

35
19.06.2026 - 14:35

, 400m

14

: AQUA 2025

						100m	200m	300m	400m			
14												
1.	,	06			4:41.10	587 I	1:06.24	1:12.05	1:13.76	1:09.05		
	50m:	31.61	31.61	150m:	1:42.22	35.98	250m:	2:55.02	36.73	350m:	4:07.32	35.27
	100m:	1:06.24	34.63	200m:	2:18.29	36.07	300m:	3:32.05	37.03	400m:	4:41.10	33.78
2.	,	12			4:59.27	486 II	1:08.59	1:17.86	1:17.87	1:14.95		
	50m:			150m:			250m:		350m:			
	100m:	1:08.59		200m:	2:26.45		300m:	3:44.32	400m:	4:59.27		
3.	,	09			5:14.24	420 II	1:12.76	1:20.80	1:22.39	1:18.29		
	50m:	34.71	34.71	150m:	1:52.72	39.96	250m:	3:15.24	41.68	350m:	4:37.24	41.29
	100m:	1:12.76	38.05	200m:	2:33.56	40.84	300m:	3:55.95	40.71	400m:	5:14.24	37.00
4.	,	12			5:15.61	414 II	1:15.34	1:20.60	1:21.63	1:18.04		
	50m:	35.51	35.51	150m:	1:55.59	40.25	250m:	3:16.60	40.66	350m:	4:37.33	39.76
	100m:	1:15.34	39.83	200m:	2:35.94	40.35	300m:	3:57.57	40.97	400m:	5:15.61	38.28
5.	,	11			5:43.53	321	1:19.74	1:27.99	1:29.97	1:25.83		
	50m:	38.10	38.10	150m:	2:03.53	43.79	250m:	3:32.87	45.14	350m:	5:01.93	44.23
	100m:	1:19.74	41.64	200m:	2:47.73	44.20	300m:	4:17.70	44.83	400m:	5:43.53	41.60
6.	,	12		"	5:45.29	316	1:20.44	1:28.52	1:28.89	1:27.44		
	50m:	37.42	37.42	150m:	2:04.65	44.21	250m:	3:32.54	43.58	350m:	5:02.48	44.63
	100m:	1:20.44	43.02	200m:	2:48.96	44.31	300m:	4:17.85	45.31	400m:	5:45.29	42.81
7.	,	09			5:46.41	313	1:17.97	1:29.40	1:30.55	1:28.49		
	50m:	35.83	35.83	150m:	2:01.97	44.00	250m:	3:32.19	44.82	350m:	5:03.92	46.00
	100m:	1:17.97	42.14	200m:	2:47.37	45.40	300m:	4:17.92	45.73	400m:	5:46.41	42.49
8.	,	11			5:49.13	306	1:18.84	1:29.23	1:31.02	1:30.04		
	50m:	36.32	36.32	150m:	2:02.59	43.75	250m:	3:32.37	44.30	350m:	5:05.14	46.05
	100m:	1:18.84	42.52	200m:	2:48.07	45.48	300m:	4:19.09	46.72	400m:	5:49.13	43.99
9.	,	11			6:12.47	252	1:26.49	1:36.73	1:36.83	1:32.42		
	50m:			150m:			250m:		350m:			
	100m:	1:26.49		200m:	3:03.22		300m:	4:40.05	400m:	6:12.47		
14-15												
1.	,	12			4:59.27	486 II	1:08.59	1:17.86	1:17.87	1:14.95		
	50m:			150m:			250m:		350m:			
	100m:	1:08.59		200m:	2:26.45		300m:	3:44.32	400m:	4:59.27		
2.	,	12			5:15.61	414 II	1:15.34	1:20.60	1:21.63	1:18.04		
	50m:	35.51	35.51	150m:	1:55.59	40.25	250m:	3:16.60	40.66	350m:	4:37.33	39.76
	100m:	1:15.34	39.83	200m:	2:35.94	40.35	300m:	3:57.57	40.97	400m:	5:15.61	38.28
3.	,	11			5:43.53	321	1:19.74	1:27.99	1:29.97	1:25.83		
	50m:	38.10	38.10	150m:	2:03.53	43.79	250m:	3:32.87	45.14	350m:	5:01.93	44.23
	100m:	1:19.74	41.64	200m:	2:47.73	44.20	300m:	4:17.70	44.83	400m:	5:43.53	41.60
4.	,	12		"	5:45.29	316	1:20.44	1:28.52	1:28.89	1:27.44		
	50m:	37.42	37.42	150m:	2:04.65	44.21	250m:	3:32.54	43.58	350m:	5:02.48	44.63
	100m:	1:20.44	43.02	200m:	2:48.96	44.31	300m:	4:17.85	45.31	400m:	5:45.29	42.81
5.	,	11			5:49.13	306	1:18.84	1:29.23	1:31.02	1:30.04		
	50m:	36.32	36.32	150m:	2:02.59	43.75	250m:	3:32.37	44.30	350m:	5:05.14	46.05
	100m:	1:18.84	42.52	200m:	2:48.07	45.48	300m:	4:19.09	46.72	400m:	5:49.13	43.99
6.	,	11			6:12.47	252	1:26.49	1:36.73	1:36.83	1:32.42		
	50m:			150m:			250m:		350m:			
	100m:	1:26.49		200m:	3:03.22		300m:	4:40.05	400m:	6:12.47		
1.	,	09			5:14.24	420 II	1:12.76	1:20.80	1:22.39	1:18.29		
	50m:	34.71	34.71	150m:	1:52.72	39.96	250m:	3:15.24	41.68	350m:	4:37.24	41.29
	100m:	1:12.76	38.05	200m:	2:33.56	40.84	300m:	3:55.95	40.71	400m:	5:14.24	37.00
2.	,	09			5:46.41	313	1:17.97	1:29.40	1:30.55	1:28.49		
	50m:	35.83	35.83	150m:	2:01.97	44.00	250m:	3:32.19	44.82	350m:	5:03.92	46.00
	100m:	1:17.97	42.14	200m:	2:47.37	45.40	300m:	4:17.92	45.73	400m:	5:46.41	42.49

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