



# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

12.12.2023 - 14:30 , 100m (13-14 )

		56.83				10.12.2022		
		: FINA 2023						
						R.T.		
1.				2009		+0,56	<b>59.45</b> I	519
	50m:	27.06	27.06	100m:	59.45 32.39			
2.				2009		+0,64	<b>1:01.66</b> I	465
	50m:	28.80	28.80	100m:	1:01.66 32.86			
3.				2009 I		+0,61	<b>1:03.07</b> II	434
	50m:	28.67	28.67	100m:	1:03.07 34.40			
4.				2009		+0,67	<b>1:03.31</b> II	429
	50m:	29.06	29.06	100m:	1:03.31 34.25			
5.				2010 I		+0,71	<b>1:07.46</b> II	355
	50m:	31.30	31.30	100m:	1:07.46 36.16			
6.				2009 II		+0,87	<b>1:07.50</b> II	354
	50m:	31.08	31.08	100m:	1:07.50 36.42			
7.				2010 I		+0,72	<b>1:07.80</b> II	349
	50m:	31.38	31.38	100m:	1:07.80 36.42			
8.				2009 II		+0,73	<b>1:10.13</b> II	316
	50m:	32.19	32.19	100m:	1:10.13 37.94			
9.				2009 II		+0,71	<b>1:10.16</b> II	315
	50m:	32.09	32.09	100m:	1:10.16 38.07			
10.				2010 II		+0,64	<b>1:11.31</b>	300
	50m:	31.73	31.73	100m:	1:11.31 39.58			
11.				2009 II		+0,79	<b>1:11.73</b>	295
	50m:	31.30	31.30	100m:	1:11.73 40.43			
12.				2009 II		+0,69	<b>1:13.27</b>	277
	50m:	33.43	33.43	100m:	1:13.27 39.84			
13.				2009 II		+0,82	<b>1:13.89</b>	270
	50m:	33.56	33.56	100m:	1:13.89 40.33			
14.				2009 II		+0,81	<b>1:14.17</b>	267
	50m:	34.89	34.89	100m:	1:14.17 39.28			
15.				2010 III		+0,63	<b>1:15.71</b>	251
	50m:	34.03	34.03	100m:	1:15.71 41.68			
16.				2009 III		+0,65	<b>1:15.92</b>	249
	50m:	33.55	33.55	100m:	1:15.92 42.37			
17.				2010 II		+0,74	<b>1:16.23</b>	246
	50m:	34.48	34.48	100m:	1:16.23 41.75			
18.				2010 II		+0,74	<b>1:18.25</b>	227
	50m:	34.92	34.92	100m:	1:18.25 43.33			
19.				2010 II		+0,81	<b>1:20.42</b>	209
	50m:	36.27	36.27	100m:	1:20.42 44.15			
20.				2009 III			<b>1:21.31</b>	202
	50m:	33.69	33.69	100m:	1:21.31 47.62			

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SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

" "

1,		, 100m				(13-14 )					
		/				R.T.					
DSQ				2010	II						
DSQ				2010	I						
EXH				2012	II			+0,63	<b>1:10.23</b>	II	314
50m:	32.71	32.71	100m:	1:10.23	37.52						

2 , 200m (11-12 )  
12.12.2023 - 14:35

				2:25.28						06.12.2018	
		: FINA 2023									
		/				R.T.					
1.				2012	I			+0,59	<b>2:57.33</b>		306
50m:	36.43	36.43	100m:	1:23.81	47.38	150m:	2:11.79	47.98	200m:	2:57.33	45.54

3 , 200m (13-14 )  
12.12.2023 - 14:40

				1:58.84						07.12.2018	
		: FINA 2023									
		/				R.T.					
1.				2010	I			+0,70	<b>2:00.54</b>	I	560
50m:	26.98	26.98	100m:	57.31	30.33	150m:	1:28.83	31.52	200m:	2:00.54	31.71
2.				2009	I			+0,68	<b>2:04.37</b>	I	510
50m:	27.15	27.15	100m:	58.64	31.49	150m:	1:31.89	33.25	200m:	2:04.37	32.48
3.				2009	II			+0,76	<b>2:08.72</b>	II	460
50m:	28.71	28.71	100m:	1:00.42	31.71	150m:	1:34.21	33.79	200m:	2:08.72	34.51
4.				2009	I			+0,76	<b>2:11.91</b>	II	427
50m:	28.45	28.45	100m:	1:01.50	33.05	150m:	1:37.62	36.12	200m:	2:11.91	34.29
5.				2009	I			+0,76	<b>2:12.10</b>	II	425
50m:	29.52	29.52	100m:	1:03.92	34.40	150m:	1:39.29	35.37	200m:	2:12.10	32.81
6.				2009	II			+0,65	<b>2:12.29</b>	II	423
50m:	28.08	28.08	100m:	1:00.92	32.84	150m:	1:37.08	36.16	200m:	2:12.29	35.21
7.				2009	II			+0,85	<b>2:14.03</b>	II	407
50m:	28.59	28.59	100m:	1:01.51	32.92	150m:	1:37.00	35.49	200m:	2:14.03	37.03
8.				2009	II			+0,74	<b>2:14.99</b>	II	398
50m:	28.76	28.76	100m:	1:02.56	33.80	150m:	1:38.78	36.22	200m:	2:14.99	36.21
9.				2009	II				<b>2:15.00</b>	II	398
10.				2010	II			+0,68	<b>2:16.30</b>	II	387
50m:	30.52	30.52	100m:	1:05.74	35.22	150m:	1:41.98	36.24	200m:	2:16.30	34.32
11.				2010	II			+0,72	<b>2:16.97</b>	II	381
50m:	29.48	29.48	100m:	1:02.65	33.17	150m:	1:39.05	36.40	200m:	2:16.97	37.92

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SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

3, , 200m				(13-14 )				R.T.			
12.				2010	III				<b>2:18.13</b>	II	372
13.	50m:	30.90	30.90	2010	II			+0,69	<b>2:18.88</b>	II	366
				100m:		1:06.05	35.15	150m:	1:43.08		37.03
				200m:						2:18.88	35.80
14.				2009	II				<b>2:20.35</b>	II	354
15.				2009	II				<b>2:21.27</b>		348
16.				2009	II				<b>2:22.35</b>		340
17.	50m:	32.37	32.37	2009	II			+0,73	<b>2:22.64</b>		338
				100m:		1:08.88	36.51	150m:	1:46.59		37.71
				200m:						2:22.64	36.05
18.				2010	II				<b>2:23.96</b>		328
19.				2010	II				<b>2:24.15</b>		327
20.				2009	III				<b>2:25.10</b>		321
21.				2010	II				<b>2:25.70</b>		317
22.				2010	II				<b>2:26.16</b>		314
23.	50m:	30.00	30.00	2009	II			+0,83	<b>2:26.73</b>		310
				100m:		1:04.16	34.16	150m:	1:44.29		40.13
				200m:						2:26.73	42.44
24.				2009	III				<b>2:26.97</b>		309
25.				2009	II				<b>2:27.34</b>		306
26.				2009	II				<b>2:27.83</b>		303
27.	50m:	34.89	34.89	2009	II			+0,52	<b>2:29.82</b>		291
				100m:		1:13.53	38.64	150m:	1:52.37		38.84
				200m:						2:29.82	37.45
28.				2010	II				<b>2:30.06</b>		290
29.				2010	II				<b>2:30.84</b>		285
30.	50m:	33.18	33.18	2009	III			+0,83	<b>2:31.79</b>		280
				100m:		1:11.84	38.66	150m:	1:52.37		40.53
				200m:						2:31.79	39.42
31.				2009	III				<b>2:33.61</b>		270
32.				2009	III				<b>2:34.43</b>		266
33.	50m:	36.03	36.03	2009	III			+0,74	<b>2:34.50</b>		266
				100m:		1:13.93	37.90	150m:	1:54.57		40.64
				200m:						2:34.50	39.93
34.				2009	II				<b>2:35.17</b>		262
35.				2010	II				<b>2:36.66</b>		255
36.	50m:	33.61	33.61	2010	1			+0,91	<b>2:36.70</b>		255
				100m:		1:12.92	39.31	150m:	1:56.16		43.24
				200m:						2:36.70	40.54
37.	50m:	33.17	33.17	2010	III			+0,80	<b>2:37.63</b>		250
				100m:		1:13.56	40.39	150m:	1:56.07		42.51
				200m:						2:37.63	41.56
38.	50m:	35.62	35.62	2009	III				<b>2:37.75</b>		249
				100m:		1:16.61	40.99	150m:	1:59.39		42.78
				200m:						2:37.75	38.36
39.	50m:	34.02	34.02	2009	III			+0,83	<b>2:37.85</b>		249
				100m:		1:13.44	39.42	150m:	1:56.43		42.99
				200m:						2:37.85	41.42
40.	50m:	36.05	36.05	2010	III			+0,81	<b>2:38.56</b>		246
				100m:		1:16.91	40.86	150m:	1:59.01		42.10
				200m:						2:38.56	39.55
41.	50m:	36.17	36.17	2009	III			+0,80	<b>2:40.75</b>		236
				100m:		1:17.76	41.59	150m:	1:59.58		41.82
				200m:						2:40.75	41.17
42.	50m:	34.44	34.44	2009	II			+0,58	<b>2:41.93</b>		231
				100m:		1:16.47	42.03	150m:	2:00.31		43.84
				200m:						2:41.93	41.62

" " " , 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

" " "

3, , 200m , (13-14 )												
										R.T.		
43.				2009 III						+0,73	<b>2:42.65</b>	228
	50m:	35.91	35.91	100m:	2:42.73	2:06.82	200m:	2:42.65				
44.				2009 III							<b>2:47.31</b>	209
45.				2010 1						+0,77	<b>2:47.99</b>	206
	50m:	36.39	36.39	100m:	1:19.12	42.73	150m:	2:04.66	45.54	200m:	2:47.99	43.33
46.				2010 1						+0,68	<b>2:52.73</b>	190
	50m:	36.91	36.91	100m:	1:21.22	44.31	150m:	2:07.24	46.02	200m:	2:52.73	45.49
47.				2010 III						+0,58	<b>2:54.51</b>	184
	50m:	36.92	36.92	100m:	1:20.87	43.95	150m:	2:07.37	46.50	200m:	2:54.51	47.14
48.				2010 1						+0,96	<b>2:55.55</b>	181
	50m:	37.78	37.78	100m:	1:23.59	45.81	150m:	2:11.67	48.08	200m:	2:55.55	43.88
49.				2009 1						+0,98	<b>3:08.94</b>	145
	50m:	36.30	36.30	100m:	1:23.74	47.44	150m:	2:16.55	52.81	200m:	3:08.94	52.39
50.				2009 1						+0,80	<b>3:10.00</b>	143
	50m:	38.51	38.51	100m:	1:27.52	49.01	150m:	2:19.39	51.87	200m:	3:10.00	50.61

4 , 100m (11-12 )  
12.12.2023 - 15:00

										17.12.2017		
										: FINA 2023		
										R.T.		
1.				2011 I						+0,68	<b>1:03.24</b> I	501
	50m:	30.49	30.49	100m:	1:03.24	32.75						
2.				2012 I						+0,70	<b>1:05.98</b> II	441
	50m:	31.77	31.77	100m:	1:05.98	34.21						
3.				2012 III						+0,46	<b>1:11.43</b> II	348
	50m:	33.56	33.56	100m:	1:11.43	37.87						
4.				2012 III						+0,65	<b>1:12.19</b>	337
	50m:	34.31	34.31	100m:	1:12.19	37.88						
5.				2012 III						+0,84	<b>1:17.58</b>	271
	50m:	35.63	35.63	100m:	1:17.58	41.95						
6.				2011 III							<b>1:18.17</b>	265
	50m:	37.48	37.48	100m:	1:18.17	40.69						
7.				2011 1						+0,94	<b>1:25.54</b>	202
	50m:	39.20	39.20	100m:	1:25.54	46.34						
8.				2011 1							<b>1:27.85</b>	187
	50m:	40.65	40.65	100m:	1:27.85	47.20						
9.				2011 1							<b>1:43.12</b>	115
	50m:	47.70	47.70	100m:	1:43.12	55.42						
DSQ				2012 2								

" " " , 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

" "

5, 100m (13-14 )  
12.12.2023 - 15:05

		59.28				11.12.2022	
		: FINA 2023					
						R.T.	
1.	,		/	2009	. . .	+0,66	<b>1:01.11</b> I 494
	50m:	29.93	29.93	100m:	1:01.11 31.18		
2.	,			2009 II	. . .	+0,68	<b>1:04.94</b> II 412
	50m:	31.18	31.18	100m:	1:04.94 33.76		
3.	,			2009 II	. . .	+0,50	<b>1:06.77</b> II 379
	50m:	31.93	31.93	100m:	1:06.77 34.84		
4.	,			2009 II	. . .	+0,69	<b>1:07.38</b> II 369
	50m:	32.36	32.36	100m:	1:07.38 35.02		
5.	,			2009 II	. . .	+0,79	<b>1:08.43</b> II 352
	50m:	33.49	33.49	100m:	1:08.43 34.94		
6.	,			2009	. . .	+0,76	<b>1:09.34</b> II 338
	50m:	34.13	34.13	100m:	1:09.34 35.21		
7.	,			2009 II	. . .	+0,86	<b>1:09.59</b> II 334
	50m:	33.34	33.34	100m:	1:09.59 36.25		
8.	,			2010 II	. . .	+0,64	<b>1:09.61</b> II 334
	50m:	33.88	33.88	100m:	1:09.61 35.73		
9.	,			2009 I	. . .	+0,75	<b>1:09.94</b> II 329
	50m:	33.85	33.85	100m:	1:09.94 36.09		
10.	,			2009 II	. . .	+0,65	<b>1:10.71</b> II 319
	50m:	33.47	33.47	100m:	1:10.71 37.24		
11.	,			2009 III	. . .	+0,72	<b>1:11.64</b> II 307
	50m:	34.25	34.25	100m:	1:11.64 37.39		
12.	,			2009 II	. . .	+0,78	<b>1:12.00</b> II 302
	50m:	34.43	34.43	100m:	1:12.00 37.57		
13.	,			2010 II	. . .	+0,84	<b>1:12.02</b> II 302
	50m:	35.16	35.16	100m:	1:12.02 36.86		
14.	,			2009 II	. . .	+0,86	<b>1:15.43</b> 263
	50m:	35.51	35.51	100m:	1:15.43 39.92		
15.	,			2010 II	. . .	+0,81	<b>1:15.65</b> 260
	50m:	37.83	37.83	100m:	1:15.65 37.82		
16.	,			2010 II	. . .	+0,70	<b>1:15.87</b> 258
	50m:	37.06	37.06	100m:	1:15.87 38.81		
17.	,			2010 III	. . .	+0,90	<b>1:16.60</b> 251
	50m:	37.33	37.33	100m:	1:16.60 39.27		
18.	,			2010 II	. . .	+0,86	<b>1:17.26</b> 244
	50m:	37.80	37.80	100m:	1:17.26 39.46		
19.	,			2009 III	. . .	+0,77	<b>1:17.45</b> 242
	50m:	36.63	36.63	100m:	1:17.45 40.82		
20.	,			2009 II	. . .	+0,54	<b>1:17.71</b> 240
	50m:	38.60	38.60	100m:	1:17.71 39.11		

" " ", 25

SWISS TIMING QUANTUM AQUANIC







# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

5,		, 100m		, (13-14 )					
		/				R.T.			
21.				2009 II			+0,80	<b>1:18.01</b>	237
	50m:	37.95	37.95	100m:	1:18.01	40.06			
22.				2009 II			+0,67	<b>1:18.48</b>	233
	50m:	38.37	38.37	100m:	1:18.48	40.11			
23.				2010 III			+0,70	<b>1:19.62</b>	223
	50m:	39.23	39.23	100m:	1:19.62	40.39			
24.				2010 III			+0,91	<b>1:20.99</b>	212
	50m:	39.95	39.95	100m:	1:20.99	41.04			
25.				2009 II			+0,86	<b>1:21.49</b>	208
	50m:	39.96	39.96	100m:	1:21.49	41.53			
26.				2010 1			+0,80	<b>1:21.99</b>	204
	50m:	39.95	39.95	100m:	1:21.99	42.04			
EXH				2011 III			+0,60	<b>1:19.80</b>	222
	50m:	39.48	39.48	100m:	1:19.80	40.32			

