



Первенство Астраханской области по плаванию (25м)-2023 г

, 26. - 29.9.2023

12 , 400m (11-12)
27.09.2023 - 14:55

5:16.54

03.06.2016

: FINA 2023

			/					R.T.		FINA		
1.			2011 I						5:26.64 I	498		
	50m:	32.68	32.68	150m:	1:54.04	41.92	250m:	3:22.36	47.30	350m:	4:49.91	38.79
	100m:	1:12.12	39.44	200m:	2:35.06	41.02	300m:	4:11.12	48.76	400m:	5:26.64	36.73
2.			2011 II						6:00.68 II	370		
	50m:	38.14	38.14	150m:	2:09.67	45.47	250m:	3:45.54	51.24	350m:	5:22.00	44.68
	100m:	1:24.20	46.06	200m:	2:54.30	44.63	300m:	4:37.32	51.78	400m:	6:00.68	38.68

