



# Первенство Астраханской области по плаванию (25м)-2023 г

, 26. - 29.9.2023

33 , 400m (11-12 )  
29.09.2023 - 15:05

4:46.83

28.06.2019

: FINA 2023

							R.T.		FINA		
1.	,		2012	III				<b>6:05.84</b>	III	252	
	50m:		150m:	2:13.26	46.83	250m:	3:47.97	47.65	350m:	5:21.97	46.12
	100m:	1:26.43	200m:	3:00.32	47.06	300m:	4:35.85	47.88	400m:	6:05.84	43.87
2.	,		2012	1			-5	<b>6:24.17</b>	1	218	
	50m:	39.65	150m:	2:13.78	48.41	250m:	3:55.34	50.94	350m:	5:36.25	50.27
	100m:	1:25.37	200m:	3:04.40	50.62	300m:	4:45.98	50.64	400m:	6:24.17	47.92
3.	,		2012	1			-5	<b>6:53.82</b>	1	174	
	50m:	45.13	150m:	2:28.27	52.39	250m:	4:14.13	53.46	350m:	6:01.59	53.85
	100m:	1:35.88	200m:	3:20.67	52.40	300m:	5:07.74	53.61	400m:	6:53.82	52.23
4.	,		2011	1			-5	<b>6:55.71</b>	1	172	
	50m:	45.13	150m:	2:28.84	52.68	250m:	4:16.02	53.14	350m:	6:03.05	53.43
	100m:	1:36.16	200m:	3:22.88	54.04	300m:	5:09.62	53.60	400m:	6:55.71	52.66