6 , 200m (11-12 )  
12.12.2023 - 15:10

		2:23.90				05.05.2018			
		: FINA 2023				R.T.			
1.				2012 I			+0,66	<b>2:47.52</b> II	357
	50m:	39.60	39.60	100m:	1:23.71	44.11	150m:	2:06.29	42.58
								200m:	2:47.52
									41.23
2.				2012 II			+0,78	<b>2:50.65</b> II	338
	50m:	40.53	40.53	100m:	1:24.13	43.60	150m:	2:08.20	44.07
								200m:	2:50.65
									42.45
3.				2011 III			+0,89	<b>3:00.74</b>	284
	50m:	42.06	42.06	100m:	1:27.86	45.80	150m:	2:15.11	47.25
								200m:	3:00.74
									45.63
4.				2012 III			+0,91	<b>3:03.33</b>	273
	50m:	42.55	42.55	100m:	1:28.98	46.43	150m:	2:16.62	47.64
								200m:	3:03.33
									46.71
5.				2012 II			+0,77	<b>3:14.40</b>	229
	50m:	47.06	47.06	100m:	1:36.31	49.25	150m:	2:25.65	49.34
								200m:	3:14.40
									48.75
6.				2011 1				<b>3:22.90</b>	201
	50m:	48.10	48.10	100m:	1:38.74	50.64	150m:	2:31.39	52.65
								200m:	3:22.90
									51.51
7.				2012 III			+0,74	<b>3:26.50</b>	191
	50m:	47.58	47.58	100m:	1:39.60	52.02	150m:	2:34.84	55.24
								200m:	3:26.50
									51.66
8.				2012 1				<b>3:26.63</b>	190
	50m:	48.35	48.35	100m:	1:40.61	52.26	150m:	2:34.07	53.46
								200m:	3:26.63
									52.56

" " ", 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

" "

7 , 100m (11-12 )  
12.12.2023 - 15:15

			1:08.05				07.12.2018
: FINA 2023							
			/			R.T.	
1.			2011 I			<b>1:10.91</b> I	506
	50m:	32.17 32.17	100m:	1:10.91 38.74			
2.			2011 II			+0,73 <b>1:18.13</b> II	378
	50m:	35.48 35.48	100m:	1:18.13 42.65			
3.			2012 II			+0,56 <b>1:23.56</b> II	309
	50m:	39.65 39.65	100m:	1:23.56 43.91			
4.			2012 III			<b>1:24.88</b>	295
	50m:	40.75 40.75	100m:	1:24.88 44.13			
5.			2011 III			<b>1:25.20</b>	291
	50m:	41.27 41.27	100m:	1:25.20 43.93			
6.			2012 III			+0,80 <b>1:25.72</b>	286
	50m:	40.67 40.67	100m:	1:25.72 45.05			
7.			2012 III			+0,79 <b>1:25.81</b>	285
	50m:	40.52 40.52	100m:	1:25.81 45.29			
8.			2012 II			+0,72 <b>1:26.40</b>	279
	50m:	40.17 40.17	100m:	1:26.40 46.23			
9.			2012 III			<b>1:31.39</b>	236
	50m:	44.16 44.16	100m:	1:31.39 47.23			
10.			2012 III			<b>1:31.56</b>	235
	50m:	44.19 44.19	100m:	1:31.56 47.37			
11.			2011 III			<b>1:31.66</b>	234
	50m:	45.36 45.36	100m:	1:31.66 46.30			
12.			2012 1			<b>1:38.34</b>	189
	50m:	47.38 47.38	100m:	1:38.34 50.96			
13.			2012 1			<b>1:38.66</b>	187
	50m:	47.33 47.33	100m:	1:38.66 51.33			
DSQ			2011 I				
DSQ			2012 2				

" " ", 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

8  
12.12.2023 - 15:20

, 50m

(13-14 )

30.39

06.12.2023

: FINA 2023

R.T.

1.		2009 I	. . .	+0,57	<b>30.13</b>	I	567
2.		2009 II		+0,64	<b>32.60</b>	II	448
3.		2009		+0,64	<b>32.74</b>	II	442
4.		2010 I			<b>32.94</b>	II	434
5.		2010 I		+0,77	<b>33.49</b>	II	413
6.		2009 II		+0,83	<b>33.97</b>	II	396
7.		2009 II	. . .	+0,73	<b>34.28</b>	II	385
8.		2009 II		+0,67	<b>34.76</b>	II	369
9.		2010 III	. . .	+0,66	<b>34.77</b>	II	369
10.		2009 II		+0,68	<b>36.00</b>		332
11.		2009 II		+0,84	<b>36.30</b>		324
12.		2010 II		+0,25	<b>36.64</b>		315
13.		2009 II	. . .		<b>37.13</b>		303
14.		2009 III		+0,73	<b>38.12</b>		280
15.		2010 II		+0,88	<b>38.23</b>		277
16.		2009 II		+0,71	<b>38.33</b>		275
17.		2010 III	. . .	+0,74	<b>38.50</b>		272
18.		2009 III		+0,72	<b>39.08</b>		260
19.		2010 III		+0,85	<b>39.48</b>		252
20.		2009 III		+0,75	<b>39.58</b>		250
21.		2009 III		+0,80	<b>39.77</b>		246
22.		2009 III		+0,85	<b>40.80</b>		228
23.		2010 III		+0,73	<b>40.93</b>		226
24.		2010 III	. . .	+0,78	<b>41.20</b>		222
25.		2009 III		+0,70	<b>41.60</b>		215
26.		2010 II		+0,59	<b>42.17</b>		207
27.		2009 I	. . .	+0,82	<b>42.30</b>		205
28.		2010 III		+0,93	<b>42.80</b>		198
29.		2010 I		+0,84	<b>43.53</b>		188
30.		2009 II	. . .	+0,49	<b>43.56</b>		187
31.		2009 I	. . .	+0,98	<b>43.84</b>		184
32.		2010 III	. . .	+0,57	<b>44.31</b>		178
33.		2010 I		+0,79	<b>44.66</b>		174
DSQ		2009 III					
DSQ		2009 II					
EXH		2011 III	. . .	+0,58	<b>39.14</b>		259
EXH		2012 III	. . .	+0,83	<b>41.19</b>		222

" " ", 25

SWISS TIMING QUANTUM AQUANIC







# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

9 , 50m (11-12 )

12.12.2023 - 15:25 35.19 , 09.12.2021

: FINA 2023

					R.T.		
1.		2012 I			+0,62	<b>38.75</b>	II 392
2.		2012 II			+0,64	<b>40.66</b>	339
3.		2011 II			+0,80	<b>41.47</b>	320
4.		2011 III			+0,66	<b>41.59</b>	317
5.		2012 II				<b>43.62</b>	275
6.		2012 I			+0,69	<b>47.52</b>	212
7.		2011 I				<b>52.33</b>	159
8.		2011 I				<b>53.54</b>	148
9.		2011 I			+0,85	<b>54.89</b>	138

10 , 1500m (13-14 )

12.12.2023 - 15:25 16:18.85 , 08.09.2020

: FINA 2023

						R.T.	
1.		2010 I				+0,57	<b>17:34.19</b> I 518
50m:	32.21	32.21	450m:	5:14.52	35.25	850m:	9:59.38 34.87 1250m: 14:40.29 35.31
100m:	1:06.65	34.44	500m:	5:50.23	35.71	900m:	10:34.67 35.29 1300m: 15:15.54 35.25
150m:	1:42.08	35.43	550m:	6:26.02	35.79	950m:	11:09.46 34.79 1350m: 15:49.95 34.41
200m:	2:17.59	35.51	600m:	7:01.55	35.53	1000m:	11:44.37 34.91 1400m: 16:26.01 36.06
250m:	2:52.90	35.31	650m:	7:36.89	35.34	1050m:	12:19.48 35.11 1450m: 17:00.68 34.67
300m:	3:28.14	35.24	700m:	8:12.94	36.05	1100m:	12:54.26 34.78 1500m: 17:34.19 33.51
350m:	4:03.78	35.64	750m:	8:49.13	36.19	1150m:	13:29.62 35.36
400m:	4:39.27	35.49	800m:	9:24.51	35.38	1200m:	14:04.98 35.36
2.		2009				+0,75	<b>17:41.50</b> I 507
50m:	30.06	30.06	450m:	5:11.08	35.14	850m:	10:00.05 35.80 1250m: 14:45.68 35.86
100m:	1:03.42	33.36	500m:	5:46.83	35.75	900m:	10:35.83 35.78 1300m: 15:21.62 35.94
150m:	1:38.03	34.61	550m:	6:23.04	36.21	950m:	11:10.43 34.60 1350m: 15:57.56 35.94
200m:	2:13.06	35.03	600m:	6:59.33	36.29	1000m:	11:46.19 35.76 1400m: 16:33.19 35.63
250m:	2:48.29	35.23	650m:	7:35.44	36.11	1050m:	12:22.54 36.35 1450m: 17:08.99 35.80
300m:	3:23.81	35.52	700m:	8:11.86	36.42	1100m:	12:58.24 35.70 1500m: 17:41.50 32.51
350m:	3:59.85	36.04	750m:	8:48.63	36.77	1150m:	13:33.76 35.52
400m:	4:35.94	36.09	800m:	9:24.25	35.62	1200m:	14:09.82 36.06
3.		2009 I				+0,80	<b>18:20.15</b> II 456
50m:	31.50	31.50	450m:	5:15.31	34.78	850m:	10:09.80 36.70 1250m: 15:13.39 38.07
100m:	1:06.02	34.52	500m:	5:51.45	36.14	900m:	10:47.84 38.04 1300m: 15:52.47 39.08
150m:	1:41.76	35.74	550m:	6:27.18	35.73	950m:	11:25.23 37.39 1350m: 16:31.57 39.10
200m:	2:17.51	35.75	600m:	7:03.76	36.58	1000m:	12:03.13 37.90 1400m: 17:09.19 37.62
250m:	2:53.00	35.49	650m:	7:40.65	36.89	1050m:	12:40.78 37.65 1450m: 17:45.87 36.68
300m:	3:28.48	35.48	700m:	8:18.41	37.76	1100m:	13:18.18 37.40 1500m: 18:20.15 34.28
350m:	4:03.49	35.01	750m:	8:56.00	37.59	1150m:	13:57.06 38.88
400m:	4:40.53	37.04	800m:	9:33.10	37.10	1200m:	14:35.32 38.26

" " " , 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

		10, , 1500m				(13-14 )							
												R.T.	
4.				2009 II						+0,79 18:35.83 II		437	
	50m:	29.57	29.57	450m:	5:26.59	38.46	850m:	10:28.72	37.55	1250m:	15:29.98	37.97	
	100m:	1:03.96	34.39	500m:	6:04.67	38.08	900m:	11:05.18	36.46	1300m:	16:07.48	37.50	
	150m:	1:39.60	35.64	550m:	6:42.64	37.97	950m:	11:43.07	37.89	1350m:	16:44.73	37.25	
	200m:	2:17.35	37.75	600m:	7:20.02	37.38	1000m:	12:20.56	37.49	1400m:	17:22.59	37.86	
	250m:	2:54.47	37.12	650m:	7:57.76	37.74	1050m:	12:58.10	37.54	1450m:	17:59.14	36.55	
	300m:	3:32.03	37.56	700m:	8:35.63	37.87	1100m:	13:36.05	37.95	1500m:	18:35.83	36.69	
	350m:	4:10.93	38.90	750m:	9:12.69	37.06	1150m:	14:14.22	38.17				
	400m:	4:48.13	37.20	800m:	9:51.17	38.48	1200m:	14:52.01	37.79				
5.				2009 II						+0,87 19:27.18 II		381	
	50m:	34.50	34.50	450m:	5:43.37	39.51	850m:	11:00.42	39.53	1250m:	16:16.50	39.66	
	100m:	1:11.40	36.90	500m:	6:22.93	39.56	900m:	11:40.09	39.67	1300m:	16:56.23	39.73	
	150m:	1:49.87	38.47	550m:	7:02.32	39.39	950m:	12:19.72	39.63	1350m:	17:35.00	38.77	
	200m:	2:27.95	38.08	600m:	7:41.59	39.27	1000m:	12:58.88	39.16	1400m:	18:13.15	38.15	
	250m:	3:06.85	38.90	650m:	8:21.61	40.02	1050m:	13:38.75	39.87	1450m:	18:51.30	38.15	
	300m:	3:45.55	38.70	700m:	9:01.36	39.75	1100m:	14:18.36	39.61	1500m:	19:27.18	35.88	
	350m:	4:24.63	39.08	750m:	9:41.09	39.73	1150m:	14:58.15	39.79				
	400m:	5:03.86	39.23	800m:	10:20.89	39.80	1200m:	15:36.84	38.69				
6.				2010 II						+0,73 19:27.61 II		381	
	50m:	32.28	32.28	450m:	5:43.07	39.78	850m:	11:01.68	40.32	1250m:	16:17.18	38.82	
	100m:	1:08.66	36.38	500m:	6:22.35	39.28	900m:	11:41.31	39.63	1300m:	16:57.73	40.55	
	150m:	1:47.01	38.35	550m:	7:02.60	40.25	950m:	12:21.13	39.82	1350m:	17:35.37	37.64	
	200m:	2:25.52	38.51	600m:	7:42.93	40.33	1000m:	13:00.88	39.75	1400m:	18:13.41	38.04	
	250m:	3:05.10	39.58	650m:	8:21.77	38.84	1050m:	13:39.65	38.77	1450m:	18:52.63	39.22	
	300m:	3:45.15	40.05	700m:	9:01.47	39.70	1100m:	14:18.98	39.33	1500m:	19:27.61	34.98	
	350m:	4:24.30	39.15	750m:	9:40.88	39.41	1150m:	14:58.88	39.90				
	400m:	5:03.29	38.99	800m:	10:21.36	40.48	1200m:	15:38.36	39.48				
7.				2010 II						+0,32 20:22.16 II		332	
	50m:	34.90	34.90	450m:	6:07.23	42.40	850m:	11:37.32	42.17	1250m:	17:03.85	40.66	
	100m:	1:14.85	39.95	500m:	6:48.84	41.61	900m:	12:18.23	40.91	1300m:	17:44.58	40.73	
	150m:	1:55.69	40.84	550m:	7:30.63	41.79	950m:	12:58.66	40.43	1350m:	18:25.16	40.58	
	200m:	2:36.90	41.21	600m:	8:11.70	41.07	1000m:	13:39.32	40.66	1400m:	19:05.40	40.24	
	250m:	3:18.37	41.47	650m:	8:52.46	40.76	1050m:	14:20.37	41.05	1450m:	19:42.83	37.43	
	300m:	4:00.30	41.93	700m:	9:33.34	40.88	1100m:	15:01.55	41.18	1500m:	20:22.16	39.33	
	350m:	4:42.80	42.50	750m:	10:14.49	41.15	1150m:	15:42.45	40.90				
	400m:	5:24.83	42.03	800m:	10:55.15	40.66	1200m:	16:23.19	40.74				
8.				2010 II						+0,67 20:57.34		305	
	50m:	34.77	34.77	450m:	6:03.19	42.15	850m:	11:43.06	43.14	1250m:	17:28.51	43.40	
	100m:	1:13.62	38.85	500m:	6:45.77	42.58	900m:	12:25.27	42.21	1300m:	18:12.00	43.49	
	150m:	1:54.53	40.91	550m:	7:28.10	42.33	950m:	13:07.97	42.70	1350m:	18:54.77	42.77	
	200m:	2:36.16	41.63	600m:	8:10.14	42.04	1000m:	13:51.62	43.65	1400m:	19:37.07	42.30	
	250m:	3:17.14	40.98	650m:	8:52.33	42.19	1050m:	14:34.63	43.01	1450m:	20:17.89	40.82	
	300m:	3:58.25	41.11	700m:	9:34.44	42.11	1100m:	15:18.04	43.41	1500m:	20:57.34	39.45	
	350m:	4:39.81	41.56	750m:	10:17.26	42.82	1150m:	16:01.09	43.05				
	400m:	5:21.04	41.23	800m:	10:59.92	42.66	1200m:	16:45.11	44.02				
DSQ				2010 II									
EXH				2011 III						22:05.97		260	
	50m:	38.15	38.15	450m:	6:31.92	45.01	850m:	12:30.75	43.88	1250m:	18:31.05	45.28	
	100m:	1:20.72	42.57	500m:	7:16.73	44.81	900m:	13:15.78	45.03	1300m:	19:15.58	44.53	
	150m:	2:03.65	42.93	550m:	8:02.25	45.52	950m:	14:01.07	45.29	1350m:	20:00.45	44.87	
	200m:	2:47.66	44.01	600m:	8:46.98	44.73	1000m:	14:45.81	44.74	1400m:	20:43.75	43.30	
	250m:	3:32.88	45.22	650m:	9:31.93	44.95	1050m:	15:29.71	43.90	1450m:	21:27.45	43.70	
	300m:	4:17.50	44.62	700m:	10:16.45	44.52	1100m:	16:15.88	46.17	1500m:	22:05.97	38.52	
	350m:	5:02.87	45.37	750m:	11:02.01	45.56	1150m:	17:00.09	44.21				
	400m:	5:46.91	44.04	800m:	11:46.87	44.86	1200m:	17:45.77	45.68				

" " " , 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

11 , 400m (13-14 )  
13.12.2023

4:10.03

09.09.2020

: FINA 2023

R.T.

