

Первенства АО

, 27. - 30.06.2023

28.06.2023	12	, 400m	9 - 14
13 - 14		4:13.68	08.06.2022
11 - 12		4:44.76	22.11.2013
9 - 10		5:26.04	11.03.2010

: FINA 2021

100m 200m 300m 400m

, 9-10

1.		13			5:50.65	247 I	1:20.22	1:29.16	1:32.14	1:29.13		
	50m:	36.80	36.80	150m:	2:03.87	43.65	250m:	3:34.15	44.77	350m:	5:06.68	45.16
	100m:	1:20.22	43.42	200m:	2:49.38	45.51	300m:	4:21.52	47.37	400m:	5:50.65	43.97

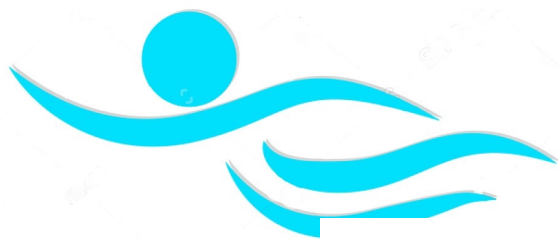
, 11-12

1.		11			5:04.99	375 II	1:11.91	1:18.01	1:18.56	1:16.51		
	50m:	33.45	33.45	150m:	1:50.43	38.52	250m:	3:09.15	39.23	350m:	4:27.22	38.74
	100m:	1:11.91	38.46	200m:	2:29.92	39.49	300m:	3:48.48	39.33	400m:	5:04.99	37.77
2.		12			5:05.95	372 II	1:14.49	1:18.76	1:17.41	1:15.29		
	50m:	34.67	34.67	150m:	1:53.32	38.83	250m:	3:12.05	38.80	350m:	4:29.28	38.62
	100m:	1:14.49	39.82	200m:	2:33.25	39.93	300m:	3:50.66	38.61	400m:	5:05.95	36.67
3.		12			5:10.21	357 III	1:14.46	1:20.05	1:19.75	1:15.95		
	50m:	35.45	35.45	150m:	1:54.07	39.61	250m:	3:13.99	39.48	350m:	4:32.44	38.18
	100m:	1:14.46	39.01	200m:	2:34.51	40.44	300m:	3:54.26	40.27	400m:	5:10.21	37.77
4.		12			5:10.62	355 III	1:12.64	1:19.03	1:21.60	1:17.35		
	50m:	34.21	34.21	150m:	1:51.90	39.26	250m:	3:11.96	40.29	350m:	4:32.47	39.20
	100m:	1:12.64	38.43	200m:	2:31.67	39.77	300m:	3:53.27	41.31	400m:	5:10.62	38.15
5.		11			5:13.19	346 III	1:14.19	1:21.11	1:19.74	1:18.15		
	50m:	35.33	35.33	150m:	1:54.61	40.42	250m:	3:15.04	39.74	350m:	4:35.08	40.04
	100m:	1:14.19	38.86	200m:	2:35.30	40.69	300m:	3:55.04	40.00	400m:	5:13.19	38.11
6.		11			5:14.69	342 III	1:14.71	1:20.11	1:21.13	1:18.74		
	50m:	34.88	34.88	150m:	1:54.13	39.42	250m:	3:15.65	40.83	350m:	4:36.25	40.30
	100m:	1:14.71	39.83	200m:	2:34.82	40.69	300m:	3:55.95	40.30	400m:	5:14.69	38.44
7.		11			5:28.99	299 III	1:15.71	1:25.19	1:26.70	1:21.39		
	50m:	35.62	35.62	150m:	1:58.06	42.35	250m:	3:23.77	42.87	350m:	4:49.25	41.65
	100m:	1:15.71	40.09	200m:	2:40.90	42.84	300m:	4:07.60	43.83	400m:	5:28.99	39.74
8.		11			5:29.03	299 III	1:16.15	1:25.60	1:26.15	1:21.13		
	50m:	36.08	36.08	150m:	1:58.86	42.71	250m:	3:24.03	42.28	350m:	4:50.08	42.18
	100m:	1:16.15	40.07	200m:	2:41.75	42.89	300m:	4:07.90	43.87	400m:	5:29.03	38.95
9.		11			5:31.84	291 III	1:16.16	1:24.80	1:26.42	1:24.46		
	50m:	35.53	35.53	150m:	1:58.05	41.89	250m:	3:24.13	43.17	350m:	4:49.88	42.50
	100m:	1:16.16	40.63	200m:	2:40.96	42.91	300m:	4:07.38	43.25	400m:	5:31.84	41.96
10.		11			5:33.45	287 III	1:16.87	1:24.37	1:26.65	1:25.56		
	50m:	35.96	35.96	150m:	1:59.12	42.25	250m:	3:23.81	42.57	350m:	4:51.24	43.35
	100m:	1:16.87	40.91	200m:	2:41.24	42.12	300m:	4:07.89	44.08	400m:	5:33.45	42.21
11.		11			5:52.74	242 I	1:22.11	1:30.57	1:31.54	1:28.52		
	50m:	38.86	38.86	150m:	2:06.83	44.72	250m:	3:37.91	45.23	350m:	5:09.01	44.79
	100m:	1:22.11	43.25	200m:	2:52.68	45.85	300m:	4:24.22	46.31	400m:	5:52.74	43.73

