

, 28 - 31 2025

1  
28.01.2025 - 14:30

, 100m

1:05.49

28.06.2019

2  
28.01.2025 - 14:30

, 100m

57.16

19.03.2024

							R.T.			
1.	50m:	27.15	27.15	2003	100m:	58.43	31.28	-3	+0,71	<b>58.43</b>
2.				2008					+0,81	<b>1:00.01</b>
3.	50m:	27.69	27.69	2007	100m:	1:00.11	32.42	-1	+0,66	<b>1:00.11</b>
4.	50m:	27.59	27.59	2008	100m:	1:00.35	32.76		+0,74	<b>1:00.35</b>
5.	50m:	28.74	28.74	2008	100m:	1:01.33	32.59		+0,71	<b>1:01.33</b>
6.	50m:	29.40	29.40	2009	100m:	1:01.79	32.39		+0,71	<b>1:01.79</b>
7.	50m:	28.16	28.16	2006	100m:	1:02.15	33.99	-3	+0,72	<b>1:02.15</b>
8.	50m:	28.58	28.58	2010	100m:	1:02.28	33.70		+0,71	<b>1:02.28</b>
9.	50m:	29.81	29.81	2010	100m:	1:05.24	35.43	-3	+0,65	<b>1:05.24</b>
10.	50m:	30.81	30.81	2010	100m:	1:05.86	35.05		+0,71	<b>1:05.86</b>
11.	50m:	32.69	32.69	2011	100m:	1:06.30	33.61		+0,78	<b>1:06.30</b>
12.				2010				-3		<b>1:06.47</b>
13.	50m:	30.61	30.61	2009	100m:	1:07.88	37.27	-2	+0,81	<b>1:07.88</b>
14.	50m:	30.77	30.77	2011	100m:	1:08.71	37.94	-4	+0,67	<b>1:08.71</b>
15.	50m:	32.26	32.26	2011	100m:	1:09.26	37.00		+0,84	<b>1:09.26</b>
16.	50m:	33.24	33.24	2009	100m:	1:09.86	36.62	-3		<b>1:09.86</b>
17.				2011				-4	+0,78	<b>1:10.14</b>
18.	50m:	32.77	32.77	2010	100m:	1:10.81	38.04	-3	+0,45	<b>1:10.81</b>
19.				2010					+0,96	<b>1:10.99</b>
20.	50m:	32.30	32.30	2009	100m:	1:12.05	39.75		+0,77	<b>1:12.05</b>
21.	50m:	32.89	32.89	2010	100m:	1:13.26	40.37	-2	+0,86	<b>1:13.26</b>
22.	50m:	32.98	32.98	2010	100m:	1:14.48	41.50		+0,92	<b>1:14.48</b>
23.	50m:	36.97	36.97	2010	100m:	1:22.01	45.04	-3	+0,92	<b>1:22.01</b>
24.	50m:	36.46	36.46	2011	100m:	1:24.18	47.72	-3		<b>1:24.18</b>

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"OMEGA"

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2, , 100m									
		/						R.T.	
25.				2011 III				+0,85	<b>1:26.98</b>
	50m:	37.09	37.09	100m:	1:26.98	49.89			
26.				2010 III			-3	+0,88	<b>1:28.78</b>
	50m:	42.55	42.55	100m:	1:28.78	46.23			
DSQ				2010 II					
DSQ				2011 II					

3 , 100m  
28.01.2025 - 14:40

		1:06.09						28.03.2019	
		/						R.T.	
1.				2011 I				+0,70	<b>1:13.10</b> I
2.				2011 I			-4	+0,83	<b>1:13.88</b> I
	50m:	36.79	36.79	100m:	1:13.88	37.09			
3.				2009 I				+0,67	<b>1:14.79</b> II
	50m:	37.21	37.21	100m:	1:14.79	37.58			
4.				2009				+0,77	<b>1:15.13</b> II
	50m:	36.42	36.42	100m:	1:15.13	38.71			
5.				2009 II			-2	+0,66	<b>1:20.70</b> II
	50m:	38.71	38.71	100m:	1:20.70	41.99			
6.				2011 III			-4	+0,81	<b>1:27.95</b> III
	50m:	43.01	43.01	100m:	1:27.95	44.94			

4 , 100m  
28.01.2025 - 14:40

		59.23						25.01.2022	
		/						R.T.	
1.				2009 KMC			-2	+0,69	<b>1:04.78</b> I
	50m:	30.39	30.39	100m:	1:04.78	34.39			
2.				2007 I			-1	+0,71	<b>1:04.88</b> I
3.				2008 I				+0,75	<b>1:05.46</b> I
	50m:	32.22	32.22	100m:	1:05.46	33.24			
4.				2008 KMC				+0,69	<b>1:05.63</b> I
	50m:	32.20	32.20	100m:	1:05.63	33.43			
5.				2009 II			-3	+0,68	<b>1:06.64</b> II
	50m:	32.43	32.43	100m:	1:06.64	34.21			
6.				2009 I			-3	+0,69	<b>1:06.94</b> II
	50m:	32.44	32.44	100m:	1:06.94	34.50			
7.				2009 I				+0,77	<b>1:07.33</b> II
	50m:	31.56	31.56	100m:	1:07.33	35.77			
8.				2011 II			-3		<b>1:08.10</b> II
9.				2009 I				+0,76	<b>1:08.19</b> II
	50m:	33.30	33.30	100m:	1:08.19	34.89			
10.				2009 II				+0,69	<b>1:09.17</b> II
	50m:	33.12	33.12	100m:	1:09.17	36.05			
11.				2011 II			-4	+0,90	<b>1:09.60</b> II
	50m:	33.74	33.74	100m:	1:09.60	35.86			
12.				2010 II				+0,67	<b>1:11.19</b> II
	50m:	33.77	33.77	100m:	1:11.19	37.42			

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"OMEGA"

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4, , 100m									
		/				R.T.			
13.				2009 II					
	50m:	34.63	34.63	100m:	1:12.05	37.42		-3	+0,66 1:12.05 II
14.				2011 II					+0,77 1:13.07 II
	50m:	35.83	35.83	100m:	1:13.07	37.24			
15.				2011 II					+0,88 1:13.38 II
	50m:	35.54	35.54	100m:	1:13.38	37.84			
16.				2009 II					+0,80 1:13.76 II
	50m:	35.88	35.88	100m:	1:13.76	37.88			
17.				2009 II					+0,71 1:14.51 III
18.				2011 II					1:14.59 III
19.				2011 II					+0,82 1:15.38 III
	50m:	37.28	37.28	100m:	1:15.38	38.10			
20.				2011 II					+0,74 1:18.17 III
	50m:	37.70	37.70	100m:	1:18.17	40.47			
21.				2011 II					+0,64 1:18.24 III
	50m:	37.63	37.63	100m:	1:18.24	40.61			
22.				2011 III					+0,75 1:18.44 III
	50m:	39.51	39.51	100m:	1:18.44	38.93			
23.				2011 III					+0,80 1:20.61 III
	50m:	39.48	39.48	100m:	1:20.61	41.13			
24.				2011 II					1:21.82 III
	50m:	39.07	39.07	100m:	1:21.82	42.75			
DSQ				2011 1					

5 , 100m  
28.01.2025 - 14:50

58.99

16.12.2016

		/				R.T.			
1.				2006					+0,78 59.31
2.				1999					+0,75 59.35
	50m:	29.01	29.01	100m:	59.35	30.34			
3.				2001					+0,80 1:03.10 I
	50m:	30.03	30.03	100m:	1:03.10	33.07			
4.				2007 I					+0,74 1:03.52 I
	50m:	31.04	31.04	100m:	1:03.52	32.48			
				2008 I					+0,74 1:03.52 I
	50m:	30.97	30.97	100m:	1:03.52	32.55			
6.				2010 I					+0,84 1:03.61 I
	50m:	30.67	30.67	100m:	1:03.61	32.94			
7.				2006					+0,80 1:05.75 II
	50m:	30.75	30.75	100m:	1:05.75	35.00			
				2007 I					1:05.75 II
9.				2009 I					+0,84 1:05.99 II
	50m:	30.22	30.22	100m:	1:05.99	35.77			
10.				2009 I					+0,80 1:06.21 II
	50m:	31.17	31.17	100m:	1:06.21	35.04			
11.				2007 I					+0,81 1:07.14 II
	50m:	31.03	31.03	100m:	1:07.14	36.11			
12.				2011 I					+1,01 1:07.18 II
	50m:	32.70	32.70	100m:	1:07.18	34.48			

"OMEGA"

, 28 - 31 2025

5,		, 100m							
				/				R.T.	
13.	,			2010	II			+0,59	<b>1:07.78</b> II
14.	,			2006	II			+0,88	<b>1:07.85</b> II
	50m:	31.77	31.77	100m:	1:07.85	36.08			
15.	,			2009	I			-2	+0,80 <b>1:09.17</b> II
	50m:	33.61	33.61	100m:	1:09.17	35.56	. . .		
16.	,			2008	II				+0,88 <b>1:10.26</b> II
	50m:	33.03	33.03	100m:	1:10.26	37.23			
17.	,			2009	II				+0,78 <b>1:11.72</b> II
	50m:	33.66	33.66	100m:	1:11.72	38.06	" "		
18.	,			2009	II				<b>1:12.82</b> II
	50m:	33.42	33.42	100m:	1:12.82	39.40	. . .	-1	
19.	,			2008	II				+0,82 <b>1:13.23</b> III
	50m:	33.90	33.90	100m:	1:13.23	39.33	. . .	-1	
20.	,			2011	II				+0,88 <b>1:15.28</b> III
	50m:	35.75	35.75	100m:	1:15.28	39.53			
21.	,			2010	II				+0,68 <b>1:15.98</b> III
	50m:	35.23	35.23	100m:	1:15.98	40.75			
22.	,			2009	II				+0,91 <b>1:17.95</b> III
	50m:	36.12	36.12	100m:	1:17.95	41.83			
23.	,			2010	I				+0,54 <b>1:18.18</b> III
	50m:	36.49	36.49	100m:	1:18.18	41.69			
24.	,			2011	III				+0,87 <b>1:19.05</b> III
	50m:	38.69	38.69	100m:	1:19.05	40.36	. . .	-1	
25.	,			2011	I				+0,78 <b>1:19.86</b> III
	50m:	37.69	37.69	100m:	1:19.86	42.17			
26.	,			2011	III				+0,88 <b>1:21.05</b>
	50m:	38.37	38.37	100m:	1:21.05	42.68			

6 , 100m  
28.01.2025 - 14:55

51.85

21.03.2022

				/				R.T.	
1.	,			2009				-1	+0,62 <b>53.18</b>
2.	,			2007				-1	+0,76 <b>53.38</b>
	50m:	26.07	26.07	100m:	53.38	27.31	. . .		
3.	,			2010					+0,73 <b>53.53</b>
	50m:	26.00	26.00	100m:	53.53	27.53			
4.	,			2009				-2	+0,67 <b>55.28</b> I
	50m:	26.18	26.18	100m:	55.28	29.10	. . .		
5.	,			2008	I				+0,70 <b>55.33</b> I
	50m:	26.50	26.50	100m:	55.33	28.83			
6.	,			2006					+0,88 <b>55.74</b> I
	50m:	26.64	26.64	100m:	55.74	29.10			
7.	,			2007	I			-1	+0,95 <b>56.87</b> I
	50m:	26.14	26.14	100m:	56.87	30.73	. . .		
8.	,			2006				-3	+0,68 <b>56.90</b> I
9.	,			2003				-3	+0,86 <b>56.97</b> I
	50m:	27.08	27.08	100m:	56.97	29.89	. . .		
10.	,			2007	I			-2	+0,70 <b>57.70</b> I
	50m:	27.71	27.71	100m:	57.70	29.99	. . .		

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"OMEGA"

6,	, 100m	,							
11.	50m: 27.52	27.52	2009 I	100m: 57.82	30.30			R.T.	+0,72 57.82 I
12.	50m: 27.70	27.70	2008 I	100m: 58.31	30.61				+0,71 58.31 II
13.	50m: 27.96	27.96	2009 I	100m: 58.65	30.69	. . .	-2		+0,79 58.65 II
14.	50m: 27.85	27.85	2009 I	100m: 58.90	31.05	"	"		+0,91 58.90 II
15.	50m: 27.13	27.13	2008 I	100m: 58.91	31.78	. . .	-1		+0,75 58.91 II
16.	50m: 28.12	28.12	2011 II	100m: 58.94	30.82				+0,71 58.94 II
17.	50m: 27.53	27.53	2009 II	100m: 58.95	31.42	. . .	-3		+0,71 58.95 II
18.	50m: 28.64	28.64	2009 I	100m: 59.08	30.44	. . .	-2		+0,78 59.08 II
19.			2010 II						+0,74 59.20 II
20.	50m: 28.35	28.35	2011 I	100m: 59.33	30.98	. . .	-4		+0,63 59.33 II
21.	50m: 28.40	28.40	2008 I	100m: 59.76	31.36				+0,74 59.76 II
22.	50m: 28.64	28.64	2010 II	100m: 59.78	31.14	. . .	-2		+0,65 59.78 II
23.	50m: 28.91	28.91	2007 I	100m: 59.81	30.90	. . .	-2		+0,59 59.81 II
24.	50m: 28.30	28.30	2007 I	100m: 59.83	31.53				+0,90 59.83 II
25.			2008 II			"	"		+0,47 59.99 II
26.	50m: 28.66	28.66	2007 I	100m: 1:00.16	31.50	. . .	-1		+0,78 1:00.16 II
27.	50m: 29.08	29.08	2010 I	100m: 1:00.24	31.16	. . .	-3		+0,72 1:00.24 II
28.	50m: 29.02	29.02	2009 II	100m: 1:00.53	31.51	"	"		+0,73 1:00.53 II
29.	50m: 29.39	29.39	2008	100m: 1:00.81	31.42	. . .	-1		+0,79 1:00.81 II
30.	50m: 27.32	27.32	2007 II	100m: 1:01.03	33.71	. . .	-1		+0,83 1:01.03 II
31.	50m: 30.09	30.09	2003 I	100m: 1:01.48	31.39	. . .	-1		+0,77 1:01.48 II
32.	50m: 29.15	29.15	2011 II	100m: 1:01.81	32.66	. . .	-3		+0,81 1:01.81 II
33.	50m: 28.44	28.44	2010 II	100m: 1:01.86	33.42	. . .	-3		+0,82 1:01.86 II
34.	50m: 28.30	28.30	2009 II	100m: 1:02.29	33.99				+0,84 1:02.29 II
35.	50m: 28.44	28.44	2009 KMC	100m: 1:02.75	34.31	. . .	-2		+0,75 1:02.75 II
36.	50m: 29.79	29.79	2009 II	100m: 1:02.78	32.99				+0,70 1:02.78 II
37.	50m: 29.94	29.94	2007 II	100m: 1:02.83	32.89				+0,78 1:02.83 II

6,		, 100m								R.T.	
38.	,			2010 II	"	"				+0,82	<b>1:02.94</b> II
	50m:	30.30	30.30	100m:	1:02.94	32.64					
39.	,			2009 II			. . .	-2		+0,74	<b>1:03.04</b> II
	50m:	29.70	29.70	100m:	1:03.04	33.34					
40.	,			2008 I			. . .	-2		+0,73	<b>1:03.15</b> II
	50m:	29.80	29.80	100m:	1:03.15	33.35					
41.	,			2009 II						+0,95	<b>1:03.19</b> II
	50m:	30.63	30.63	100m:	1:03.19	32.56					
42.	,			2010 III						+0,85	<b>1:03.24</b> II
	50m:	30.03	30.03	100m:	1:03.24	33.21					
43.	,			2010 II	"	"				+0,55	<b>1:03.33</b> II
44.	,			2010 II	"	"				+0,93	<b>1:03.52</b> II
	50m:	30.54	30.54	100m:	1:03.52	32.98					
45.	,			2011 II						+0,61	<b>1:03.77</b> II
	50m:	31.08	31.08	100m:	1:03.77	32.69					
46.	,			2009 II			. . .	-3		+0,55	<b>1:03.89</b> II
	50m:	31.30	31.30	100m:	1:03.89	32.59					
47.	,			2010 II			. . .	-2		+0,59	<b>1:04.11</b> II
	50m:	30.08	30.08	100m:	1:04.11	34.03					
48.	,			2009 II	"	"				+0,71	<b>1:04.25</b> II
	50m:	30.86	30.86	100m:	1:04.25	33.39					
49.	,			2009 II			. . .	-2		+0,55	<b>1:04.27</b> II
	50m:	30.99	30.99	100m:	1:04.27	33.28					
50.	,			2011 II			. . .	-4		+0,69	<b>1:04.52</b> II
	50m:	30.49	30.49	100m:	1:04.52	34.03					
51.	,			2009 III						+0,82	<b>1:04.61</b> III
	50m:	31.27	31.27	100m:	1:04.61	33.34					
52.	,			2010 II			. . .	-3		+0,82	<b>1:04.89</b> III
	50m:	31.32	31.32	100m:	1:04.89	33.57					
53.	,			2010 II						+0,71	<b>1:05.13</b> III
	50m:	31.87	31.87	100m:	1:05.13	33.26					
54.	,			2011 II			. . .	-4		+0,89	<b>1:05.38</b> III
	50m:	31.80	31.80	100m:	1:05.38	33.58					
55.	,			2011 II	"	"				+0,84	<b>1:05.52</b> III
	50m:	31.06	31.06	100m:	1:05.52	34.46					
56.	,			2010 II						+0,77	<b>1:05.65</b> III
	50m:	31.97	31.97	100m:	1:05.65	33.68					
57.	,			2010 II						+0,84	<b>1:05.81</b> III
	50m:	30.39	30.39	100m:	1:05.81	35.42					
58.	,			2009 II							<b>1:05.97</b> III
59.	,			2008 II			. . .	-1		+0,74	<b>1:06.04</b> III
	50m:	31.12	31.12	100m:	1:06.04	34.92					
60.	,			2011 II			. . .	-4		+0,79	<b>1:06.35</b> III
	50m:	31.36	31.36	100m:	1:06.35	34.99					
61.	,			2009 III						+0,88	<b>1:06.43</b> III
	50m:	31.73	31.73	100m:	1:06.43	34.70					
62.	,			2011 II						+0,84	<b>1:06.96</b> III
	50m:	33.10	33.10	100m:	1:06.96	33.86					
63.	,			2011 II						+0,68	<b>1:07.22</b> III
	50m:	32.13	32.13	100m:	1:07.22	35.09					
64.	,			2009 II			. . .	-2		+0,77	<b>1:07.25</b> III
	50m:	31.18	31.18	100m:	1:07.25	36.07					