1.				2009					+0,55	<b>4:17.59</b>	I	559
	50m:	28.02	28.02	150m:	1:32.26	32.58	250m:	2:39.16	33.50	350m:	3:46.30	33.67
	100m:	59.68	31.66	200m:	2:05.66	33.40	300m:	3:12.63	33.47	400m:	4:17.59	31.29
2.				2009					+0,65	<b>4:17.99</b>	I	556
	50m:	28.42	28.42	150m:	1:32.67	32.79	250m:	2:39.83	33.77	350m:	3:47.24	33.42
	100m:	59.88	31.46	200m:	2:06.06	33.39	300m:	3:13.82	33.99	400m:	4:17.99	30.75
3.				2009					+0,67	<b>4:24.98</b>	I	513
	50m:	29.78	29.78	150m:	1:34.50	33.18	250m:	2:42.85	34.19	350m:	3:51.53	34.15
	100m:	1:01.32	31.54	200m:	2:08.66	34.16	300m:	3:17.38	34.53	400m:	4:24.98	33.45
4.				2010					+0,73	<b>4:32.19</b>	II	474
	50m:	30.23	30.23	150m:	1:37.54	34.35	250m:	2:46.56	34.76	350m:	3:57.76	35.70
	100m:	1:03.19	32.96	200m:	2:11.80	34.26	300m:	3:22.06	35.50	400m:	4:32.19	34.43
5.				2009					+0,69	<b>4:33.38</b>	II	467
	50m:	29.17	29.17	150m:	1:40.05	35.93	250m:	2:51.02	35.49	350m:	4:02.36	35.73
	100m:	1:04.12	34.95	200m:	2:15.53	35.48	300m:	3:26.63	35.61	400m:	4:33.38	31.02
6.				2009					+0,78	<b>4:35.38</b>	II	457
	50m:	29.16	29.16	150m:	1:37.65	35.34	250m:	2:49.07	35.85	350m:	4:01.05	35.70
	100m:	1:02.31	33.15	200m:	2:13.22	35.57	300m:	3:25.35	36.28	400m:	4:35.38	34.33
7.				2009					+0,73	<b>4:40.81</b>	II	431
	50m:	30.13	30.13	150m:	1:40.46	35.34	250m:	2:53.24	36.76	350m:	4:05.98	36.05
	100m:	1:05.12	34.99	200m:	2:16.48	36.02	300m:	3:29.93	36.69	400m:	4:40.81	34.83
8.				2010					+0,72	<b>4:41.48</b>	II	428
	50m:	31.41	31.41	150m:	1:41.23	35.17	250m:	2:53.61	36.30	350m:	4:07.04	37.08
	100m:	1:06.06	34.65	200m:	2:17.31	36.08	300m:	3:29.96	36.35	400m:	4:41.48	34.44
9.				2009					+0,82	<b>4:42.64</b>	II	423
	50m:	30.63	30.63	150m:	1:41.39	35.54	250m:	2:53.94	36.40	350m:	4:07.72	36.73
	100m:	1:05.85	35.22	200m:	2:17.54	36.15	300m:	3:30.99	37.05	400m:	4:42.64	34.92
10.				2009					+0,74	<b>4:44.27</b>	II	416
	50m:	30.50	30.50	150m:	1:41.22	35.18	250m:	2:54.94	37.24	350m:	4:09.52	37.05
	100m:	1:06.04	35.54	200m:	2:17.70	36.48	300m:	3:32.47	37.53	400m:	4:44.27	34.75
11.				2009					+0,74	<b>4:44.42</b>	II	415
	50m:	33.32	33.32	150m:	1:45.50	36.45	250m:	2:58.14	36.23	350m:	4:10.75	35.97
	100m:	1:09.05	35.73	200m:	2:21.91	36.41	300m:	3:34.78	36.64	400m:	4:44.42	33.67
12.				2009					+0,74	<b>4:48.36</b>	II	398
	50m:	29.91	29.91	150m:	1:41.52	36.47	250m:	2:56.14	37.59	350m:	4:11.52	37.87
	100m:	1:05.05	35.14	200m:	2:18.55	37.03	300m:	3:33.65	37.51	400m:	4:48.36	36.84
13.				2009					+0,81	<b>4:51.00</b>	II	388
	50m:	30.12	30.12	150m:	1:42.06	36.87	250m:	2:57.75	37.99	350m:	4:14.46	39.08
	100m:	1:05.19	35.07	200m:	2:19.76	37.70	300m:	3:35.38	37.63	400m:	4:51.00	36.54
14.				2009					+0,82	<b>4:51.10</b>	II	387
	50m:	31.97	31.97	150m:	1:44.88	37.02	250m:	3:00.29	37.88	350m:	4:15.59	37.09
	100m:	1:07.86	35.89	200m:	2:22.41	37.53	300m:	3:38.50	38.21	400m:	4:51.10	35.51
15.				2010					+0,73	<b>4:52.90</b>	II	380
	50m:	31.70	31.70	150m:	1:45.52	37.85	250m:	3:01.37	37.92	350m:	4:17.35	38.13
	100m:	1:07.67	35.97	200m:	2:23.45	37.93	300m:	3:39.22	37.85	400m:	4:52.90	35.55

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SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

11,		, 400m				(13-14 )					
								R.T.			
16.				2009 II				+0,64	<b>4:53.65</b>	II	377
	50m:	31.10	31.10	150m:	1:42.77	36.49	250m:	2:58.71	38.39	350m:	4:18.13
	100m:	1:06.28	35.18	200m:	2:20.32	37.55	300m:	3:38.23	39.52	400m:	4:53.65
17.				2009 II				+0,68	<b>4:53.88</b>	II	376
	50m:	32.92	32.92	150m:	1:47.42	37.50	250m:	3:02.07	37.46	350m:	4:18.51
	100m:	1:09.92	37.00	200m:	2:24.61	37.19	300m:	3:39.88	37.81	400m:	4:53.88
18.				2009 II				+0,71	<b>4:55.99</b>	II	368
	50m:	33.36	33.36	150m:	1:46.56	37.14	250m:	3:03.37	38.21	350m:	4:18.55
	100m:	1:09.42	36.06	200m:	2:25.16	38.60	300m:	3:41.60	38.23	400m:	4:55.99
19.				2010 II				+0,75	<b>4:56.69</b>	II	366
	50m:	31.55	31.55	150m:	1:46.16	37.47	250m:	3:02.36	38.05	350m:	4:20.28
	100m:	1:08.69	37.14	200m:	2:24.31	38.15	300m:	3:40.82	38.46	400m:	4:56.69
20.				2009 II				+0,69	<b>4:59.94</b>	II	354
	50m:	32.31	32.31	150m:	1:47.34	38.08	250m:	3:04.01	38.47	350m:	4:21.69
	100m:	1:09.26	36.95	200m:	2:25.54	38.20	300m:	3:42.95	38.94	400m:	4:59.94
21.				2009 III				+0,50	<b>5:00.68</b>	II	351
	50m:	32.99	32.99	150m:	1:49.66	38.89	250m:	3:06.95	37.86	350m:	4:24.04
	100m:	1:10.77	37.78	200m:	2:29.09	39.43	300m:	3:45.55	38.60	400m:	5:00.68
22.				2010 I				+0,54	<b>5:01.23</b>	II	349
	50m:	32.83	32.83	150m:	1:49.06	38.71	250m:	3:07.03	38.92	350m:	4:24.61
	100m:	1:10.35	37.52	200m:	2:28.11	39.05	300m:	3:45.91	38.88	400m:	5:01.23
23.				2009 II				+0,73	<b>5:01.28</b>	II	349
	50m:	32.33	32.33	150m:	1:46.93	38.25	250m:	3:03.71	38.95	350m:	4:23.25
	100m:	1:08.68	36.35	200m:	2:24.76	37.83	300m:	3:43.06	39.35	400m:	5:01.28
24.				2010 III				+0,89	<b>5:02.54</b>	II	345
	50m:	33.30	33.30	150m:	1:50.04	39.20	250m:	3:08.81	39.53	350m:	4:26.56
	100m:	1:10.84	37.54	200m:	2:29.28	39.24	300m:	3:48.01	39.20	400m:	5:02.54
25.				2010 II					<b>5:04.52</b>		338
	50m:	33.24	33.24	150m:	1:50.11	39.37	250m:	3:09.40	39.60	350m:	4:28.21
	100m:	1:10.74	37.50	200m:	2:29.80	39.69	300m:	3:48.82	39.42	400m:	5:04.52
26.				2009 II				+0,76	<b>5:05.70</b>		334
	50m:	32.00	32.00	150m:	1:47.32	38.17	250m:	3:05.32	39.20	350m:	4:25.61
	100m:	1:09.15	37.15	200m:	2:26.12	38.80	300m:	3:45.21	39.89	400m:	5:05.70
27.				2009 II				+0,82	<b>5:08.20</b>		326
	50m:	33.79	33.79	150m:	1:50.54	38.84	250m:	3:09.70	39.66	350m:	4:30.58
	100m:	1:11.70	37.91	200m:	2:30.04	39.50	300m:	3:49.77	40.07	400m:	5:08.20
28.				2010 II				+0,73	<b>5:08.75</b>		324
	50m:	33.01	33.01	150m:	1:49.04	38.62	250m:	3:07.88	39.74	350m:	4:28.80
	100m:	1:10.42	37.41	200m:	2:28.14	39.10	300m:	3:48.88	41.00	400m:	5:08.75
29.				2009 II				+0,71	<b>5:09.15</b>		323
	50m:	32.46	32.46	150m:	1:52.14	40.59	250m:	3:14.75	41.28	350m:	4:35.03
	100m:	1:11.55	39.09	200m:	2:33.47	41.33	300m:	3:55.42	40.67	400m:	5:09.15
30.				2009 II				+0,71	<b>5:09.27</b>		323
	50m:	31.56	31.56	150m:	1:45.21	38.04	250m:	3:05.79	40.96	350m:	4:28.51
	100m:	1:07.17	35.61	200m:	2:24.83	39.62	300m:	3:46.49	40.70	400m:	5:09.27
31.				2010 II				+0,75	<b>5:10.63</b>		319
	50m:	32.98	32.98	150m:	1:50.93	39.55	250m:	3:11.31	40.49	350m:	4:31.93
	100m:	1:11.38	38.40	200m:	2:30.82	39.89	300m:	3:51.55	40.24	400m:	5:10.63

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SWISS TIMING QUANTUM AQUANIC







# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

11,		, 400m				(13-14 )					
								R.T.			
32.				2010	II			+0,84	<b>5:11.21</b>		317
	50m:	32.41	32.41	150m:	1:48.63	38.91	250m:	3:10.04	41.12	350m:	4:32.85
	100m:	1:09.72	37.31	200m:	2:28.92	40.29	300m:	3:51.60	41.56	400m:	5:11.21
33.				2009	II			+0,82	<b>5:12.44</b>		313
	50m:	32.12	32.12	150m:	1:49.26	39.91	250m:	3:12.66	41.65	350m:	4:38.24
	100m:	1:09.35	37.23	200m:	2:31.01	41.75	300m:	3:55.05	42.39	400m:	5:12.44
34.				2010	II				<b>5:13.75</b>		309
	50m:	34.18	34.18	150m:	1:54.00	40.75	250m:	3:15.33	41.22	350m:	4:34.75
	100m:	1:13.25	39.07	200m:	2:34.11	40.11	300m:	3:56.44	41.11	400m:	5:13.75
35.				2009	II			+0,69	<b>5:13.89</b>		309
	50m:	31.42	31.42	150m:	1:47.05	39.21	250m:	3:08.30	41.10	350m:	4:32.43
	100m:	1:07.84	36.42	200m:	2:27.20	40.15	300m:	3:50.15	41.85	400m:	5:13.89
36.				2009	II			+0,88	<b>5:16.64</b>		301
	50m:	32.60	32.60	150m:	1:49.93	39.26	250m:	3:12.46	41.10	350m:	4:37.19
	100m:	1:10.67	38.07	200m:	2:31.36	41.43	300m:	3:54.68	42.22	400m:	5:16.64
37.				2010	II			+0,82	<b>5:17.56</b>		298
	50m:	34.47	34.47	150m:	1:53.64	39.67	250m:	3:14.69	41.27	350m:	4:37.76
	100m:	1:13.97	39.50	200m:	2:33.42	39.78	300m:	3:55.22	40.53	400m:	5:17.56
38.				2009	II			+0,59	<b>5:19.78</b>		292
	50m:	35.70	35.70	150m:	1:55.05	39.57	250m:	3:17.85	40.75	350m:	4:40.11
	100m:	1:15.48	39.78	200m:	2:37.10	42.05	300m:	3:58.90	41.05	400m:	5:19.78
39.				2009	III			+0,79	<b>5:22.64</b>		284
	50m:	34.51	34.51	150m:	1:52.69	39.97	250m:	3:16.53	41.65	350m:	4:41.00
	100m:	1:12.72	38.21	200m:	2:34.88	42.19	300m:	3:59.28	42.75	400m:	5:22.64
40.				2010	III			+0,75	<b>5:23.32</b>		282
	50m:	34.64	34.64	150m:	1:55.31	41.00	250m:	3:18.74	41.84	350m:	4:41.70
	100m:	1:14.31	39.67	200m:	2:36.90	41.59	300m:	4:00.40	41.66	400m:	5:23.32
41.				2009	III				<b>5:23.65</b>		282
	50m:	34.86	34.86	150m:	1:55.99	40.72	250m:	3:18.82	41.23	350m:	4:43.16
	100m:	1:15.27	40.41	200m:	2:37.59	41.60	300m:	4:01.30	42.48	400m:	5:23.65
42.				2009	III			+0,81	<b>5:26.43</b>		274
	50m:	35.01	35.01	150m:	1:55.58	41.31	250m:	3:19.81	41.87	350m:	4:44.59
	100m:	1:14.27	39.26	200m:	2:37.94	42.36	300m:	4:02.33	42.52	400m:	5:26.43
43.				2009	III			+0,67	<b>5:32.58</b>		259
	50m:	34.16	34.16	150m:	1:56.87	41.63	250m:	3:23.29	43.78	350m:	4:50.99
	100m:	1:15.24	41.08	200m:	2:39.51	42.64	300m:	4:07.39	44.10	400m:	5:32.58
44.				2009	II			+0,81	<b>5:33.06</b>		258
	50m:	35.64	35.64	150m:	1:56.65	41.63	250m:	3:22.34	42.91	350m:	4:50.16
	100m:	1:15.02	39.38	200m:	2:39.43	42.78	300m:	4:06.10	43.76	400m:	5:33.06
45.				2010	III			+0,98	<b>5:33.62</b>		257
	50m:	34.38	34.38	150m:	1:55.98	42.44	250m:	3:22.44	43.75	350m:	4:50.38
	100m:	1:13.54	39.16	200m:	2:38.69	42.71	300m:	4:06.56	44.12	400m:	5:33.62
46.				2009	III			+0,72	<b>5:34.20</b>		256
	50m:	35.92	35.92	150m:	1:58.67	41.79	250m:	3:25.95	43.41	350m:	4:52.35
	100m:	1:16.88	40.96	200m:	2:42.54	43.87	300m:	4:09.98	44.03	400m:	5:34.20
47.				2009	III			+0,81	<b>5:41.32</b>		240
	50m:	37.74	37.74	150m:	2:00.41	42.65	250m:	3:27.77	44.70	350m:	4:59.45
	100m:	1:17.76	40.02	200m:	2:43.07	42.66	300m:	4:13.80	46.03	400m:	5:41.32

