



Первенство Астраханской области по плаванию

, 12. - 15.12.2023

11 , 400m (13-14)
13.12.2023

4:10.03

09.09.2020

: FINA 2023

R.T.

1.				2009					+0,55	4:17.59	I	559
	50m:	28.02	28.02	150m:	1:32.26	32.58	250m:	2:39.16	33.50	350m:	3:46.30	33.67
	100m:	59.68	31.66	200m:	2:05.66	33.40	300m:	3:12.63	33.47	400m:	4:17.59	31.29
2.				2009					+0,65	4:17.99	I	556
	50m:	28.42	28.42	150m:	1:32.67	32.79	250m:	2:39.83	33.77	350m:	3:47.24	33.42
	100m:	59.88	31.46	200m:	2:06.06	33.39	300m:	3:13.82	33.99	400m:	4:17.99	30.75
3.				2009	I				+0,67	4:24.98	I	513
	50m:	29.78	29.78	150m:	1:34.50	33.18	250m:	2:42.85	34.19	350m:	3:51.53	34.15
	100m:	1:01.32	31.54	200m:	2:08.66	34.16	300m:	3:17.38	34.53	400m:	4:24.98	33.45
4.				2010	I				+0,73	4:32.19	II	474
	50m:	30.23	30.23	150m:	1:37.54	34.35	250m:	2:46.56	34.76	350m:	3:57.76	35.70
	100m:	1:03.19	32.96	200m:	2:11.80	34.26	300m:	3:22.06	35.50	400m:	4:32.19	34.43
5.				2009	I				+0,69	4:33.38	II	467
	50m:	29.17	29.17	150m:	1:40.05	35.93	250m:	2:51.02	35.49	350m:	4:02.36	35.73
	100m:	1:04.12	34.95	200m:	2:15.53	35.48	300m:	3:26.63	35.61	400m:	4:33.38	31.02
6.				2009	I				+0,78	4:35.38	II	457
	50m:	29.16	29.16	150m:	1:37.65	35.34	250m:	2:49.07	35.85	350m:	4:01.05	35.70
	100m:	1:02.31	33.15	200m:	2:13.22	35.57	300m:	3:25.35	36.28	400m:	4:35.38	34.33
7.				2009	II				+0,73	4:40.81	II	431
	50m:	30.13	30.13	150m:	1:40.46	35.34	250m:	2:53.24	36.76	350m:	4:05.98	36.05
	100m:	1:05.12	34.99	200m:	2:16.48	36.02	300m:	3:29.93	36.69	400m:	4:40.81	34.83
8.				2010	II				+0,72	4:41.48	II	428
	50m:	31.41	31.41	150m:	1:41.23	35.17	250m:	2:53.61	36.30	350m:	4:07.04	37.08
	100m:	1:06.06	34.65	200m:	2:17.31	36.08	300m:	3:29.96	36.35	400m:	4:41.48	34.44
9.				2009	II				+0,82	4:42.64	II	423
	50m:	30.63	30.63	150m:	1:41.39	35.54	250m:	2:53.94	36.40	350m:	4:07.72	36.73
	100m:	1:05.85	35.22	200m:	2:17.54	36.15	300m:	3:30.99	37.05	400m:	4:42.64	34.92
10.				2009	II				+0,74	4:44.27	II	416
	50m:	30.50	30.50	150m:	1:41.22	35.18	250m:	2:54.94	37.24	350m:	4:09.52	37.05
	100m:	1:06.04	35.54	200m:	2:17.70	36.48	300m:	3:32.47	37.53	400m:	4:44.27	34.75
11.				2009	II				+0,74	4:44.42	II	415
	50m:	33.32	33.32	150m:	1:45.50	36.45	250m:	2:58.14	36.23	350m:	4:10.75	35.97
	100m:	1:09.05	35.73	200m:	2:21.91	36.41	300m:	3:34.78	36.64	400m:	4:44.42	33.67
12.				2009	II				+0,74	4:48.36	II	398
	50m:	29.91	29.91	150m:	1:41.52	36.47	250m:	2:56.14	37.59	350m:	4:11.52	37.87
	100m:	1:05.05	35.14	200m:	2:18.55	37.03	300m:	3:33.65	37.51	400m:	4:48.36	36.84
13.				2009	II				+0,81	4:51.00	II	388
	50m:	30.12	30.12	150m:	1:42.06	36.87	250m:	2:57.75	37.99	350m:	4:14.46	39.08
	100m:	1:05.19	35.07	200m:	2:19.76	37.70	300m:	3:35.38	37.63	400m:	4:51.00	36.54
14.				2009	II				+0,82	4:51.10	II	387
	50m:	31.97	31.97	150m:	1:44.88	37.02	250m:	3:00.29	37.88	350m:	4:15.59	37.09
	100m:	1:07.86	35.89	200m:	2:22.41	37.53	300m:	3:38.50	38.21	400m:	4:51.10	35.51
15.				2010	II				+0,73	4:52.90	II	380
	50m:	31.70	31.70	150m:	1:45.52	37.85	250m:	3:01.37	37.92	350m:	4:17.35	38.13
	100m:	1:07.67	35.97	200m:	2:23.45	37.93	300m:	3:39.22	37.85	400m:	4:52.90	35.55
16.				2009	II				+0,64	4:53.65	II	377
	50m:	31.10	31.10	150m:	1:42.77	36.49	250m:	2:58.71	38.39	350m:	4:18.13	39.90
	100m:	1:06.28	35.18	200m:	2:20.32	37.55	300m:	3:38.23	39.52	400m:	4:53.65	35.52