6,		, 100m							
				/				R.T.	
65.				2010	III	"	"	+0,91	<b>1:08.20</b> III
	50m:	32.18	32.18	100m:	1:08.20	36.02			
				2011	III	. . .	-4	+0,70	<b>1:08.20</b> III
	50m:	33.33	33.33	100m:	1:08.20	34.87			
67.				2010	II	"	"	+0,83	<b>1:08.90</b> III
	50m:	32.10	32.10	100m:	1:08.90	36.80			
68.				2009	II				<b>1:09.87</b> III
69.				2011	III			+0,90	<b>1:10.72</b> III
	50m:	33.37	33.37	100m:	1:10.72	37.35			
70.				2011	III			+0,78	<b>1:11.18</b> III
71.				2011	II	. . .	-4	+0,51	<b>1:11.38</b> III
	50m:	33.15	33.15	100m:	1:11.38	38.23			
72.				2011	II	. . .	-3	+0,83	<b>1:11.62</b> III
	50m:	33.84	33.84	100m:	1:11.62	37.78			
73.				2011	III			+0,92	<b>1:11.69</b> III
	50m:	35.07	35.07	100m:	1:11.69	36.62			
74.				2011	II	. . .	-3	+0,74	<b>1:12.49</b>
	50m:	35.06	35.06	100m:	1:12.49	37.43			
75.				2011	III			+0,79	<b>1:13.94</b>
	50m:	35.49	35.49	100m:	1:13.94	38.45			
76.				2011	III			+0,90	<b>1:14.77</b>
	50m:	35.70	35.70	100m:	1:14.77	39.07			
77.				2011	III			+0,69	<b>1:15.11</b>
	50m:	34.67	34.67	100m:	1:15.11	40.44			
78.				2010	III	. . .	-3	+0,89	<b>1:16.08</b>
	50m:	35.82	35.82	100m:	1:16.08	40.26			
79.				2011	III				<b>1:16.91</b>
	50m:	37.04	37.04	100m:	1:16.91	39.87			
80.				2011	III	"	"	+0,91	<b>1:17.77</b>
	50m:	35.58	35.58	100m:	1:17.77	42.19			
81.				2011	III				<b>1:20.07</b>
	50m:	37.62	37.62	100m:	1:20.07	42.45			
82.				2011	1	. . .	-4	+0,55	<b>1:20.21</b>
83.				2011	III				<b>1:20.72</b>
	50m:	36.87	36.87	100m:	1:20.72	43.85			
				2011	1	. . .	-4		<b>1:20.72</b>
	50m:	37.69	37.69	100m:	1:20.72	43.03			
85.				2011	III	. . .	-1	+1,04	<b>1:20.82</b>
	50m:	37.93	37.93	100m:	1:20.82	42.89			
86.				2011	I				<b>1:22.04</b>
87.				2011	III	. . .	-1	+0,82	<b>1:23.17</b>
	50m:	40.39	40.39	100m:	1:23.17	42.78			

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7  
28.01.2025 - 15:15

, 50m

		29.17	,			19.03.2024
	/				R.T.	
1.		2009	. . .	-2	+0,57	<b>29.68</b>
2.		2010			+0,71	<b>30.94</b>
3.		2008	"	"	+0,88	<b>31.13</b>
4.		2002	. . .	-3	+0,71	<b>31.39</b>
5.		2007	. . .	-3	+0,61	<b>31.90</b>
6.		2009			+0,72	<b>31.93</b>
7.		2009	"	"	+0,77	<b>31.99</b>
		2005	. . .	-3	+0,75	<b>31.99</b>
		2009	. . .	-1	+0,66	<b>31.99</b>
10.		2008			+0,77	<b>32.24</b>
11.		2007			+0,83	<b>32.89</b>
12.		2010	. . .	-3	+0,66	<b>33.07</b>
13.		2009	. . .	-3	+0,67	<b>33.62</b>
14.		2006			+0,71	<b>33.74</b>
15.		2010	. . .	-3	+0,64	<b>34.05</b>
16.		2009			+0,69	<b>34.35</b>
17.		2003	. . .	-3	+0,89	<b>34.41</b>
		2009			+0,70	<b>34.41</b>
19.		2009	"	"	+0,90	<b>34.65</b>
20.		2009	. . .	-2	+0,73	<b>34.82</b>
21.		2006	. . .	-3	+0,71	<b>35.11</b>
22.		2009	. . .	-2	+0,75	<b>35.14</b>
23.		2011			+0,72	<b>35.51</b>
24.		2011	. . .	-3	+0,79	<b>35.68</b>
25.		2008			+0,75	<b>35.69</b>
26.		2010	. . .	-2	+0,65	<b>35.91</b>
27.		2011	. . .	-4	+0,78	<b>35.97</b>
28.		2011			+0,73	<b>35.99</b>
29.		2010	. . .	-3	+0,78	<b>36.41</b>
30.		2010	"	"	+0,80	<b>36.48</b>
31.		2010			+0,90	<b>36.67</b>
32.		2007	. . .	-1	+1,09	<b>36.83</b>
33.		2010			+0,88	<b>37.16</b>
34.		2009			+0,97	<b>37.71</b>
35.		2011	. . .	-4	+0,81	<b>37.95</b>
36.		2008			+0,75	<b>38.13</b>
37.		2011	. . .	-4	+0,72	<b>38.88</b>
38.		2009			+0,77	<b>39.11</b>
39.		2011	"	"	+0,83	<b>39.25</b>
40.		2011	. . .	-3	+0,69	<b>39.86</b>
		2011			+0,76	<b>39.86</b>
42.		2011			+0,87	<b>40.40</b>
43.		2009	. . .	-2		<b>41.11</b>
44.		2011	"	"	+0,83	<b>41.25</b>
45.		2011			+0,80	<b>41.85</b>
46.		2010	"	"	+0,84	<b>42.77</b>
47.		2011	. . .	-3	+0,70	<b>42.81</b>
48.		2011			+0,63	<b>43.59</b>
49.	1	2011			+0,80	<b>47.38</b>
DSQ		2010	"	"		

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"OMEGA"



, 28 - 31 2025

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8  
28.01.2025 - 15:25

, 50m

		33.55			24.05.2011
		/			R.T.
1.		2002	. . .	-1	+0,81 <b>34.85</b>
2.		2006			+0,78 <b>36.56</b> I
3.		2002	. . .	-1	+0,86 <b>37.11</b> II
4.		2010	. . .	-3	+0,78 <b>37.44</b> II
		2010 II			+0,50 <b>37.44</b> II
6.		2009 I			+0,78 <b>38.35</b> II
7.		2009 II	" "		+0,76 <b>39.69</b> II
8.		2011 I	. . .	-3	+0,93 <b>40.11</b> II
9.		2011 II	. . .	-4	+0,64 <b>40.63</b> II
10.		2009 II			<b>46.63</b>
11.		2011 III			+0,89 <b>49.66</b>
12.		2011 III			+1,04 <b>50.44</b>
13.		2011 I			+0,99 <b>50.61</b>

9  
28.01.2025 - 15:30

, 800m

		9:25.34			25.02.2021
		/			R.T.
1.		2007 I	. . .	-2	+0,81 <b>10:31.74</b> II
	50m: 33.74 33.74	250m: 3:09.99 39.76	450m: 5:50.30 40.36		650m: 8:32.76 40.77
	100m: 1:11.75 38.01	300m: 4:39.82 39.83	500m: 6:30.52 40.22		700m: 9:13.74 40.98
	150m: 1:50.92 39.17	350m: 4:30.02 40.20	550m: 7:11.23 40.71		750m: 9:53.86 40.12
	200m: 2:30.23 39.31	400m: 5:09.94 39.92	600m: 7:51.99 40.76		800m: 10:31.74 37.88
2.		2011 I	. . .	-4	+0,98 <b>10:41.35</b> II
	50m: 35.23 35.23	250m: 3:15.62 41.22	450m: 5:58.47 41.65		650m: 8:43.86 41.07
	100m: 1:13.97 38.74	300m: 4:36.03 40.41	500m: 6:39.86 41.39		700m: 9:24.49 40.63
	150m: 1:54.62 40.65	350m: 4:36.65 40.62	550m: 7:21.65 41.79		750m: 10:04.80 40.31
	200m: 2:34.40 39.78	400m: 5:16.82 40.17	600m: 8:02.79 41.14		800m: 10:41.35 36.55
3.		2009 I	. . .	-2	+0,76 <b>10:53.18</b> II
	50m: 35.47 35.47	250m: 3:16.77 41.39	500m: 6:45.39 42.71		700m: 9:33.04 41.98
	100m: 1:15.05 39.58	350m: 4:39.52 1:22.75	550m: 7:27.42 42.03		750m: 10:13.96 40.92
	150m: 1:55.16 40.11	400m: 5:20.78 41.26	600m: 8:09.35 41.93		800m: 10:53.18 39.22
	200m: 2:35.38 40.22	450m: 6:02.68 41.90	650m: 8:51.06 41.71		
4.		2007 I	. . .	-1	+0,83 <b>11:05.67</b> II
	50m: 35.35 35.35	250m: 3:18.12 40.08	450m: 6:10.80 42.74		650m: 9:04.46 41.89
	100m: 1:15.72 40.37	300m: 3:59.92 41.80	500m: 6:55.12 44.32		750m: 10:28.69 1:24.23
	150m: 1:55.99 40.27	350m: 4:43.40 43.48	550m: 7:38.62 43.50		800m: 11:05.67 36.98
	200m: 2:38.04 42.05	400m: 5:28.06 44.66	600m: 8:22.57 43.95		
5.		2009 I	. . .	-2	<b>11:14.32</b> II
	100m: 1:15.40 1:15.40	400m: 5:21.04 2:45.83	600m: 8:17.56 1:28.45		800m: 11:14.32 1:29.19
	200m: 2:35.21 1:19.81	500m: 6:49.11 1:28.07	700m: 9:45.13 1:27.57		
6.		2009 II	. . .	-2	+0,74 <b>11:22.97</b> II
	50m: 36.26 36.26	250m: 3:22.37 42.68	450m: 6:17.25 44.16		650m: 9:14.39 43.59
	100m: 1:16.48 40.22	300m: 4:05.84 43.47	500m: 7:02.04 44.79		700m: 9:58.39 44.00
	150m: 1:57.64 41.16	350m: 4:49.03 43.19	550m: 7:46.29 44.25		750m: 10:41.36 42.97
	200m: 2:39.69 42.05	400m: 5:33.09 44.06	600m: 8:30.80 44.51		800m: 11:22.97 41.61
7.		2011 II			+0,95 <b>11:56.26</b> III
	50m: 38.57 38.57	250m: 3:36.94 45.38	450m: 6:39.73 45.99		650m: 9:43.02 45.57
	100m: 1:22.30 43.73	300m: 4:22.36 45.42	500m: 7:25.64 45.91		700m: 10:28.17 45.15
	150m: 2:06.83 44.53	350m: 5:08.01 45.65	550m: 8:11.31 45.67		750m: 11:13.54 45.37
	200m: 2:51.56 44.73	400m: 5:53.74 45.73	600m: 8:57.45 46.14		800m: 11:56.26 42.72

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"OMEGA"

10  
29.01.2025 - 14:30

, 400m

4:31.51

14.12.2016

										R.T.		
1.	,		/	1999	.	.	.	-1	+0,78	<b>4:34.55</b>		
	50m:	32.12	32.12	200m:	2:18.44	35.57	350m:	4:02.08	1:08.63			
	150m:	1:42.87	1:10.75	250m:	2:53.45	35.01	400m:	4:34.55	32.47			
2.	,			2006						<b>4:47.12</b>	I	
	50m:	31.98	31.98	150m:	1:44.72	36.62	250m:	2:57.43	36.41	350m:	4:11.62	37.25
	100m:	1:08.10	36.12	200m:	2:21.02	36.30	300m:	3:34.37	36.94	400m:	4:47.12	35.50
3.	,			2002	.	.	.	-1	+0,82	<b>4:51.55</b>	I	
	50m:	33.24	33.24	150m:	1:45.06	36.72	250m:	2:59.11	37.12	350m:	4:14.46	37.75
	100m:	1:08.34	35.10	200m:	2:21.99	36.93	300m:	3:36.71	37.60	400m:	4:51.55	37.09
4.	,			2008	I					<b>5:01.01</b>	II	
	100m:	1:08.84	1:08.84	200m:	2:26.36	1:17.52	300m:	3:45.59	1:19.23	400m:	5:01.01	1:15.42
5.	,			2007	I	.	.	-2	+0,76	<b>5:04.26</b>	II	
	50m:	33.23	33.23	150m:	1:48.78	38.43	250m:	3:07.64	39.18	350m:	4:26.42	38.90
	100m:	1:10.35	37.12	200m:	2:28.46	39.68	300m:	3:47.52	39.88	400m:	5:04.26	37.84
6.	,			2007	I	.	.	-1	+0,75	<b>5:07.89</b>	II	
	50m:	33.33	33.33	150m:	1:49.40	39.38	250m:	3:09.74	40.46	350m:	4:31.63	41.48
	100m:	1:10.02	36.69	200m:	2:29.28	39.88	300m:	3:50.15	40.41	400m:	5:07.89	36.26
7.	,			2011	I	.	.	-4	+0,93	<b>5:08.61</b>	II	
	50m:	34.04	34.04	150m:	1:52.10	40.25	250m:	3:12.45	41.21	350m:	4:32.08	40.60
	100m:	1:11.85	37.81	200m:	2:31.24	39.14	300m:	3:51.48	39.03	400m:	5:08.61	36.53
8.	,			2006	II				+0,83	<b>5:11.02</b>	II	
	50m:	33.25	33.25	150m:	1:50.21	39.25	250m:	3:09.99	40.38	350m:	4:31.01	40.50
	100m:	1:10.96	37.71	200m:	2:29.61	39.40	300m:	3:50.51	40.52	400m:	5:11.02	40.01
9.	,			2009	I	.	.	-2	+0,79	<b>5:11.57</b>	II	
	50m:	34.73	34.73	150m:	1:50.92	38.71	250m:	3:11.30	40.11	350m:	4:33.10	40.97
	100m:	1:12.21	37.48	200m:	2:31.19	40.27	300m:	3:52.13	40.83	400m:	5:11.57	38.47
10.	,			2009	I	.	.	-2	+0,79	<b>5:19.66</b>	II	
	50m:	33.37	33.37	150m:	1:50.22	39.16	250m:	3:12.86	41.54	350m:	4:38.12	42.87
	100m:	1:11.06	37.69	200m:	2:31.32	41.10	300m:	3:55.25	42.39	400m:	5:19.66	41.54
11.	,			2009	II	.	.	-2	+0,68	<b>5:28.28</b>	II	
	50m:	33.57	33.57	150m:	1:54.24	41.76	250m:	3:19.26	42.50	350m:	4:45.67	42.53
	100m:	1:12.48	38.91	200m:	2:36.76	42.52	300m:	4:03.14	43.88	400m:	5:28.28	42.61
12.	,			2009	II	.	.	-1		<b>5:37.22</b>	II	
	50m:	36.18	36.18	150m:	1:56.80	41.44	250m:	3:23.31	44.20	350m:	4:52.85	44.91
	100m:	1:15.36	39.18	200m:	2:39.11	42.31	300m:	4:07.94	44.63	400m:	5:37.22	44.37
13.	,			2010	I				+0,89	<b>6:22.42</b>	III	
	50m:	38.30	38.30	150m:	2:10.21	47.69	250m:	3:49.32	49.62	350m:	5:33.10	51.61
	100m:	1:22.52	44.22	200m:	2:59.70	49.49	300m:	4:41.49	52.17	400m:	6:22.42	49.32
DSQ	,			2011	III	.	.	-1				
DSQ	,			2011	III	.	.	-4				

11  
29.01.2025 - 14:45

, 400m

		4:04.58						22.03.2023	
1.			/					R.T.	
			2009					-2	+0,56 4:22.18 I
	50m:	28.66	28.66	150m:	1:33.86	33.03	250m:	2:42.16	34.39
	100m:	1:00.83	32.17	200m:	2:07.77	33.91	300m:	3:17.10	34.94
									350m: 3:50.55 33.45
									400m: 4:22.18 31.63
2.			2010 I						+0,62 4:27.87 I
	50m:	29.86	29.86	150m:	1:37.48	34.83	250m:	2:45.54	34.09
	100m:	1:02.65	32.79	200m:	2:11.45	33.97	300m:	3:19.95	34.41
									350m: 3:55.06 35.11
									400m: 4:27.87 32.81
3.			2009 I						+0,72 4:34.83 II
	100m:	1:02.87	1:02.87	200m:	2:12.96	1:10.09	300m:	3:24.84	1:11.88
									400m: 4:34.83 1:09.99
4.			2009 I						+0,80 4:36.12 II
	50m:	30.38	30.38	150m:	1:38.88	34.21	250m:	2:50.40	35.68
	100m:	1:04.67	34.29	200m:	2:14.72	35.84	300m:	3:27.32	36.92
									350m: 4:01.73 34.41
									400m: 4:36.12 34.39
5.			2011 II						+0,76 4:45.04 II
	50m:	30.75	30.75	150m:	1:42.38	36.52	250m:	2:55.50	36.74
	100m:	1:05.86	35.11	200m:	2:18.76	36.38	300m:	3:32.40	36.90
									350m: 4:09.09 36.69
									400m: 4:45.04 35.95
6.			2007 I						+0,70 4:48.23 II
	50m:	30.57	30.57	150m:	1:39.58	35.13	250m:	2:52.97	36.88
	100m:	1:04.45	33.88	200m:	2:16.09	36.51	300m:	3:31.42	38.45
									350m: 4:09.99 38.57
									400m: 4:48.23 38.24
7.			2010 II						4:51.83 II
	100m:	1:07.58	1:07.58	200m:	2:22.10	1:14.52	300m:	3:38.52	1:16.42
									400m: 4:51.83 1:13.31
8.			2008 I						4:53.17 II
	100m:	1:09.70	1:09.70	200m:	2:10.50	1:00.80	300m:	3:38.42	1:27.92
									400m: 4:53.17 1:14.75
9.			2008 II						+0,78 4:54.46 II
	50m:	29.78	29.78	150m:	1:39.69	35.54	250m:	2:55.20	38.41
	100m:	1:04.15	34.37	200m:	2:16.79	37.10	300m:	3:34.64	39.44
									350m: 4:14.75 40.11
									400m: 4:54.46 39.71
10.			2009 II						4:56.83 II
	100m:	1:08.46	1:08.46	200m:	2:24.46	1:16.00	300m:	3:42.09	1:17.63
									400m: 4:56.83 1:14.74
11.			2009 I						+0,78 4:57.10 II
	50m:	31.33	31.33	150m:	1:43.71	37.09	250m:	3:01.10	39.41
	100m:	1:06.62	35.29	200m:	2:21.69	37.98	300m:	3:41.08	39.98
									350m: 4:20.22 39.14
									400m: 4:57.10 36.88
12.			2011 I						4:57.40 II
	100m:	1:08.32	1:08.32	200m:	2:20.31	1:11.99	300m:	3:38.59	1:18.28
									400m: 4:57.40 1:18.81
13.			2011 II						5:00.71 II
	100m:	1:16.55	1:16.55	200m:	1:41.77	25.22	300m:	4:08.70	2:26.93
									400m: 5:00.71 52.01
14.			2009 II						5:01.94 II
	100m:	1:10.12	1:10.12	200m:	2:26.22	1:16.10	300m:	3:44.56	1:18.34
									400m: 5:01.94 1:17.38
15.			2010 II						5:02.80 II
	100m:	1:10.75	1:10.75	200m:	2:28.01	1:17.26	300m:	3:47.01	1:19.00
									400m: 5:02.80 1:15.79
16.			2011 II						5:04.83 II
	100m:	1:09.89	1:09.89	200m:	2:26.09	1:16.20	300m:	3:45.83	1:19.74
									400m: 5:04.83 1:19.00
17.			2009 I						5:05.46 II
	100m:	1:08.90	1:08.90	200m:	2:28.64	1:19.74	300m:	3:48.55	1:19.91
									400m: 5:05.46 1:16.91
18.			2010 II						5:07.75 III
	100m:	1:09.57	1:09.57	200m:	2:55.81	1:46.24	300m:	3:47.03	51.22
									400m: 5:07.75 1:20.72
19.			2011 II						5:11.76 III
	100m:	1:11.14	1:11.14	200m:	2:30.33	1:19.19	300m:	3:52.76	1:22.43
									400m: 5:11.76 1:19.00
20.			2011 II						5:12.10 III
	100m:	1:11.00	1:11.00	200m:	2:31.88	1:20.88	300m:	3:53.40	1:21.52
									400m: 5:12.10 1:18.70
21.			2008 I						5:13.64 III
	100m:	1:11.27	1:11.27	200m:	2:31.20	1:19.93	300m:	3:53.46	1:22.26
									400m: 5:13.64 1:20.18
22.			2009 II						5:13.98 III
	100m:	1:13.10	1:13.10	200m:	2:32.88	1:19.78	300m:	3:54.88	1:22.00
									400m: 5:13.98 1:19.10