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OMEGA ARES 21





Первенство АО

, 27. - 30.06.2023

12, , 400m

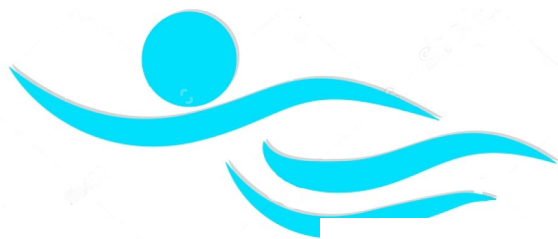
, 13-14

1.			09			4:27.98	553 I	1:02.04	1:08.48	1:10.17	1:07.29	
	50m:	29.07	29.07	150m:	1:36.13	34.09	250m:	2:45.56	35.04	350m:	3:54.67	33.98
	100m:	1:02.04	32.97	200m:	2:10.52	34.39	300m:	3:20.69	35.13	400m:	4:27.98	33.31
2.			09			4:28.18	552 I	1:02.29	1:08.61	1:10.31	1:06.97	
	50m:	29.17	29.17	150m:	1:36.00	33.71	250m:	2:45.73	34.83	350m:	3:55.55	34.34
	100m:	1:02.29	33.12	200m:	2:10.90	34.90	300m:	3:21.21	35.48	400m:	4:28.18	32.63
3.			09			4:31.66	531 I	1:03.75	1:09.28	1:11.32	1:07.31	
	50m:	30.81	30.81	150m:	1:38.17	34.42	250m:	2:48.63	35.60	350m:	3:58.00	33.65
	100m:	1:03.75	32.94	200m:	2:13.03	34.86	300m:	3:24.35	35.72	400m:	4:31.66	33.66
4.			10			4:33.87	518 I	1:02.39	1:08.38	1:11.28	1:11.82	
	50m:	29.28	29.28	150m:	1:36.32	33.93	250m:	2:46.07	35.30	350m:	3:58.00	35.95
	100m:	1:02.39	33.11	200m:	2:10.77	34.45	300m:	3:22.05	35.98	400m:	4:33.87	35.87
5.			09			4:41.01	480 II	1:05.41	1:14.53	1:11.70	1:09.37	
	50m:	31.28	31.28	150m:	1:42.36	36.95	250m:	2:55.35	35.41	350m:	4:06.95	35.31
	100m:	1:05.41	34.13	200m:	2:19.94	37.58	300m:	3:31.64	36.29	400m:	4:41.01	34.06
6.			09			4:41.46	478 II	1:05.65	1:11.90	1:13.19	1:10.72	
	50m:	30.98	30.98	150m:	1:41.90	36.25	250m:	2:54.40	36.85	350m:	4:07.32	36.58
	100m:	1:05.65	34.67	200m:	2:17.55	35.65	300m:	3:30.74	36.34	400m:	4:41.46	34.14
7.			10			4:43.84	466 II	1:05.66	1:11.37	1:14.17	1:12.64	
	50m:	31.43	31.43	150m:	1:40.66	35.00	250m:	2:53.79	36.76	350m:	4:07.86	36.66
	100m:	1:05.66	34.23	200m:	2:17.03	36.37	300m:	3:31.20	37.41	400m:	4:43.84	35.98
8.			09			4:44.07	464 II	1:06.25	1:13.54	1:13.87	1:10.41	
	50m:	30.72	30.72	150m:	1:42.85	36.60	250m:	2:56.47	36.68	350m:	4:10.74	37.08
	100m:	1:06.25	35.53	200m:	2:19.79	36.94	300m:	3:33.66	37.19	400m:	4:44.07	33.33
9.			09			4:51.02	432 II	1:05.84	1:13.91	1:16.36	1:14.91	
	50m:	30.40	30.40	150m:	1:42.05	36.21	250m:	2:57.55	37.80	350m:	4:14.25	38.14
	100m:	1:05.84	35.44	200m:	2:19.75	37.70	300m:	3:36.11	38.56	400m:	4:51.02	36.77
10.			09			4:58.73	399 II	1:10.64	1:16.36	1:17.49	1:14.24	
	50m:	32.99	32.99	150m:	1:48.75	38.11	250m:	3:05.66	38.66	350m:	4:23.08	38.59
	100m:	1:10.64	37.65	200m:	2:27.00	38.25	300m:	3:44.49	38.83	400m:	4:58.73	35.65
11.			09			5:01.15	390 II	1:08.66	1:17.58	1:18.62	1:16.29	
	50m:	32.75	32.75	150m:	1:47.59	38.93	250m:	3:05.21	38.97	350m:	4:23.69	38.83
	100m:	1:08.66	35.91	200m:	2:26.24	38.65	300m:	3:44.86	39.65	400m:	5:01.15	37.46
12.			10			5:02.27	385 II	1:10.48	1:18.61	1:18.33	1:14.85	
	50m:			150m:			250m:	3:07.78	38.69	350m:	4:25.66	38.24
	100m:	1:10.48		200m:	2:29.09		300m:	3:47.42	39.64	400m:	5:02.27	36.61
13.			09			5:03.75	380 II	1:08.34	1:17.77	1:19.21	1:18.43	
	50m:	31.99	31.99	150m:	1:46.51	38.17	250m:	3:05.23	39.12	350m:	4:25.04	39.72
	100m:	1:08.34	36.35	200m:	2:26.11	39.60	300m:	3:45.32	40.09	400m:	5:03.75	38.71
14.			09			5:04.71	376 II	1:10.27	1:17.90	1:19.53	1:17.01	
	50m:	32.72	32.72	150m:	1:48.44	38.17	250m:	3:07.77	39.60	350m:	4:26.96	39.26
	100m:	1:10.27	37.55	200m:	2:28.17	39.73	300m:	3:47.70	39.93	400m:	5:04.71	37.75
15.			09			5:07.12	367 II	1:11.04	1:19.91	1:20.41	1:15.76	
	50m:	33.58	33.58	150m:	1:50.87	39.83	250m:	3:10.89	39.94	350m:	4:30.64	39.28
	100m:	1:11.04	37.46	200m:	2:30.95	40.08	300m:	3:51.36	40.47	400m:	5:07.12	36.48
16.			09			5:09.28	360 III	1:11.00	1:19.28	1:19.89	1:19.11	
	50m:	33.12	33.12	150m:	1:50.12	39.12	250m:	3:09.69	39.41	350m:	4:29.93	39.76
	100m:	1:11.00	37.88	200m:	2:30.28	40.16	300m:	3:50.17	40.48	400m:	5:09.28	39.35