" " " , 25

SWISS TIMING QUANTUM AQUANIC







# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

11,		, 400m				(13-14 )					
								R.T.			
48.				2009 II				+0,52	<b>5:44.69</b>		233
	50m:	35.26	35.26	150m:	2:00.56	44.07	250m:	3:30.65	45.38	350m:	5:02.44
	100m:	1:16.49	41.23	200m:	2:45.27	44.71	300m:	4:16.77	46.12	400m:	5:44.69
49.				2009 II				+0,78	<b>5:45.20</b>		232
	50m:	36.37	36.37	150m:	2:02.98	43.62	250m:	3:32.34	44.05	350m:	5:04.15
	100m:	1:19.36	42.99	200m:	2:48.29	45.31	300m:	4:18.32	45.98	400m:	5:45.20
50.				2009 III				+0,84	<b>5:45.42</b>		232
	50m:	37.15	37.15	150m:	2:03.45	43.33	250m:	3:31.82	44.14	350m:	5:00.69
	100m:	1:20.12	42.97	200m:	2:47.68	44.23	300m:	4:16.84	45.02	400m:	5:45.42
51.				2010 III				+0,76	<b>5:53.51</b>		216
	50m:	36.26	36.26	150m:	2:03.08	45.74	250m:	3:35.80	46.41	350m:	5:11.07
	100m:	1:17.34	41.08	200m:	2:49.39	46.31	300m:	4:23.63	47.83	400m:	5:53.51
52.				2009 III				+0,82	<b>5:55.78</b>		212
	50m:	37.37	37.37	150m:	2:07.06	46.00	250m:	3:40.23	46.27	350m:	5:14.49
	100m:	1:21.06	43.69	200m:	2:53.96	46.90	300m:	4:27.40	47.17	400m:	5:55.78
53.				2010 III				+0,80	<b>6:14.51</b>		182
	50m:	37.99	37.99	150m:	2:10.12	47.77	250m:	3:49.13	49.67	350m:	5:29.85
	100m:	1:22.35	44.36	200m:	2:59.46	49.34	300m:	4:39.60	50.47	400m:	6:14.51
54.				2009 1				+0,87	<b>6:33.55</b>		156
	50m:	39.39	39.39	150m:	2:16.18	50.82	250m:	3:58.53	51.25	350m:	5:43.59
	100m:	1:25.36	45.97	200m:	3:07.28	51.10	300m:	4:51.86	53.33	400m:	6:33.55
EXH				2011 III				+0,55	<b>5:08.26</b>		326
	50m:	34.84	34.84	150m:	1:52.66	39.59	250m:	3:12.41	39.72	350m:	4:31.16
	100m:	1:13.07	38.23	200m:	2:32.69	40.03	300m:	3:51.48	39.07	400m:	5:08.26
EXH				2012 III				+0,80	<b>5:11.87</b>		315
	50m:	34.93	34.93	150m:	1:53.52	39.46	250m:	3:14.20	40.31	350m:	4:34.51
	100m:	1:14.06	39.13	200m:	2:33.89	40.37	300m:	3:54.89	40.69	400m:	5:11.87

12 , 400m (11-12 )  
13.12.2023

5:16.54

03.06.2016

: FINA 2023

								R.T.			
1.				2012 I				+0,67	<b>5:52.88</b>	II	395
	50m:	36.16	36.16	150m:	2:11.42	48.48	250m:	3:47.37	51.14	350m:	5:17.18
	100m:	1:22.94	46.78	200m:	2:56.23	44.81	300m:	4:39.69	52.32	400m:	5:52.88

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SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

" " "

13		, 400m		(13-14 )	
13.12.2023		4:52.25		27.09.2023	
: FINA 2023					
		/		R.T.	
1.		2009		+0,62	<b>4:49.05</b> I 536
	50m: 30.66 30.66	150m: 1:45.48 38.09	250m: 3:01.27 38.60	350m: 4:15.27 35.00	
	100m: 1:07.39 36.73	200m: 2:22.67 37.19	300m: 3:40.27 39.00	400m: 4:49.05 33.78	
2.		2009 I		+0,60	<b>4:57.37</b> I 492
	50m: 31.94 31.94	150m: 1:48.77 38.13	250m: 3:08.13 40.56	350m: 4:23.40 34.43	
	100m: 1:10.64 38.70	200m: 2:27.57 38.80	300m: 3:48.97 40.84	400m: 4:57.37 33.97	
3.		2010 II		+0,67	<b>5:22.05</b> II 387
	50m: 33.85 33.85	150m: 1:57.00 41.34	250m: 3:22.94 46.10	350m: 4:47.33 36.26	
	100m: 1:15.66 41.81	200m: 2:36.84 39.84	300m: 4:11.07 48.13	400m: 5:22.05 34.72	
4.		2010 II			<b>5:44.37</b> II 317
	50m: 37.27 37.27	150m: 2:06.19 43.85	250m: 3:37.50 49.71	350m: 5:07.96 40.37	
	100m: 1:22.34 45.07	200m: 2:47.79 41.60	300m: 4:27.59 50.09	400m: 5:44.37 36.41	
5.		2009 II		+0,88	<b>5:45.59</b> II 313
	50m: 33.87 33.87	150m: 1:58.20 41.67	250m: 3:32.83 52.36	350m: 5:05.89 39.52	
	100m: 1:16.53 42.66	200m: 2:40.47 42.27	300m: 4:26.37 53.54	400m: 5:45.59 39.70	
6.		2009 II		+0,74	<b>6:02.93</b> 270
	50m: 38.05 38.05	150m: 2:18.19 49.07	250m: 3:51.72 49.22	350m: 5:22.97 42.15	
	100m: 1:29.12 51.07	200m: 3:02.50 44.31	300m: 4:40.82 49.10	400m: 6:02.93 39.96	
7.		2009 III			<b>6:05.32</b> 265
	50m: 37.46 37.46	150m: 2:10.07 48.48	250m: 3:47.73 51.34	350m: 5:23.80 43.48	
	100m: 1:21.59 44.13	200m: 2:56.39 46.32	300m: 4:40.32 52.59	400m: 6:05.32 41.52	
DSQ		2010 II			

14		, 200m		(11-12 )	
13.12.2023		2:45.95		15.12.2021	
: FINA 2023					
		/		R.T.	
1.		2012 I		+0,65	<b>2:50.51</b> I 491
	50m: 40.17 40.17	100m: 1:23.95 43.78	150m: 2:08.41 44.46	200m: 2:50.51 42.10	
2.		2012 II			<b>3:06.06</b> II 378
	50m: 42.84 42.84	100m: 1:30.92 48.08	150m: 2:19.80 48.88	200m: 3:06.06 46.26	
3.		2011 III			<b>3:08.32</b> II 364
	50m: 44.36 44.36	100m: 1:31.30 46.94	150m: 2:21.53 50.23	200m: 3:08.32 46.79	
4.		2012 II			<b>3:10.62</b> II 351
	50m: 44.85 44.85	100m: 1:33.47 48.62	150m: 2:22.14 48.67	200m: 3:10.62 48.48	
5.		2011 II		+0,73	<b>3:11.09</b> II 349
	50m: 42.44 42.44	100m: 1:31.61 49.17	150m: 2:22.95 51.34	200m: 3:11.09 48.14	
6.		2012 1		+0,87	<b>3:36.62</b> 239
	50m: 47.87 47.87	100m: 1:44.44 56.57	150m: 2:40.67 56.23	200m: 3:36.62 55.95	

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SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

" "

14,		, 200m				(11-12 )					
		/						R.T.			
7.				2011	1					<b>3:57.89</b>	181
	50m:	51.18	51.18	100m:	1:51.17	59.99	150m:	2:54.41	1:03.24	200m:	3:57.89 1:03.48
8.				2011	1					<b>4:20.36</b>	138
	50m:	55.59	55.59	100m:	2:01.92	1:06.33	150m:	3:11.14	1:09.22	200m:	4:20.36 1:09.22
15		, 200m								(13-14 )	
13.12.2023										20.11.2021	
		2:18.06									

: FINA 2023

		/						R.T.			
1.				2010	I					<b>+0,67 2:28.90</b>	II 369
	50m:	32.89	32.89	100m:	1:10.63	37.74	150m:	1:49.68	39.05	200m:	2:28.90 39.22
2.				2009	II					<b>+0,81 2:38.18</b>	308
	50m:	34.46	34.46	100m:	1:14.35	39.89	150m:	1:55.98	41.63	200m:	2:38.18 42.20
3.				2009	II					<b>+0,66 2:40.54</b>	294
	50m:	35.47	35.47	100m:	1:17.82	42.35	150m:	2:01.31	43.49	200m:	2:40.54 39.23
4.				2009	II					<b>+0,71 2:41.02</b>	292
	50m:	32.65	32.65	100m:	1:13.38	40.73	150m:	1:56.88	43.50	200m:	2:41.02 44.14
5.				2009	II					<b>+0,60 2:41.31</b>	290
	50m:	32.53	32.53	100m:	1:14.12	41.59	150m:	1:58.42	44.30	200m:	2:41.31 42.89
6.				2009	II					<b>+0,80 2:44.88</b>	272
	50m:	34.12	34.12	100m:	1:14.49	40.37	150m:	1:58.40	43.91	200m:	2:44.88 46.48
7.				2010	II					<b>+0,83 2:52.46</b>	237
	50m:	36.26	36.26	100m:	1:20.74	44.48	150m:	2:07.86	47.12	200m:	2:52.46 44.60
8.				2010	II					<b>+0,84 2:58.47</b>	214
	50m:	36.29	36.29	100m:	1:20.94	44.65	150m:	2:09.44	48.50	200m:	2:58.47 49.03
EXH				2012	II					<b>+0,67 2:30.90</b>	II 355
	50m:	34.57	34.57	100m:	1:12.33	37.76	150m:	1:52.33	40.00	200m:	2:30.90 38.57

" " ", 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

" "

16  
13.12.2023

, 50m

(13-14 )

28.03

11.12.2022

: FINA 2023

R.T.

1.	,	/	2009	. . .	+0,70	<b>27.85</b>	I	500
2.	,	,	2010	I	+0,63	<b>28.55</b>	I	464
3.	,	,	2009	II	+0,78	<b>30.26</b>	II	390
4.	,	,	2009	I	+0,68	<b>30.78</b>	II	370
5.	,	,	2009	II	+0,92	<b>30.92</b>	II	365
6.	,	,	2009	I	+0,71	<b>31.30</b>	II	352
7.	,	,	2009	II	+0,75	<b>31.48</b>	II	346
8.	,	,	2009	III	+0,70	<b>31.53</b>	II	344
9.	,	,	2009	I	+0,54	<b>31.88</b>	II	333
10.	,	,	2010	II	+0,63	<b>32.24</b>	II	322
11.	,	,	2009	II	+0,66	<b>32.42</b>		317
12.	,	,	2009	II	+0,76	<b>32.80</b>		306
13.	,	,	2009	II	+0,72	<b>32.99</b>		301
14.	,	,	2009	II		<b>33.17</b>		296
15.	,	,	2009	II	+0,70	<b>33.38</b>		290
16.	,	,	2010	II	+0,74	<b>33.63</b>		284
17.	,	,	2009	II	+0,71	<b>33.67</b>		283
18.	,	,	2009	II	+0,69	<b>33.75</b>		281
19.	,	,	2010	II	+0,83	<b>33.93</b>		276
20.	,	,	2010	I	+0,88	<b>34.21</b>		269
21.	,	,	2010	III	+0,77	<b>34.28</b>		268
22.	,	,	2010	III	+0,50	<b>34.75</b>		257
23.	,	,	2009	II	+0,96	<b>34.79</b>		256
24.	,	,	2010	II	+0,71	<b>34.82</b>		256
25.	,	,	2009	II	+0,61	<b>35.05</b>		251
26.	,	,	2010	III	+0,82	<b>35.09</b>		250
27.	,	,	2009	II	+0,77	<b>35.24</b>		246
28.	,	,	2009	II	+0,73	<b>35.44</b>		242
29.	,	,	2010	II	+0,88	<b>35.55</b>		240
30.	,	,	2010	II	+0,74	<b>35.70</b>		237
31.	,	,	2009	III	+0,84	<b>35.91</b>		233
32.	,	,	2010	III	+0,95	<b>36.58</b>		220
33.	,	,	2010	II	+0,53	<b>36.95</b>		214
34.	,	,	2010	I	+0,69	<b>37.72</b>		201
35.	,	,	2010	III	+0,57	<b>38.15</b>		194
36.	,	,	2009	II	+0,92	<b>38.75</b>		185
37.	,	,	2010	III	+0,73	<b>39.24</b>		178
38.	,	,	2009	III	+0,76	<b>41.11</b>		155
39.	,	,	2010	III	+0,87	<b>41.41</b>		152
40.	,	,	2009	I		<b>43.67</b>		129
41.	,	,	2010	III	+0,79	<b>43.89</b>		127
42.	,	,	2010	/	+0,73	<b>57.86</b>		55
DSQ	,	,	2010	II				
DSQ	,	,	2009	/				
DSQ	,	,	2010	/				

" " " , 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

" "

16,	, 50m	(13-14 )							
DSQ		/				R.T.			
		2009 II						II	
EXH		2011 III				+0,62	<b>37.80</b>		200
17	, 50m							(11-12 )	
13.12.2023									
		30.71							05.05.2018

: FINA 2023

		/						R.T.	
1.		2011 I				+0,80	<b>34.72</b>	II	384
2.		2011 II				+0,99	<b>37.29</b>		310
3.		2012 III				+0,62	<b>38.52</b>		281
4.		2012 II				+0,74	<b>38.84</b>		274
5.		2011 III				+0,87	<b>40.26</b>		246
6.		2012 II				+0,77	<b>43.92</b>		190
7.		2011 1				+0,90	<b>47.57</b>		149
DSQ		2012 2							

18	, 800m							(11-12 )	
13.12.2023									
		9:53.60							15.12.2021

: FINA 2023

		/						R.T.	
1.		2012 I				+0,67	<b>10:00.22</b>	I	503
	50m: 33.77 33.77	250m: 3:05.34 38.02	450m: 5:37.68 38.36	650m: 8:09.74 37.88					
	100m: 1:11.28 37.51	300m: 3:43.20 37.86	500m: 6:16.25 38.57	700m: 8:47.97 38.23					
	150m: 1:49.08 37.80	350m: 4:21.30 38.10	550m: 6:54.22 37.97	750m: 9:26.04 38.07					
	200m: 2:27.32 38.24	400m: 4:59.32 38.02	600m: 7:31.86 37.64	800m: 10:00.22 34.18					
2.		2011 I				+0,68	<b>10:11.09</b>	I	476
	50m: 31.64 31.64	250m: 3:01.14 37.77	450m: 5:35.73 38.52	650m: 8:13.00 39.73					
	100m: 1:07.46 35.82	300m: 3:39.89 38.75	500m: 6:14.85 39.12	700m: 8:53.16 40.16					
	150m: 1:44.98 37.52	350m: 4:18.30 38.41	550m: 6:53.87 39.02	750m: 9:33.59 40.43					
	200m: 2:23.37 38.39	400m: 4:57.21 38.91	600m: 7:33.27 39.40	800m: 10:11.09 37.50					
3.		2011 I				+0,64	<b>10:15.22</b>	II	467
	50m: 33.41 33.41	250m: 3:05.88 38.32	450m: 5:40.42 38.88	650m: 8:20.02 40.14					
	100m: 1:10.94 37.53	300m: 3:43.75 37.87	500m: 6:19.93 39.51	700m: 9:00.30 40.28					
	150m: 1:48.99 38.05	350m: 4:22.66 38.91	550m: 6:59.62 39.69	750m: 9:39.49 39.19					
	200m: 2:27.56 38.57	400m: 5:01.54 38.88	600m: 7:39.88 40.26	800m: 10:15.22 35.73					
4.		2012 I				+0,70	<b>11:03.25</b>	II	372
	50m: 35.23 35.23	250m: 3:21.52 41.67	450m: 6:12.37 42.99	650m: 9:00.93 43.02					
	100m: 1:21.09 45.86	300m: 4:03.85 42.33	500m: 6:54.02 41.65	700m: 9:43.55 42.62					
	150m: 1:58.42 37.33	350m: 4:45.88 42.03	550m: 7:35.41 41.39	750m: 10:25.07 41.52					
	200m: 2:39.85 41.43	400m: 5:29.38 43.50	600m: 8:17.91 42.50	800m: 11:03.25 38.18					