11, , 400m										R.T.	
23.	, ,	2010	II	. . .	-2					<b>5:14.39</b>	III
	100m: 1:11.67 1:11.67	200m: 2:31.20 1:19.53		300m: 3:53.92 1:22.72		400m: 5:14.39 1:20.47					
24.	, ,	2009	II	. . .	-2					<b>5:14.96</b>	III
	100m: 1:15.00 1:15.00	200m: 2:36.70 1:21.70		300m: 3:57.83 1:21.13		400m: 5:14.96 1:17.13					
25.	, ,	2010	II	" "						<b>5:16.13</b>	III
	100m: 1:09.74 1:09.74	200m: 2:31.52 1:21.78		300m: 3:55.30 1:23.78		400m: 5:16.13 1:20.83					
26.	, ,	2011	II	. . .	-3					<b>5:23.39</b>	III
	100m: 1:13.81 1:13.81	200m: 2:37.00 1:23.19		300m: 4:02.01 1:25.01		400m: 5:23.39 1:21.38					
27.	, ,	2011	III	. . .	-4					<b>5:24.00</b>	III
	100m: 1:17.28 1:17.28	200m: 2:40.71 1:23.43		300m: 4:05.00 1:24.29		400m: 5:24.00 1:19.00					
28.	, ,	2009	II	. . .	-2					<b>5:29.84</b>	III
	100m: 1:12.94 1:12.94	200m: 2:38.68 1:25.74		300m: 4:06.81 1:28.13		400m: 5:29.84 1:23.03					
29.	, ,	2011	II	. . .	-3					<b>5:30.33</b>	III
	100m: 1:15.39 1:15.39	200m: 2:40.00 1:24.61		300m: 4:06.26 1:26.26		400m: 5:30.33 1:24.07					
30.	, ,	2011	II	" "						<b>5:32.33</b>	III
	100m: 1:13.77 1:13.77	200m: 2:37.70 1:23.93		300m: 4:06.00 1:28.30		400m: 5:32.33 1:26.33					
31.	, ,	2011	III	. . .						<b>5:32.77</b>	III
	100m: 1:18.93 1:18.93	200m: 2:44.24 1:25.31		300m: 4:10.15 1:25.91		400m: 5:32.77 1:22.62					
32.	, ,	2011	II	. . .	-3					<b>5:33.95</b>	III
	100m: 1:17.13 1:17.13	200m: 2:41.95 1:24.82		300m: 4:09.38 1:27.43		400m: 5:33.95 1:24.57					
33.	, ,	2010	II	. . .						<b>5:35.10</b>	III
	100m: 1:14.10 1:14.10	200m: 2:41.80 1:27.70		300m: 4:11.59 1:29.79		400m: 5:35.10 1:23.51					
34.	, ,	2009	III	. . .						<b>5:36.00</b>	III
	100m: 1:09.71 1:09.71	200m: 2:33.90 1:24.19		300m: 4:05.58 1:31.68		400m: 5:36.00 1:30.42					
35.	, ,	2010	II	" "						<b>5:38.14</b>	III
	100m: 1:16.83 1:16.83	200m: 2:45.83 1:29.00		300m: 4:15.83 1:30.00		400m: 5:38.14 1:22.31					
36.	, ,	2011	III	. . .						<b>5:39.53</b>	III
	100m: 1:17.14 1:17.14	200m: 2:44.20 1:27.06		300m: 4:15.30 1:31.10		400m: 5:39.53 1:24.23					
37.	, ,	2011	III	. . .						<b>5:43.72</b>	III
	100m: 1:17.01 1:17.01	200m: 2:44.84 1:27.83		300m: 4:15.97 1:31.13		400m: 5:43.72 1:27.75					
38.	, ,	2011	III	. . .						<b>5:51.00</b>	
	100m: 1:18.83 1:18.83	200m: 2:48.20 1:29.37		300m: 4:20.46 1:32.26		400m: 5:51.00 1:30.54					
39.	, ,	2010	III	. . .	-3					<b>5:51.31</b>	
	100m: 1:21.82 1:21.82	200m: 2:51.63 1:29.81		300m: 4:23.09 1:31.46		400m: 5:51.31 1:28.22					
40.	, ,	2011	III	. . .						<b>5:57.10</b>	
	100m: 1:23.16 1:23.16	200m: 2:25.75 1:02.59		300m: 4:28.66 2:02.91		400m: 5:57.10 1:28.44					
41.	, ,	2011	III	. . .	-1					<b>6:01.76</b>	
	100m: 1:25.33 1:25.33	200m: 2:57.83 1:32.50		300m: 4:31.39 1:33.56		400m: 6:01.76 1:30.37					
42.	, ,	2011	1	. . .	-4					<b>6:24.70</b>	
	100m: 1:28.58 1:28.58	200m: 3:09.83 1:41.25		300m: 4:50.51 1:40.68		400m: 6:24.70 1:34.19					
43.	, ,	2011	1	. . .	-4					<b>6:30.72</b>	
	100m: 1:27.44 1:27.44	200m: 3:06.88 1:39.44		300m: 4:50.32 1:43.44		400m: 6:30.72 1:40.40					
44.	, ,	2011	III	. . .	-1					<b>6:45.52</b>	
	100m: 1:26.27 1:26.27	200m: 3:12.83 1:46.56		300m: 4:55.46 1:42.63		400m: 6:45.52 1:50.06					

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12  
29.01.2025 - 15:25

, 400m

5:07.48

29.06.2018

										R.T.	
1.				2009 I						+0,65	<b>5:41.07 I</b>
	50m:	36.41	36.41	150m:	2:02.58	43.94	250m:	3:32.83	46.74	350m:	5:02.53 41.14
	100m:	1:18.64	42.23	200m:	2:46.09	43.51	300m:	4:21.39	48.56	400m:	5:41.07 38.54
2.				2007 I						-1	<b>6:13.10 II</b>
	100m:	1:25.68	1:25.68	200m:	3:01.94	1:36.26	300m:	6:13.12	3:11.18	400m:	6:13.10
DSQ				2011 II							

13  
29.01.2025 - 15:35

, 400m

4:35.63

24.08.1974

										R.T.	
1.				2009						+0,66	<b>4:57.79 I</b>
	50m:	28.83	28.83	150m:	1:42.68	38.29	250m:	3:03.19	43.92	350m:	4:23.36 35.74
	100m:	1:04.39	35.56	200m:	2:19.27	36.59	300m:	3:47.62	44.43	400m:	4:57.79 34.43
2.				2008						+0,68	<b>5:11.87 II</b>
	100m:	1:05.64	1:05.64	200m:	2:26.42	1:20.78	300m:	3:59.35	1:32.93	400m:	5:11.87 1:12.52
3.				2011 II						+0,73	<b>5:25.13 II</b>
	50m:	33.85	33.85	150m:	1:56.04	42.44	250m:	3:22.90	45.65	350m:	4:46.70 38.37
	100m:	1:13.60	39.75	200m:	2:37.25	41.21	300m:	4:08.33	45.43	400m:	5:25.13 38.43
4.				2011 II						+0,78	<b>5:26.58 II</b>
	50m:	33.01	33.01	150m:	1:55.38	43.71	250m:	3:25.24	49.09	350m:	4:51.17 38.03
	100m:	1:11.67	38.66	200m:	2:36.15	40.77	300m:	4:13.14	47.90	400m:	5:26.58 35.41
5.				2009 II		"				+0,67	<b>5:30.38 II</b>
	100m:	1:09.85	1:09.85	200m:	2:33.89	1:24.04	300m:	4:14.27	1:40.38	400m:	5:30.38 1:16.11
6.				2010 II						+0,70	<b>5:31.22 II</b>
	50m:	31.35	31.35	150m:	1:56.01	44.33	250m:	3:26.09	47.05	350m:	4:52.06 38.57
	100m:	1:11.68	40.33	200m:	2:39.04	43.03	300m:	4:13.49	47.40	400m:	5:31.22 39.16
7.				2010 II						+0,64	<b>5:41.57 III</b>
	50m:	33.39	33.39	150m:	1:58.19	43.26	250m:	3:32.59	50.46	350m:	5:03.21 39.37
	100m:	1:14.93	41.54	200m:	2:42.13	43.94	300m:	4:23.84	51.25	400m:	5:41.57 38.36
8.				2010 II		"				+0,89	<b>5:45.48 III</b>
	50m:	33.39	33.39	150m:	1:55.73	43.31	250m:	3:33.85	54.16	350m:	5:06.58 40.18
	100m:	1:12.42	39.03	200m:	2:39.69	43.96	300m:	4:26.40	52.55	400m:	5:45.48 38.90
9.				2010 III		"				+0,90	<b>6:15.66 III</b>
	50m:	33.37	33.37	150m:	2:04.40	47.55	250m:	3:46.79	53.21	350m:	5:29.85 46.92
	100m:	1:16.85	43.48	200m:	2:53.58	49.18	300m:	4:42.93	56.14	400m:	6:15.66 45.81

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"OMEGA"

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14  
29.01.2025 - 15:40

, 200m

										2:39.21			07.03.2013
			/							R.T.			
1.			2002							-1	+0,88	<b>2:42.77</b>	
	50m:	37.55	37.55	100m:	1:18.35	40.80	150m:	2:00.97	42.62	200m:	2:42.77	41.80	
2.			2010							-3	+0,56	<b>2:51.58</b>	I
	100m:	1:24.99	1:24.99	200m:	2:51.58	1:26.59							
3.			2001							-1	+0,85	<b>2:59.69</b>	II
	50m:	39.88	39.88	100m:	1:26.65	46.77	150m:	2:13.14	46.49	200m:	2:59.69	46.55	
4.			2010 II								+0,71	<b>3:00.17</b>	II
	50m:	42.07	42.07	100m:	1:28.85	46.78	150m:	2:15.40	46.55	200m:	3:00.17	44.77	
5.			2011 II							-4	+0,78	<b>3:08.55</b>	II
	50m:	43.15	43.15	100m:	1:29.78	46.63	150m:	2:19.85	50.07	200m:	3:08.55	48.70	
6.			2009 II							"	+0,80	<b>3:13.89</b>	II
	50m:	44.07	44.07	100m:	1:33.59	49.52	150m:	2:26.04	52.45	200m:	3:13.89	47.85	
7.			2011 III								+0,94	<b>3:55.72</b>	
	50m:	52.72	52.72	100m:	1:53.21	1:00.49	150m:	2:56.31	1:03.10	200m:	3:55.72	59.41	
DSQ			2011 III										

15  
29.01.2025 - 15:45

, 200m

										2:20.40			26.07.2018
			/							R.T.			
1.			2010								+0,71	<b>2:23.67</b>	
	50m:	32.37	32.37	100m:	1:09.33	36.96	150m:	1:46.63	37.30	200m:	2:23.67	37.04	
2.			2009							-2	+0,73	<b>2:30.02</b>	I
	50m:	33.40	33.40	100m:	1:11.82	38.42	150m:	1:50.59	38.77	200m:	2:30.02	39.43	
3.			2009								+0,69	<b>2:33.03</b>	I
	100m:	1:13.11	1:13.11	200m:	2:33.03	1:19.92							
4.			2008 I							"	+0,81	<b>2:38.07</b>	I
	50m:	34.67	34.67	100m:	1:14.53	39.86	150m:	1:55.47	40.94	200m:	2:38.07	42.60	
5.			2006							-2	+0,71	<b>2:38.60</b>	I
	50m:	34.85	34.85	100m:	1:14.23	39.38	150m:	1:55.76	41.53	200m:	2:38.60	42.84	
6.			2007 I								+0,79	<b>2:39.05</b>	I
	100m:	1:13.85	1:13.85	200m:	2:39.05	1:25.20							
7.			2007 I							-3	+0,66	<b>2:46.26</b>	II
	50m:	36.40	36.40	100m:	1:17.73	41.33	150m:	2:04.06	46.33	200m:	2:46.26	42.20	
8.			2009 I							"	+0,92	<b>2:46.43</b>	II
	50m:	36.71	36.71	100m:	1:19.11	42.40	150m:	2:02.27	43.16	200m:	2:46.43	44.16	
9.			2011 II							-4	+0,78	<b>2:47.60</b>	II
	50m:	38.36	38.36	100m:	1:20.98	42.62	150m:	2:04.57	43.59	200m:	2:47.60	43.03	
10.			2010 I							-3	+0,71	<b>2:48.03</b>	II
	50m:	34.37	34.37	100m:	1:16.93	42.56	150m:	2:01.46	44.53	200m:	2:48.03	46.57	
11.			2011 II									<b>2:48.56</b>	II
	100m:	1:20.46	1:20.46	200m:	2:48.56	1:28.10							
12.			2009 II								+0,67	<b>2:49.01</b>	II
	50m:	35.90	35.90	100m:	1:17.53	41.63	150m:	2:01.85	44.32	200m:	2:49.01	47.16	
13.			2011 II							-3	+0,80	<b>2:50.33</b>	II
	50m:	38.70	38.70	100m:	1:22.60	43.90	150m:	2:07.42	44.82	200m:	2:50.33	42.91	
14.			2009 I								+0,70	<b>2:50.45</b>	II
	50m:	36.71	36.71	100m:	1:20.71	44.00	150m:	2:05.69	44.98	200m:	2:50.45	44.76	

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15, , 200m ,										R.T.	
15.	,		/	2011 II						+0,74	<b>2:51.81</b> II
	50m:	38.51	38.51	100m:	1:22.96	44.45	150m:	2:06.56	43.60	200m:	2:51.81 45.25
16.	,			2009 II						+0,73	<b>2:51.98</b> II
	50m:	38.96	38.96	100m:	1:21.39	42.43	150m:	2:07.75	46.36	200m:	2:51.98 44.23
17.	,			2009 II						+0,72	<b>2:52.93</b> II
	50m:	39.09	39.09	100m:	1:24.50	45.41	150m:	2:09.33	44.83	200m:	2:52.93 43.60
18.	,			2009 II						+0,75	<b>2:55.19</b> II
	50m:	39.45	39.45	100m:	1:24.23	44.78	150m:	2:09.65	45.42	200m:	2:55.19 45.54
19.	,			2010 II						+0,71	<b>2:59.57</b> III
	50m:	41.13	41.13	100m:	1:28.18	47.05	150m:	2:16.54	48.36	200m:	2:59.57 43.03
20.	,			2010 II						+0,71	<b>2:59.83</b> III
	50m:	38.37	38.37	100m:	1:21.51	43.14	150m:	2:11.88	50.37	200m:	2:59.83 47.95
21.	,			2009 II						+0,96	<b>3:02.48</b> III
	50m:	37.92	37.92	100m:	1:23.37	45.45	150m:	2:12.46	49.09	200m:	3:02.48 50.02
22.	,			2011 II						+0,69	<b>3:02.61</b> III
	50m:	42.23	42.23	100m:	1:30.08	47.85	150m:	2:17.87	47.79	200m:	3:02.61 44.74
23.	,			2011 II						+0,63	<b>3:03.06</b> III
	50m:	40.39	40.39	100m:	1:29.10	48.71	150m:	2:17.95	48.85	200m:	3:03.06 45.11
24.	,			2011 III						+0,78	<b>3:07.03</b> III
	50m:	41.18	41.18	100m:	1:27.64	46.46	150m:	2:17.78	50.14	200m:	3:07.03 49.25
25.	,			2011 III						+0,87	<b>3:09.59</b> III
	50m:	42.39	42.39	100m:	1:30.48	48.09	150m:	2:20.52	50.04	200m:	3:09.59 49.07
26.	,			2011 II						+0,82	<b>3:10.39</b> III
	50m:	45.05	45.05	100m:	1:35.26	50.21	150m:	2:24.41	49.15	200m:	3:10.39 45.98
27.	,			2011 III						+0,85	<b>3:11.69</b> III
	50m:	43.82	43.82	100m:	1:32.23	48.41	150m:	2:23.58	51.35	200m:	3:11.69 48.11
28.	,			2011 III						+0,80	<b>3:16.37</b> III
	50m:	42.75	42.75	100m:	3:16.37	2:33.62	150m:	2:24.88		200m:	3:16.37 51.49
29.	,			2010 III						+0,68	<b>3:20.64</b> III
	50m:	46.31	46.31	100m:	1:39.29	52.98	150m:	2:30.69	51.40	200m:	3:20.64 49.95
30.	,			2011 III						+0,72	<b>3:23.01</b>
	50m:	45.85	45.85	100m:	1:38.05	52.20	150m:	2:30.52	52.47	200m:	3:23.01 52.49
31.	,			2011 1							<b>3:31.09</b>
	100m:	1:42.52	1:42.52	200m:	3:31.09	1:48.57					
32.	,			2011 1						+0,84	<b>3:36.22</b>
	50m:	47.79	47.79	100m:	1:43.12	55.33	150m:	2:40.53	57.41	200m:	3:36.22 55.69

