

# Первенства АО

, 27. - 30.06.2023

29.06.2023	27	, 800m	9 - 14
13 - 14	8:43.49	,	26.02.2022
11 - 12	10:04.76	,	13.12.2018
9 - 10	10:59.42	,	13.12.2018

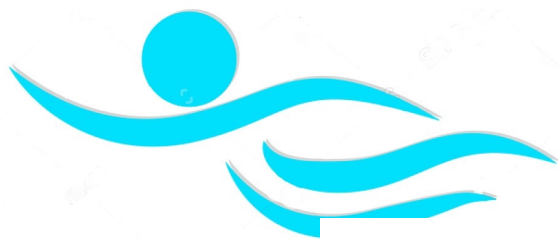
: FINA 2021

				R.T.		FINA
, 9-10						
1.		2013 III		<b>12:42.66</b>	1	208
	50m:	250m:	450m:	650m:		
	100m: 1:25.36	300m: 4:35.63	500m: 7:52.13	700m: 11:09.20		
	150m:	350m:	550m:	750m:		
	200m: 3:00.38	400m: 6:15.42	600m: 9:30.41	800m: 12:42.66		
, 11-12						
1.		2012 II		<b>10:24.25</b>	II	379
	50m:	250m:	450m:	650m:		
	100m: 1:10.53	300m: 3:48.22	500m: 6:29.24	700m: 9:07.28		
	150m:	350m:	550m:	750m:		
	200m: 2:28.50	400m: 5:08.22	600m: 7:47.70	800m: 10:24.25		
2.		2012 II		<b>10:28.24</b>	II	372
	50m:	250m:	450m:	650m:		
	100m: 1:13.80	300m: 3:54.20	500m: 6:34.08	700m: 9:13.78		
	150m:	350m:	550m:	750m:		
	200m: 2:33.73	400m: 5:14.10	600m: 7:54.86	800m: 10:28.24		
3.		2012 II		<b>10:33.41</b>	II	363
	50m:	250m:	450m:	650m:		
	100m: 1:15.80	300m: 3:56.15	500m: 6:36.07	700m: 9:17.38		
	150m:	350m:	550m:	750m:		
	200m: 2:35.49	400m: 5:15.80	600m: 7:56.66	800m: 10:33.41		
4.		2011 II		<b>10:40.42</b>	II	351
	50m:	250m:	450m:	650m:		
	100m: 1:16.72	300m: 4:01.54	500m: 6:41.49	700m: 9:23.01		
	150m:	350m:	550m:	750m:		
	200m: 2:39.71	400m: 5:21.95	600m: 8:01.80	800m: 10:40.42		
5.		2011 II		<b>10:50.84</b>	II	335
	50m:	250m:	450m:	650m:		
	100m: 1:15.30	300m: 3:57.44	500m: 6:41.49	700m: 9:28.69		
	150m:	350m:	550m:	750m:		
	200m: 2:36.51	400m: 5:18.89	600m: 8:04.46	800m: 10:50.84		
6.		2012 II		<b>11:07.21</b>	II	311
	50m:	250m:	450m:	650m:		
	100m: 1:18.74	300m: 4:10.44	500m: 7:00.71	700m: 9:49.40		
	150m:	350m:	550m:	750m:		
	200m: 2:44.52	400m: 5:34.56	600m: 8:24.87	800m: 11:07.21		
7.		2011 III		<b>11:08.22</b>	II	309
	50m:	250m:	450m:	650m:		
	100m: 1:16.23	300m: 4:04.90	500m: 6:55.79	700m: 9:47.70		
	150m:	350m:	550m:	750m:		
	200m: 2:39.97	400m: 5:30.10	600m: 8:22.25	800m: 11:08.22		