Первенство Астраханской области по плаванию

, 12. - 15.12.2023

11,		, 400m				(13-14)						
								R.T.				
17.				2009	II			+0,68	4:53.88	II	376	
	50m:	32.92	32.92	150m:	1:47.42	37.50	250m:	3:02.07	37.46	350m:	4:18.51	38.63
	100m:	1:09.92	37.00	200m:	2:24.61	37.19	300m:	3:39.88	37.81	400m:	4:53.88	35.37
18.				2009	II			+0,71	4:55.99	II	368	
	50m:	33.36	33.36	150m:	1:46.56	37.14	250m:	3:03.37	38.21	350m:	4:18.55	36.95
	100m:	1:09.42	36.06	200m:	2:25.16	38.60	300m:	3:41.60	38.23	400m:	4:55.99	37.44
19.				2010	II			+0,75	4:56.69	II	366	
	50m:	31.55	31.55	150m:	1:46.16	37.47	250m:	3:02.36	38.05	350m:	4:20.28	39.46
	100m:	1:08.69	37.14	200m:	2:24.31	38.15	300m:	3:40.82	38.46	400m:	4:56.69	36.41
20.				2009	II			+0,69	4:59.94	II	354	
	50m:	32.31	32.31	150m:	1:47.34	38.08	250m:	3:04.01	38.47	350m:	4:21.69	38.74
	100m:	1:09.26	36.95	200m:	2:25.54	38.20	300m:	3:42.95	38.94	400m:	4:59.94	38.25
21.				2009	III			+0,50	5:00.68	II	351	
	50m:	32.99	32.99	150m:	1:49.66	38.89	250m:	3:06.95	37.86	350m:	4:24.04	38.49
	100m:	1:10.77	37.78	200m:	2:29.09	39.43	300m:	3:45.55	38.60	400m:	5:00.68	36.64
22.				2010	I			+0,54	5:01.23	II	349	
	50m:	32.83	32.83	150m:	1:49.06	38.71	250m:	3:07.03	38.92	350m:	4:24.61	38.70
	100m:	1:10.35	37.52	200m:	2:28.11	39.05	300m:	3:45.91	38.88	400m:	5:01.23	36.62
23.				2009	II			+0,73	5:01.28	II	349	
	50m:	32.33	32.33	150m:	1:46.93	38.25	250m:	3:03.71	38.95	350m:	4:23.25	40.19
	100m:	1:08.68	36.35	200m:	2:24.76	37.83	300m:	3:43.06	39.35	400m:	5:01.28	38.03
24.				2010	III			+0,89	5:02.54	II	345	
	50m:	33.30	33.30	150m:	1:50.04	39.20	250m:	3:08.81	39.53	350m:	4:26.56	38.55
	100m:	1:10.84	37.54	200m:	2:29.28	39.24	300m:	3:48.01	39.20	400m:	5:02.54	35.98
25.				2010	II				5:04.52		338	