16 , 200m  
29.01.2025 - 16:00

		2:06.22 ,								29.04.2022	
										R.T.	
1.	,		/	2008 I						+0,75	<b>2:15.29</b> I
	50m:	29.45	29.45	100m:	1:04.53	35.08	150m:	1:39.51	34.98	200m:	2:15.29 35.78
2.	,			2008 KMC						+0,66	<b>2:19.50</b> I
	100m:	1:03.80	1:03.80	200m:	2:19.50	1:15.70					
3.	,			2003						+0,74	<b>2:21.55</b> II
	50m:	30.72	30.72	100m:	1:06.72	36.00	150m:	1:44.18	37.46	200m:	2:21.55 37.37
4.	,			2011 II						+0,75	<b>2:36.06</b> II
	50m:	34.55	34.55	100m:	1:14.49	39.94	150m:	1:56.04	41.55	200m:	2:36.06 40.02
5.	,			2010 II						+0,78	<b>2:36.08</b> II
	50m:	33.15	33.15	100m:	1:12.61	39.46	150m:	1:54.99	42.38	200m:	2:36.08 41.09

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, 28 - 31 2025

16, , 200m										R.T.	
6.	, 100m:	1:14.37	1:14.37	2010 II	"	"				+0,80	<b>2:39.66</b> II
7.	, 50m:	32.84	32.84	2009 II	"	"	-3			+0,86	<b>2:40.16</b> III
8.	, 50m:	35.07	35.07	2008 II	"	"				+0,70	<b>2:51.27</b> III
9.	, 50m:	34.13	34.13	2009 II	"	"				+0,76	<b>2:52.18</b> III
10.	, 50m:	35.56	35.56	2011 II	"	"				+0,76	<b>2:52.20</b> III

17 , 200m  
29.01.2025 - 16:05

2:26.60 , 01.05.1975

18 , 50m  
29.01.2025 - 16:05

27.00 , 22.03.2023

										R.T.	
1.	, 2009						-1			+0,66	<b>27.67</b>
2.	, 2007						-1			+0,77	<b>27.82</b>
3.	, 2009 KMC						-2			+0,61	<b>29.14</b> I
4.	, 2010									+0,62	<b>29.36</b> I
5.	, 2007						-1			+0,67	<b>29.51</b> I
6.	, 2009 I									+0,81	<b>29.65</b> I
7.	, 2007 I						-1			+0,72	<b>29.72</b> I
8.	, 2008 KMC									+0,58	<b>30.15</b> II
9.	, 2003						-3			+0,68	<b>30.53</b> II
10.	, 2008									+0,67	<b>30.87</b> II
11.	, 2009 I			"		"				+0,74	<b>30.88</b> II
12.	, 2007 II						-1			+0,69	<b>30.95</b> II
13.	, 2008									+0,72	<b>31.21</b> II
14.	, 2011 II						-3			+0,82	<b>31.29</b> II
15.	, 2011 II									+0,68	<b>31.33</b> II
16.	, 2009 II						-3				<b>31.42</b> II
17.	, 2008 I									+0,74	<b>31.49</b> II
18.	, 2010									+0,72	<b>31.58</b> II
19.	, 2009 II			"		"				+0,66	<b>31.66</b> II
20.	, 2009 II						-3			+0,73	<b>31.83</b> II
21.	, 2009 I			"		"				+0,77	<b>31.84</b> II
22.	, 2008 I						-1			+0,73	<b>32.44</b> II
23.	, 2011 I						-4			+0,72	<b>32.52</b> II
24.	, 2007 II						-1			+0,82	<b>32.55</b> II
25.	, 2007 I						-2			+0,47	<b>32.60</b> II
26.	, 2009 II						-3			+0,39	<b>32.76</b> II
	, 2011 II						-4			+0,85	<b>32.76</b> II
28.	, 2010 II									+0,68	<b>32.78</b> II
29.	, 2010 II						-3			+0,77	<b>32.85</b> III
30.	, 2008						-1			+0,91	<b>32.88</b> III
31.	, 2007 II									+0,66	<b>33.07</b> III
32.	, 2011 II						-4			+0,72	<b>33.33</b> III
33.	, 2009						-2			+0,76	<b>33.81</b> III

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18,	, 50m				R.T.	
34.	,	2009 II	. . .	-3	+0,66	<b>33.86</b> III
35.	,	2008 I	. . .		+0,74	<b>33.93</b> III
36.	,	2009 II	. . .		+0,72	<b>34.01</b> III
37.	,	2010 II	"	"	+0,71	<b>34.02</b> III
38.	,	2010 II	. . .		+0,78	<b>34.14</b> III
39.	,	2011 II	. . .		+0,79	<b>34.20</b> III
40.	,	2010 II	. . .	-2	+0,75	<b>34.77</b> III
41.	,	2010 III	. . .		+0,90	<b>34.97</b> III
42.	,	2010 II	"	"	+0,72	<b>35.00</b> III
43.	,	2011 II	. . .	-3	+0,86	<b>35.27</b> III
44.	,	2011 II	. . .	-3		<b>35.35</b> III
45.	,	2009 II	. . .	-3	+0,68	<b>35.37</b> III
46.	,	2008 II	. . .		+0,84	<b>35.43</b> III
47.	,	2009 II	. . .	-2	+0,65	<b>35.64</b> III
48.	,	2011 II	. . .	-4	+0,65	<b>36.15</b> III
49.	,	2011 III	. . .		+0,85	<b>36.52</b>
50.	,	2011 II	. . .	-3	+0,71	<b>36.92</b>
51.	,	2010 III	"	"	+0,71	<b>36.94</b>
52.	,	2010 II	. . .	-3		<b>37.36</b>
53.	,	2011 III	. . .		+0,81	<b>37.53</b>
54.	,	2011 II	"	"	+0,78	<b>37.77</b>
55.	,	2011 II	. . .		+0,82	<b>37.87</b>
56.	,	2010 III	. . .	-3	+0,70	<b>38.75</b>
57.	,	2011 II	. . .	-3	+0,72	<b>39.01</b>
58.	,	2009 II	. . .	-2	+0,71	<b>39.11</b>
59.	,	2011 II	. . .	-3		<b>39.61</b>
60.	,	2011 I	. . .			<b>40.33</b>
61.	,	2010 II	"	"		<b>41.39</b>
62.	,	2011 III	. . .	-1	+0,99	<b>42.91</b>
63.	,	2011 III	"	"	+0,95	<b>42.98</b>
64.	,	2011 I	. . .	-4		<b>45.56</b>
DSQ	,	2009 I	. . .	-3		II
DSQ	,	2011 II	. . .	-4		

19  
29.01.2025 - 16:15

, 50m

30.81

27.02.2019

					R.T.	
1.	,	2007 I	. . .	-1	+0,75	<b>33.55</b> II
2.	,	2009	. . .		+0,85	<b>33.73</b> II
3.	,	2006	. . .	-2	+0,77	<b>33.79</b> II
4.	,	2011 I	. . .		+0,64	<b>33.95</b> II
5.	,	2006	. . .		+0,62	<b>34.68</b> II
6.	,	2009 I	. . .			<b>34.69</b> II
7.	,	2009 I	. . .		+0,76	<b>34.92</b> II
8.	,	2011 I	. . .	-4	+0,78	<b>35.57</b> II
9.	,	2009 I	. . .		+0,69	<b>35.63</b> II
10.	,	2010 I	. . .	-2	+0,66	<b>35.76</b> II
11.	,	2011 I	. . .	-3	+0,85	<b>36.23</b> II
12.	,	2007 I	. . .	-2	+0,69	<b>37.23</b> II
13.	,	2009 II	. . .	-2	+0,72	<b>38.10</b> III
14.	,	2009 II	"	"	+0,77	<b>38.13</b> III
15.	,	2011 II	. . .		+0,76	<b>39.16</b> III
16.	,	2009 II	. . .		+0,96	<b>40.98</b> III

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19, , 50m ,												
/ R.T.												
17.	2011 III										-4	43.37
20 , 1500m												
29.01.2025 - 16:15												
16:40.49						24.02.2023						
/ R.T.												
1.	2010 I										-3	17:34.32 I
	100m:	1:02.09	1:02.09	500m:	5:41.26	1:10.84	900m:	10:26.82	1:10.39	1300m:	15:14.95	1:11.95
	200m:	2:10.45	1:08.36	600m:	6:52.63	1:11.37	1000m:	11:39.00	1:12.18	1400m:	16:26.13	1:11.18
	300m:	3:19.88	1:09.43	700m:	8:04.02	1:11.39	1100m:	12:51.00	1:12.00	1500m:	17:34.32	1:08.19
	400m:	4:30.42	1:10.54	800m:	9:16.43	1:12.41	1200m:	14:03.00	1:12.00			
2.	2009										-2	17:36.14 I
	100m:	1:05.83	1:05.83	500m:	5:50.26	1:12.56	900m:	10:33.14	1:10.88	1300m:	15:17.70	1:10.61
	200m:	2:15.09	1:09.26	600m:	7:01.64	1:11.38	1000m:	11:44.39	1:11.25	1400m:	16:26.17	1:08.47
	300m:	3:26.00	1:10.91	700m:	8:12.00	1:10.36	1100m:	12:55.70	1:11.31	1500m:	17:36.14	1:09.97
	400m:	4:37.70	1:11.70	800m:	9:22.26	1:10.26	1200m:	14:07.09	1:11.39			
3.	2009 I										-3	18:23.28 I
	100m:	1:06.84	1:06.84	500m:	6:02.65	1:21.28	900m:	11:00.31	1:14.19	1300m:	15:56.90	1:14.57
	200m:	2:20.46	1:13.62	600m:	7:17.03	1:14.38	1000m:	12:14.62	1:14.31	1400m:	17:11.40	1:14.50
	300m:	3:34.03	1:13.57	700m:	8:31.18	1:14.15	1100m:	13:28.40	1:13.78	1500m:	18:23.28	1:11.88
	400m:	4:41.37	1:07.34	800m:	9:46.12	1:14.94	1200m:	14:42.33	1:13.93			
4.	2009 I										-2	18:33.56 II
	100m:	1:07.52	1:07.52	500m:	6:06.40	1:15.20	900m:	11:05.44	1:15.50	1300m:	16:07.89	1:16.49
	200m:	2:21.48	1:13.96	600m:	7:20.97	1:14.57	1000m:	12:20.35	1:14.91	1400m:	17:22.38	1:14.49
	300m:	3:35.89	1:14.41	700m:	8:35.19	1:14.22	1100m:	13:36.07	1:15.72	1500m:	18:33.56	1:11.18
	400m:	4:51.20	1:15.31	800m:	9:49.94	1:14.75	1200m:	14:51.40	1:15.33			
5.	2008 I										-2	19:01.80 II
	100m:	1:10.52	1:10.52	500m:	6:15.80	1:16.34	900m:	11:21.17	1:16.18	1300m:	16:30.11	1:16.87
	200m:	2:26.54	1:16.02	600m:	7:32.14	1:16.34	1000m:	12:38.96	1:17.79	1400m:	17:46.77	1:16.66
	300m:	3:43.00	1:16.46	700m:	8:48.86	1:16.72	1100m:	13:55.92	1:16.96	1500m:	19:01.80	1:15.03
	400m:	4:59.46	1:16.46	800m:	10:04.99	1:16.13	1200m:	15:13.24	1:17.32			
6.	2010 II										-3	19:08.81 II
	100m:	1:07.71	1:07.71	500m:	6:13.71	1:17.40	900m:	11:25.78	1:21.25	1300m:	16:36.56	1:17.82
	200m:	2:23.21	1:15.50	600m:	7:32.52	1:18.81	1000m:	12:42.78	1:17.00	1400m:	17:53.90	1:17.34
	300m:	3:39.15	1:15.94	700m:	8:49.68	1:17.16	1100m:	14:01.00	1:18.22	1500m:	19:08.81	1:14.91
	400m:	4:56.31	1:17.16	800m:	10:04.53	1:14.85	1200m:	15:18.74	1:17.74			
7.	2009 I										-2	19:24.63 II
	100m:	1:04.15	1:04.15	500m:	6:01.87	1:16.30	900m:	11:15.94	1:20.54	1300m:	16:42.94	1:20.32
	200m:	2:17.28	1:13.13	600m:	7:19.18	1:17.31	1000m:	12:38.09	1:22.15	1400m:	18:03.97	1:21.03
	300m:	3:31.37	1:14.09	700m:	8:35.97	1:16.79	1100m:	14:00.47	1:22.38	1500m:	19:24.63	1:20.66
	400m:	4:45.57	1:14.20	800m:	9:55.40	1:19.43	1200m:	15:22.62	1:22.15			
8.	2011 II											19:32.32 II
	100m:	1:12.95	1:12.95	500m:	6:30.57	1:19.75	900m:	11:46.32	1:18.50	1300m:	16:59.10	1:17.53
	200m:	2:31.57	1:18.62	600m:	7:49.88	1:19.31	1000m:	13:05.00	1:18.68	1400m:	18:17.05	1:17.95
	300m:	3:51.10	1:19.53	700m:	9:08.88	1:19.00	1100m:	14:23.26	1:18.26	1500m:	19:32.32	1:15.27
	400m:	5:10.82	1:19.72	800m:	10:27.82	1:18.94	1200m:	15:41.57	1:18.31			
9.	2010 II										-2	20:01.01 II
	100m:	1:13.65	1:13.65	500m:	6:40.72	1:22.75	900m:	12:06.28	1:21.28	1300m:	17:31.09	1:21.12
	200m:	2:34.15	1:20.50	600m:	8:03.75	1:23.03	1000m:	13:28.87	1:22.59	1400m:	18:50.15	1:19.06
	300m:	3:56.40	1:22.25	700m:	9:23.81	1:20.06	1100m:	14:48.56	1:19.69	1500m:	20:01.01	1:10.86
	400m:	5:17.97	1:21.57	800m:	10:45.00	1:21.19	1200m:	16:09.97	1:21.41			
10.	2011 II											20:01.45 II
	100m:	1:13.20	1:13.20	500m:	6:30.33	1:19.13	900m:	11:55.14	1:22.31	1300m:	17:24.33	1:22.44
	200m:	2:32.10	1:18.90	600m:	7:50.00	1:19.67	1000m:	13:16.95	1:21.81	1400m:	18:46.76	1:22.43
	300m:	3:51.64	1:19.54	700m:	9:11.00	1:21.00	1100m:	14:39.51	1:22.56	1500m:	20:01.45	1:14.69
	400m:	5:11.20	1:19.56	800m:	10:32.83	1:21.83	1200m:	16:01.89	1:22.38			

20,		, 1500m								R.T.	
11.				2011	II					<b>20:16.45</b>	II
	100m:	1:15.45	1:15.45	500m:	6:42.51	1:21.25	900m:	12:06.95	1:19.95	1300m:	17:34.63 1:21.63
	200m:	2:36.60	1:21.15	600m:	8:02.95	1:20.44	1000m:	13:28.32	1:21.37	1400m:	18:57.89 1:23.26
	300m:	3:59.51	1:22.91	700m:	9:25.00	1:22.05	1100m:	14:50.38	1:22.06	1500m:	20:16.45 1:18.56
	400m:	5:21.26	1:21.75	800m:	10:47.00	1:22.00	1200m:	16:13.00	1:22.62		
12.				2011	II					<b>20:17.25</b>	II
	100m:	1:13.86	1:13.86	500m:	6:46.89	1:23.75	900m:	12:18.58	1:22.38	1300m:	17:46.51 1:24.12
	200m:	2:34.33	1:20.47	600m:	8:10.26	1:23.37	1000m:	13:40.33	1:21.75	1400m:	19:03.23 1:16.72
	300m:	3:58.76	1:24.43	700m:	9:33.83	1:23.57	1100m:	15:01.58	1:21.25	1500m:	20:17.25 1:14.02
	400m:	5:23.14	1:24.38	800m:	10:56.20	1:22.37	1200m:	16:22.39	1:20.81		
13.				2009	II					<b>20:58.33</b>	III
	100m:	1:11.00	1:11.00	500m:	6:43.18	1:25.62	900m:	12:28.28	1:27.31	1300m:	18:10.53 1:25.06
	200m:	2:31.18	1:20.18	600m:	8:09.00	1:25.82	1000m:	13:52.56	1:24.28	1400m:	19:35.63 1:25.10
	300m:	3:53.62	1:22.44	700m:	9:33.75	1:24.75	1100m:	15:19.56	1:27.00	1500m:	20:58.33 1:22.70
	400m:	5:17.56	1:23.94	800m:	11:00.97	1:27.22	1200m:	16:45.47	1:25.91		
14.				2011	II					<b>21:02.93</b>	III
	100m:	1:13.81	1:13.81	500m:	6:56.62	1:25.47	900m:	12:39.90	1:24.28	1300m:	18:23.25 1:25.49
	200m:	2:37.28	1:23.47	600m:	8:23.68	1:27.06	1000m:	14:05.84	1:25.94	1400m:	19:50.40 1:27.15
	300m:	4:05.46	1:28.18	700m:	9:50.34	1:26.66	1100m:	15:33.15	1:27.31	1500m:	21:02.93 1:12.53
	400m:	5:31.15	1:25.69	800m:	11:15.62	1:25.28	1200m:	16:57.76	1:24.61		
15.				2011	II					<b>21:44.32</b>	III
	100m:	1:14.39	1:14.39	500m:	7:01.77	1:28.25	900m:	12:54.20	1:27.06	1300m:	18:51.20 1:29.56
	200m:	2:38.83	1:24.44	600m:	8:30.00	1:28.23	1000m:	14:21.20	1:27.00	1400m:	20:19.09 1:27.89
	300m:	4:05.52	1:26.69	700m:	9:59.00	1:29.00	1100m:	15:51.58	1:30.38	1500m:	21:44.32 1:25.23
	400m:	5:33.52	1:28.00	800m:	11:27.14	1:28.14	1200m:	17:21.64	1:30.06		
16.				2010	II					<b>21:45.41</b>	III
	100m:	1:11.20	1:11.20	500m:	6:59.00	1:25.52	900m:	12:58.10	1:29.20	1300m:	18:53.17 1:28.06
	200m:	2:37.92	1:26.72	600m:	8:28.68	1:29.68	1000m:	14:27.66	1:29.56	1400m:	20:13.07 1:19.90
	300m:	4:04.30	1:26.38	700m:	10:00.00	1:31.32	1100m:	15:57.80	1:30.14	1500m:	21:45.41 1:32.34
	400m:	5:33.48	1:29.18	800m:	11:28.90	1:28.90	1200m:	17:25.11	1:27.31		
17.				2011	III					<b>22:14.57</b>	III
	100m:	1:18.33	1:18.33	500m:	7:15.96	1:29.63	900m:	13:16.20	1:31.11	1300m:	19:18.46 1:29.94
	200m:	2:45.64	1:27.31	600m:	8:44.70	1:28.74	1000m:	14:47.33	1:31.13	1400m:	20:49.14 1:30.68
	300m:	4:15.89	1:30.25	700m:	10:15.09	1:30.39	1100m:	16:17.83	1:30.50	1500m:	22:14.57 1:25.43
	400m:	5:46.33	1:30.44	800m:	11:45.09	1:30.00	1200m:	17:48.52	1:30.69		

