77	1:24.60	1:21.82	
	50m:	34.17	34.17	150m:	1:52.15	39.83	250m:	3:14.66	41.57	350m:	4:38.98	41.29
	100m:	1:12.32	38.15	200m:	2:33.09	40.94	300m:	3:57.69	43.03	400m:	5:19.51	40.53
6.			09			-25:23.45	385 II	1:12.36	1:22.15	1:24.69	1:24.25	
	50m:	33.66	33.66	150m:	1:52.94	40.58	250m:	3:16.30	41.79	350m:	4:42.00	42.80
	100m:	1:12.36	38.70	200m:	2:34.51	41.57	300m:	3:59.20	42.90	400m:	5:23.45	41.45
7.			10			-25:23.70	384 II	1:13.80	1:21.39	1:24.52	1:23.99	
	50m:	34.71	34.71	150m:	1:53.94	40.14	250m:	3:16.86	41.67	350m:	4:41.94	42.23
	100m:	1:13.80	39.09	200m:	2:35.19	41.25	300m:	3:59.71	42.85	400m:	5:23.70	41.76
8.			09			5:30.92	359 II	1:18.15	1:25.52	1:24.86	1:22.39	
	50m:	36.27	36.27	150m:	2:00.46	42.31	250m:	3:25.72	42.05	350m:	4:50.40	41.87
	100m:	1:18.15	41.88	200m:	2:43.67	43.21	300m:	4:08.53	42.81	400m:	5:30.92	40.52
9.			10			5:50.00	304	1:18.40	1:28.29	1:31.84	1:31.47	
	50m:			150m:			250m:		350m:			
	100m:	1:18.40		200m:	2:46.69		300m:	4:18.53	400m:	5:50.00		

10, , 400m

EXH

09 . . . -15:39.98 331 II 1:17.36 1:24.98 1:28.21 1:29.43
50m: 36.68 36.68 150m: 1:58.99 41.63 250m: 3:25.45 43.11 350m: 4:54.73 44.18
100m: 1:17.36 40.68 200m: 2:42.34 43.35 300m: 4:10.55 45.10 400m: 5:39.98 45.25