" " " 50

OMEGA ARES 21



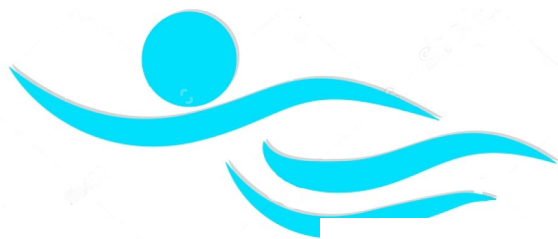


# Первенства АО

, 27. - 30.06.2023

27,		, 800m		, 11-12		R.T.	FINA
8.		2011	III			<b>11:12.31</b>	II 304
	50m:	250m:		450m:		650m:	
	100m: 1:18.36	300m: 4:08.28		500m: 6:58.81		700m: 9:50.75	
	150m:	350m:		550m:		750m:	
	200m: 2:42.81	400m: 5:34.30		600m: 8:24.42		800m: 11:12.31	
9.		2012	II			<b>11:13.72</b>	II 302
	50m:	250m:		450m:		650m:	
	100m: 1:19.50	300m: 4:12.80		500m: 7:04.07		700m: 9:55.15	
	150m:	350m:		550m:		750m:	
	200m: 2:46.38	400m: 5:38.41		600m: 8:29.67		800m: 11:13.72	
10.		2011	III			<b>11:26.57</b>	III 285
	50m:	250m:		450m:		650m:	
	100m: 1:16.34	300m: 4:09.82		500m: 7:01.99		700m: 9:27.43	
	150m:	350m:		550m:		750m:	
	200m: 2:42.40	400m: 5:38.38		600m: 8:34.61		800m: 11:26.57	
11.		2011	III			<b>11:26.89</b>	III 285
	50m:	250m:		450m:		650m:	
	100m: 1:19.50	300m: 4:12.74		500m: 7:07.67		700m: 10:01.62	
	150m:	350m:		550m:		750m:	
	200m: 2:45.46	400m: 5:41.21		600m: 8:34.58		800m: 11:26.89	
12.		2011	III			<b>11:31.82</b>	III 279
	50m:	250m:		450m:		650m:	
	100m: 1:20.72	300m: 4:18.53		500m: 7:14.45		700m: 10:11.32	
	150m:	350m:		550m:		750m:	
	200m: 2:50.59	400m: 5:47.04		600m: 8:42.85		800m: 11:31.82	
13.		2011	III			<b>11:41.62</b>	III 267
	50m:	250m:		450m:		650m:	
	100m: 1:19.63	300m: 4:19.07		500m: 7:24.92		700m: 10:24.19	
	150m:	350m:		550m:		750m:	
	200m: 2:48.02	400m: 5:48.90		600m: 8:55.55		800m: 11:41.62	
14.		2011	III			<b>11:47.73</b>	III 260
	50m:	250m:		450m:		650m:	
	100m: 1:21.19	300m: 4:22.11		500m: 7:27.03		700m: 10:24.12	
	150m:	350m:		550m:		750m:	
	200m: 2:51.20	400m: 5:54.88		600m: 8:55.54		800m: 11:47.73	
15.		2011	III			<b>11:47.81</b>	III 260
	50m:	250m:		450m:		650m:	
	100m: 1:13.74	300m: 4:10.80		500m: 7:18.98		700m: 10:22.08	
	150m:	350m:		550m:		750m:	
	200m: 2:39.20	400m: 5:44.94		600m: 8:51.92		800m: 11:47.81	
16.		2012	III			<b>11:57.81</b>	III 249
	50m:	250m:		450m:		650m:	
	100m: 1:23.46	300m: 4:24.99		500m: 7:27.71		700m: 10:31.28	
	150m:	350m:		550m:		750m:	
	200m: 2:53.13	400m: 5:56.46		600m: 8:59.32		800m: 11:57.81	
17.		2011	1			<b>12:09.50</b>	III 238
	50m:	250m:		450m:		650m:	
	100m: 1:22.30	300m: 4:29.87		500m: 7:38.31		700m: 10:42.88	
	150m:	350m:		550m:		750m:	
	200m: 2:55.88	400m: 6:04.01		600m: 9:10.63		800m: 12:09.50	





# Первенства АО

, 27. - 30.06.2023

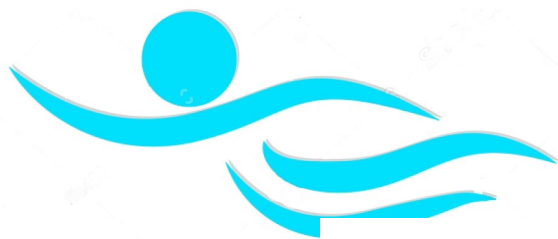
" " "