	50m:	33.24	33.24	150m:	1:50.11	39.37	250m:	3:09.40	39.60	350m:	4:28.21	39.39
	100m:	1:10.74	37.50	200m:	2:29.80	39.69	300m:	3:48.82	39.42	400m:	5:04.52	36.31
26.				2009	II			+0,76	5:05.70		334	
	50m:	32.00	32.00	150m:	1:47.32	38.17	250m:	3:05.32	39.20	350m:	4:25.61	40.40
	100m:	1:09.15	37.15	200m:	2:26.12	38.80	300m:	3:45.21	39.89	400m:	5:05.70	40.09
27.				2009	II			+0,82	5:08.20		326	
	50m:	33.79	33.79	150m:	1:50.54	38.84	250m:	3:09.70	39.66	350m:	4:30.58	40.81
	100m:	1:11.70	37.91	200m:	2:30.04	39.50	300m:	3:49.77	40.07	400m:	5:08.20	37.62
28.				2010	II			+0,73	5:08.75		324	
	50m:	33.01	33.01	150m:	1:49.04	38.62	250m:	3:07.88	39.74	350m:	4:28.80	39.92
	100m:	1:10.42	37.41	200m:	2:28.14	39.10	300m:	3:48.88	41.00	400m:	5:08.75	39.95
29.				2009	II			+0,71	5:09.15		323	
	50m:	32.46	32.46	150m:	1:52.14	40.59	250m:	3:14.75	41.28	350m:	4:35.03	39.61
	100m:	1:11.55	39.09	200m:	2:33.47	41.33	300m:	3:55.42	40.67	400m:	5:09.15	34.12
30.				2009	II			+0,71	5:09.27		323	
	50m:	31.56	31.56	150m:	1:45.21	38.04	250m:	3:05.79	40.96	350m:	4:28.51	42.02
	100m:	1:07.17	35.61	200m:	2:24.83	39.62	300m:	3:46.49	40.70	400m:	5:09.27	40.76
31.				2010	II			+0,75	5:10.63		319	
	50m:	32.98	32.98	150m:	1:50.93	39.55	250m:	3:11.31	40.49	350m:	4:31.93	40.38
	100m:	1:11.38	38.40	200m:	2:30.82	39.89	300m:	3:51.55	40.24	400m:	5:10.63	38.70
32.				2010	II			+0,84	5:11.21		317	
	50m:	32.41	32.41	150m:	1:48.63	38.91	250m:	3:10.04	41.12	350m:	4:32.85	41.25
	100m:	1:09.72	37.31	200m:	2:28.92	40.29	300m:	3:51.60	41.56	400m:	5:11.21	38.36
33.				2009	II			+0,82	5:12.44		313	
	50m:	32.12	32.12	150m:	1:49.26	39.91	250m:	3:12.66	41.65	350m:	4:38.24	43.19
	100m:	1:09.35	37.23	200m:	2:31.01	41.75	300m:	3:55.05	42.39	400m:	5:12.44	34.20