21 , 200m  
30.01.2025 - 14:30

										R.T.	
1.	50m:	30.70	30.70	1999						<b>+0,75</b>	<b>2:08.81</b>
				100m:	1:03.21	32.51	150m:	1:36.33	33.12	200m:	2:08.81 32.48
2.	100m:	1:04.20	1:04.20	2006						<b>+0,78</b>	<b>2:12.09</b>
				200m:	2:12.09	1:07.89					
3.	50m:	31.24	31.24	2001						<b>+0,79</b>	<b>2:15.22</b> I
				100m:	1:05.18	33.94	150m:	1:40.35	35.17	200m:	2:15.22 34.87
4.	50m:	32.75	32.75	2002						<b>+0,88</b>	<b>2:19.07</b> I
				100m:	1:08.13	35.38	150m:	1:44.54	36.41	200m:	2:19.07 34.53
5.	50m:	31.73	31.73	2007	I					<b>+0,81</b>	<b>2:20.66</b> I
				100m:	1:07.36	35.63	150m:	1:44.52	37.16	200m:	2:20.66 36.14
6.	50m:	32.17	32.17	2010	I					<b>+0,79</b>	<b>2:20.80</b> I
				100m:	1:08.08	35.91	150m:	1:44.62	36.54	200m:	2:20.80 36.18
7.	50m:	31.79	31.79	2007	I					<b>+0,81</b>	<b>2:24.28</b> II
				100m:	1:07.73	35.94	150m:	1:46.49	38.76	200m:	2:24.28 37.79
8.	50m:	31.93	31.93	2009	I					<b>+0,76</b>	<b>2:25.75</b> II
				100m:	1:08.31	36.38	150m:	1:47.82	39.51	200m:	2:25.75 37.93
9.	50m:	33.07	33.07	2008	I					<b>+0,87</b>	<b>2:26.26</b> II
				100m:	1:09.48	36.41	150m:	1:48.73	39.25	200m:	2:26.26 37.53

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21,		, 200m								R.T.	
10.	,		/	2011 I						+1,01	<b>2:26.81</b> II
	50m:	33.01	33.01	100m:	1:10.29	37.28	150m:	1:49.06	38.77	200m:	2:26.81 37.75
11.	,			2006 II						+0,87	<b>2:27.63</b> II
	50m:	32.70	32.70	100m:	1:09.60	36.90	150m:	1:49.19	39.59	200m:	2:27.63 38.44
12.	,			2009 I						+0,76	<b>2:28.46</b> II
	50m:	34.71	34.71	100m:	1:11.91	37.20	150m:	1:50.55	38.64	200m:	2:28.46 37.91
13.	,			2009 II						+0,67	<b>2:32.35</b> II
	50m:	34.43	34.43	100m:	1:12.68	38.25	150m:	1:53.15	40.47	200m:	2:32.35 39.20
14.	,			2009 I						+0,57	<b>2:33.93</b> II
	100m:	1:09.29	1:09.29	200m:	2:33.93	1:24.64					
15.	,			2008 II						+0,89	<b>2:36.35</b> II
	50m:	33.58	33.58	100m:	1:11.66	38.08	150m:	1:54.54	42.88	200m:	2:36.35 41.81
16.	,			2009 II							<b>2:36.95</b> II
	50m:	36.29	36.29	100m:	1:15.29	39.00	150m:	1:56.50	41.21	200m:	2:36.95 40.45
17.	,			2007 I						+0,85	<b>2:38.94</b> III
	50m:	36.82	36.82	100m:	1:17.08	40.26	150m:	1:58.54	41.46	200m:	2:38.94 40.40
18.	,			2011 III						+0,72	<b>2:46.54</b> III
	100m:	1:21.64	1:21.64	200m:	2:46.54	1:24.90					
19.	,			2010 I						+0,94	<b>2:58.81</b>
	50m:	39.17	39.17	100m:	1:24.04	44.87	150m:	2:12.19	48.15	200m:	2:58.81 46.62
20.	,			2011 1						+0,83	<b>3:01.78</b>
	50m:	38.63	38.63	100m:	1:25.79	47.16	150m:	2:15.26	49.47	200m:	3:01.78 46.52
21.	,			2011 1							<b>3:04.13</b>
	100m:	1:28.88	1:28.88	200m:	3:04.13	1:35.25					

22 , 200m  
30.01.2025 - 14:40

										R.T.	
1.	,		/	2006						+0,74	<b>2:38.33</b> II
	50m:	36.85	36.85	100m:	1:17.29	40.44	150m:	1:58.76	41.47	200m:	2:38.33 39.57
2.	,			2011 I							<b>2:39.73</b> II
	100m:	1:17.86	1:17.86	200m:	2:39.73	1:21.87					
3.	,			2011 II						+0,82	<b>2:59.08</b> III
	50m:	42.04	42.04	100m:	1:27.62	45.58	150m:	2:14.81	47.19	200m:	2:59.08 44.27
4.	,			2011 III						+0,78	<b>3:08.54</b> III
	50m:	45.05	45.05	100m:	1:31.73	46.68	150m:	2:20.77	49.04	200m:	3:08.54 47.77

23 , 200m  
30.01.2025 - 14:45

										R.T.	
1.	,		/	2009						+0,74	<b>2:13.11</b>
	50m:	32.04	32.04	100m:	1:05.51	33.47	150m:	1:39.58	34.07	200m:	2:13.11 33.53
2.	,			2008 KMC						+0,63	<b>2:19.87</b> I
	100m:	1:05.59	1:05.59	200m:	2:19.87	1:14.28					
3.	,			2008 I						+0,75	<b>2:21.48</b> I
	50m:	32.61	32.61	100m:	1:08.79	36.18	150m:	1:45.47	36.68	200m:	2:21.48 36.01
4.	,			2007 I						+0,84	<b>2:26.51</b> II
	50m:	33.95	33.95	100m:	1:10.18	36.23	150m:	1:48.85	38.67	200m:	2:26.51 37.66

"OMEGA"

23, , 200m										R.T.	
5.				2009 II							
50m:	34.00	34.00	100m:	1:10.84	36.84	150m:	1:49.62	38.78	200m:	2:27.10	37.48
6.				2011 II							
50m:	34.10	34.10	100m:	1:12.69	38.59	150m:	1:49.75	37.06	200m:	2:27.29	37.54
7.				2009 II							
50m:	34.06	34.06	100m:	1:11.66	37.60	150m:	1:51.43	39.77	200m:	2:28.59	37.16
8.				2011 II							
50m:	34.78	34.78	100m:	1:11.54	36.76	150m:	1:50.35	38.81	200m:	2:29.33	38.98
9.				2009 I							
50m:	35.55	35.55	100m:	1:14.72	39.17	150m:	1:54.25	39.53	200m:	2:32.47	38.22
10.				2010							
50m:	35.32	35.32	100m:	1:14.02	38.70	150m:	1:54.00	39.98	200m:	2:34.68	40.68
11.				2011 II							
50m:	36.39	36.39	100m:	1:15.82	39.43	150m:	1:57.00	41.18	200m:	2:35.20	38.20
12.				2007 II							
50m:	35.72	35.72	100m:	1:15.00	39.28	150m:	1:56.13	41.13	200m:	2:36.84	40.71
13.				2011 I							
50m:	37.06	37.06	100m:	1:16.99	39.93	150m:	1:58.73	41.74	200m:	2:37.69	38.96
14.				2009 I							
50m:	34.78	34.78	100m:	1:14.20	39.42	150m:	1:58.07	43.87	200m:	2:38.64	40.57
15.				2009 II							
50m:	35.90	35.90	100m:	1:15.21	39.31	150m:	1:57.23	42.02	200m:	2:39.52	42.29
16.				2010 II							
50m:	36.19	36.19	100m:	1:17.34	41.15	150m:	2:00.30	42.96	200m:	2:41.43	41.13
17.				2010 II							
50m:	37.97	37.97	100m:	1:17.57	39.60	150m:	2:00.93	43.36	200m:	2:41.52	40.59
18.				2011 II							
100m:	1:17.68	1:17.68	200m:	2:41.71	1:24.03						
19.				2009 II							
50m:	38.31	38.31	100m:	1:20.23	41.92	150m:	2:02.02	41.79	200m:	2:41.86	39.84
20.				2011 II							
50m:	37.28	37.28	100m:	1:18.62	41.34	150m:	2:01.60	42.98	200m:	2:43.14	41.54
21.				2011 III							
50m:	38.12	38.12	100m:	1:21.88	43.76	150m:	2:04.79	42.91	200m:	2:44.52	39.73
22.				2011 II							
100m:	1:19.84	1:19.84	200m:	2:46.82	1:26.98						
23.				2011 II							
50m:	38.91	38.91	100m:	1:21.20	42.29	150m:	2:05.08	43.88	200m:	2:48.04	42.96
24.				2008 I							
50m:	40.06	40.06	100m:	1:24.02	43.96	150m:	2:10.70	46.68	200m:	2:54.67	43.97
25.				2011 III							
50m:	40.81	40.81	100m:	1:25.22	44.41	150m:	2:10.79	45.57	200m:	2:54.88	44.09
26.				2011 II							
50m:	40.95	40.95	100m:	1:25.82	44.87	150m:	2:12.36	46.54	200m:	2:57.05	44.69
27.				2011 I							
50m:	42.28	42.28	100m:	1:27.83	45.55	150m:	2:15.28	47.45	200m:	3:01.30	46.02
28.				2011 III							
50m:	43.67	43.67	100m:	1:31.71	48.04	150m:	2:23.79	52.08	200m:	3:16.27	52.48
29.				2011 I							
50m:	49.92	49.92	100m:	1:44.16	54.24	200m:	3:32.63	1:48.47			

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24 , 100m  
30.01.2025 - 15:00

			/				R.T.
1.	50m: 36.09	36.09	2002	100m: 1:16.42	40.33	-1	+0,79 <b>1:16.42</b>
2.	50m: 38.63	38.63	2010 II	100m: 1:21.12	42.49		+0,70 <b>1:21.12</b>
3.			2010			-3	+0,52 <b>1:21.21</b>
4.	50m: 39.56	39.56	2009 I	100m: 1:23.65	44.09		+0,78 <b>1:23.65</b>
5.	50m: 42.13	42.13	2011 II	100m: 1:28.55	46.42	-4	+0,76 <b>1:28.55</b>
6.	50m: 41.57	41.57	2009 II	100m: 1:30.80	49.23	"	+0,80 <b>1:30.80</b>
7.			2008 II			-1	+0,82 <b>1:32.30</b>
8.	50m: 44.63	44.63	2007 I	100m: 1:36.90	52.27	-1	+0,76 <b>1:36.90</b>
9.	50m: 47.78	47.78	2009 II	100m: 1:44.54	56.76		+0,81 <b>1:44.54</b>
10.	50m: 52.20	52.20	2011 III	100m: 1:50.18	57.98		+0,88 <b>1:50.18</b>
11.	50m: 51.83	51.83	2011 III	100m: 1:50.92	59.09		+1,08 <b>1:50.92</b>

25 , 50m  
30.01.2025 - 15:05

			/				R.T.
1.			2009			-2	+0,54 <b>25.69</b>
2.			2003			-3	+0,67 <b>25.90</b> I
3.			2009			-1	+0,68 <b>26.26</b> I
4.			2007			-1	+0,53 <b>26.53</b> I
5.			2003			-3	+0,74 <b>26.82</b> I
6.			2008 KMC				+0,73 <b>27.16</b> I
7.			2008				+0,72 <b>27.22</b> I
8.			2006			-3	+0,64 <b>27.79</b> II
9.			2009 II			-3	+0,65 <b>27.95</b> II
10.			2009 I	"	"		+0,88 <b>28.05</b> II
11.			2009				+0,67 <b>28.05</b> II
12.			2010				+0,71 <b>28.08</b> II
13.			2010 II			-3	+0,66 <b>28.17</b> II
14.			2009 I				+0,67 <b>28.22</b> II
15.			2009 I	"	"		+0,77 <b>28.32</b> II
16.			2007 I			-1	+0,75 <b>28.42</b> II
17.			2006			-2	+0,67 <b>28.52</b> II
18.			2009 II	"	"		+0,70 <b>28.70</b> II
19.			2009 KMC			-2	+0,70 <b>28.78</b> II
20.			2007 II			-1	+0,70 <b>28.85</b> II
21.			2008				+0,64 <b>29.05</b> II
22.			2011 II				+0,71 <b>29.11</b> II
23.			2011 I			-4	+0,67 <b>29.23</b> II
24.			2010 II				+0,72 <b>29.44</b> II
25.			2011 II				+0,74 <b>29.57</b> II
26.			2011 II			-4	+0,77 <b>29.63</b> II

" " ""

"OMEGA"

25,	, 50m				R.T.	
27.		2008 I	"	"	+0,77	<b>29.70</b> II
		2007 I			+0,81	<b>29.70</b> II
29.		2008	. . .	-1	+0,73	<b>29.83</b> II
30.		2003 I	. . .	-1	+0,71	<b>29.84</b> II
31.		2008 I			+0,68	<b>29.93</b> II
32.		2009 II			+0,79	<b>30.33</b> II
33.		2010 II	"	"	+0,73	<b>30.34</b> II
34.		2009 II	"	"	+0,79	<b>30.35</b> II
35.		2010 I	. . .	-3	+0,69	<b>30.43</b> II
36.		2011 II	. . .	-3	+0,81	<b>30.54</b> II
37.		2008 II			+0,73	<b>30.77</b> II
38.		2007 I	. . .	-1	+0,69	<b>30.83</b> III
39.		2010 II			+0,60	<b>30.89</b> III
40.		2007 I	. . .	-2	+0,68	<b>30.91</b> III
41.		2009 II	. . .	-3	+0,78	<b>31.06</b> III
42.		2009 II	. . .	-3	+0,72	<b>31.26</b> III
43.		2011 II	. . .	-3	+0,80	<b>31.59</b> III
44.		2009 III			+0,78	<b>31.81</b> III
45.		2009 I			+0,78	<b>32.00</b> III
46.		2010 II	. . .	-3	+0,73	<b>32.03</b> III
47.		2009 II			+0,76	<b>32.11</b> III
48.		2010 II			+0,89	<b>32.14</b> III
49.		2009 II	. . .	-3	+0,79	<b>32.17</b> III
50.		2010 III	"	"	+0,89	<b>32.34</b> III
51.		2010 II	"	"	+0,81	<b>32.40</b> III
52.		2010 II			+0,81	<b>32.49</b> III
		2011 II	. . .	-4		<b>32.49</b> III
54.		2009 II	. . .	-2	+0,68	<b>32.70</b> III
55.		2009 II			+0,89	<b>32.78</b> III
56.		2011 II			+0,86	<b>32.87</b> III
57.		2011 II			+0,73	<b>33.21</b> III
58.		2011 III			+0,85	<b>33.67</b> III
59.		2011 II			+0,68	<b>33.82</b>
60.		2011 II	"	"	+0,84	<b>34.37</b>
61.		2010 III	. . .	-3	+0,67	<b>35.85</b>
62.		2009 II	. . .	-2	+0,64	<b>35.89</b>
63.		2011 II	. . .	-4	+0,48	<b>36.06</b>
64.		2011 III	. . .	-4	+0,63	<b>36.30</b>
65.		2011 II	. . .	-3	+0,83	<b>36.69</b>
66.		2011 II	. . .	-3	+0,67	<b>36.78</b>
67.		2010 III	. . .	-3	+0,92	<b>37.32</b>
68.		2010 II	. . .	-3	+0,78	<b>37.56</b>
69.		2011 I			+0,86	<b>37.86</b>
70.		2010 II	"	"	+0,93	<b>38.21</b>
71.		2011 II	. . .	-3	+0,78	<b>40.31</b>
72.		2011 III			+0,84	<b>42.18</b>
73.		2011 III	"	"	+0,82	<b>42.31</b>
74.		2011 III			+0,76	<b>42.38</b>
75.		2011 I	. . .	-4	+0,48	<b>45.80</b>
76.		2011 I	. . .	-4	+0,69	<b>45.84</b>
DSQ		2010 II	"	"		III
DSQ		2010 III				

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26  
30.01.2025 - 15:15

, 50m

		/			R.T.	
1.		2001	. . .	-1	+0,81	<b>31.04</b> I
2.		2009 I			+0,77	<b>31.47</b> I
3.		2006	. . .	-2	+0,78	<b>31.62</b> I
4.		2011 I	. . .	-3	+0,85	<b>31.88</b> II
5.		2007 I	. . .	-2	+0,76	<b>32.96</b> II
6.		2009 I			+0,71	<b>33.28</b> II
7.		2009			+0,87	<b>33.50</b> II
8.		2011 I	. . .	-4	+0,87	<b>34.31</b> III
9.		2009 I			+0,69	<b>34.61</b> III
		2011 I				<b>34.61</b> III
11.		2010 I	. . .	-2		<b>34.70</b> III
12.		2010 II			+0,64	<b>35.72</b> III
13.		2010	. . .	-3	+0,72	<b>35.85</b> III
14.		2009 II	. . .	-2	+0,64	<b>35.90</b> III
15.		2009 II	"	"	+0,71	<b>37.97</b>
16.		2009 II			+0,87	<b>40.58</b>
17.		2011 III	. . .	-4	+0,82	<b>43.89</b>

27  
30.01.2025 - 15:20

, 4 x 100m

		/			R.T.	
1.		-1			-1	+0,73 <b>3:39.10</b>
			+0,73	56.42		+0,30 56.08
			+0,21	52.29		+0,27 54.31
2.		-2			-2	+0,70 <b>3:47.21</b>
			+0,70	27.43	58.37	+0,41 26.76 57.69
			+0,36	26.47	55.92	+0,39 26.71 55.23
3.		1				+0,77 <b>3:47.25</b>
			+0,77	26.78	55.52	+0,31 27.23 59.09
			+0,48	26.32	55.95	+0,49 26.96 56.69
4.						+0,62 <b>3:49.48</b>
			+0,62	25.74	53.22	+0,57 28.50 58.15
			+0,68	28.11	59.09	+0,52 27.90 59.02
5.		-3			-3	+0,72 <b>3:51.76</b>
			+0,72	28.92	1:00.30	+0,15 26.64 57.63
			+0,50	27.15	58.67	+0,58 26.15 55.16
6.		"			"	+0,79 <b>4:04.95</b>
			+0,79	30.11	1:02.24	+0,54 29.25 1:02.16
			+0,59	29.79	1:02.43	+0,58 27.22 58.12
7.		-3			-3	+0,77 <b>4:09.76</b>
			+0,77	29.46	1:01.36	+0,85 29.49 1:02.03
			+0,50	30.84	1:04.57	+0,39 30.14 1:01.80