27,		, 800m		, 11-12		R.T.		FINA	
18.		2012	III			<b>12:12.64</b>	III	235	
	50m:	250m:		450m:		650m:			
	100m: 1:22.93	300m: 4:31.66		500m: 7:38.89		700m: 10:45.40			
	150m:	350m:		550m:		750m:			
	200m: 2:57.14	400m: 6:04.93		600m: 9:13.78		800m: 12:12.64			
19.		2011	III			<b>12:12.72</b>	III	234	
	50m:	250m:		450m:		650m:			
	100m: 1:25.08	300m: 4:31.66		500m: 7:39.23		700m: 10:45.40			
	150m:	350m:		550m:		750m:			
	200m: 2:57.30	400m: 6:04.98		600m: 9:13.70		800m: 12:12.72			
20.		2012	III			<b>12:31.06</b>	III	218	
	50m:	250m:		450m:		650m:			
	100m: 1:26.81	300m: 4:33.40		500m: 7:47.49		700m: 11:01.88			
	150m:	350m:		550m:		750m:			
	200m: 2:59.59	400m: 6:08.84		600m: 9:23.87		800m: 12:31.06			
21.		2011	III			<b>12:31.45</b>	III	217	
	50m:	250m:		450m:		650m:			
	100m: 1:23.82	300m: 4:35.30		500m: 7:51.79		700m: 11:04.18			
	150m:	350m:		550m:		750m:			
	200m: 2:59.22	400m: 6:13.00		600m: 9:29.00		800m: 12:31.45			
22.		2011	III			<b>12:35.36</b>	III	214	
	50m:	250m:		450m:		650m:			
	100m: 1:27.78	300m: 4:38.05		500m: 7:50.55		700m: 11:02.80			
	150m:	350m:		550m:		750m:			
	200m: 3:02.57	400m: 6:13.54		600m: 9:27.13		800m: 12:35.36			
23.		2012	III			<b>12:59.91</b>	1	194	
	50m:	250m:		450m:		650m:			
	100m: 1:31.46	300m: 4:49.49		500m: 8:08.93		700m: 11:26.42			
	150m:	350m:		550m:		750m:			
	200m: 3:10.61	400m: 6:30.02		600m: 9:48.92		800m: 12:59.91			
DSQ		2012	1						
, 13-14									
1.		2010	II			<b>9:28.06</b>	I	504	
	50m: 32.15	32.15	250m: 2:53.36	35.89	450m: 5:16.69	35.98	650m: 7:42.12	36.47	
	100m: 1:06.69	34.54	300m: 3:28.89	35.53	500m: 5:52.99	36.30	700m: 8:18.29	36.17	
	150m: 1:41.98	35.29	350m: 4:04.57	35.68	550m: 6:29.66	36.67	750m: 8:53.63	35.34	
	200m: 2:17.47	35.49	400m: 4:40.71	36.14	600m: 7:05.65	35.99	800m: 9:28.06	34.43	
2.		2009	I			<b>9:32.45</b>	I	492	
	50m: 33.33	33.33	250m: 2:55.73	35.37	450m: 5:18.51	36.22	650m: 7:45.17	37.13	
	100m: 1:08.60	35.27	300m: 3:31.13	35.40	500m: 5:54.99	36.48	700m: 8:22.46	37.29	
	150m: 1:44.01	35.41	350m: 4:06.31	35.18	550m: 6:31.56	36.57	750m: 8:57.89	35.43	
	200m: 2:20.36	36.35	400m: 4:42.29	35.98	600m: 7:08.04	36.48	800m: 9:32.45	34.56	
3.		2009	II			<b>9:36.13</b>	I	483	
	50m: 33.13	33.13	250m: 2:58.02	36.66	450m: 5:24.35	35.47	650m: 7:49.95	36.27	
	100m: 1:09.14	36.01	300m: 3:34.78	36.76	500m: 6:00.80	36.45	700m: 8:26.66	36.71	
	150m: 1:45.23	36.09	350m: 4:12.19	37.41	550m: 6:36.82	36.02	750m: 9:01.35	34.69	
	200m: 2:21.36	36.13	400m: 4:48.88	36.69	600m: 7:13.68	36.86	800m: 9:36.13	34.78	
4.		2009	II			<b>9:43.69</b>	II	464	
	50m: 31.95	31.95	250m: 2:59.94	37.13	450m: 5:28.95	37.25	650m: 7:56.48	36.30	
	100m: 1:08.10	36.15	300m: 3:37.10	37.16	500m: 6:05.92	36.97	700m: 8:32.97	36.49	
	150m: 1:45.48	37.38	350m: 4:14.81	37.71	550m: 6:43.22	37.30	750m: 9:09.25	36.28	
	200m: 2:22.81	37.33	400m: 4:51.70	36.89	600m: 7:20.18	36.96	800m: 9:43.69	34.44	