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OMEGA ARES 21





Первенство АО

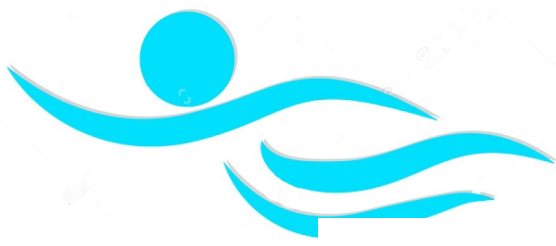
, 27. - 30.06.2023

12,		, 400m				, 13-14						
								100m	200m	300m	400m	
17.	,	10				5:12.98	347 III	1:10.07	1:21.30	1:22.96	1:18.65	
	50m:	32.19	32.19	150m:	1:49.95	39.88	250m:	3:12.30	40.93	350m:	4:34.80	40.47
	100m:	1:10.07	37.88	200m:	2:31.37	41.42	300m:	3:54.33	42.03	400m:	5:12.98	38.18
18.	,	10				5:13.57	345 III	1:14.41	1:19.89	1:21.30	1:17.97	
	50m:	34.75	34.75	150m:	1:54.37	39.96	250m:	3:14.58	40.28	350m:	4:34.60	39.00
	100m:	1:14.41	39.66	200m:	2:34.30	39.93	300m:	3:55.60	41.02	400m:	5:13.57	38.97
19.	,	09				5:14.60	342 III	1:13.57	1:20.71	1:23.64	1:16.68	
	50m:	33.25	33.25	150m:	1:53.19	39.62	250m:	3:15.12	40.84	350m:	4:36.88	38.96
	100m:	1:13.57	40.32	200m:	2:34.28	41.09	300m:	3:57.92	42.80	400m:	5:14.60	37.72
20.	,	09				5:14.75	341 III	1:09.66	1:21.42	1:23.81	1:19.86	
	50m:	32.31	32.31	150m:	1:49.84	40.18	250m:	3:12.96	41.88	350m:	4:35.59	40.70
	100m:	1:09.66	37.35	200m:	2:31.08	41.24	300m:	3:54.89	41.93	400m:	5:14.75	39.16
21.	,	09				5:15.20	340 III	1:14.48	1:20.90	1:21.32	1:18.50	
	50m:	34.20	34.20	150m:	1:54.71	40.23	250m:	3:15.94	40.56	350m:	4:36.73	40.03
	100m:	1:14.48	40.28	200m:	2:35.38	40.67	300m:	3:56.70	40.76	400m:	5:15.20	38.47
22.	,	09				5:16.90	334 III	1:08.88	1:21.07	1:25.32	1:21.63	
	50m:	30.65	30.65	150m:	1:48.42	39.54	250m:	3:12.44	42.49	350m:	4:37.34	42.07
	100m:	1:08.88	38.23	200m:	2:29.95	41.53	300m:	3:55.27	42.83	400m:	5:16.90	39.56
23.	,	10				5:18.18	330 III	1:13.53	1:21.19	1:22.02	1:21.44	
	50m:	34.00	34.00	150m:	1:53.85	40.32	250m:	3:15.73	41.01	350m:	4:39.18	42.44
	100m:	1:13.53	39.53	200m:	2:34.72	40.87	300m:	3:56.74	41.01	400m:	5:18.18	39.00
24.	,	10				5:18.68	329 III	1:13.61	1:21.25	1:22.26	1:21.56	
	50m:	33.88	33.88	150m:	1:53.70	40.09	250m:	3:15.96	41.10	350m:	4:38.87	41.75