DSQ



28 , 4 x 100m  
30.01.2025 - 15:25

		/				R.T.	
1.	-1	+0,80	31.01	1:03.70	-1	+0,80	<b>4:17.69</b>
		+0,61	29.45	59.92		+0,67	30.62 1:06.47
						+0,71	32.45 1:07.60
2.		+0,82	29.66	1:00.88		+0,82	<b>4:20.24</b>
		+0,60	30.53	1:04.24		+0,62	31.85 1:07.90
						+0,25	31.65 1:07.22
3.	-2	+0,55			-2	+0,55	<b>4:28.19</b>
						+0,36	1:10.91
						+0,53	1:05.66

29 , 800m  
30.01.2025 - 15:30

		/				R.T.	
1.		2009 I			-3		<b>9:14.38</b>
	50m: 29.94 29.94	250m: 2:49.14 35.30	450m: 5:09.98 35.23	650m: 7:31.94 35.36			
	100m: 1:03.57 33.63	300m: 3:24.30 35.16	500m: 5:45.42 35.44	700m: 8:07.27 35.33			
	150m: 1:38.57 35.00	350m: 3:59.47 35.17	550m: 6:20.86 35.44	750m: 8:41.68 34.41			
	200m: 2:13.84 35.27	400m: 4:34.75 35.28	600m: 6:56.58 35.72	800m: 9:14.38 32.70			
2.		2010 I			-3		<b>9:21.04</b>
	100m: 1:04.86 1:04.86	300m: 3:25.76 1:10.65	500m: 5:47.88 1:11.25	700m: 8:12.12 1:12.01			
	200m: 2:15.11 1:10.25	400m: 4:36.63 1:10.87	600m: 7:00.11 1:12.23	800m: 9:21.04 1:08.92			
3.		2009			-2		<b>9:27.23</b>
	50m: 31.36 31.36	250m: 2:51.30 35.95	450m: 5:16.22 36.65	650m: 7:42.67 36.56			
	100m: 1:04.89 33.53	300m: 3:27.19 35.89	500m: 5:52.35 36.13	700m: 8:18.61 35.94			
	150m: 1:39.92 35.03	350m: 4:03.36 36.17	550m: 6:29.25 36.90	750m: 8:54.28 35.67			
	200m: 2:15.35 35.43	400m: 4:39.57 36.21	600m: 7:06.11 36.86	800m: 9:27.23 32.95			
4.		2009 I			-2		<b>9:39.83</b>
	50m: 30.67 30.67	250m: 2:52.07 36.42	450m: 5:20.43 36.29	650m: 7:49.17 37.59			
	100m: 1:04.51 33.84	300m: 3:28.76 36.69	500m: 5:57.50 37.07	700m: 8:27.10 37.93			
	150m: 1:40.18 35.67	350m: 4:06.38 37.62	550m: 6:34.62 37.12	750m: 9:04.07 36.97			
	200m: 2:15.65 35.47	400m: 4:44.14 37.76	600m: 7:11.58 36.96	800m: 9:39.83 35.76			
5.		2011 II			-3		<b>9:41.38</b>
	100m: 1:09.26 1:09.26	300m: 3:35.38 1:13.00	500m: 6:02.33 1:13.20	700m: 8:30.00 1:13.24			
	200m: 2:22.38 1:13.12	400m: 4:49.13 1:13.75	600m: 7:16.76 1:14.43	800m: 9:41.38 1:11.38			
6.		2009 I			-2		<b>9:46.29</b>
	50m: 32.05 32.05	250m: 2:54.59 36.27	450m: 5:24.47 38.22	650m: 7:56.53 38.25			
	100m: 1:06.41 34.36	300m: 3:31.40 36.81	500m: 6:02.18 37.71	700m: 8:34.29 37.76			
	150m: 1:41.81 35.40	350m: 4:08.63 37.23	550m: 6:40.55 38.37	750m: 9:10.76 36.47			
	200m: 2:18.32 36.51	400m: 4:46.25 37.62	600m: 7:18.28 37.73	800m: 9:46.29 35.53			
7.		2008 I			-2		<b>9:57.77</b>
	100m: 1:08.33 1:08.33	300m: 3:38.09 1:15.63	500m: 6:11.46 1:16.46	700m: 8:42.96 1:14.87			
	200m: 2:22.46 1:14.13	400m: 4:55.00 1:16.91	600m: 7:28.09 1:16.63	800m: 9:57.77 1:14.81			
8.		2011 II					<b>10:06.76</b>
	100m: 1:12.64 1:12.64	300m: 3:46.83 1:17.25	500m: 6:20.51 1:16.87	700m: 8:53.14 1:15.81			
	200m: 2:29.58 1:16.94	400m: 5:03.64 1:16.81	600m: 7:37.33 1:16.82	800m: 10:06.76 1:13.62			
9.		2010 II			-3		<b>10:12.82</b>
	100m: 1:09.00 1:09.00	300m: 3:41.06 1:16.46	500m: 6:19.26 1:19.00	700m: 8:56.82 1:18.87			
	200m: 2:24.60 1:15.60	400m: 5:00.26 1:19.20	600m: 7:37.95 1:18.69	800m: 10:12.82 1:16.00			
10.		2008					<b>10:13.34</b>
	50m: 32.80 32.80	250m: 3:05.62 39.64	450m: 5:43.27 39.71	650m: 8:21.01 39.73			
	100m: 1:09.08 36.28	300m: 3:44.70 39.08	500m: 6:22.26 38.99	700m: 9:00.11 39.10			
	150m: 1:46.55 37.47	350m: 4:24.41 39.71	550m: 7:01.86 39.60	750m: 9:36.97 36.86			
	200m: 2:25.98 39.43	400m: 5:03.56 39.15	600m: 7:41.28 39.42	800m: 10:13.34 36.37			

29,		, 800m								R.T.	
11.				2010 II				-3			<b>10:15.29</b>
	50m:	31.13	31.13	250m:	3:00.68	38.41	450m:	5:36.89	39.47	650m:	8:17.79 40.61
	100m:	1:06.63	35.50	300m:	3:39.12	38.44	500m:	6:16.31	39.42	700m:	8:57.39 39.60
	150m:	1:44.41	37.78	350m:	4:18.26	39.14	550m:	6:57.31	41.00	750m:	9:36.62 39.23
	200m:	2:22.27	37.86	400m:	4:57.42	39.16	600m:	7:37.18	39.87	800m:	10:15.29 38.67
12.				2010 II				-2			<b>10:21.85</b>
	100m:	1:12.40	1:12.40	300m:	3:52.53	1:19.31	500m:	6:31.22	1:19.56	700m:	9:10.19 1:18.78
	200m:	2:33.22	1:20.82	400m:	5:11.66	1:19.13	600m:	7:51.41	1:20.19	800m:	10:21.85 1:11.66
13.				2011 II				-4			<b>10:23.87</b>
	100m:	1:10.12	1:10.12	300m:	3:49.56	1:21.10	500m:	6:31.78	1:20.41	700m:	9:10.01 1:18.48
	200m:	2:28.46	1:18.34	400m:	5:11.37	1:21.81	600m:	7:51.53	1:19.75	800m:	10:23.87 1:13.86
14.				2011 II							<b>10:26.45</b>
	100m:	1:12.00	1:12.00	300m:	3:49.88	1:19.43	500m:	6:30.00	1:20.40	700m:	9:09.57 1:19.24
	200m:	2:30.45	1:18.45	400m:	5:09.60	1:19.72	600m:	7:50.33	1:20.33	800m:	10:26.45 1:16.88
15.				2008 II							<b>10:26.84</b>
	50m:	32.03	32.03	250m:	3:00.67	38.92	450m:	5:43.37	40.92	650m:	8:28.75 41.57
	100m:	1:06.66	34.63	300m:	3:40.10	39.43	500m:	6:23.96	40.59	700m:	9:09.39 40.64
	150m:	1:43.68	37.02	350m:	4:21.23	41.13	550m:	7:06.74	42.78	750m:	9:49.34 39.95
	200m:	2:21.75	38.07	400m:	5:02.45	41.22	600m:	7:47.18	40.44	800m:	10:26.84 37.50
16.				2011 II							<b>10:28.82</b>
	100m:	1:13.89	1:13.89	300m:	3:51.32	1:18.72	500m:	6:30.10	1:19.21	700m:	9:10.51 1:20.00
	200m:	2:32.60	1:18.71	400m:	5:10.89	1:19.57	600m:	7:50.51	1:20.41	800m:	10:28.82 1:18.31
17.				2009 II				-2			<b>10:33.21</b>
	100m:	1:11.83	1:11.83	300m:	3:52.21	1:21.21	500m:	6:32.83	1:20.50	700m:	9:14.20 1:19.90
	200m:	2:31.00	1:19.17	400m:	5:12.33	1:20.12	600m:	7:54.30	1:21.47	800m:	10:33.21 1:19.01
18.				2010 II							<b>10:45.82</b>
	100m:	1:11.83	1:11.83	300m:	3:52.40	1:21.35	500m:	6:40.33	1:24.13	700m:	9:29.80 1:25.30
	200m:	2:31.05	1:19.22	400m:	5:16.20	1:23.80	600m:	8:04.50	1:24.17	800m:	10:45.82 1:16.02
19.				2010 II							<b>10:45.95</b>
	100m:	1:12.10	1:12.10	300m:	3:56.57	1:24.19	500m:	6:45.45	1:25.35	700m:	9:32.57 1:22.93
	200m:	2:32.38	1:20.28	400m:	5:20.10	1:23.53	600m:	8:09.64	1:24.19	800m:	10:45.95 1:13.38
20.				2011 II							<b>10:49.94</b>
	100m:	1:09.78	1:09.78	300m:	3:56.50	1:24.06	500m:	6:45.68	1:25.08	700m:	9:33.50 1:23.84
	200m:	2:32.44	1:22.66	400m:	5:20.60	1:24.10	600m:	8:09.66	1:23.98	800m:	10:49.94 1:16.44
21.				2011 II				-3			<b>10:52.26</b>
	100m:	1:14.00	1:14.00	300m:	3:59.26	1:23.26	500m:	6:44.64	1:22.62	700m:	9:30.00 1:22.24
	200m:	2:36.00	1:22.00	400m:	5:22.02	1:22.76	600m:	8:07.76	1:23.12	800m:	10:52.26 1:22.26
22.				2009 II							<b>10:55.55</b>
	100m:	1:14.15	1:14.15	300m:	3:59.78	1:23.28	500m:	6:48.01	1:25.00	700m:	9:36.90 1:23.53
	200m:	2:36.50	1:22.35	400m:	5:23.01	1:23.23	600m:	8:13.37	1:25.36	800m:	10:55.55 1:18.65
23.				2010 II							<b>10:58.03</b>
	100m:	1:10.64	1:10.64	300m:	3:57.30	1:24.20	500m:	6:50.18	1:27.02	700m:	9:43.80 1:25.99
	200m:	2:33.10	1:22.46	400m:	5:23.16	1:25.86	600m:	8:17.81	1:27.63	800m:	10:58.03 1:14.23
24.				2011 II				-4			<b>11:04.00</b>
	100m:	1:14.22	1:14.22	300m:	4:01.21	1:24.12	500m:	6:51.58	1:25.06	700m:	9:41.27 1:25.12
	200m:	2:37.09	1:22.87	400m:	5:26.52	1:25.31	600m:	8:16.15	1:24.57	800m:	11:04.00 1:22.73
25.				2011 II				-4			<b>11:12.26</b>
	100m:	1:20.20	1:20.20	300m:	4:11.76	1:26.31	500m:	7:05.63	1:26.54	700m:	9:58.32 1:26.00
	200m:	2:45.45	1:25.25	400m:	5:39.09	1:27.33	600m:	8:32.32	1:26.69	800m:	11:12.26 1:13.94
26.				2009 II				-2			<b>11:12.83</b>
	100m:	1:19.39	1:19.39	300m:	4:11.33	1:25.75	500m:	7:03.09	1:25.51	700m:	9:52.89 1:24.89
	200m:	2:45.58	1:26.19	400m:	5:37.58	1:26.25	600m:	8:28.00	1:24.91	800m:	11:12.83 1:19.94
				2011 III							<b>11:12.83</b>
	100m:	1:19.39	1:19.39	300m:	4:11.33	1:25.75	500m:	7:03.03	1:25.45	700m:	9:52.89 1:24.89
	200m:	2:45.58	1:26.19	400m:	5:37.58	1:26.25	600m:	8:28.00	1:24.97	800m:	11:12.83 1:19.94
28.				2011 II				-4			<b>11:19.55</b>
	100m:	1:12.38	1:12.38	300m:	3:59.31	1:24.34	500m:	6:57.50	1:28.87	700m:	9:54.85 1:27.16
	200m:	2:34.97	1:22.59	400m:	5:28.63	1:29.32	600m:	8:27.69	1:30.19	800m:	11:19.55 1:24.70

29, , 800m								R.T.	
29.			2010 II				-2		<b>11:19.57</b>
	100m: 1:12.38	1:12.38	300m: 3:58.75	1:25.50	500m: 6:57.85	1:29.85	700m: 9:55.13	1:28.66	
	200m: 2:33.25	1:20.87	400m: 5:28.00	1:29.25	600m: 8:26.47	1:28.62	800m: 11:19.57	1:24.44	
30.			2011 II				-3		<b>11:20.73</b>
	100m: 1:16.94	1:16.94	300m: 4:09.50	1:27.12	500m: 7:04.28	1:26.68	700m: 9:58.01	1:26.44	
	200m: 2:42.38	1:25.44	400m: 5:37.60	1:28.10	600m: 8:31.57	1:27.29	800m: 11:20.73	1:22.72	
31.			2011 III						<b>11:20.80</b>
	100m: 1:19.13	1:19.13	300m: 4:13.00	1:27.50	500m: 7:06.50	1:26.62	700m: 9:58.01	1:24.79	
	200m: 2:45.50	1:26.37	400m: 5:39.88	1:26.88	600m: 8:33.22	1:26.72	800m: 11:20.80	1:22.79	
32.			2010 II				-2		<b>11:24.19</b>
	100m: 1:08.26	1:08.26	300m: 4:02.51	1:30.62	500m: 7:04.76	1:31.66	700m: 10:02.10	1:26.53	
	200m: 2:31.89	1:23.63	400m: 5:33.10	1:30.59	600m: 8:35.57	1:30.81	800m: 11:24.19	1:22.09	
33.			2011 III						<b>11:30.22</b>
	100m: 1:19.15	1:19.15	300m: 4:15.25	1:29.25	500m: 7:13.53	1:28.81	700m: 10:09.09	1:27.09	
	200m: 2:46.00	1:26.85	400m: 5:44.72	1:29.47	600m: 8:42.00	1:28.47	800m: 11:30.22	1:21.13	
34.			2010 II						<b>11:33.80</b>
	100m: 1:20.22	1:20.22	300m: 4:18.56	1:27.94	500m: 7:14.40	1:28.09	700m: 10:10.90	1:27.90	
	200m: 2:50.62	1:30.40	400m: 5:46.31	1:27.75	600m: 8:43.00	1:28.60	800m: 11:33.80	1:22.90	
35.			2010 II						<b>11:35.56</b>
	100m: 1:15.01	1:15.01	300m: 4:07.72	1:27.13	500m: 7:07.01	1:31.17	700m: 10:09.25	1:30.66	
	200m: 2:40.59	1:25.58	400m: 5:35.84	1:28.12	600m: 8:38.59	1:31.58	800m: 11:35.56	1:26.31	
36.			2011 II						<b>11:46.14</b>
	100m: 1:17.89	1:17.89	300m: 4:16.70	1:30.75	500m: 7:19.00	1:29.67	700m: 10:21.26	1:30.62	
	200m: 2:45.95	1:28.06	400m: 5:49.33	1:32.63	600m: 8:50.64	1:31.64	800m: 11:46.14	1:24.88	
			2010 III						<b>11:46.14</b>
	100m: 1:17.90	1:17.90	300m: 4:21.20	1:33.10	500m: 7:36.00	1:36.60	700m: 10:47.20	1:32.60	
	200m: 2:48.10	1:30.20	400m: 5:59.40	1:38.20	600m: 9:14.60	1:38.60	800m: 11:46.14	58.94	
38.			2010 III				-3		<b>12:06.76</b>
	100m: 1:21.70	1:21.70	300m: 4:26.00	1:33.87	500m: 7:37.63	1:37.63	700m: 10:37.70	1:33.32	
	200m: 2:52.13	1:30.43	400m: 6:00.00	1:34.00	600m: 9:04.38	1:26.75	800m: 12:06.76	1:29.06	
39.			2011 III						<b>12:06.81</b>
	100m: 1:24.62	1:24.62	300m: 4:31.18	1:34.09	500m: 7:37.00	1:32.16	700m: 10:40.25	1:31.25	
	200m: 2:57.09	1:32.47	400m: 6:04.84	1:33.66	600m: 9:09.00	1:32.00	800m: 12:06.81	1:26.56	

30 , 200m  
31.01.2025 - 11:15

								R.T.	
1.			2009				-2	+0,68	<b>2:00.58</b>
	50m: 27.62	27.62	100m: 58.27	30.65	150m: 1:29.40	31.13	200m: 2:00.58	31.18	
2.			2007				-1	+0,73	<b>2:01.02</b>
	50m: 28.09	28.09	100m: 59.66	31.57	150m: 1:30.25	30.59	200m: 2:01.02	30.77	
3.			2003				-3	+0,69	<b>2:03.07</b>
	100m: 1:01.27	1:01.27	200m: 2:03.07	1:01.80					
4.			2009 I				-3	+0,66	<b>2:05.83</b>
	50m: 28.04	28.04	100m: 59.77	31.73	150m: 1:33.14	33.37	200m: 2:05.83	32.69	
5.			2009 I				-2	+0,66	<b>2:06.94</b>
	50m: 28.55	28.55	100m: 1:01.01	32.46	150m: 1:33.33	32.32	200m: 2:06.94	33.61	
6.			2008 KMC					+0,70	<b>2:08.05</b>
	50m: 28.19	28.19	100m: 1:00.32	32.13	150m: 1:34.61	34.29	200m: 2:08.05	33.44	
7.			2006					+0,67	<b>2:08.65</b>
	50m: 28.95	28.95	100m: 1:00.60	31.65	150m: 1:34.42	33.82	200m: 2:08.65	34.23	
8.			2010 I				-3	+0,69	<b>2:08.75</b>
	50m: 29.17	29.17	100m: 1:01.98	32.81	150m: 1:35.94	33.96	200m: 2:08.75	32.81	