" " " 50

OMEGA ARES 21



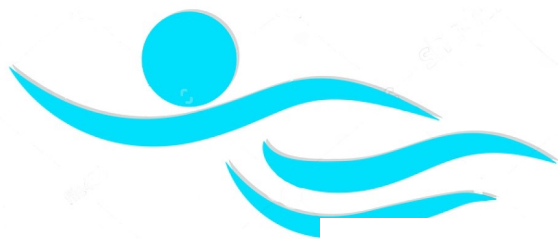


# Первенства АО

, 27. - 30.06.2023

27,		, 800m		, 13-14		R.T.		FINA	
5.			2009 II			<b>9:44.52</b>	II	462	
	50m: 32.22	32.22	250m: 2:59.74	36.76	450m: 5:28.84	37.27	650m: 7:57.30	36.87	
	100m: 1:08.54	36.32	300m: 3:37.15	37.41	500m: 6:06.04	37.20	700m: 8:34.28	36.98	
	150m: 1:45.81	37.27	350m: 4:14.34	37.19	550m: 6:43.13	37.09	750m: 9:10.88	36.60	
	200m: 2:22.98	37.17	400m: 4:51.57	37.23	600m: 7:20.43	37.30	800m: 9:44.52	33.64	
6.			2009 I			<b>9:44.67</b>	II	462	
	50m: 32.54	32.54	250m: 2:56.79	36.35	450m: 5:25.79	37.67	650m: 7:56.38	37.38	
	100m: 1:07.69	35.15	300m: 3:33.80	37.01	500m: 6:03.78	37.99	700m: 8:33.66	37.28	
	150m: 1:43.74	36.05	350m: 4:10.83	37.03	550m: 6:41.58	37.80	750m: 9:10.37	36.71	
	200m: 2:20.44	36.70	400m: 4:48.12	37.29	600m: 7:19.00	37.42	800m: 9:44.67	34.30	
7.			2009 II			<b>9:51.17</b>	II	447	
	50m: 33.20	33.20	250m: 2:59.15	36.98	450m: 5:29.96	38.04	650m: 7:59.77	37.76	
	100m: 1:08.75	35.55	300m: 3:36.83	37.68	500m: 6:07.26	37.30	700m: 8:37.32	37.55	
	150m: 1:45.04	36.29	350m: 4:14.55	37.72	550m: 6:44.66	37.40	750m: 9:14.52	37.20	
	200m: 2:22.17	37.13	400m: 4:51.92	37.37	600m: 7:22.01	37.35	800m: 9:51.17	36.65	
8.			2009 II			<b>10:14.02</b>	II	399	
	50m:		250m:		450m:		650m:		
	100m: 1:09.62		300m: 3:42.40		500m: 6:19.38		700m: 8:58.89		
	150m:		350m:		550m:		750m:		
	200m: 2:25.39		400m: 5:01.92		600m: 7:40.24		800m: 10:14.02		
9.			2009 II			<b>10:15.80</b>	II	395	
	50m:		250m:		450m:		650m:		
	100m: 1:17.70		300m: 3:46.20		500m: 6:23.84		700m: 9:00.62		
	150m:		350m:		550m:		750m:		
	200m: 2:28.44		400m: 5:05.30		600m: 7:42.29		800m: 10:15.80		
10.			2009 II			<b>10:22.10</b>	II	383	
	50m:		250m:		450m:		650m:		
	100m: 1:09.96		300m: 3:44.59		500m: 6:23.97		700m: 9:04.12		
	150m:		350m:		550m:		750m:		
	200m: 2:26.63		400m: 5:04.32		600m: 7:44.50		800m: 10:22.10		
11.			2010 II			<b>10:29.22</b>	II	370	
	50m:		250m:		450m:		650m:		
	100m: 1:11.70		300m: 3:52.34		500m: 6:33.18		700m: 9:16.34		
	150m:		350m:		550m:		750m:		
	200m: 2:31.53		400m: 5:12.94		600m: 7:54.88		800m: 10:29.22		
12.			2009 II			<b>10:30.00</b>	II	369	
	50m:		250m:		450m:		650m:		
	100m: 1:12.52		300m: 3:54.15		500m: 6:37.50		700m: 9:12.62		
	150m:		350m:		550m:		750m:		
	200m: 2:32.79		400m: 5:15.97		600m: 7:59.00		800m: 10:30.00		
13.			2010 II			<b>10:32.21</b>	II	365	
	50m:		250m:		450m:		650m:		
	100m: 1:11.63		300m: 3:48.69		500m: 6:31.34		700m: 9:14.42		
	150m:		350m:		550m:		750m:		
	200m: 2:29.16		400m: 5:09.50		600m: 7:53.45		800m: 10:32.21		
14.			2009 II			<b>10:32.93</b>	II	364	
	50m:		250m:		450m:		650m:		
	100m: 1:12.65		300m: 3:51.73		500m: 6:33.21		700m: 9:16.24		
	150m:		350m:		550m:		750m:		
	200m: 2:31.36		400m: 5:12.67		600m: 7:55.16		800m: 10:32.93		



