



# Первенство Астраханской области по плаванию (25 м) 2023 г

, 10. - 13.10.2023

12  
11.10.2023 - 15:30

, 400m

6:29.40

10.12.2019

: FINA 2023

1.				13					<b>6:18.41</b>	320	II	
	50m:	37.44	37.44	150m:	2:14.68	49.98	250m:	3:54.16	52.47	350m:	5:36.55	46.07
	100m:	1:24.70	47.26	200m:	3:01.69	47.01	300m:	4:50.48	56.32	400m:	6:18.41	41.86
2.				13						<b>7:17.06</b>	207	1
	50m:	42.26	42.26	150m:	2:35.24	57.58	250m:	4:33.46	1:02.06	350m:	6:26.61	50.19
	100m:	1:37.66	55.40	200m:	3:31.40	56.16	300m:	5:36.42	1:02.96	400m:	7:17.06	50.45