	100m:	1:13.61	39.73	200m:	2:34.86	41.16	300m:	3:57.12	41.16	400m:	5:18.68	39.81
25.	,	10				5:19.43	327 III	1:14.61	1:23.18	1:23.84	1:17.80	
	50m:	33.85	33.85	150m:	1:55.69	41.08	250m:	3:19.74	41.95	350m:	4:42.02	40.39
	100m:	1:14.61	40.76	200m:	2:37.79	42.10	300m:	4:01.63	41.89	400m:	5:19.43	37.41
26.	,	09				5:19.66	326 III	1:15.35	1:20.63	1:23.47	1:20.21	
	50m:	35.20	35.20	150m:	1:55.36	40.01	250m:	3:16.87	40.89	350m:	4:41.53	42.08
	100m:	1:15.35	40.15	200m:	2:35.98	40.62	300m:	3:59.45	42.58	400m:	5:19.66	38.13
27.	,	10				5:19.97	325 III	1:13.79	1:21.73	1:23.36	1:21.09	
	50m:	34.24	34.24	150m:	1:54.61	40.82	250m:	3:16.96	41.44	350m:	4:40.31	41.43
	100m:	1:13.79	39.55	200m:	2:35.52	40.91	300m:	3:58.88	41.92	400m:	5:19.97	39.66
28.	,	09				5:21.57	320 III	1:14.42	1:23.65	1:23.46	1:20.04	
	50m:	34.68	34.68	150m:	1:55.65	41.23	250m:	3:19.51	41.44	350m:	4:42.60	41.07
	100m:	1:14.42	39.74	200m:	2:38.07	42.42	300m:	4:01.53	42.02	400m:	5:21.57	38.97
29.	,	10				5:24.50	311 III	1:13.14	1:22.88	1:25.86	1:22.62	
	50m:	33.80	33.80	150m:	1:53.80	40.66	250m:	3:19.00	42.98	350m:	4:44.55	42.67
	100m:	1:13.14	39.34	200m:	2:36.02	42.22	300m:	4:01.88	42.88	400m:	5:24.50	39.95
30.	,	10				5:31.82	291 III	1:17.89	1:25.22	1:25.47	1:23.24	
	50m:	36.28	36.28	150m:	2:00.79	42.90	250m:	3:26.07	42.96	350m:	4:50.38	41.80
	100m:	1:17.89	41.61	200m:	2:43.11	42.32	300m:	4:08.58	42.51	400m:	5:31.82	41.44
31.	,	10				5:32.10	290 III	1:17.95	1:25.91	1:25.48	1:22.76	
	50m:	36.24	36.24	150m:	2:00.78	42.83	250m:			350m:	4:52.47	43.13
	100m:	1:17.95	41.71	200m:	2:43.86	43.08	300m:	4:09.34		400m:	5:32.10	39.63
32.	,	09				5:40.38	270 III	1:19.75	1:27.38	1:28.25	1:25.00	
	50m:	37.10	37.10	150m:	2:03.85	44.10	250m:	3:32.33	45.20	350m:	5:01.27	45.89
	100m:	1:19.75	42.65	200m:	2:47.13	43.28	300m:	4:15.38	43.05	400m:	5:40.38	39.11

