



Первенство Астраханской области по плаванию (25м)



2022_25

, 4. - 7.10.2022

12				, 400m				9 - 12	
05.10.2022 - 16:15									
11 - 12		5:16.54						03.06.2016	
9 - 10		6:29.40						10.12.2019	
: FINA 2022									
		/				R.T		FINA	
(11-12)									
1.			2010 II			6:05.40 II		355	
50m:	37.18	37.18	150m: 2:08.01	46.88	250m: 3:48.56	54.88	350m: 5:24.20	41.57	
100m:	1:21.13	43.95	200m: 2:53.68	45.67	300m: 4:42.63	54.07	400m: 6:05.40	41.20	
2.			2011 II			6:10.77 II		340	
50m:	40.12	40.12	150m: 2:13.71	46.41	250m: 3:52.67	53.05	350m: 5:28.90	42.35	
100m:	1:27.30	47.18	200m: 2:59.62	45.91	300m: 4:46.55	53.88	400m: 6:10.77	41.87	
(9-10)									
1.			2013 III			6:59.51 III		235	
50m:	41.32	41.32	150m: 2:30.62	52.48	250m: 4:23.16	1:01.69	350m: 6:14.83	47.41	
100m:	1:38.14	56.82	200m: 3:21.47	50.85	300m: 5:27.42	1:04.26	400m: 6:59.51	44.68	
DSQ			2012 III						
50m:	41.55	41.55	150m: 2:24.33	53.76	250m: 4:09.08	54.45	350m: 5:54.28	49.53	
100m:	1:30.57	49.02	200m: 3:14.63	50.30	300m: 5:04.75	55.67	400m:		