30,		, 200m							R.T.			
9.				2008 I					+0,72	<b>2:08.94</b>	I	
	50m:	28.99	28.99	100m:	1:00.60	31.61	150m:	1:32.88	32.28	200m:	2:08.94 36.06	
10.				2007 I					-2	+0,74	<b>2:10.32</b>	II
	100m:	1:01.87	1:01.87	200m:	2:10.32	1:08.45						
11.				2008 I						+0,67	<b>2:12.09</b>	II
	50m:	29.98	29.98	100m:	1:03.21	33.23	150m:	1:37.56	34.35	200m:	2:12.09 34.53	
12.				2011 II						+0,80	<b>2:12.49</b>	II
	50m:	30.37	30.37	100m:	1:04.70	34.33	150m:	1:39.28	34.58	200m:	2:12.49 33.21	
13.				2007 I						+0,62	<b>2:12.61</b>	II
	50m:	29.13	29.13	100m:	1:01.46	32.33	150m:	1:37.16	35.70	200m:	2:12.61 35.45	
14.				2011 II						+0,72	<b>2:13.10</b>	II
	50m:	29.94	29.94	100m:	1:03.68	33.74	150m:	1:38.94	35.26	200m:	2:13.10 34.16	
15.				2009 I						+0,63	<b>2:13.20</b>	II
	50m:	30.30	30.30	100m:	1:04.95	34.65	150m:	1:39.52	34.57	200m:	2:13.20 33.68	
16.				2009 II						+0,75	<b>2:13.29</b>	II
	50m:	30.21	30.21	100m:	1:04.41	34.20	150m:	1:39.37	34.96	200m:	2:13.29 33.92	
17.				2007 I						+0,59	<b>2:13.58</b>	II
	50m:	29.19	29.19	100m:	1:02.19	33.00	150m:	1:37.53	35.34	200m:	2:13.58 36.05	
18.				2008 II		"			"	+0,75	<b>2:13.84</b>	II
	50m:	30.66	30.66	100m:	1:04.55	33.89	150m:	1:39.79	35.24	200m:	2:13.84 34.05	
19.				2008						+0,74	<b>2:13.96</b>	II
	50m:	29.71	29.71	100m:	1:02.35	32.64	150m:	1:38.54	36.19	200m:	2:13.96 35.42	
20.				2010 II						+0,81	<b>2:14.77</b>	II
	50m:	30.30	30.30	100m:	1:04.34	34.04	150m:	1:39.36	35.02	200m:	2:14.77 35.41	
21.				2010 II						+0,74	<b>2:15.20</b>	II
	50m:	29.28	29.28	100m:	1:03.54	34.26	150m:	1:39.64	36.10	200m:	2:15.20 35.56	
22.				2008 I						+0,72	<b>2:16.45</b>	II
	50m:	29.67	29.67	100m:	1:03.54	33.87	150m:	1:39.77	36.23	200m:	2:16.45 36.68	
23.				2009 II						+0,81	<b>2:18.49</b>	II
	50m:	31.35	31.35	100m:	1:06.63	35.28	150m:	1:43.70	37.07	200m:	2:18.49 34.79	
24.				2010 II		"			"	+0,92	<b>2:18.97</b>	II
	50m:	31.27	31.27	100m:	1:05.25	33.98	150m:	1:41.45	36.20	200m:	2:18.97 37.52	
25.				2011 II						+0,60	<b>2:19.38</b>	II
	50m:	32.44	32.44	100m:	1:07.51	35.07	150m:	1:44.36	36.85	200m:	2:19.38 35.02	
26.				2008 I						+0,64	<b>2:19.71</b>	II
	100m:	1:06.87	1:06.87	200m:	2:19.71	1:12.84						
27.				2007 II							<b>2:20.40</b>	II
28.				2011 II						+0,87	<b>2:20.52</b>	II
	50m:	33.10	33.10	100m:	1:09.02	35.92	150m:	1:45.27	36.25	200m:	2:20.52 35.25	
29.				2010 II						+0,72	<b>2:20.79</b>	II
	50m:	32.53	32.53	100m:	1:08.66	36.13	150m:	1:45.72	37.06	200m:	2:20.79 35.07	
30.				2010 II		"			"	+0,86	<b>2:20.87</b>	II
	50m:	31.96	31.96	100m:	1:06.93	34.97	150m:	1:44.10	37.17	200m:	2:20.87 36.77	
31.				2008 II						+0,73	<b>2:22.32</b>	II
	50m:	31.77	31.77	100m:	1:06.92	35.15	150m:	1:44.61	37.69	200m:	2:22.32 37.71	
32.				2009 II							<b>2:22.35</b>	II
33.				2010 II						+0,80	<b>2:22.48</b>	II
	50m:	31.25	31.25	100m:	1:06.23	34.98	150m:	1:44.22	37.99	200m:	2:22.48 38.26	
34.				2010 II						+0,72	<b>2:23.33</b>	III
	50m:	31.36	31.36	100m:	1:07.01	35.65	150m:	1:45.23	38.22	200m:	2:23.33 38.10	
35.				2008 III						+0,79	<b>2:24.45</b>	III
	50m:	31.95	31.95	100m:	1:08.38	36.43	150m:	1:47.04	38.66	200m:	2:24.45 37.41	

30,		, 200m								R.T.		
36.				2008	III					+0,81	<b>2:26.41</b>	III
	100m:	1:10.98	1:10.98	200m:	2:26.41	1:15.43						
37.				2011	II					+0,89	<b>2:27.75</b>	III
	50m:	32.71	32.71	100m:	1:09.74	37.03	150m:	1:48.96	39.22	200m:	2:27.75	38.79
38.				2009	II					+0,69	<b>2:28.06</b>	III
	50m:	34.17	34.17	100m:	1:12.30	38.13	150m:	1:50.32	38.02	200m:	2:28.06	37.74
39.				2011	II					+0,65	<b>2:28.52</b>	III
	100m:	1:10.42	1:10.42	200m:	2:28.52	1:18.10						
40.				2009	III						<b>2:28.86</b>	III
	50m:	33.04	33.04	100m:	1:10.13	37.09	150m:	1:49.83	39.70	200m:	2:28.86	39.03
41.				2011	III					+0,69	<b>2:29.40</b>	III
	50m:	34.23	34.23	100m:	1:12.03	37.80	150m:	1:52.32	40.29	200m:	2:29.40	37.08
42.				2010	II					+0,68	<b>2:29.72</b>	III
	50m:	32.15	32.15	100m:	1:09.48	37.33	150m:	1:50.79	41.31	200m:	2:29.72	38.93
43.				2011	III					+0,75	<b>2:32.42</b>	III
	50m:	33.75	33.75	100m:	1:11.41	37.66	150m:	1:52.09	40.68	200m:	2:32.42	40.33
44.				2009	II					+0,69	<b>2:33.68</b>	III
	50m:	33.90	33.90	100m:	1:12.61	38.71	150m:	1:54.85	42.24	200m:	2:33.68	38.83
45.				2010	II					+0,92	<b>2:34.58</b>	III
	50m:	34.23	34.23	100m:	1:12.60	38.37	150m:	1:54.86	42.26	200m:	2:34.58	39.72
46.				2011	II					+0,74	<b>2:36.83</b>	III
	50m:	35.26	35.26	100m:	1:14.20	38.94	150m:	1:56.38	42.18	200m:	2:36.83	40.45
47.				2011	III					+0,82	<b>2:37.40</b>	III
	50m:	34.85	34.85	100m:	1:14.86	40.01	150m:	1:56.32	41.46	200m:	2:37.40	41.08
48.				2011	III					+0,80	<b>2:38.61</b>	III
	50m:	35.10	35.10	100m:	1:16.22	41.12	150m:	1:57.97	41.75	200m:	2:38.61	40.64
49.				2011	III					+0,71	<b>2:41.68</b>	III
	50m:	33.95	33.95	100m:	1:14.60	40.65	150m:	1:58.26	43.66	200m:	2:41.68	43.42
50.				2011	III					+0,80	<b>2:41.81</b>	III
	50m:	36.86	36.86	100m:	1:18.27	41.41	150m:	2:00.99	42.72	200m:	2:41.81	40.82
51.				2011	III					+0,76	<b>2:43.65</b>	III
	50m:	36.35	36.35	100m:	1:17.85	41.50	150m:	2:02.56	44.71	200m:	2:43.65	41.09
52.				2011	II					+0,53	<b>2:44.05</b>	III
	100m:	1:15.66	1:15.66	200m:	2:44.05	1:28.39						
53.				2011	III					+0,84	<b>2:49.20</b>	III
	50m:	36.95	36.95	100m:	1:19.17	42.22	150m:	2:05.30	46.13	200m:	2:49.20	43.90
54.				2011	III					+0,83	<b>2:57.20</b>	III
	50m:	41.01	41.01	100m:	1:25.23	44.22	150m:	2:12.62	47.39	200m:	2:57.20	44.58
55.				2011	1					+0,70	<b>2:59.05</b>	III
	50m:	38.56	38.56	100m:	1:24.29	45.73	150m:	2:12.26	47.97	200m:	2:59.05	46.79
56.				2011	1					+0,56	<b>3:02.01</b>	III
	100m:	1:27.15	1:27.15	200m:	3:02.01	1:34.86						
57.				2011	I					+0,86	<b>3:03.82</b>	III
	50m:	39.72	39.72	100m:	1:25.95	46.23	150m:	2:15.18	49.23	200m:	3:03.82	48.64
DSQ				2011	III							

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31.01.2025 - 11:40

, 100m

								R.T.	
1.			2010					+0,64	<b>1:07.03</b>
2.	50m:	31.35	31.35	100m:	1:07.82	36.47	. . .	-2	+0,68 <b>1:07.82</b>
3.	50m:	32.64	32.64	100m:	1:10.35	37.71			+0,77 <b>1:10.35</b>
4.	50m:	32.97	32.97	100m:	1:10.36	37.39			+0,71 <b>1:10.36</b>
5.	50m:	31.96	31.96	100m:	1:11.12	39.16	. . .	-3	+0,77 <b>1:11.12</b>
6.	50m:	32.47	32.47	100m:	1:11.39	38.92	. . .	-2	+0,72 <b>1:11.39</b>
7.	50m:	32.55	32.55	100m:	1:11.92	39.37	. . .	-3	+0,66 <b>1:11.92</b>
8.	50m:	33.56	33.56	100m:	1:12.66	39.10			+0,84 <b>1:12.66</b>
9.	50m:	33.39	33.39	100m:	1:13.16	39.77	. . .	-3	+0,79 <b>1:13.16</b>
10.			2009						+0,78 <b>1:13.43</b>
11.	50m:	33.91	33.91	100m:	1:15.50	41.59			+0,63 <b>1:15.50</b>
12.	50m:	35.59	35.59	100m:	1:16.03	40.44	. . .	-2	+0,70 <b>1:16.03</b>
13.	50m:	35.10	35.10	100m:	1:16.66	41.56			+0,75 <b>1:16.66</b>
14.	50m:	35.69	35.69	100m:	1:17.27	41.58			+0,66 <b>1:17.27</b>
15.	50m:	35.92	35.92	100m:	1:17.46	41.54	. . .	-3	+0,73 <b>1:17.46</b>
16.	50m:	35.87	35.87	100m:	1:17.53	41.66			+0,83 <b>1:17.53</b>
17.			2011						+0,69 <b>1:18.13</b>
18.	50m:	35.93	35.93	100m:	1:18.65	42.72	. . .	-2	+0,69 <b>1:18.65</b>
19.	50m:	37.59	37.59	100m:	1:19.21	41.62	. . .	-4	+0,79 <b>1:19.21</b>
20.	50m:	37.48	37.48	100m:	1:20.38	42.90			+0,67 <b>1:20.38</b>
21.	50m:	38.86	38.86	100m:	1:20.62	41.76	. . .	-3	+0,76 <b>1:20.62</b>
22.	50m:	37.05	37.05	100m:	1:21.51	44.46			+0,99 <b>1:21.51</b>
23.	50m:	38.38	38.38	100m:	1:21.62	43.24			+0,70 <b>1:21.62</b>
24.	50m:	39.96	39.96	100m:	1:24.92	44.96	. . .	-3	+0,74 <b>1:24.92</b>
25.	50m:	39.70	39.70	100m:	1:27.82	48.12			+0,80 <b>1:27.82</b>
26.	50m:	40.77	40.77	100m:	1:28.18	47.41			+0,72 <b>1:28.18</b>
27.	50m:	42.34	42.34	100m:	1:29.14	46.80			+0,87 <b>1:29.14</b>

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"OMEGA"

31,		, 100m								R.T.		
28.				2011	II					-3	+0,79	<b>1:29.65</b>
	50m:	43.14	43.14	100m:	1:29.65	46.51						

32 , 200m  
31.01.2025 - 11:50

										R.T.			
1.				2008							<b>2:18.97</b>	I	
2.				2009							<b>2:19.10</b>	I	
3.				2008	I						<b>2:19.29</b>	I	
4.				2006						-3	<b>2:23.02</b>	I	
5.				2010	II					-3	<b>2:24.94</b>	I	
6.				2009	I					"	+0,85	<b>2:28.50</b>	II
	50m:	30.70	30.70	100m:	1:10.00	39.30	150m:	1:54.60	44.60	200m:	2:28.50	33.90	
7.				2011	II						+0,77	<b>2:28.72</b>	II
	50m:	30.05	30.05	100m:	1:09.04	38.99	150m:	1:54.85	45.81	200m:	2:28.72	33.87	
8.				2011	II						-3	<b>2:30.62</b>	II
	100m:	1:12.87	1:12.87	200m:	2:30.62	1:17.75							
9.				2011	I						-4	<b>2:30.71</b>	II
10.				2009	I						+0,78	<b>2:33.08</b>	II
	50m:	31.35	31.35	100m:	1:09.38	38.03	150m:	1:56.07	46.69	200m:	2:33.08	37.01	
11.				2010	II						+0,72	<b>2:34.13</b>	II
	50m:	31.76	31.76	100m:	1:11.58	39.82	150m:	1:57.75	46.17	200m:	2:34.13	36.38	
12.				2009	II						+0,70	<b>2:34.17</b>	II
	50m:	30.79	30.79	100m:	1:10.90	40.11	150m:	1:58.63	47.73	200m:	2:34.17	35.54	
13.				2011	II						-4	<b>2:35.44</b>	II
	50m:	33.08	33.08	100m:	1:13.32	40.24	150m:	2:00.95	47.63	200m:	2:35.44	34.49	
14.				2011	II						+0,80	<b>2:36.29</b>	II
	50m:	35.23	35.23	100m:	1:15.78	40.55	150m:	2:01.50	45.72	200m:	2:36.29	34.79	
15.				2010	II						+0,79	<b>2:37.95</b>	II
	50m:	32.76	32.76	100m:	1:12.53	39.77	150m:	2:02.29	49.76	200m:	2:37.95	35.66	
16.				2010	II						-2	<b>2:38.12</b>	II
	100m:	1:15.23	1:15.23	200m:	2:38.12	1:22.89							
17.				2010	II						+0,85	<b>2:38.57</b>	II
	50m:	34.14	34.14	100m:	1:15.14	41.00	150m:	2:04.58	49.44	200m:	2:38.57	33.99	
18.				2010	II						+0,51	<b>2:39.03</b>	II
	100m:	1:12.49	1:12.49	200m:	2:39.03	1:26.54							
19.				2009	II						+0,68	<b>2:39.76</b>	II
	50m:	32.83	32.83	100m:	1:16.12	43.29	150m:	2:02.84	46.72	200m:	2:39.76	36.92	
20.				2011	II						+0,89	<b>2:40.70</b>	II
	50m:	37.10	37.10	100m:	1:21.64	44.54	150m:	2:06.29	44.65	200m:	2:40.70	34.41	
21.				2011	II						-4	<b>2:40.92</b>	II
	50m:	34.32	34.32	100m:	1:11.83	37.51	150m:	2:02.03	50.20	200m:	2:40.92	38.89	
22.				2009	II						-3	<b>2:42.61</b>	II
	50m:	33.61	33.61	100m:	1:14.54	40.93	150m:	2:03.25	48.71	200m:	2:42.61	39.36	
23.				2009	II						-3	<b>2:43.22</b>	II
	50m:	34.13	34.13	100m:	1:14.93	40.80	150m:	2:07.05	52.12	200m:	2:43.22	36.17	
24.				2009	II						+0,66	<b>2:43.64</b>	II
	50m:	33.88	33.88	100m:	1:19.60	45.72	150m:	2:05.01	45.41	200m:	2:43.64	38.63	
25.				2009	II						-3	<b>2:45.91</b>	III
	50m:	33.69	33.69	100m:	1:13.90	40.21	150m:	2:06.12	52.22	200m:	2:45.91	39.79	

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32, , 200m

										R.T.	
26.				2011 II						-4	+0,79 <b>2:46.21</b> III
	100m:	1:17.47	1:17.47	200m:	2:46.21	1:28.74					
27.				2010 III							+1,00 <b>2:47.29</b> III
	50m:	33.46	33.46	100m:	1:15.16	41.70	150m:	2:06.40	51.24	200m:	2:47.29 40.89
28.				2011 II						-3	+0,78 <b>2:55.96</b> III
	50m:	37.99	37.99	100m:	1:21.85	43.86	150m:	2:17.56	55.71	200m:	2:55.96 38.40
29.				2011 III							<b>3:00.90</b> III
	50m:	39.59	39.59	100m:	1:22.78	43.19	150m:	2:18.08	55.30	200m:	3:00.90 42.82
30.				2011 I							+0,91 <b>3:07.78</b> III
	50m:	39.50	39.50	100m:	1:25.52	46.02	150m:	2:21.68	56.16	200m:	3:07.78 46.10
31.				2010 III						-3	+0,72 <b>3:13.93</b>
	50m:	36.91	36.91	100m:	1:30.08	53.17	150m:	2:25.04	54.96	200m:	3:13.93 48.89
32.				2011 I						-4	+0,56 <b>3:26.64</b>
	50m:	50.26	50.26	100m:	1:43.85	53.59	150m:	2:43.83	59.98	200m:	3:26.64 42.81
33.				2011 III						-1	+0,96 <b>3:34.59</b>
	50m:	49.53	49.53	100m:	1:40.99	51.46	150m:	2:45.85	1:04.86	200m:	3:34.59 48.74