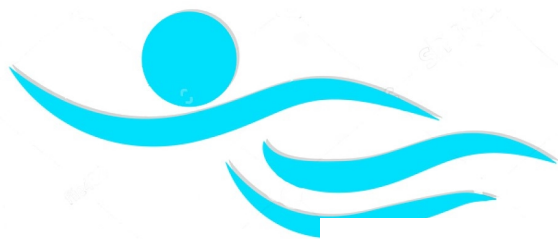


# Первенства АО

, 27. - 30.06.2023

27,		, 800m		, 13-14		R.T.	FINA
15.		2009 II				<b>10:33.04</b> II	364
	50m:	250m:	450m:	650m:	700m:	750m:	800m:
	100m: 1:12.17	300m: 3:50.90	500m: 6:32.63	9:16.13			
	150m:	350m:	550m:	750m:	800m:		
	200m: 2:30.61	400m: 5:12.06	600m: 7:54.52	10:33.04			
16.		2009 II				<b>10:39.15</b> II	353
	50m:	250m:	450m:	650m:	700m:	750m:	800m:
	100m: 1:13.51	300m: 3:55.03	500m: 6:37.30	9:21.35			
	150m:	350m:	550m:	750m:	800m:		
	200m: 2:33.58	400m: 5:15.99	600m: 7:59.50	10:39.15			
17.		2010 II				<b>10:56.43</b> II	326
	50m:	250m:	450m:	650m:	700m:	750m:	800m:
	100m: 1:17.18	300m: 4:04.57	500m: 6:52.26	9:40.02			
	150m:	350m:	550m:	750m:	800m:		
	200m: 2:40.44	400m: 5:28.69	600m: 8:16.24	10:56.43			
18.		2010 II				<b>10:57.16</b> II	325
	50m:	250m:	450m:	650m:	700m:	750m:	800m:
	100m: 1:17.20	300m: 4:04.59	500m: 6:52.27	9:40.10			
	150m:	350m:	550m:	750m:	800m:		
	200m: 2:40.48	400m: 5:28.70	600m: 8:16.24	10:57.16			
19.		2010 II				<b>10:58.48</b> II	323
	50m:	250m:	450m:	650m:	700m:	750m:	800m:
	100m: 1:16.52	300m: 4:04.36	500m: 6:52.39	9:39.51			
	150m:	350m:	550m:	750m:	800m:		
	200m: 2:39.55	400m: 5:28.45	600m: 8:16.08	10:58.48			
20.		2010 II				<b>11:01.71</b> II	318
	50m:	250m:	450m:	650m:	700m:	750m:	800m:
	100m: 1:16.89	300m: 4:04.36	500m: 6:53.14	9:40.48			
	150m:	350m:	550m:	750m:	800m:		
	200m: 2:39.76	400m: 5:29.14	600m: 8:16.71	11:01.71			
21.		2010 II				<b>11:04.98</b> II	314
	50m:	250m:	450m:	650m:	700m:	750m:	800m:
	100m: 1:15.29	300m: 4:03.93	500m: 6:54.13	9:43.77			
	150m:	350m:	550m:	750m:	800m:		
	200m: 2:39.17	400m: 5:29.08	600m: 8:19.42	11:04.98			
22.		2010 II				<b>11:06.33</b> II	312
	50m:	250m:	450m:	650m:	700m:	750m:	800m:
	100m: 1:18.05	300m: 4:07.54	500m: 6:56.70	9:45.74			
	150m:	350m:	550m:	750m:	800m:		
	200m: 2:42.77	400m: 5:32.18	600m: 8:21.37	11:06.33			
23.		2009 II				<b>11:07.46</b> II	310
	50m:	250m:	450m:	650m:	700m:	750m:	800m:
	100m: 1:19.94	300m: 4:08.61	500m: 6:58.96	9:47.20			
	150m:	350m:	550m:	750m:	800m:		
	200m: 2:43.70	400m: 5:33.64	600m: 8:23.45	11:07.46			
24.		2009 III				<b>11:08.32</b> II	309
	50m:	250m:	450m:	650m:	700m:	750m:	800m:
	100m: 1:13.76	300m: 4:03.80	500m: 6:54.99	9:46.85			
	150m:	350m:	550m:	750m:	800m:		
	200m: 2:38.66	400m: 5:28.74	600m: 8:21.77	11:08.32			