" " ", 25

SWISS TIMING QUANTUM AQUANIC







# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

18,	, 800m				(11-12 )						
R.T.											
5.			2012	III			<b>11:29.68</b>	II	331		
50m:	37.90	37.90	250m:	3:29.47	44.38	450m:	6:27.09	44.20	650m:	9:23.52	43.58
100m:	1:18.94	41.04	300m:	4:13.18	43.71	500m:	7:11.55	44.46	700m:	10:07.45	43.93
150m:	2:01.01	42.07	350m:	4:58.29	45.11	550m:	7:55.44	43.89	750m:	10:49.88	42.43
200m:	2:45.09	44.08	400m:	5:42.89	44.60	600m:	8:39.94	44.50	800m:	11:29.68	39.80
6.			2011	III			<b>11:32.39</b>	II	327		
50m:	38.92	38.92	250m:	3:34.57	43.71	450m:	6:30.55	44.38	650m:	9:25.84	43.41
100m:	1:22.20	43.28	300m:	4:18.35	43.78	500m:	7:14.18	43.63	700m:	10:09.02	43.18
150m:	2:06.33	44.13	350m:	5:02.44	44.09	550m:	7:58.32	44.14	750m:	10:51.24	42.22
200m:	2:50.86	44.53	400m:	5:46.17	43.73	600m:	8:42.43	44.11	800m:	11:32.39	41.15
7.			2012	III			+0,76 <b>11:40.60</b>	II	316		
50m:	38.25	38.25	250m:	3:36.09	44.43	450m:	6:36.13	45.11	650m:	9:36.79	45.82
100m:	1:22.06	43.81	300m:	4:21.24	45.15	500m:	7:20.46	44.33	700m:	10:20.54	43.75
150m:	2:06.65	44.59	350m:	5:06.02	44.78	550m:	8:06.34	45.88	750m:	11:02.39	41.85
200m:	2:51.66	45.01	400m:	5:51.02	45.00	600m:	8:50.97	44.63	800m:	11:40.60	38.21
8.			2012	III			<b>11:56.03</b>		296		
50m:	39.59	39.59	250m:	3:36.52	44.64	450m:	6:37.74	45.12	650m:	9:40.13	45.46
100m:	1:23.12	43.53	300m:	4:21.43	44.91	500m:	7:23.12	45.38	700m:	10:24.69	44.56
150m:	2:08.15	45.03	350m:	5:07.18	45.75	550m:	8:09.04	45.92	750m:	11:10.95	46.26
200m:	2:51.88	43.73	400m:	5:52.62	45.44	600m:	8:54.67	45.63	800m:	11:56.03	45.08
9.			2012	II			<b>12:13.11</b>		276		
50m:	39.03	39.03	250m:	3:46.01	46.90	450m:	6:55.25	48.01	650m:	10:01.92	46.45
100m:	1:24.98	45.95	300m:	4:33.61	47.60	500m:	7:42.26	47.01	700m:	10:47.84	45.92
150m:	2:12.55	47.57	350m:	5:21.16	47.55	550m:	8:29.20	46.94	750m:	11:32.79	44.95
200m:	2:59.11	46.56	400m:	6:07.24	46.08	600m:	9:15.47	46.27	800m:	12:13.11	40.32
10.			2011	III			+0,87 <b>12:43.25</b>		244		
50m:	40.82	40.82	250m:	3:50.69	48.14	450m:	7:05.85	49.21	650m:	10:21.30	47.86
100m:	1:27.07	46.25	300m:	4:39.16	48.47	500m:	7:54.99	49.14	700m:	11:08.85	47.55
150m:	2:14.81	47.74	350m:	5:27.78	48.62	550m:	8:44.37	49.38	750m:	11:56.07	47.22
200m:	3:02.55	47.74	400m:	6:16.64	48.86	600m:	9:33.44	49.07	800m:	12:43.25	47.18
11.			2012	III			<b>12:51.43</b>		237		
50m:	41.82	41.82	250m:	3:52.95	48.01	450m:	7:08.33	49.93	650m:	10:27.44	50.34
100m:	1:28.77	46.95	300m:	4:40.85	47.90	500m:	7:57.69	49.36	700m:	11:16.94	49.50
150m:	2:16.76	47.99	350m:	5:29.75	48.90	550m:	8:47.07	49.38	750m:	12:06.17	49.23
200m:	3:04.94	48.18	400m:	6:18.40	48.65	600m:	9:37.10	50.03	800m:	12:51.43	45.26
12.			2011	1			<b>13:43.33</b>		194		
50m:	44.68	44.68	250m:	4:11.65	52.65	450m:	7:41.18	49.62	650m:	11:11.53	54.51
100m:	1:34.19	49.51	300m:	5:04.07	52.42	500m:	8:35.41	54.23	700m:	12:02.33	50.80
150m:	2:26.72	52.53	350m:	5:56.92	52.85	550m:	9:25.12	49.71	750m:	12:50.08	47.75
200m:	3:19.00	52.28	400m:	6:51.56	54.64	600m:	10:17.02	51.90	800m:	13:43.33	53.25
13.			2012	1			<b>14:14.11</b>		174		
50m:	42.92	42.92	250m:	4:10.21	53.40	450m:	7:49.94	56.21	650m:	11:30.69	54.46
100m:	1:33.34	50.42	300m:	5:04.71	54.50	500m:	8:44.82	54.88	700m:	12:26.15	55.46
150m:	2:25.12	51.78	350m:	5:59.53	54.82	550m:	9:40.17	55.35	750m:	13:21.37	55.22
200m:	3:16.81	51.69	400m:	6:53.73	54.20	600m:	10:36.23	56.06	800m:	14:14.11	52.74
14.			2011	1			<b>14:16.66</b>		173		
50m:	44.23	44.23	250m:	4:15.76	54.06	450m:	7:55.45	54.67	650m:	11:33.93	54.15
100m:	1:35.59	51.36	300m:	5:10.57	54.81	500m:	8:50.84	55.39	700m:	12:29.32	55.39
150m:	2:28.24	52.65	350m:	6:05.54	54.97	550m:	9:46.10	55.26	750m:	13:24.31	54.99
200m:	3:21.70	53.46	400m:	7:00.78	55.24	600m:	10:39.78	53.68	800m:	14:16.66	52.35

" " " , 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

18, , 800m

EXH				2013 III					11:38.34 II	319	
50m:	38.74	38.74	250m:	3:32.39	43.46	450m:	6:28.01	42.14	650m:	9:25.65	43.87
100m:	1:21.36	42.62	300m:	4:16.43	44.04	500m:	7:11.97	43.96	700m:	10:09.11	43.46
150m:	2:05.17	43.81	350m:	5:00.82	44.39	550m:	7:56.58	44.61	750m:	10:53.55	44.44
200m:	2:48.93	43.76	400m:	5:45.87	45.05	600m:	8:41.78	45.20	800m:	11:38.34	44.79

19

, 100m

(13-14 )

14.12.2023

53.37

06.12.2023

: FINA 2023

									R.T.		
1.	50m:	24.93	24.93	2009	100m:	52.71	27.78		+0,58	<b>52.71</b>	615
2.	50m:	25.69	25.69	2010 I	100m:	53.76	28.07		+0,70	<b>53.76</b> I	580
3.	50m:	25.78	25.78	2009 I	100m:	55.23	29.45		+0,66	<b>55.23</b> I	535
4.	50m:	26.57	26.57	2009	100m:	55.63	29.06		+0,77	<b>55.63</b> I	523
5.	50m:	26.85	26.85	2009 II	100m:	57.41	30.56			<b>57.41</b> II	476
6.	50m:	27.65	27.65	2009 II	100m:	58.23	30.58		+0,74	<b>58.23</b> II	456
7.	50m:	27.99	27.99	2009 I	100m:	58.50	30.51		+0,69	<b>58.50</b> II	450
8.	50m:	27.85	27.85	2009 II	100m:	58.57	30.72		+0,86	<b>58.57</b> II	448
9.	50m:	28.85	28.85	2010 II	100m:	1:00.56	31.71		+0,69	<b>1:00.56</b> II	405
10.	50m:	29.06	29.06	2009 II	100m:	1:00.87	31.81		+0,74	<b>1:00.87</b> II	399
11.	50m:	28.24	28.24	2009 I	100m:	1:00.94	32.70		+0,76	<b>1:00.94</b> II	398
12.	50m:	28.02	28.02	2009 II	100m:	1:00.96	32.94		+0,79	<b>1:00.96</b> II	397
13.	50m:	29.08	29.08	2009 II	100m:	1:01.31	32.23		+0,89	<b>1:01.31</b> II	391
14.	50m:	29.46	29.46	2009 II	100m:	1:01.78	32.32		+0,70	<b>1:01.78</b> II	382
15.	50m:	29.55	29.55	2010 I	100m:	1:01.79	32.24		+0,70	<b>1:01.79</b> II	382
16.	50m:	29.14	29.14	2010 II	100m:	1:01.96	32.82		+0,77	<b>1:01.96</b> II	379

" " ", 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

19,		, 100m		(13-14 )		R.T.			
17.	50m:	29.26	29.26	2009 II	1:02.03	32.77	+0,71	<b>1:02.03</b> II	377
18.	50m:	29.71	29.71	2009 II	1:02.29	32.58	+0,75	<b>1:02.29</b> II	373
19.	50m:	30.24	30.24	2009 II	1:02.82	32.58	+0,70	<b>1:02.82</b> II	363
20.	50m:	30.00	30.00	2010 III	1:03.13	33.13	+0,87	<b>1:03.13</b> II	358
21.	50m:	30.38	30.38	2009 II	1:03.38	33.00	+0,89	<b>1:03.38</b> II	354
22.	50m:	30.20	30.20	2010 II	1:03.62	33.42	+0,76	<b>1:03.62</b>	350
23.	50m:	30.65	30.65	2010 III	1:03.83	33.18	+0,77	<b>1:03.83</b>	346
24.	50m:	30.38	30.38	2010 II	1:03.92	33.54	+0,70	<b>1:03.92</b>	345
25.	50m:	30.21	30.21	2009 II	1:04.00	33.79		<b>1:04.00</b>	343
26.	50m:	30.19	30.19	2009 III	1:04.13	33.94	+0,76	<b>1:04.13</b>	341
27.	50m:	30.87	30.87	2010 II	1:04.45	33.58	+0,96	<b>1:04.45</b>	336
28.	50m:	30.61	30.61	2009 II	1:04.51	33.90	+0,65	<b>1:04.51</b>	335
29.	50m:	31.89	31.89	2009 III	1:05.02	33.13	+0,69	<b>1:05.02</b>	327
30.	50m:	31.15	31.15	2010 II	1:05.69	34.54		<b>1:05.69</b>	318
31.	50m:	31.49	31.49	2010 II	1:06.34	34.85	+0,70	<b>1:06.34</b>	308
32.	50m:	31.15	31.15	2009 II	1:06.66	35.51	+0,79	<b>1:06.66</b>	304
33.	50m:	32.05	32.05	2009 II	1:06.78	34.73	+0,39	<b>1:06.78</b>	302
34.	50m:	31.83	31.83	2009 II	1:07.02	35.19	+0,78	<b>1:07.02</b>	299
35.	50m:	31.93	31.93	2010 II	1:07.19	35.26	+0,65	<b>1:07.19</b>	297
36.	50m:	31.57	31.57	2010 II	1:07.22	35.65	+0,79	<b>1:07.22</b>	296
37.	50m:	31.82	31.82	2010 II	1:07.29	35.47	+0,84	<b>1:07.29</b>	295
38.	50m:	32.16	32.16	2010 II	1:07.63	35.47	+0,42	<b>1:07.63</b>	291

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SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

19,		, 100m		(13-14 )		R.T.			
39.	50m:	32.06	32.06	2010 II	100m: 1:08.38	36.32	+0,61	<b>1:08.38</b>	281
40.	50m:	32.68	32.68	2009 II	100m: 1:08.39	35.71	+0,73	<b>1:08.39</b>	281
41.	50m:	32.59	32.59	2009 III	100m: 1:08.65	36.06	+0,77	<b>1:08.65</b>	278
42.	50m:	32.59	32.59	2009 III	100m: 1:08.72	36.13	+0,83	<b>1:08.72</b>	277
43.	50m:	32.86	32.86	2010 II	100m: 1:09.01	36.15	+0,75	<b>1:09.01</b>	274
44.	50m:	32.46	32.46	2010 III	100m: 1:09.03	36.57	+0,82	<b>1:09.03</b>	274
	50m:	32.60	32.60	2010 1	100m: 1:09.03	36.43		<b>1:09.03</b>	274
46.	50m:	32.22	32.22	2010 III	100m: 1:09.51	37.29	+0,89	<b>1:09.51</b>	268
47.	50m:	32.50	32.50	2009 III	100m: 1:09.67	37.17	+0,71	<b>1:09.67</b>	266
48.	50m:	33.60	33.60	2009 III	100m: 1:10.64	37.04	+0,83	<b>1:10.64</b>	255
49.	50m:	34.51	34.51	2009 III	100m: 1:10.91	36.40	+0,70	<b>1:10.91</b>	252
50.	50m:	34.06	34.06	2009 III	100m: 1:10.94	36.88	+0,82	<b>1:10.94</b>	252
51.	50m:	34.02	34.02	2009 III	100m: 1:11.39	37.37	+0,83	<b>1:11.39</b>	247
52.	50m:	32.69	32.69	2009 II	100m: 1:11.74	39.05	+0,64	<b>1:11.74</b>	244
53.	50m:	33.90	33.90	2010 III	100m: 1:11.93	38.03	+0,88	<b>1:11.93</b>	242
54.	50m:	34.71	34.71	2010 III	100m: 1:14.94	40.23	+0,46	<b>1:14.94</b>	214
55.	50m:	35.58	35.58	2010 1	100m: 1:15.24	39.66	+0,77	<b>1:15.24</b>	211
56.	50m:	36.54	36.54	2010 1	100m: 1:16.63	40.09	+0,78	<b>1:16.63</b>	200
57.	50m:	35.80	35.80	2010 1	100m: 1:17.76	41.96	+0,68	<b>1:17.76</b>	191
	50m:	36.20	36.20	2010 1	100m: 1:17.76	41.56	+0,91	<b>1:17.76</b>	191
59.	50m:	35.72	35.72	2009 1	100m: 1:20.08	44.36		<b>1:20.08</b>	175
60.	50m:	37.05	37.05	2009 1	100m: 1:20.84	43.79	+0,83	<b>1:20.84</b>	170

" " ", 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

" "

19,		, 100m				(13-14 )				
		/				R.T.				
61.				2009	1			+0,81	<b>1:23.81</b>	153
	50m:	38.57	38.57	100m:	1:23.81	45.24				
62.				2009	/			+0,86	<b>1:44.70</b>	78
	50m:	46.49	46.49	100m:	1:44.70	58.21	. . .			
63.				2010	/				<b>1:51.36</b>	65
	50m:	48.94	48.94	100m:	1:51.36	1:02.42	. . .			
64.				2010	/				<b>1:53.27</b>	62
	50m:	51.61	51.61	100m:	1:53.27	1:01.66	. . .			
DSQ				2009						

20		, 200m				(11-12 )	
14.12.2023				2:14.75		18.03.2018	

		/				R.T.					
1.				2012	I			+0,70	<b>2:23.03</b>	II	458
	50m:	32.13	32.13	100m:	1:09.63	37.50	150m:	1:47.29	37.66	200m:	2:23.03 35.74
2.				2012	III			+0,51	<b>2:37.91</b>		340
	50m:	34.42	34.42	100m:	1:15.11	40.69	150m:	1:57.43	42.32	200m:	2:37.91 40.48
3.				2012	III			+0,63	<b>2:46.77</b>		289
	50m:	36.32	36.32	100m:	1:19.02	42.70	150m:	2:03.97	44.95	200m:	2:46.77 42.80
4.				2012	II				<b>3:01.10</b>		225
	50m:	41.36	41.36	100m:	1:27.06	45.70	150m:	2:14.37	47.31	200m:	3:01.10 46.73
5.				2011	1			+0,90	<b>3:03.19</b>		218
	50m:	39.53	39.53	100m:	1:26.60	47.07	150m:	2:15.21	48.61	200m:	3:03.19 47.98
6.				2012	1				<b>3:15.43</b>		179
	50m:	41.83	41.83	100m:	1:31.53	49.70	150m:	2:24.44	52.91	200m:	3:15.43 50.99

" " ", 25

SWISS TIMING QUANTUM AQUANIC







# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

21 , 200m (13-14 )