Первенство Астраханской области по плаванию

, 12. - 15.12.2023

11,	, 400m	(13-14)	R.T.
34.		2010 II	5:13.75 309
50m:	34.18 34.18	150m: 1:54.00 40.75	250m: 3:15.33 41.22 350m: 4:34.75 38.31
100m:	1:13.25 39.07	200m: 2:34.11 40.11	300m: 3:56.44 41.11 400m: 5:13.75 39.00
35.		2009 II	+0,69 5:13.89 309
50m:	31.42 31.42	150m: 1:47.05 39.21	250m: 3:08.30 41.10 350m: 4:32.43 42.28
100m:	1:07.84 36.42	200m: 2:27.20 40.15	300m: 3:50.15 41.85 400m: 5:13.89 41.46
36.		2009 II	+0,88 5:16.64 301
50m:	32.60 32.60	150m: 1:49.93 39.26	250m: 3:12.46 41.10 350m: 4:37.19 42.51
100m:	1:10.67 38.07	200m: 2:31.36 41.43	300m: 3:54.68 42.22 400m: 5:16.64 39.45
37.		2010 II	+0,82 5:17.56 298
50m:	34.47 34.47	150m: 1:53.64 39.67	250m: 3:14.69 41.27 350m: 4:37.76 42.54
100m:	1:13.97 39.50	200m: 2:33.42 39.78	300m: 3:55.22 40.53 400m: 5:17.56 39.80
38.		2009 II	+0,59 5:19.78 292
50m:	35.70 35.70	150m: 1:55.05 39.57	250m: 3:17.85 40.75 350m: 4:40.11 41.21
100m:	1:15.48 39.78	200m: 2:37.10 42.05	300m: 3:58.90 41.05 400m: 5:19.78 39.67
39.		2009 III	+0,79 5:22.64 284
50m:	34.51 34.51	150m: 1:52.69 39.97	250m: 3:16.53 41.65 350m: 4:41.00 41.72
100m:	1:12.72 38.21	200m: 2:34.88 42.19	300m: 3:59.28 42.75 400m: 5:22.64 41.64
40.		2010 III	+0,75 5:23.32 282
50m:	34.64 34.64	150m: 1:55.31 41.00	250m: 3:18.74 41.84 350m: 4:41.70 41.30
100m:	1:14.31 39.67	200m: 2:36.90 41.59	300m: 4:00.40 41.66 400m: 5:23.32 41.62
41.		2009 III	5:23.65 282
50m:	34.86 34.86	150m: 1:55.99 40.72	250m: 3:18.82 41.23 350m: 4:43.16 41.86
100m:	1:15.27 40.41	200m: 2:37.59 41.60	300m: 4:01.30 42.48 400m: 5:23.65 40.49
42.		2009 III	+0,81 5:26.43 274
50m:	35.01 35.01	150m: 1:55.58 41.31	250m: 3:19.81 41.87 350m: 4:44.59 42.26
100m:	1:14.27 39.26	200m: 2:37.94 42.36	300m: 4:02.33 42.52 400m: 5:26.43 41.84
43.		2009 III	+0,67 5:32.58 259
50m:	34.16 34.16	150m: 1:56.87 41.63	250m: 3:23.29 43.78 350m: 4:50.99 43.60
100m:	1:15.24 41.08	200m: 2:39.51 42.64	300m: 4:07.39 44.10 400m: 5:32.58 41.59
44.		2009 II	+0,81 5:33.06 258
50m:	35.64 35.64	150m: 1:56.65 41.63	250m: 3:22.34 42.91 350m: 4:50.16 44.06
100m:	1:15.02 39.38	200m: 2:39.43 42.78	300m: 4:06.10 43.76 400m: 5:33.06 42.90
45.		2010 III	+0,98 5:33.62 257
50m:	34.38 34.38	150m: 1:55.98 42.44	250m: 3:22.44 43.75 350m: 4:50.38 43.82
100m:	1:13.54 39.16	200m: 2:38.69 42.71	300m: 4:06.56 44.12 400m: 5:33.62 43.24
46.		2009 III	+0,72 5:34.20 256
50m:	35.92 35.92	150m: 1:58.67 41.79	250m: 3:25.95 43.41 350m: 4:52.35 42.37
100m:	1:16.88 40.96	200m: 2:42.54 43.87	300m: 4:09.98 44.03 400m: 5:34.20 41.85
47.		2009 III	+0,81 5:41.32 240
50m:	37.74 37.74	150m: 2:00.41 42.65	250m: 3:27.77 44.70 350m: 4:59.45 45.65
100m:	1:17.76 40.02	200m: 2:43.07 42.66	300m: 4:13.80 46.03 400m: 5:41.32 41.87
48.		2009 II	+0,52 5:44.69 233
50m:	35.26 35.26	150m: 2:00.56 44.07	250m: 3:30.65 45.38 350m: 5:02.44 45.67
100m:	1:16.49 41.23	200m: 2:45.27 44.71	300m: 4:16.77 46.12 400m: 5:44.69 42.25
49.		2009 II	+0,78 5:45.20 232
50m:	36.37 36.37	150m: 2:02.98 43.62	250m: 3:32.34 44.05 350m: 5:04.15 45.83
100m:	1:19.36 42.99	200m: 2:48.29 45.31	300m: 4:18.32 45.98 400m: 5:45.20 41.05
50.		2009 III	+0,84 5:45.42 232
50m:	37.15 37.15	150m: 2:03.45 43.33	250m: 3:31.82 44.14 350m: 5:00.69 43.85
100m:	1:20.12 42.97	200m: 2:47.68 44.23	300m: 4:16.84 45.02 400m: 5:45.42 44.73





