



# Первенства АО

, 27. - 30.06.2023

7	, 400m	9 - 14
27.06.2023		
13 - 14	5:03.58	29.06.2018
11 - 12	5:35.25	16.06.2016
9 - 10	5:57.57	14.12.2018

: FINA 2021

							100m	200m	300m	400m
, 9-10										
1.	, 13					<b>6:53.96</b>	204 I	1:41.94	1:49.11	1:56.57 1:26.34
	50m: 45.71	45.71	150m: 2:38.27	56.33	250m: 4:27.13	56.08	350m: 6:13.02	45.40		
	100m: 1:41.94	56.23	200m: 3:31.05	52.78	300m: 5:27.62	1:00.49	400m: 6:53.96	40.94		
, 11-12										
1.	, 11					<b>5:58.90</b>	313 III	1:30.19	1:31.86	1:40.20 1:16.65
	50m: 39.70	39.70	150m: 2:15.38	45.19	250m: 3:50.11	48.06	350m: 5:20.38	38.13		
	100m: 1:30.19	50.49	200m: 3:02.05	46.67	300m: 4:42.25	52.14	400m: 5:58.90	38.52		
2.	, 12					<b>6:31.89</b>	240 III	1:33.55	1:42.60	1:48.32 1:27.42
	50m: 41.26	41.26	150m: 2:25.89	52.34	250m: 4:09.54	53.39	350m: 5:49.79	45.32		
	100m: 1:33.55	52.29	200m: 3:16.15	50.26	300m: 5:04.47	54.93	400m: 6:31.89	42.10		
DSQ	, 11									1
, 13-14										
1.	, 09					<b>5:04.56</b>	513 I	1:12.32	1:19.18	1:22.56 1:10.50
	50m: 31.97	31.97	150m: 1:51.47	39.15	250m: 3:12.26	40.76	350m: 4:29.57	35.51		
	100m: 1:12.32	40.35	200m: 2:31.50	40.03	300m: 3:54.06	41.80	400m: 5:04.56	34.99		
2.	, 09					<b>5:10.61</b>	483 I	1:07.06	1:22.43	1:32.50 1:08.62
	50m: 30.18	30.18	150m: 1:49.66	42.60	250m: 3:14.26	44.77	350m: 4:35.62	33.63		
	100m: 1:07.06	36.88	200m: 2:29.49	39.83	300m: 4:01.99	47.73	400m: 5:10.61	34.99		
3.	, 09					<b>5:21.02</b>	438 II	1:15.37	1:24.70	1:28.59 1:12.36
	50m: 34.98	34.98	150m: 1:58.40	43.03	250m: 3:23.80	43.73	350m: 4:45.04	36.38		
	100m: 1:15.37	40.39	200m: 2:40.07	41.67	300m: 4:08.66	44.86	400m: 5:21.02	35.98		
4.	, 10					<b>5:24.22</b>	425 II	1:16.62	1:23.99	1:34.67 1:08.94
	50m: 35.27	35.27	150m: 1:58.73	42.11	250m: 3:28.20	47.59	350m: 4:50.15	34.87		
	100m: 1:16.62	41.35	200m: 2:40.61	41.88	300m: 4:15.28	47.08	400m: 5:24.22	34.07		
5.	, 09					<b>5:31.68</b>	397 II	1:21.54	1:26.36	1:31.05 1:12.73
	50m: 36.29	36.29	150m: 2:04.92	43.38	250m: 3:33.40	45.50	350m: 4:55.52	36.57		
	100m: 1:21.54	45.25	200m: 2:47.90	42.98	300m: 4:18.95	45.55	400m: 5:31.68	36.16		
6.	, 10					<b>6:03.47</b>	301 III	1:24.84	1:32.15	1:47.92 1:18.56
	50m: 38.40	38.40	150m: 2:10.94	46.10	250m: 3:52.07	55.08	350m: 5:25.36	40.45		
	100m: 1:24.84	46.44	200m: 2:56.99	46.05	300m: 4:44.91	52.84	400m: 6:03.47	38.11		
7.	, 10					<b>6:12.99</b>	279 III	1:28.26	1:35.18	1:46.09 1:23.46
	50m: 39.63	39.63	150m: 2:17.62	49.36	250m: 3:56.57	53.13	350m: 5:32.29	42.76		
	100m: 1:28.26	48.63	200m: 3:03.44	45.82	300m: 4:49.53	52.96	400m: 6:12.99	40.70		
8.	, 09					<b>6:41.01</b>	224 I	1:33.45	1:38.16	1:58.34 1:31.06
	50m: 40.29	40.29	150m: 2:23.60	50.15	250m: 4:10.38	58.77	350m: 5:55.21	45.26		
	100m: 1:33.45	53.16	200m: 3:11.61	48.01	300m: 5:09.95	59.57	400m: 6:41.01	45.80		

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