14.12.2023

2:27.84

06.11.2023

: FINA 2023

								R.T.			
1.				2009				+0,66	<b>2:25.13</b>		567
	50m:	33.19	33.19	100m:	1:09.94	36.75	150m:	1:47.32	37.38	200m:	2:25.13 37.81
2.				2009 I				+0,61	<b>2:28.99</b> I		524
	50m:	33.80	33.80	100m:	1:12.28	38.48	150m:	1:50.95	38.67	200m:	2:28.99 38.04
3.				2010 I				+0,65	<b>2:31.63</b> I		497
	50m:	35.33	35.33	100m:	1:14.94	39.61	150m:	1:52.90	37.96	200m:	2:31.63 38.73
4.				2009 II				+0,84	<b>2:35.89</b> I		457
	50m:	35.14	35.14	100m:	1:14.67	39.53	150m:	1:55.42	40.75	200m:	2:35.89 40.47
5.				2009 II				+0,76	<b>2:43.28</b> II		398
	50m:	36.50	36.50	100m:	1:17.93	41.43	150m:	1:59.99	42.06	200m:	2:43.28 43.29
6.				2009 II				+0,73	<b>2:44.10</b> II		392
	50m:	36.76	36.76	100m:	1:19.18	42.42	150m:	2:01.94	42.76	200m:	2:44.10 42.16
7.				2009 III				+0,64	<b>2:49.43</b> II		356
	50m:	36.29	36.29	100m:	1:18.70	42.41	150m:	2:03.41	44.71	200m:	2:49.43 46.02
8.				2010 III				+0,53	<b>2:53.05</b> II		334
	50m:	37.00	37.00	100m:	1:20.96	43.96	150m:	2:07.43	46.47	200m:	2:53.05 45.62
9.				2009 II				+0,72	<b>2:53.24</b> II		333
	50m:	38.11	38.11	100m:	1:21.30	43.19	150m:	2:07.08	45.78	200m:	2:53.24 46.16
10.				2009 II				+0,69	<b>2:54.57</b> II		326
	50m:	38.37	38.37	100m:	1:22.99	44.62	150m:	2:08.44	45.45	200m:	2:54.57 46.13
11.				2009 II				+0,82	<b>2:57.40</b>		310
	50m:	37.26	37.26	100m:	1:22.41	45.15	150m:	2:09.06	46.65	200m:	2:57.40 48.34
12.				2009 II				+0,69	<b>2:58.54</b>		304
	50m:	40.17	40.17	100m:	1:26.45	46.28	150m:	2:13.48	47.03	200m:	2:58.54 45.06
13.				2010 III				+0,71	<b>2:59.96</b>		297
	50m:	40.03	40.03	100m:	1:26.18	46.15	150m:	2:12.62	46.44	200m:	2:59.96 47.34
14.				2010 III				+0,80	<b>3:07.33</b>		263
	50m:	41.42	41.42	100m:	1:30.05	48.63	150m:	2:17.84	47.79	200m:	3:07.33 49.49
15.				2009 III				+0,77	<b>3:10.08</b>		252
	50m:	40.53	40.53	100m:	1:29.14	48.61	150m:	2:20.27	51.13	200m:	3:10.08 49.81
16.				2010 II				+0,47	<b>3:10.24</b>		251
	50m:	42.02	42.02	100m:	1:30.18	48.16	150m:	2:20.00	49.82	200m:	3:10.24 50.24
17.				2010 III				+0,78	<b>3:12.04</b>		244
	50m:	42.78	42.78	100m:	1:31.17	48.39	150m:	2:21.47	50.30	200m:	3:12.04 50.57
18.				2010 III				+0,65	<b>3:30.98</b>		184
	50m:	46.60	46.60	100m:	1:39.95	53.35	150m:	2:36.57	56.62	200m:	3:30.98 54.41

" " ", 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

21,		, 200m									
EXH	,			2011 III				+0,62	<b>2:58.49</b>		305
	50m:	40.48	40.48	100m:	1:26.08	45.60	150m:	2:12.39	46.31	200m:	2:58.49 46.10
EXH	,			2012 III				+0,72	<b>3:02.26</b>		286
	50m:	41.73	41.73	100m:	1:28.52	46.79	150m:	2:16.42	47.90	200m:	3:02.26 45.84
EXH	,			2012 1					<b>3:22.08</b>		210
	50m:	44.98	44.98	100m:	1:35.81	50.83	150m:	2:29.08	53.27	200m:	3:22.08 53.00

22 , 100m (11-12 )  
14.12.2023

				1:06.78						06.05.2018	
										: FINA 2023	
										R.T.	
1.	,			2011 I				+0,82	<b>1:13.26</b> I		420
	50m:	34.60	34.60	100m:	1:13.26	38.66					
2.	,			2011 I				+0,79	<b>1:15.03</b> II		391
	50m:	36.36	36.36	100m:	1:15.03	38.67					
3.	,			2012 II				+0,70	<b>1:21.48</b> II		305
	50m:	40.14	40.14	100m:	1:21.48	41.34					
4.	,			2011 III				+0,82	<b>1:25.07</b>		268
	50m:	41.04	41.04	100m:	1:25.07	44.03					
5.	,			2012 III				+0,89	<b>1:28.54</b>		238
	50m:	43.27	43.27	100m:	1:28.54	45.27					
6.	,			2012 III				+0,71	<b>1:28.55</b>		238
	50m:	42.97	42.97	100m:	1:28.55	45.58					
7.	,			2012 III					<b>1:34.44</b>		196
	50m:	45.36	45.36	100m:	1:34.44	49.08					
8.	,			2011 1				+0,87	<b>1:36.09</b>		186
	50m:	46.61	46.61	100m:	1:36.09	49.48					

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SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

23 , 200m (13-14 )

14.12.2023 2:11.76 08.10.2015

: FINA 2023

			/				R.T.				
1.			2009 II					+0,72	<b>2:26.11</b>	II	377
	50m:	33.17 33.17	100m:	1:09.62	36.45	150m:	1:48.20	38.58	200m:	2:26.11	37.91
2.			2009 II					+0,74	<b>2:26.46</b>	II	375
	50m:	34.89 34.89	100m:	1:11.44	36.55	150m:	1:49.05	37.61	200m:	2:26.46	37.41
3.			2009 II					+0,67	<b>2:28.34</b>	II	361
	50m:	33.39 33.39	100m:	1:10.92	37.53	150m:	1:50.38	39.46	200m:	2:28.34	37.96
4.			2009 II					+0,98	<b>2:29.06</b>	II	355
	50m:	33.78 33.78	100m:	1:11.74	37.96	150m:	1:50.44	38.70	200m:	2:29.06	38.62
5.			2010 II					+0,66	<b>2:30.85</b>	II	343
	50m:	35.30 35.30	100m:	1:13.90	38.60	150m:	1:53.18	39.28	200m:	2:30.85	37.67
6.			2009 II					+0,83	<b>2:31.64</b>	II	338
	50m:	34.64 34.64	100m:	1:12.94	38.30	150m:	1:52.85	39.91	200m:	2:31.64	38.79
7.			2009 II					+0,85	<b>2:32.38</b>	II	333
	50m:	36.98 36.98	100m:	1:15.65	38.67	150m:	1:56.44	40.79	200m:	2:32.38	35.94
8.			2010 II					+0,77	<b>2:41.88</b>		277
	50m:	37.23 37.23	100m:	1:17.60	40.37	150m:	2:00.38	42.78	200m:	2:41.88	41.50
9.			2009 III					+0,76	<b>2:44.50</b>		264
	50m:	37.92 37.92	100m:	1:18.51	40.59	150m:	2:02.04	43.53	200m:	2:44.50	42.46
10.			2009 III					+0,71	<b>2:47.56</b>		250
	50m:	36.97 36.97	100m:	1:18.62	41.65	150m:	2:02.73	44.11	200m:	2:47.56	44.83
EXH			2011 III					+0,55	<b>2:52.21</b>		230
	50m:	40.34 40.34	100m:	1:24.17	43.83	150m:	2:09.04	44.87	200m:	2:52.21	43.17
EXH			2011 III						<b>2:53.67</b>		225
	50m:	40.24 40.24	100m:	1:24.88	44.64	150m:	2:09.92	45.04	200m:	2:53.67	43.75

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SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

" "

14.12.2023 24 , 100m (11-12 )

		1:17.41				16.12.2021	
: FINA 2023							
		/				R.T.	
1.	, 50m:	38.93	38.93	2012 I 100m:	1:22.61	43.68	+0,76 <b>1:22.61</b> II 430
2.	, 50m:	41.65	41.65	2012 II 100m:	1:27.55	45.90	+0,68 <b>1:27.55</b> II 361
3.	, 50m:	42.05	42.05	2011 II 100m:	1:27.65	45.60	+0,83 <b>1:27.65</b> II 360
4.	, 50m:	44.15	44.15	2011 III 100m:	1:30.49	46.34	<b>1:30.49</b> 327
5.	, 50m:	43.41	43.41	2012 III 100m:	1:32.74	49.33	+0,77 <b>1:32.74</b> 304
6.	, 50m:	44.63	44.63	2012 II 100m:	1:34.56	49.93	<b>1:34.56</b> 286
7.	, 50m:	46.91	46.91	2012 I 100m:	1:40.85	53.94	+0,76 <b>1:40.85</b> 236
8.	, 50m:	49.51	49.51	2012 III 100m:	1:42.69	53.18	<b>1:42.69</b> 223
9.	, 50m:	52.73	52.73	2012 I 100m:	1:49.45	56.72	+0,88 <b>1:49.45</b> 184
DSQ	, 50m:			2011 I 100m:			

14.12.2023 25 , 100m (13-14 )

		1:00.59				28.09.2023	
: FINA 2023							
		/				R.T.	
1.	, 50m:	27.11	27.11	2009 100m:	59.24	32.13	+0,59 <b>59.24</b> 575
2.	, 50m:	28.67	28.67	2009 I 100m:	1:02.96	34.29	+0,63 <b>1:02.96</b> I 479
3.	, 50m:	30.59	30.59	2009 100m:	1:04.32	33.73	+0,70 <b>1:04.32</b> I 449
4.	, 50m:	29.14	29.14	2009 II 100m:	1:05.04	35.90	+0,80 <b>1:05.04</b> I 434
5.	, 50m:	29.89	29.89	2009 I 100m:	1:06.33	36.44	+0,69 <b>1:06.33</b> II 410
6.	, 50m:	30.30	30.30	2009 II 100m:	1:07.24	36.94	+0,78 <b>1:07.24</b> II 393
7.	, 50m:	32.64	32.64	2009 II 100m:	1:07.29	34.65	+0,85 <b>1:07.29</b> II 392

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SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

" "

, 12 - 15.12.2023

25,		, 100m				(13-14 )			
								R.T.	
8.				2009 II				+0,65	<b>1:07.53</b> II 388
	50m:	31.85	31.85	100m:	1:07.53	35.68			
9.				2010 I				+0,70	<b>1:07.65</b> II 386
	50m:	32.86	32.86	100m:	1:07.65	34.79			
10.				2009 I				+0,79	<b>1:08.35</b> II 374
	50m:	31.49	31.49	100m:	1:08.35	36.86			
11.				2009 I				+0,67	<b>1:09.41</b> II 357
	50m:	32.00	32.00	100m:	1:09.41	37.41			
12.				2009 II				+0,58	<b>1:09.53</b> II 356
	50m:	32.45	32.45	100m:	1:09.53	37.08			
13.				2009 II				+0,73	<b>1:10.19</b> II 346
	50m:	32.71	32.71	100m:	1:10.19	37.48			
14.				2009 II					<b>1:10.35</b> II 343
	50m:	33.01	33.01	100m:	1:10.35	37.34			
15.				2009 II				+0,75	<b>1:10.37</b> II 343
	50m:	33.47	33.47	100m:	1:10.37	36.90			
16.				2009 II				+0,78	<b>1:10.75</b> II 337
	50m:	31.68	31.68	100m:	1:10.75	39.07			
17.				2010 I				+0,72	<b>1:10.83</b> II 336
	50m:	33.34	33.34	100m:	1:10.83	37.49			
18.				2010 II				+0,65	<b>1:10.85</b> II 336
	50m:	32.16	32.16	100m:	1:10.85	38.69			
19.				2009 III				+0,67	<b>1:12.54</b> II 313
	50m:	36.08	36.08	100m:	1:12.54	36.46			
20.				2009 II				+0,76	<b>1:13.06</b> II 306
	50m:	35.46	35.46	100m:	1:13.06	37.60			
21.				2009 II				+0,88	<b>1:13.39</b> II 302
	50m:	34.61	34.61	100m:	1:13.39	38.78			
22.				2010 II				+0,69	<b>1:13.48</b> II 301
	50m:	33.26	33.26	100m:	1:13.48	40.22			
23.				2009 II				+0,75	<b>1:13.69</b> II 299
	50m:	33.11	33.11	100m:	1:13.69	40.58			
24.				2010 II				+0,66	<b>1:13.75</b> II 298
	50m:	35.25	35.25	100m:	1:13.75	38.50			
25.				2009 II				+0,68	<b>1:13.96</b> II 295
	50m:	34.05	34.05	100m:	1:13.96	39.91			
26.				2010 III				+0,87	<b>1:14.28</b> 292
	50m:	34.59	34.59	100m:	1:14.28	39.69			
27.				2010 III				+0,63	<b>1:14.50</b> 289
	50m:	36.03	36.03	100m:	1:14.50	38.47			
28.				2010 III					<b>1:15.06</b> 282
29.				2009 III				+0,48	<b>1:15.71</b> 275
	50m:	35.21	35.21	100m:	1:15.71	40.50			

" " ", 25

SWISS TIMING QUANTUM AQUANIC







# Первенство Астраханской области по плаванию

" "

, 12 - 15.12.2023

25,		, 100m				(13-14 )				
								R.T.		
30.	50m:	34.14	34.14	2010 III	100m:	1:16.12	41.98	+0,76	<b>1:16.12</b>	271
31.	50m:	34.68	34.68	2009 II	100m:	1:16.30	41.62	+0,56	<b>1:16.30</b>	269
32.	50m:	35.70	35.70	2009 II	100m:	1:16.32	40.62	+0,93	<b>1:16.32</b>	269
33.	50m:	38.28	38.28	2009 II	100m:	1:16.59	38.31	+0,73	<b>1:16.59</b>	266
34.	50m:	35.74	35.74	2009 II	100m:	1:16.63	40.89	+0,83	<b>1:16.63</b>	265
35.	50m:	34.63	34.63	2010 II	100m:	1:16.97	42.34	+0,75	<b>1:16.97</b>	262
36.	50m:	35.82	35.82	2010 II	100m:	1:17.57	41.75	+0,89	<b>1:17.57</b>	256
37.	50m:	36.90	36.90	2009 III	100m:	1:17.95	41.05	+0,71	<b>1:17.95</b>	252
38.	50m:	36.62	36.62	2010 II	100m:	1:18.61	41.99	+0,93	<b>1:18.61</b>	246
39.	50m:	38.86	38.86	2010 II	100m:	1:19.07	40.21	+0,71	<b>1:19.07</b>	242
40.	50m:	36.26	36.26	2009 III	100m:	1:19.41	43.15		<b>1:19.41</b>	238
41.	50m:	34.10	34.10	2009 III	100m:	1:20.08	45.98	+0,80	<b>1:20.08</b>	233
42.	50m:	38.27	38.27	2009 III	100m:	1:20.56	42.29	+0,77	<b>1:20.56</b>	228
43.	50m:	37.98	37.98	2009 III	100m:	1:20.92	42.94	+0,90	<b>1:20.92</b>	225
44.	50m:	39.35	39.35	2009 III	100m:	1:21.29	41.94	+0,71	<b>1:21.29</b>	222
45.	50m:	38.87	38.87	2010 II	100m:	1:21.38	42.51	+0,63	<b>1:21.38</b>	222
46.	50m:	38.53	38.53	2010 I	100m:	1:21.90	43.37	+0,91	<b>1:21.90</b>	217
47.	50m:	37.13	37.13	2009 III	100m:	1:22.06	44.93	+0,70	<b>1:22.06</b>	216
	50m:	38.15	38.15	2010 II	100m:	1:22.06	43.91	+0,56	<b>1:22.06</b>	216
49.	50m:	39.57	39.57	2010 III	100m:	1:22.24	42.67	+0,91	<b>1:22.24</b>	215
50.	50m:	39.67	39.67	2009 II	100m:	1:22.80	43.13	+0,70	<b>1:22.80</b>	210
51.	50m:	39.70	39.70	2009 III	100m:	1:23.45	43.75	+0,76	<b>1:23.45</b>	205

" " " , 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

" "

25,		, 100m				(13-14 )				
								R.T.		
52.	,		/	2009	III			+0,75	<b>1:24.69</b>	197
	50m:	38.63	38.63	100m:	1:24.69	46.06				
53.	,			2010	1			+0,82	<b>1:26.65</b>	183
	50m:	40.69	40.69	100m:	1:26.65	45.96				
54.	,			2009	III			+0,85	<b>1:28.39</b>	173
	50m:	41.74	41.74	100m:	1:28.39	46.65				
55.	,			2010	III		. . .	+0,67	<b>1:28.40</b>	173
	50m:	40.69	40.69	100m:	1:28.40	47.71				
56.	,			2010	1			+0,79	<b>1:29.89</b>	164
57.	,			2010	1			+0,96	<b>1:31.86</b>	154
	50m:	42.51	42.51	100m:	1:31.86	49.35				
58.	,			2009	1			+0,93	<b>1:43.27</b>	108
	50m:	46.82	46.82	100m:	1:43.27	56.45				
DSQ	,			2009	III					
DSQ	,			2009	II		. . .			
DSQ	,			2009	III					
DSQ	,			2010	1		. . .			
EXH	,			2012	II		. . .	+0,65	<b>1:13.44</b> II	302
	50m:	33.88	33.88	100m:	1:13.44	39.56				