33

, 200m

31.01.2025 - 12:05

										R.T.	
1.				1999						-1	+0,76 <b>2:30.76</b>
	50m:	33.00	33.00	100m:	1:12.13	39.13	150m:	1:57.15	45.02	200m:	2:30.76 33.61
2.				2002						-1	+0,82 <b>2:38.00</b> I
	50m:	33.06	33.06	100m:	1:14.94	41.88	150m:	2:01.26	46.32	200m:	2:38.00 36.74
3.				2009 I							+0,81 <b>2:39.23</b> I
	50m:	35.06	35.06	100m:	1:16.42	41.36	150m:	2:02.13	45.71	200m:	2:39.23 37.10
4.				2002						-1	+0,67 <b>2:39.94</b> I
	50m:	33.62	33.62	100m:	1:16.19	42.57	150m:	2:00.54	44.35	200m:	2:39.94 39.40
5.				2011 I							+0,97 <b>2:44.34</b> II
	50m:	34.96	34.96	100m:	1:14.55	39.59	150m:	2:04.56	50.01	200m:	2:44.34 39.78
6.				2009							+0,87 <b>2:49.50</b> II
	100m:	1:16.80	1:16.80	200m:	2:49.50	1:32.70					
7.				2007 I						-1	+0,79 <b>2:53.68</b> II
	50m:	33.39	33.39	100m:	1:20.14	46.75	150m:	2:16.29	56.15	200m:	2:53.68 37.39
8.				2009 I							+0,77 <b>2:56.58</b> II
	50m:	37.05	37.05	100m:	1:23.08	46.03	150m:	2:17.84	54.76	200m:	2:56.58 38.74
9.				2011 II							+0,80 <b>2:59.43</b> II
	50m:	39.49	39.49	100m:	1:24.31	44.82	150m:	2:19.59	55.28	200m:	2:59.43 39.84
10.				2009 II							+0,82 <b>3:00.02</b> II
	50m:	39.17	39.17	100m:	1:28.53	49.36	150m:	2:18.18	49.65	200m:	3:00.02 41.84
11.				2011 II						-4	+0,75 <b>3:13.98</b> III
	50m:	44.42	44.42	100m:	1:33.56	49.14	150m:	2:27.42	53.86	200m:	3:13.98 46.56
12.				2011 III						-4	<b>3:26.26</b> III
	100m:	1:35.26	1:35.26	200m:	3:26.26	1:51.00					
13.				2011 III							<b>3:34.93</b>
	50m:	47.24	47.24	100m:	1:42.64	55.40	150m:	2:45.21	1:02.57	200m:	3:34.93 49.72
14.				2011 I							+1,08 <b>3:41.14</b>
	50m:	51.49	51.49	100m:	1:49.57	58.08	150m:	2:56.92	1:07.35	200m:	3:41.14 44.22

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31.01.2025 - 12:15

, 50m

	/			R.T.	
1.		2009	. . .	-1	+0,67 24.28 I
2.		2007	. . .	-1	+0,59 24.42 I
3.		2010			+0,66 24.66 I
4.		2009	. . .	-2	+0,71 24.97 I
5.		2009 KMC	. . .	-2	+0,67 25.26 II
6.		2007 I	. . .	-1	+0,77 25.28 II
7.		2006			+0,66 25.64 II
8.		2009 I	. . .	-2	+0,68 25.71 II
9.		2009 I			+0,70 25.94 II
10.		2009	. . .	-2	+0,62 25.98 II
11.		2006	. . .	-2	+0,70 26.02 II
12.		2009 I	"	"	+0,89 26.35 II
13.		2008 I	. . .	-1	+0,71 26.41 II
14.		2009 II	. . .	-3	+0,75 26.50 II
15.		2009 I	. . .	-3	+0,66 26.56 II
16.		2007 II	. . .	-1	+0,77 26.62 II
17.		2007 I	. . .	-1	+0,76 26.70 II
18.		2007 I	. . .	-2	+0,66 26.77 II
19.		2007 I	. . .	-1	+0,74 26.79 II
20.		2009 I	. . .	-2	+0,71 26.92 II
21.		2008 I			+0,72 26.95 II
		2010 II			+0,82 26.95 II
23.		2011 I	. . .	-4	+0,59 27.01 II
24.		2008 I	"	"	+0,85 27.03 II
25.		2007 I			+0,79 27.08 II
26.		2009 I	"	"	+0,68 27.39 II
27.		2003 I	. . .	-1	+0,68 27.43 II
28.		2009 II			+0,75 27.44 II
29.		2010 II	. . .	-2	+0,70 27.47 II
30.		2011 II			+0,80 27.55 II
31.		2008 I			+0,76 27.63 III
32.		2010 II	. . .	-3	+0,72 27.81 III
33.		2011 II			+0,76 27.91 III
34.		2008 II	"	"	+0,63 27.93 III
35.		2008 III			+0,86 27.96 III
36.		2010 I	. . .	-3	+0,87 28.08 III
37.		2010 II	"	"	+0,82 28.27 III
38.		2010 III			+0,80 28.28 III
39.		2009 I			+0,81 28.33 III
40.		2009 II	. . .	-3	+0,76 28.35 III
41.		2010 II			+0,82 28.43 III
42.		2009 II	. . .	-2	+0,76 28.60 III
		2011 II			+0,67 28.60 III
44.		2011 II	. . .	-3	+0,82 28.72 III
45.		2010 II	"	"	+0,73 28.95 III
46.		2009 II			+0,67 28.98 III
47.		2009 III			+0,81 29.00 III
48.		2009 II	. . .	-3	+0,73 29.02 III
49.		2010 II			+0,80 29.09 III
50.		2008 I	. . .	-2	+0,68 29.10 III
51.		2010 II	. . .	-2	+0,85 29.25 III
52.		2011 II	. . .	-4	+0,47 29.28 III
53.		2011 II	. . .	-4	+0,76 29.35 III
54.		2009 II	. . .	-3	+0,87 29.45 III
55.		2008 III			+0,83 29.56 III

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34, , 50m

		/			R.T.	
56.	,	2009	II	. . .	-2	+0,68 29.57 III
57.	,	2009	II	. . .	-2	+0,68 29.64 III
58.	,	2008	II			+0,71 29.68 III
59.	,	2010	II	. . .	-2	+0,70 29.69 III
60.	,	2010	II			+0,80 29.78 III
61.	,	2011	II	. . .	-4	+0,70 30.02
62.	,	2010	II	. . .	-3	+0,74 30.04
63.	,	2010	III	"	"	+0,83 30.10
64.	,	2009	II	. . .	-2	+0,63 30.14
65.	,	2011	II	"	"	+0,76 30.20
66.	,	2009	III			+0,74 30.26
67.	,	2011	II			+0,70 30.32
		2011	II			+0,64 30.32
69.	,	2011	II	. . .	-4	+0,37 30.68
70.	,	2011	II	. . .	-4	+0,79 30.79
71.	,	2011	II			+0,56 30.94
72.	,	2011	II	. . .	-4	31.50
73.	,	2011	III			+0,87 31.73
74.	,	2011	II	. . .	-3	+0,74 31.76
75.	,	2010	II	"	"	+0,94 31.78
76.	,	2011	II	. . .	-3	+0,81 31.97
77.	,	2011	III			+0,80 32.43
78.	,	2009	II	. . .	-2	+0,66 32.48
79.	,	2011	III			+0,84 32.56
80.	,	2011	II	. . .	-3	+0,74 33.09
		2011	III			+0,81 33.09
82.	,	2011	III			33.14
83.	,	2011	II	. . .	-3	+0,69 33.30
84.	,	2011	III			33.62
85.	,	2011	III			+0,80 34.25
86.	,	2011	I			+0,87 34.37
87.	,	2011	III	"	"	+0,83 34.43
88.	,	2010	III	. . .	-3	+0,98 34.69
89.	,	2011	III			35.25
90.	,	2011	III			35.95
91.	,	2011	III	. . .	-1	36.30
92.	,	2011	I	. . .	-4	36.55
93.	,	2011	I	. . .	-4	+0,64 36.80
94.	,	2011	I			+0,86 37.00
95.	,	2011	I	. . .	-4	38.33
96.	,	2011	III	. . .	-1	+0,86 39.36
DSQ	,	2007	I	. . .	-2	
DSQ	,	2011	III	. . .	-4	

35

, 50m

31.01.2025 - 12:30

		/			R.T.	
1.	,	2006				+0,62 27.43 I
2.	,	1999		. . .	-1	+0,66 28.00 I
3.	,	2001		. . .	-1	+0,80 28.58 I
4.	,	2010	I	. . .	-2	+0,75 29.19 II
5.	,	2006		. . .	-2	+0,75 29.38 II
6.	,	2007	I	. . .	-2	+0,74 29.40 II
7.	,	2009	I			+0,73 29.56 II
8.	,	2008	I			+0,81 29.69 II

" " ""

"OMEGA"

, 28 - 31 2025

35, , 50m

						R.T.	
9.		2010			-3	+0,74	<b>29.76</b> II
10.		2007 I			-1	+0,76	<b>29.80</b> II
11.		2009 I				+0,81	<b>29.84</b> II
12.		2011 I			-3	+0,79	<b>30.16</b> II
13.		2011 I			-4	+0,81	<b>30.47</b> II
14.		2010 II				+0,69	<b>30.58</b> II
15.		2011 I				+0,96	<b>30.75</b> II
16.		2009 I				+0,82	<b>31.14</b> II
17.		2006 II				+0,84	<b>31.25</b> II
18.		2007 I			-1	+0,84	<b>31.40</b> III
19.		2009 II			-2	+0,70	<b>32.27</b> III
20.		2009 II				+0,66	<b>32.46</b> III
21.		2008 II				+0,91	<b>32.62</b> III
22.		2009 II			-1		<b>33.94</b>
23.		2009 II				+0,76	<b>34.04</b>
24.		2011 III			-1	+0,85	<b>35.47</b>
25.		2010 I				+0,75	<b>35.87</b>
26.		2011 1				+0,47	<b>36.75</b>
27.		2011 III				+1,08	<b>37.08</b>
28.		2011 1				+0,89	<b>38.56</b>

36 , 4 x 100m

31.01.2025 - 12:35

						R.T.	
1.		-1					
			+0,72	35.60	1:14.76		
			+0,60	37.16	1:18.11		
2.							
			+0,79	37.15	1:15.43		
			-0,18	37.70	1:20.99		
DSQ		-2					

37 , 4 x 100m

31.01.2025 - 12:35

						R.T.	
1.							
			+0,78	30.95	1:03.61		
			+0,43	31.39	1:07.21		
2.		-1					
			+0,86	30.07	1:02.56		
			+0,39	32.54	1:11.21		
3.		-3					
			+0,77	32.45	1:07.81		
			+0,22	31.23	1:09.32		
4.		-2					
			+0,02		1:04.89		
					1:06.62		
5.							
			+0,76	33.11	1:08.76		
				32.76	1:12.56		

37, , 4 x 100m

				R.T.		
6.	"	"	"			<b>+0,71 4:25.59</b>
				+0,71	32.89	1:07.86
				+0,64	33.46	1:11.23
				+0,67	30.24	1:06.16
				+0,67	28.34	1:00.34

38

, 1500m

31.01.2025 - 12:35

												R.T.		
1.				<b>2007 I</b>			<b>-2</b>			<b>+0,79 20:23.55 I</b>				
	50m:	34.41	34.41	450m:	5:59.40	41.75	850m:	11:31.69	41.66	1250m:	17:03.05	41.80		
	100m:	1:12.58	38.17	500m:	6:40.34	40.94	900m:	12:12.93	41.24	1300m:	17:44.73	41.68		
	150m:	1:53.19	40.61	550m:	7:22.50	42.16	950m:	12:54.45	41.52	1350m:	18:26.15	41.42		
	200m:	2:33.64	40.45	600m:	8:04.13	41.63	1000m:	13:35.66	41.21	1400m:	19:05.94	39.79		
	250m:	3:14.84	41.20	650m:	8:45.90	41.77	1050m:	14:17.22	41.56	1450m:	19:45.62	39.68		
	300m:	3:55.20	40.36	700m:	9:27.60	41.70	1100m:	14:58.56	41.34	1500m:	20:23.55	37.93		
	350m:	4:36.54	41.34	750m:	10:09.19	41.59	1150m:	15:40.09	41.53					
	400m:	5:17.65	41.11	800m:	10:50.03	40.84	1200m:	16:21.25	41.16					
2.				<b>2011 I</b>			<b>-4</b>			<b>+0,94 20:38.98 II</b>				
	50m:	35.68	35.68	450m:	6:01.96	41.25	850m:	11:36.45	42.74	1250m:	17:15.84	42.47		
	100m:	1:15.26	39.58	500m:	6:43.54	41.58	900m:	12:18.09	41.64	1300m:	17:58.18	42.34		
	150m:	1:56.43	41.17	550m:	7:25.56	42.02	950m:	13:00.77	42.68	1350m:	18:39.66	41.48		
	200m:	2:36.57	40.14	600m:	8:06.75	41.19	1000m:	13:43.09	42.32	1400m:	19:21.47	41.81		
	250m:	3:17.89	41.32	650m:	8:49.02	42.27	1050m:	14:25.78	42.69	1450m:	20:02.49	41.02		
	300m:	3:57.73	39.84	700m:	9:30.38	41.36	1100m:	15:08.25	42.47	1500m:	20:38.98	36.49		
	350m:	4:39.84	42.11	750m:	10:12.98	42.60	1150m:	15:50.44	42.19					
	400m:	5:20.71	40.87	800m:	10:53.71	40.73	1200m:	16:33.37	42.93					
3.				<b>2009 I</b>			<b>-2</b>			<b>+0,77 20:40.44 II</b>				
	50m:	34.68	34.68	450m:	6:06.36	42.54	850m:	11:42.85	42.21	1250m:	17:20.06	42.62		
	100m:	1:13.38	38.70	500m:	6:47.91	41.55	900m:	12:24.80	41.95	1300m:	18:01.34	41.28		
	150m:	1:54.82	41.44	550m:	7:30.24	42.33	950m:	13:07.48	42.68	1350m:	18:42.16	40.82		
	200m:	2:35.75	40.93	600m:	8:12.48	42.24	1000m:	13:49.15	41.67	1400m:	19:23.11	40.95		
	250m:	3:17.45	41.70	650m:	8:54.90	42.42	1050m:	14:31.61	42.46	1450m:	20:02.58	39.47		
	300m:	3:59.57	42.12	700m:	9:36.35	41.45	1100m:	15:13.58	41.97	1500m:	20:40.44	37.86		
	350m:	4:41.85	42.28	750m:	10:18.88	42.53	1150m:	15:55.92	42.34					
	400m:	5:23.82	41.97	800m:	11:00.64	41.76	1200m:	16:37.44	41.52					
4.				<b>2009 I</b>			<b>-2</b>			<b>20:57.13 II</b>				
	100m:	1:14.38	1:14.38	500m:	6:48.12	1:24.43	900m:	12:25.20	1:24.35	1300m:	18:04.99	1:25.35		
	200m:	2:36.20	1:21.82	600m:	8:12.69	1:24.57	1000m:	13:49.51	1:24.31	1400m:	19:31.34	1:26.35		
	300m:	4:00.04	1:23.84	700m:	9:36.66	1:23.97	1100m:	15:14.45	1:24.94	1500m:	20:57.13	1:25.79		
	400m:	5:23.69	1:23.65	800m:	11:00.85	1:24.19	1200m:	16:39.64	1:25.19					
5.				<b>2007 I</b>			<b>-1</b>			<b>+0,75 21:39.61 II</b>				
	50m:	34.83	34.83	450m:	6:12.75	43.54	850m:	12:07.16	45.54	1250m:	18:10.03	46.51		
	100m:	1:13.33	38.50	500m:	6:55.42	42.67	900m:	12:52.54	45.38	1300m:	18:55.19	45.16		
	150m:	1:54.16	40.83	550m:	7:38.02	42.60	950m:	13:37.46	44.92	1350m:	19:38.10	42.91		
	200m:	2:35.28	41.12	600m:	8:21.91	43.89	1000m:	14:22.28	44.82	1400m:	20:20.50	42.40		
	250m:	3:18.03	42.75	650m:	9:08.58	46.67	1050m:	15:07.59	45.31	1450m:	21:03.73	43.23		
	300m:	4:00.98	42.95	700m:	9:52.14	43.56	1100m:	15:52.32	44.73	1500m:	21:39.61	35.88		
	350m:	4:44.42	43.44	750m:	10:35.83	43.69	1150m:	16:38.75	46.43					
	400m:	5:29.21	44.79	800m:	11:21.62	45.79	1200m:	17:23.52	44.77					
6.				<b>2009 II</b>			<b>-2</b>			<b>+0,80 22:03.20 II</b>				
	50m:	37.05	37.05	450m:	6:22.22	45.12	850m:	12:18.03	45.91	1250m:	18:21.31	45.84		
	100m:	1:17.72	40.67	500m:	7:06.28	44.06	900m:	13:02.48	44.45	1300m:	19:06.97	45.66		
	150m:	2:00.30	42.58	550m:	7:50.74	44.46	950m:	13:47.86	45.38	1350m:	19:52.35	45.38		
	200m:	2:42.55	42.25	600m:	8:34.01	43.27	1000m:	14:32.96	45.10	1400m:	20:36.42	44.07		
	250m:	3:25.45	42.90	650m:	9:19.20	45.19	1050m:	15:18.58	45.62	1450m:	21:20.65	44.23		
	300m:	4:08.87	43.42	700m:	10:03.06	43.86	1100m:	16:03.93	45.35	1500m:	22:03.20	42.55		
	350m:	4:52.68	43.81	750m:	10:48.24	45.18	1150m:	16:50.60	46.67					
	400m:	5:37.10	44.42	800m:	11:32.12	43.88	1200m:	17:35.47	44.87					

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38, , 1500m

R.T.

7.

		2011 II						+0,96 23:19.29 III			
50m:	40.90	40.90	450m:	6:53.98	46.56	850m:	13:09.97	47.91	1250m:	19:27.71	46.89
100m:	1:26.48	45.58	500m:	7:41.00	47.02	900m:	13:57.69	47.72	1300m:	20:14.81	47.10
150m:	2:13.06	46.58	550m:	8:27.65	46.65	950m:	14:44.94	47.25	1350m:	21:01.62	46.81
200m:	2:59.97	46.91	600m:	9:14.13	46.48	1000m:	15:32.02	47.08	1400m:	21:48.73	47.11
250m:	3:47.33	47.36	650m:	10:01.59	47.46	1050m:	16:19.30	47.28	1450m:	22:35.36	46.63
300m:	4:34.36	47.03	700m:	10:48.19	46.60	1100m:	17:06.49	47.19	1500m:	23:19.29	43.93
350m:	5:21.10	46.74	750m:	11:35.21	47.02	1150m:	17:54.08	47.59			
400m:	6:07.42	46.32	800m:	12:22.06	46.85	1200m:	18:40.82	46.74			