Первенство Астраханской области по плаванию

, 12. - 15.12.2023

11,		, 400m				(13-14)						
								R.T.				
51.				2010	III			+0,76	5:53.51		216	
	50m:	36.26	36.26	150m:	2:03.08	45.74	250m:	3:35.80	46.41	350m:	5:11.07	47.44
	100m:	1:17.34	41.08	200m:	2:49.39	46.31	300m:	4:23.63	47.83	400m:	5:53.51	42.44
52.				2009	III			+0,82	5:55.78		212	
	50m:	37.37	37.37	150m:	2:07.06	46.00	250m:	3:40.23	46.27	350m:	5:14.49	47.09
	100m:	1:21.06	43.69	200m:	2:53.96	46.90	300m:	4:27.40	47.17	400m:	5:55.78	41.29
53.				2010	III			+0,80	6:14.51		182	
	50m:	37.99	37.99	150m:	2:10.12	47.77	250m:	3:49.13	49.67	350m:	5:29.85	50.25
	100m:	1:22.35	44.36	200m:	2:59.46	49.34	300m:	4:39.60	50.47	400m:	6:14.51	44.66
54.				2009	1			+0,87	6:33.55		156	
	50m:	39.39	39.39	150m:	2:16.18	50.82	250m:	3:58.53	51.25	350m:	5:43.59	51.73
	100m:	1:25.36	45.97	200m:	3:07.28	51.10	300m:	4:51.86	53.33	400m:	6:33.55	49.96
EXH				2011	III			+0,55	5:08.26		326	
	50m:	34.84	34.84	150m:	1:52.66	39.59	250m:	3:12.41	39.72	350m:	4:31.16	39.68
	100m:	1:13.07	38.23	200m:	2:32.69	40.03	300m:	3:51.48	39.07	400m:	5:08.26	37.10
EXH				2012	III			+0,80	5:11.87		315	
	50m:	34.93	34.93	150m:	1:53.52	39.46	250m:	3:14.20	40.31	350m:	4:34.51	39.62
	100m:	1:14.06	39.13	200m:	2:33.89	40.37	300m:	3:54.89	40.69	400m:	5:11.87	37.36