14.12.2023 26 , 50m (13-14 )

		25.65						11.12.2022		
								: FINA 2023		
								R.T.		
1.	,		/	2010	I			+0,71	<b>26.90</b> I	528
2.	,			2009	I		. . .	+0,65	<b>27.69</b> II	484
3.	,			2009	II			+0,70	<b>30.50</b>	362
4.	,			2010	I		. . .	+0,69	<b>31.08</b>	342
5.	,			2009	II			+0,66	<b>31.82</b>	319
6.	,			2009	II			+0,76	<b>31.91</b>	316
7.	,			2009	II		. . .	+0,74	<b>32.11</b>	310
8.	,			2010	II		. . .	+0,69	<b>32.76</b>	292
9.	,			2009	III		. . .	+0,78	<b>32.77</b>	292
10.	,			2010	III		. . .	+0,76	<b>33.05</b>	285
11.	,			2010	III		. . .	+0,83	<b>33.25</b>	279
12.	,			2010	II			+0,84	<b>33.53</b>	272
13.	,			2009	II		. . .	+0,79	<b>33.71</b>	268
14.	,			2009	III			+0,45	<b>33.78</b>	266
15.	,			2010	II		. . .		<b>35.00</b>	239
16.	,			2010	III				<b>35.94</b>	221
17.	,			2009	III		. . .	+0,92	<b>38.49</b>	180

" " ", 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

26, , 50m , (13-14 )

18. , / R.T.  
2010 1 . . . +0,78 **40.86** 150

14.12.2023 27 , 50m (11-12 )

29.75 , 08.12.2018

: FINA 2023

				R.T.		
1.	,	2011 I		+0,64	<b>31.02</b> I	485
2.	,	2011 I	. . .	+0,70	<b>32.32</b> II	429
3.	,	2012 I	. . .	+0,82	<b>34.20</b>	362
4.	,	2011 II		+0,72	<b>34.89</b>	341
5.	,	2012 I	. . .	+0,65	<b>35.16</b>	333
6.	,	2012 II		+0,83	<b>36.85</b>	289
7.	,	2012 II		+0,71	<b>38.83</b>	247
8.	,	2012 III	. . .	+0,82	<b>43.22</b>	179
9.	,	2011 1	. . .		<b>44.01</b>	169

14.12.2023 28 , 1500m (11-12 )

18:51.89 , 16.12.2021

: FINA 2023

				R.T.		
1.	,	2012 III	. . .	+0,64	<b>22:30.31</b> II	304
	50m: 38.05 38.05	450m: 6:38.51 45.36	850m: 12:46.86 46.09	1250m: 18:49.97 45.17		
	100m: 1:23.06 45.01	500m: 7:23.86 45.35	900m: 13:32.47 45.61	1300m: 19:35.61 45.64		
	150m: 2:08.59 45.53	550m: 8:10.55 46.69	950m: 14:17.77 45.30	1350m: 20:21.44 45.83		
	200m: 2:53.26 44.67	600m: 8:57.17 46.62	1000m: 15:03.31 45.54	1400m: 21:06.86 45.42		
	250m: 3:37.84 44.58	650m: 9:41.04 43.87	1050m: 15:48.58 45.27	1450m: 21:51.36 44.50		
	300m: 4:22.71 44.87	700m: 10:27.73 46.69	1100m: 16:33.64 45.06	1500m: 22:30.31 38.95		
	350m: 5:08.13 45.42	750m: 11:14.22 46.49	1150m: 17:18.95 45.31			
	400m: 5:53.15 45.02	800m: 12:00.77 46.55	1200m: 18:04.80 45.85			
2.	,	2011 III	. . .		<b>23:15.26</b>	275
	50m: 39.36 39.36	450m: 6:48.03 46.54	850m: 13:04.46 47.32	1250m: 19:24.98 48.87		
	100m: 1:23.84 44.48	500m: 7:35.22 47.19	900m: 13:50.99 46.53	1300m: 20:12.27 47.29		
	150m: 2:10.32 46.48	550m: 8:22.13 46.91	950m: 14:39.47 48.48	1350m: 20:58.96 46.69		
	200m: 2:56.19 45.87	600m: 9:08.74 46.61	1000m: 15:26.02 46.55	1400m: 21:46.78 47.82		
	250m: 3:42.60 46.41	650m: 9:55.52 46.78	1050m: 16:13.41 47.39	1450m: 22:34.00 47.22		
	300m: 4:28.56 45.96	700m: 10:42.28 46.76	1100m: 17:01.85 48.44	1500m: 23:15.26 41.26		
	350m: 5:14.51 45.95	750m: 11:29.47 47.19	1150m: 17:49.67 47.82			
	400m: 6:01.49 46.98	800m: 12:17.14 47.67	1200m: 18:36.11 46.44			

" " ", 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

28, , 1500m , (11-12 )

		/				R.T.					
3.			2012	III		+0,64	<b>23:30.20</b>		267		
50m:	38.16	38.16	450m:	6:49.64	46.41	850m:	13:16.43	47.48	1250m:	19:44.20	49.60
100m:	1:23.88	45.72	500m:	7:37.02	47.38	900m:	14:05.77	49.34	1300m:	20:32.08	47.88
150m:	2:09.85	45.97	550m:	8:24.53	47.51	950m:	14:54.36	48.59	1350m:	21:18.39	46.31
200m:	2:56.47	46.62	600m:	9:14.80	50.27	1000m:	15:41.89	47.53	1400m:	22:04.30	45.91
250m:	3:42.73	46.26	650m:	10:03.70	48.90	1050m:	16:28.97	47.08	1450m:	22:47.90	43.60
300m:	4:28.99	46.26	700m:	10:51.91	48.21	1100m:	17:18.30	49.33	1500m:	23:30.20	42.30
350m:	5:16.25	47.26	750m:	11:40.67	48.76	1150m:	18:05.12	46.82			
400m:	6:03.23	46.98	800m:	12:28.95	48.28	1200m:	18:54.60	49.48			

29 , 100m (13-14 )  
15.12.2023

1:08.28

17.12.2017

: FINA 2023

		/				R.T.			
1.			2009	I		+0,59	<b>1:08.27</b>	I	530
50m:	31.36	31.36	100m:	1:08.27	36.91				
2.			2010	I		+0,68	<b>1:08.79</b>	I	518
50m:	32.99	32.99	100m:	1:08.79	35.80				
3.			2009	II		+0,69	<b>1:15.74</b>	II	388
50m:	35.27	35.27	100m:	1:15.74	40.47				
4.			2009	II		+0,66	<b>1:17.44</b>	II	363
50m:	35.77	35.77	100m:	1:17.44	41.67				
5.			2009	II		+0,72	<b>1:17.53</b>	II	362
50m:	35.58	35.58	100m:	1:17.53	41.95				
6.			2010	III		+0,61	<b>1:18.41</b>	II	350
50m:	36.48	36.48	100m:	1:18.41	41.93				
7.			2009	III		+0,68	<b>1:18.67</b>	II	346
50m:	37.09	37.09	100m:	1:18.67	41.58				
8.			2009	II		+0,83	<b>1:20.04</b>	II	329
50m:	36.88	36.88	100m:	1:20.04	43.16				
9.			2009	II		+0,93	<b>1:20.43</b>	II	324
50m:	38.99	38.99	100m:	1:20.43	41.44				
10.			2009	II		+0,63	<b>1:21.19</b>		315
50m:	39.06	39.06	100m:	1:21.19	42.13				
11.			2010	III		+0,69	<b>1:23.18</b>		293
50m:	38.01	38.01	100m:	1:23.18	45.17				
12.			2010	II		+0,96	<b>1:24.13</b>		283
50m:	39.58	39.58	100m:	1:24.13	44.55				
13.			2009	II		+0,67	<b>1:24.31</b>		281
50m:	39.60	39.60	100m:	1:24.31	44.71				
14.			2009	III		+0,75	<b>1:25.20</b>		273
50m:	40.17	40.17	100m:	1:25.20	45.03				

" " " , 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

" "

, 12 - 15.12.2023

29,		, 100m		(13-14 )					
		/				R.T.			
15.	50m:	40.89	40.89	2010 II	100m: 1:26.38	45.49	+0,59	<b>1:26.38</b>	262
16.	50m:	40.59	40.59	2010 II	100m: 1:27.45	46.86	+0,64	<b>1:27.45</b>	252
17.	50m:	41.73	41.73	2010 III	100m: 1:27.53	45.80	+0,77	<b>1:27.53</b>	251
18.	50m:	40.70	40.70	2010 II	100m: 1:27.80	47.10	+0,88	<b>1:27.80</b>	249
19.	50m:	42.59	42.59	2010 III	100m: 1:28.29	45.70	+0,74	<b>1:28.29</b>	245
20.	50m:	41.90	41.90	2010 III	100m: 1:28.50	46.60	+0,83	<b>1:28.50</b>	243
21.	50m:	42.63	42.63	2009 III	100m: 1:31.99	49.36	+0,97	<b>1:31.99</b>	217
22.	50m:	41.88	41.88	2009 III	100m: 1:33.16	51.28		<b>1:33.16</b>	208
23.	50m:	41.85	41.85	2009 1	100m: 1:33.96	52.11	+0,91	<b>1:33.96</b>	203
24.	50m:	46.47	46.47	2009 II	100m: 1:35.92	49.45	+0,67	<b>1:35.92</b>	191
25.	50m:	45.39	45.39	2010 III	100m: 1:37.38	51.99	+0,53	<b>1:37.38</b>	182
26.	50m:	46.61	46.61	2010 1	100m: 1:40.51	53.90		<b>1:40.51</b>	166

30 , 100m (11-12 )  
15.12.2023

		1:05.75				07.12.2018			
		: FINA 2023				R.T.			
1.	50m:	32.32	32.32	2011 I	100m: 1:09.41	37.09	+0,65	<b>1:09.41 I</b>	472
2.	50m:	33.60	33.60	2011 I	100m: 1:12.61	39.01	+0,61	<b>1:12.61 II</b>	412
3.	50m:	36.17	36.17	2012 I	100m: 1:15.74	39.57	+0,64	<b>1:15.74 II</b>	363
4.	50m:	35.64	35.64	2012 I	100m: 1:17.77	42.13	+0,69	<b>1:17.77 II</b>	335

" " ", 25

SWISS TIMING QUANTUM AQUANIC







# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

15.12.2023 31 , 200m (13-14 )

								2:11.60				01.01.2005	
: FINA 2023													
								R.T.					
1.				2009					+0,57	<b>2:14.35</b>	I		543
	50m:	27.52	27.52	100m:	1:00.42	32.90	150m:	1:41.69	41.27	200m:	2:14.35	32.66	
2.				2010	I				+0,69	<b>2:16.65</b>	I		516
	50m:	28.85	28.85	100m:	1:03.47	34.62	150m:	1:45.71	42.24	200m:	2:16.65	30.94	
3.				2009					+0,66	<b>2:17.16</b>	I		510
	50m:	29.89	29.89	100m:	1:06.27	36.38	150m:	1:45.38	39.11	200m:	2:17.16	31.78	
4.				2009	I				+0,66	<b>2:19.27</b>	I		487
	50m:	29.63	29.63	100m:	1:07.51	37.88	150m:	1:47.11	39.60	200m:	2:19.27	32.16	
5.				2009	I				+0,67	<b>2:27.10</b>	II		413
	50m:	32.36	32.36	100m:	1:10.99	38.63	150m:	1:54.73	43.74	200m:	2:27.10	32.37	
6.				2009	II				+0,85	<b>2:28.77</b>	II		400
	50m:	31.92	31.92	100m:	1:10.09	38.17	150m:	1:52.93	42.84	200m:	2:28.77	35.84	
7.				2009	II				+0,73	<b>2:29.38</b>	II		395
	50m:	30.60	30.60	100m:	1:08.34	37.74	150m:	1:52.85	44.51	200m:	2:29.38	36.53	
8.				2009	II				+0,68	<b>2:30.86</b>	II		383
	50m:	32.42	32.42	100m:	1:10.85	38.43	150m:	1:55.21	44.36	200m:	2:30.86	35.65	
9.				2009	II				+0,75	<b>2:32.33</b>	II		372
	50m:	32.94	32.94	100m:	1:12.19	39.25	150m:	1:59.37	47.18	200m:	2:32.33	32.96	
10.				2009	II				+0,82	<b>2:32.94</b>	II		368
	50m:	32.50	32.50	100m:	1:09.19	36.69	150m:	1:58.88	49.69	200m:	2:32.94	34.06	
11.				2009	II				+0,84	<b>2:34.10</b>	II		360
	50m:	31.62	31.62	100m:	1:12.81	41.19	150m:	1:59.05	46.24	200m:	2:34.10	35.05	
12.				2009	II				+0,65	<b>2:34.75</b>	II		355
	50m:	33.19	33.19	100m:	1:12.55	39.36	150m:	1:59.23	46.68	200m:	2:34.75	35.52	
13.				2010	II				+0,96	<b>2:38.31</b>	II		332
	50m:	34.64	34.64	100m:	1:13.94	39.30	150m:	2:38.62	1:24.68	200m:	2:38.31		
14.				2009	II				+0,82	<b>2:39.15</b>	II		326
	50m:	32.40	32.40	100m:	1:13.13	40.73	150m:	2:02.31	49.18	200m:	2:39.15	36.84	
15.				2010	II				+0,81	<b>2:39.47</b>	II		324
	50m:	35.79	35.79	100m:	1:16.02	40.23	150m:	2:04.56	48.54	200m:	2:39.47	34.91	
16.				2010	II				+0,75	<b>2:40.80</b>	II		316
	50m:	36.45	36.45	100m:	1:16.74	40.29	150m:	2:04.58	47.84	200m:	2:40.80	36.22	
17.				2009	II				+0,89	<b>2:43.24</b>			302
	50m:	38.09	38.09	100m:	1:19.70	41.61	150m:	2:08.78	49.08	200m:	2:43.24	34.46	
18.				2009	III					<b>2:48.27</b>			276
	50m:	35.39	35.39	100m:	1:19.93	44.54	150m:	2:09.43	49.50	200m:	2:48.27	38.84	
19.				2010	III				+0,85	<b>2:52.78</b>			255
	50m:	36.67	36.67	100m:	1:21.79	45.12	150m:	2:11.73	49.94	200m:	2:52.78	41.05	
20.				2010	III				+0,73	<b>2:52.86</b>			255
	50m:	37.29	37.29	100m:	1:21.70	44.41	150m:	2:14.14	52.44	200m:	2:52.86	38.72	

" " " , 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

" "

31,		, 200m				(13-14 )					
								R.T.			
21.				2009 III				+0,76	<b>2:52.88</b>		255
	50m:	35.41	35.41	100m:	1:20.33	44.92	150m:	2:12.98	52.65	200m:	2:52.88 39.90
22.				2009 III				+0,91	<b>2:54.47</b>		248
	50m:	37.65	37.65	100m:	1:22.17	44.52	150m:	2:13.85	51.68	200m:	2:54.47 40.62
23.				2009 III				+0,77	<b>2:54.67</b>		247
	50m:	38.11	38.11	100m:	1:21.87	43.76	150m:	2:18.15	56.28	200m:	2:54.67 36.52
24.				2010 1				+0,75	<b>3:07.22</b>		200
	50m:	39.82	39.82	100m:	1:30.02	50.20	150m:	2:24.60	54.58	200m:	3:07.22 42.62
25.				2010 III				+0,55	<b>3:12.80</b>		183
	50m:	39.63	39.63	100m:	1:32.06	52.43	150m:	2:27.72	55.66	200m:	3:12.80 45.08
DSQ				2009 III							
DSQ				2010 II							
DSQ				2010 1							
DSQ				2009 II							
DSQ				2009 II						II	
DSQ				2009 II						II	
DSQ				2009 II							
DSQ				2009 III							