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OMEGA ARES 21





Первенства АО

, 27. - 30.06.2023

12,		, 400m				, 13-14						
								100m	200m	300m	400m	
33.	,	09	.	.	.	5:42.35	265 III	1:17.42	1:26.73	1:29.78	1:28.42	
	50m:	35.65	35.65	150m:	1:59.80	42.38	250m:	3:28.70	44.55	350m:	4:59.38	45.45
	100m:	1:17.42	41.77	200m:	2:44.15	44.35	300m:	4:13.93	45.23	400m:	5:42.35	42.97
34.	,	10	.	.	.	5:43.33	263 III	1:17.44	1:28.49	1:29.22	1:28.18	
	50m:	34.93	34.93	150m:	2:01.41	43.97	250m:	3:30.64	44.71	350m:	5:00.13	44.98
	100m:	1:17.44	42.51	200m:	2:45.93	44.52	300m:	4:15.15	44.51	400m:	5:43.33	43.20
35.	,	09	.	.	.	5:44.27	261 III	1:19.55	1:29.82	1:29.81	1:25.09	
	50m:	35.56	35.56	150m:	2:04.90	45.35	250m:	3:34.53	45.16	350m:	5:03.43	44.25
	100m:	1:19.55	43.99	200m:	2:49.37	44.47	300m:	4:19.18	44.65	400m:	5:44.27	40.84
DSQ	,	10	.	.	.							
DSQ	,	10	.	.	.							