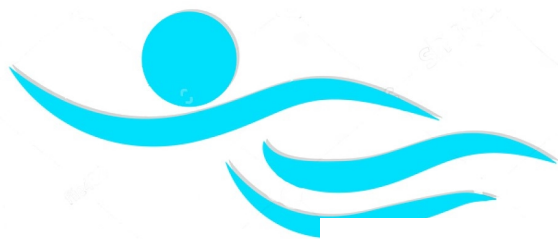


# Первенства АО

, 27. - 30.06.2023

27,		, 800m		, 13-14		R.T.	FINA
25.		2010	III			<b>11:10.47</b>	II 306
	50m:	250m:		450m:		650m:	
	100m: 1:17.90	300m: 4:09.02		500m: 7:02.26		700m: 9:51.41	
	150m:	350m:		550m:		750m:	
	200m: 2:43.79	400m: 5:34.50		600m: 8:27.52		800m: 11:10.47	
26.		2009	II			<b>11:11.00</b>	II 305
	50m:	250m:		450m:		650m:	
	100m: 1:15.98	300m: 4:05.50		500m: 6:57.21		700m: 9:48.78	
	150m:	350m:		550m:		750m:	
	200m: 2:40.28	400m: 5:31.47		600m: 8:23.29		800m: 11:11.00	
27.		2009	II			<b>11:17.23</b>	II 297
	50m:	250m:		450m:		650m:	
	100m: 1:19.08	300m: 4:10.01		500m: 7:04.06		700m: 9:56.67	
	150m:	350m:		550m:		750m:	
	200m: 2:43.42	400m: 5:37.06		600m: 8:30.20		800m: 11:17.23	
28.		2009	III			<b>11:17.90</b>	II 296
	50m:	250m:		450m:		650m:	
	100m: 1:26.63	300m: 4:14.28		500m: 7:07.82		700m: 9:58.86	
	150m:	350m:		550m:		750m:	
	200m: 2:46.61	400m: 5:41.10		600m: 8:33.38		800m: 11:17.90	
29.		2009	III			<b>11:24.34</b>	III 288
	50m:	250m:		450m:		650m:	
	100m: 1:16.66	300m: 4:10.91		500m: 7:06.56		700m: 10:00.37	
	150m:	350m:		550m:		750m:	
	200m: 2:43.09	400m: 5:38.63		600m: 8:33.02		800m: 11:24.34	
30.		2009	III			<b>11:24.51</b>	III 288
	50m:	250m:		450m:		650m:	
	100m: 1:15.88	300m: 4:11.15		500m: 7:08.24		700m: 10:01.72	
	150m:	350m:		550m:		750m:	
	200m: 2:42.26	400m: 5:39.16		600m: 8:36.85		800m: 11:24.51	
31.		2010	III			<b>11:26.74</b>	III 285
	50m:	250m:		450m:		650m:	
	100m: 1:16.09	300m: 4:09.99		500m: 7:06.28		700m: 10:01.90	
	150m:	350m:		550m:		750m:	
	200m: 2:41.86	400m: 5:38.11		600m: 8:34.01		800m: 11:26.74	
32.		2010	III			<b>11:32.70</b>	III 278
	50m:	250m:		450m:		650m:	
	100m: 1:17.24	300m: 4:13.98		500m: 7:10.63		700m: 10:08.14	
	150m:	350m:		550m:		750m:	
	200m: 2:45.17	400m: 5:42.20		600m: 8:39.57		800m: 11:32.70	
33.		2010	III			<b>11:33.66</b>	III 276
	50m:	250m:		450m:		650m:	
	100m: 1:19.50	300m: 4:18.91		500m: 7:15.05		700m: 10:11.29	
	150m:	350m:		550m:		750m:	
	200m: 2:47.36	400m: 5:46.99		600m: 8:43.40		800m: 11:33.66	
34.		2010	III			<b>11:45.09</b>	III 263
	50m:	250m:		450m:		650m:	
	100m: 1:22.77	300m: 4:23.00		500m: 7:24.66		700m: 10:22.56	
	150m:	350m:		550m:		750m:	
	200m: 2:51.99	400m: 5:53.94		600m: 8:53.42		800m: 11:45.09	





# Первенства АО

, 27. - 30.06.2023

	27,	, 800m	, 13-14		R.T.	FINA
35.			2010 III		<b>11:49.90</b> III	258
	50m:		250m:	450m:	650m:	
	100m:	1:17.11	300m:	500m:	700m:	10:26.50
	150m:		350m:	550m:	750m:	
	200m:	2:48.39	400m:	600m:	800m:	11:49.90
36.			2009 III		<b>11:52.81</b> III	255
	50m:		250m:	450m:	650m:	
	100m:	1:19.73	300m:	500m:	700m:	10:25.44
	150m:		350m:	550m:	750m:	
	200m:	2:48.69	400m:	600m:	800m:	11:52.81
37.			2009 II		<b>12:00.97</b> III	246
	50m:		250m:	450m:	650m:	
	100m:	1:12.63	300m:	500m:	700m:	10:31.82
	150m:		350m:	550m:	750m:	
	200m:	2:46.17	400m:	600m:	800m:	12:00.97
38.			2009 III		<b>12:01.70</b> III	245
	50m:		250m:	450m:	650m:	
	100m:	1:22.96	300m:	500m:	700m:	10:33.43
	150m:		350m:	550m:	750m:	
	200m:	2:54.11	400m:	600m:	800m:	12:01.70
39.			2009 III		<b>12:08.05</b> III	239
	50m:		250m:	450m:	650m:	
	100m:	1:21.30	300m:	500m:	700m:	10:39.60
	150m:		350m:	550m:	750m:	
	200m:	2:52.70	400m:	600m:	800m:	12:08.05
40.			2010 III		<b>12:09.36</b> III	238
	50m:		250m:	450m:	650m:	
	100m:	1:21.39	300m:	500m:	700m:	10:38.13
	150m:		350m:	550m:	750m:	
	200m:	2:51.23	400m:	600m:	800m:	12:09.36
41.			2009 II		<b>12:43.55</b> 1	207
	50m:		250m:	450m:	650m:	
	100m:	1:31.90	300m:	500m:	700m:	11:15.20
	150m:		350m:	550m:	750m:	
	200m:	3:03.46	400m:	600m:	800m:	12:43.55