32 , 200m (11-12 )  
15.12.2023

										31.10.2018	
										: FINA 2023	
										2:28.56	
										R.T.	
1.				2011 II				+0,75	<b>2:44.34</b>	II	407
	50m:	34.49	34.49	100m:	1:16.88	42.39	150m:	2:05.22	48.34	200m:	2:44.34 39.12
2.				2012 I				+0,63	<b>2:45.80</b>	II	397
	50m:	35.67	35.67	100m:	1:22.04	46.37	150m:	2:07.50	45.46	200m:	2:45.80 38.30
3.				2012 II					<b>2:55.76</b>	II	333
	50m:	38.08	38.08	100m:	1:26.71	48.63	150m:	2:13.69	46.98	200m:	2:55.76 42.07
4.				2012 II					<b>3:02.74</b>		296
	50m:	41.82	41.82	100m:	1:27.31	45.49	150m:	2:22.22	54.91	200m:	3:02.74 40.52
5.				2011 III					<b>3:03.70</b>		291
	50m:	44.90	44.90	100m:	1:30.87	45.97	150m:	2:20.64	49.77	200m:	3:03.70 43.06
6.				2012 III					<b>3:11.21</b>		258
	50m:	43.35	43.35	100m:	1:33.24	49.89	150m:	2:29.30	56.06	200m:	3:11.21 41.91
7.				2012 II					<b>3:12.60</b>		253
	50m:	46.08	46.08	100m:	1:35.27	49.19	150m:	2:28.31	53.04	200m:	3:12.60 44.29
8.				2012 III					<b>3:18.11</b>		232
	50m:	47.26	47.26	100m:	1:37.53	50.27	150m:	2:35.54	58.01	200m:	3:18.11 42.57
9.				2012 1				+0,75	<b>3:27.86</b>		201
	50m:	49.17	49.17	100m:	1:46.65	57.48	150m:	2:40.94	54.29	200m:	3:27.86 46.92

" " ", 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

" "

32,		, 200m				(11-12 )	
		/				R.T.	
10.				2011 1			
	50m:	45.28	45.28	100m:	1:35.77	50.49	150m:
							2:41.62
							1:05.85
							<b>3:30.45</b>
							200m:
							3:30.45
							48.83
11.				2011 1			
	50m:	1:10.17	1:10.17	100m:	2:24.84	1:14.67	150m:
							3:37.53
							1:12.69
							<b>4:38.73</b>
							200m:
							4:38.73
							1:01.20
DSQ				2011 III			

33		, 400m				(11-12 )	
15.12.2023							
		4:46.83				28.06.2019	

: FINA 2023						R.T.	
1.				2012 I			
	50m:	33.67	33.67	150m:	1:51.07	38.54	250m:
	100m:	1:12.53	38.86	200m:	2:29.00	37.93	300m:
							3:07.85
							38.85
							350m:
							4:23.45
							37.25
							38.35
							400m:
							4:59.06
							35.61
2.				2012 III			
	50m:	36.01	36.01	150m:	1:59.52	42.84	250m:
	100m:	1:16.68	40.67	200m:	2:41.68	42.16	300m:
							3:24.58
							42.90
							350m:
							4:50.99
							42.86
							43.55
							400m:
							5:30.87
							39.88
3.				2012 III			
	50m:	36.76	36.76	150m:	2:06.04	45.52	250m:
	100m:	1:20.52	43.76	200m:	2:50.56	44.52	300m:
							3:37.44
							46.88
							350m:
							5:08.10
							44.65
							46.01
							400m:
							5:49.30
							41.20
4.				2012 2			
	50m:	49.50	49.50	150m:	2:51.12	1:02.77	250m:
	100m:	1:48.35	58.85	200m:	6:01.53	3:10.41	300m:
							6:59.61
							58.08
							<b>6:58.72</b>
							168
5.				2012 1			
	50m:	44.12	44.12	150m:	2:27.08	51.91	250m:
	100m:	1:35.17	51.05	200m:	3:20.49	53.41	300m:
							4:14.96
							54.47
							350m:
							6:01.92
							52.58
							54.38
							400m:
							7:01.46
							59.54
DSQ				2011 1			

34		, 50m				(13-14 )	
15.12.2023							
		23.64		RUS		08.12.2023	

: FINA 2023						R.T.	
1.				2009			
							+0,58
							<b>23.71</b>
							I
							614
2.				2010 I			
							+0,52
							<b>24.94</b>
							II
							528
3.				2009 I			
							+0,60
							<b>25.82</b>
							II
							475
4.				2009			
							+0,59
							<b>25.87</b>
							II
							473
5.				2009 I			
							+0,76
							<b>25.88</b>
							II
							472
6.				2009 II			
							+0,70
							<b>26.66</b>
							II
							432
7.				2009 I			
							+0,65
							<b>26.68</b>
							II
							431
8.				2009 I			
							+0,77
							<b>26.86</b>
							II
							422
9.				2009 II			

" " "		, 25				SWISS TIMING QUANTUM AQUANIC	
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# Первенство Астраханской области по плаванию

" "

, 12 - 15.12.2023

34,	, 50m	(13-14 )	R.T.		
10.	,	2009 II	+0,78	<b>27.14</b>	409
11.	,	2009 II	+0,71	<b>27.17</b>	408
12.	,	2009 II	+0,77	<b>27.22</b>	406
13.	,	2009 II	+0,68	<b>27.54</b>	392
14.	,	2009 II	+0,76	<b>27.59</b>	390
15.	,	2009 II	+0,66	<b>27.72</b>	384
16.	,	2010 II	+0,66	<b>27.94</b>	375
17.	,	2010 II	+0,62	<b>28.05</b>	371
18.	,	2009 II	+0,74	<b>28.19</b>	365
19.	,	2009	+0,67	<b>28.22</b>	364
20.	,	2010 II		<b>28.29</b>	361
21.	,	2010 I		<b>28.34</b>	359
22.	,	2010 III	+0,83	<b>28.49</b>	354
23.	,	2009 II	+0,70	<b>28.50</b>	353
24.	,	2009 II	+0,70	<b>28.58</b>	350
25.	,	2009 II	+0,77	<b>28.72</b>	345
26.	,	2010 III	+0,75	<b>28.83</b>	341
27.	,	2009 II	+0,69	<b>29.05</b>	334
28.	,	2009 II	+0,84	<b>29.19</b>	329
29.	,	2009 III	+0,75	<b>29.23</b>	328
30.	,	2010 II	+0,58	<b>29.28</b>	326
31.	,	2009 III	+0,65	<b>29.35</b>	324
32.	,	2009 II	+0,72	<b>29.45</b>	320
33.	,	2009 III	+0,57	<b>29.54</b>	317
34.	,	2009 II	+0,83	<b>29.58</b>	316
35.	,	2010 II	+0,67	<b>29.83</b>	308
36.	,	2009 II	+0,80	<b>29.88</b>	307
37.	,	2010 II	+0,85	<b>29.98</b>	304
38.	,	2009 II	+0,73	<b>30.04</b>	302
39.	,	2009 II	+0,57	<b>30.08</b>	301
40.	,	2010 II	+0,81	<b>30.20</b>	297
41.	,	2010 II	+0,69	<b>30.22</b>	296
42.	,	2010 III	+0,80	<b>30.27</b>	295
43.	,	2010 II	+0,91	<b>30.54</b>	287
44.	,	2010 II	+0,71	<b>30.86</b>	278
45.	,	2009 III	+0,70	<b>30.91</b>	277
46.	,	2010 III	+0,71	<b>30.92</b>	277
	,	2009 III	+0,72	<b>30.92</b>	277
48.	,	2010 II	+0,56	<b>31.08</b>	272
49.	,	2010 II	+0,75	<b>31.19</b>	270
50.	,	2009 II	+0,61	<b>31.35</b>	265
51.	,	2009 III	+0,83	<b>31.69</b>	257
52.	,	2009 III	+0,46	<b>31.75</b>	256
53.	,	2009 III	+0,49	<b>31.81</b>	254
54.	,	2009 III	+0,80	<b>31.83</b>	254
55.	,	2009 III	+0,81	<b>31.86</b>	253
56.	,	2010 III	+0,69	<b>32.17</b>	246

" " ", 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

34,	, 50m	(13-14 )	R.T.		
57.	,	2010 III	+0,64	<b>33.32</b>	221
58.	,	2010 1	+0,65	<b>33.86</b>	211
59.	,	2010 1	+0,76	<b>34.00</b>	208
60.	,	2009 II	+0,60	<b>34.03</b>	207
61.	,	2009 1	+0,85	<b>34.79</b>	194
62.	,	2010 III	+0,74	<b>35.22</b>	187
63.	,	2010 1	+0,99	<b>35.32</b>	185
64.	,	2010 1	+0,74	<b>36.22</b>	172
65.	,	2009 1		<b>37.97</b>	149
66.	,	2009 /	+0,82	<b>41.62</b>	113
67.	,	2010 /		<b>46.88</b>	79
68.	,	2010 /		<b>49.18</b>	68
DSQ	,	2010 III			
DSQ	,	2010 1			

15.12.2023 35 , 50m (11-12 )

28.22	18.12.2017
: FINA 2023	
	R.T.
1.	+0,64 <b>29.45</b> II 472
2.	+0,60 <b>29.55</b> II 467
3.	+0,62 <b>32.42</b> 353
4.	<b>32.95</b> 337
5.	+0,74 <b>33.18</b> 330
6.	<b>33.97</b> 307
7.	<b>34.45</b> 294
8.	+0,65 <b>35.40</b> 271
9.	+0,76 <b>35.69</b> 265
10.	+0,84 <b>36.15</b> 255
11.	<b>37.43</b> 229
12.	<b>38.01</b> 219
13.	+0,86 <b>38.88</b> 205
14.	<b>40.14</b> 186
15.	<b>43.88</b> 142

" " ", 25

SWISS TIMING QUANTUM AQUANIC







# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

15.12.2023 36 , 800m (13-14 )

8:35.25

24.06.2022

: FINA 2023

R.T.

1.			2009					+0,62	<b>9:08.82</b>	I	527	
	50m:	27.55	27.55	250m:	2:43.24	42.80	450m:	5:09.53	35.48	650m:	7:29.61	34.02
	100m:	57.58	30.03	300m:	3:20.57	37.33	500m:	5:45.51	35.98	700m:	8:03.03	33.42
	150m:	1:28.85	31.27	350m:	3:57.51	36.94	550m:	6:20.99	35.48	750m:	8:36.35	33.32
	200m:	2:00.44	31.59	400m:	4:34.05	36.54	600m:	6:55.59	34.60	800m:	9:08.82	32.47
2.			2009	I				+0,68	<b>9:15.42</b>	I	508	
	50m:	30.48	30.48	250m:	2:48.28	35.46	450m:	5:09.87	35.27	650m:	7:32.18	35.93
	100m:	1:03.13	32.65	300m:	3:23.78	35.50	500m:	5:45.46	35.59	700m:	8:07.60	35.42
	150m:	1:37.30	34.17	350m:	3:59.12	35.34	550m:	6:20.62	35.16	750m:	8:42.46	34.86
	200m:	2:12.82	35.52	400m:	4:34.60	35.48	600m:	6:56.25	35.63	800m:	9:15.42	32.96
3.			2010	I				+0,71	<b>9:23.81</b>	I	486	
	50m:	30.71	30.71	250m:	2:50.84	35.10	450m:	5:12.47	35.49	650m:	7:36.53	36.17
	100m:	1:04.96	34.25	300m:	3:25.97	35.13	500m:	5:48.44	35.97	700m:	8:13.48	36.95
	150m:	1:40.11	35.15	350m:	4:01.89	35.92	550m:	6:24.19	35.75	750m:	8:49.74	36.26
	200m:	2:15.74	35.63	400m:	4:36.98	35.09	600m:	7:00.36	36.17	800m:	9:23.81	34.07
4.			2009	I				+0,81	<b>9:26.68</b>	I	479	
	50m:	31.39	31.39	250m:	2:50.71	35.58	450m:	5:14.23	35.69	650m:	7:40.06	36.64
	100m:	1:04.63	33.24	300m:	3:26.13	35.42	500m:	5:50.55	36.32	700m:	8:16.62	36.56
	150m:	1:39.34	34.71	350m:	4:02.19	36.06	550m:	6:27.00	36.45	750m:	8:53.28	36.66
	200m:	2:15.13	35.79	400m:	4:38.54	36.35	600m:	7:03.42	36.42	800m:	9:26.68	33.40
5.			2009					+0,73	<b>9:35.03</b>	II	458	
	50m:	32.12	32.12	250m:	2:57.19	36.96	450m:	5:24.73	36.99	650m:	7:50.14	36.37
	100m:	1:07.34	35.22	300m:	3:33.81	36.62	500m:	6:01.29	36.56	700m:	8:25.73	35.59
	150m:	1:43.49	36.15	350m:	4:10.72	36.91	550m:	6:37.95	36.66	750m:	9:01.64	35.91
	200m:	2:20.23	36.74	400m:	4:47.74	37.02	600m:	7:13.77	35.82	800m:	9:35.03	33.39
6.			2010	II				+0,68	<b>9:35.83</b>	II	456	
	50m:	31.18	31.18	250m:	2:54.57	36.19	450m:	5:20.65	36.35	650m:	7:47.52	36.97
	100m:	1:06.36	35.18	300m:	3:31.12	36.55	500m:	5:57.31	36.66	700m:	8:25.04	37.52
	150m:	1:41.95	35.59	350m:	4:07.71	36.59	550m:	6:33.96	36.65	750m:	9:02.04	37.00
	200m:	2:18.38	36.43	400m:	4:44.30	36.59	600m:	7:10.55	36.59	800m:	9:35.83	33.79
7.			2009	II				+0,78	<b>9:43.93</b>	II	437	
	50m:	30.75	30.75	250m:	2:54.70	36.91	450m:	5:24.47	37.50	650m:	7:54.92	37.18
	100m:	1:05.23	34.48	300m:	3:31.82	37.12	500m:	6:02.31	37.84	700m:	8:31.94	37.02
	150m:	1:41.01	35.78	350m:	4:09.22	37.40	550m:	6:39.96	37.65	750m:	9:08.53	36.59
	200m:	2:17.79	36.78	400m:	4:46.97	37.75	600m:	7:17.74	37.78	800m:	9:43.93	35.40
8.			2010	II				+0,69	<b>9:47.26</b>	II	430	
	50m:	30.78	30.78	250m:	2:56.05	36.94	450m:	5:25.26	37.37	650m:	7:56.60	37.12
	100m:	1:06.32	35.54	300m:	3:33.11	37.06	500m:	6:03.43	38.17	700m:	8:34.17	37.57
	150m:	1:42.46	36.14	350m:	4:10.65	37.54	550m:	6:41.56	38.13	750m:	9:12.05	37.88
	200m:	2:19.11	36.65	400m:	4:47.89	37.24	600m:	7:19.48	37.92	800m:	9:47.26	35.21
9.			2009	II				+0,79	<b>9:54.00</b>	II	415	
	50m:	30.13	30.13	250m:	2:55.34	36.79	450m:	5:27.35	38.69	650m:	8:39.41	38.16
	100m:	1:04.78	34.65	300m:	3:33.45	38.11	500m:	6:43.99	1:16.64	700m:	9:17.10	37.69
	150m:	1:41.52	36.74	350m:	4:10.54	37.09	550m:	7:22.59	38.60	800m:	9:54.00	36.90
	200m:	2:18.55	37.03	400m:	4:48.66	38.12	600m:	8:01.25	38.66			

" " " , 25

SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

36, , 800m , (13-14 )		R.T.																
10.			2010 II									+0,76	<b>9:58.50</b>	II	406			
	50m:	32.27	32.27	250m:	3:01.79	38.24	450m:	5:34.69	38.27	650m:	8:07.95	37.32						
	100m:	1:08.43	36.16	300m:	3:39.68	37.89	500m:	6:13.09	38.40	700m:	8:45.89	37.94						
	150m:	1:45.75	37.32	350m:	4:18.17	38.49	550m:	6:51.54	38.45	750m:	9:23.13	37.24						
	200m:	2:23.55	37.80	400m:	4:56.42	38.25	600m:	7:30.63	39.09	800m:	9:58.50	35.37						
11.			2009 II												<b>10:10.82</b>	II	382	
	50m:	32.38	32.38	250m:	3:00.91	39.08	450m:	5:38.81	39.59	650m:	8:16.94	39.57						
	100m:	1:07.58	35.20	300m:	3:40.31	39.40	500m:	6:18.16	39.35	700m:	8:56.30	39.36						
	150m:	1:43.98	36.40	350m:	4:20.03	39.72	550m:	6:57.40	39.24	750m:	9:34.62	38.32						
	200m:	2:21.83	37.85	400m:	4:59.22	39.19	600m:	7:37.37	39.97	800m:	10:10.82	36.20						
12.			2010 II												+0,86	<b>10:17.72</b>	II	369
	50m:	32.96	32.96	250m:	3:10.45	39.61	450m:	5:45.96	37.60	650m:	8:24.84	39.24						
	100m:	1:11.84	38.88	300m:	3:49.94	39.49	500m:	6:26.04	40.08	700m:	9:03.87	39.03						
	150m:	1:51.80	39.96	350m:	4:28.63	38.69	550m:	7:06.45	40.41	750m:	9:41.41	37.54						
	200m:	2:30.84	39.04	400m:	5:08.36	39.73	600m:	7:45.60	39.15	800m:	10:17.72	36.31						
13.			2010 II												+0,80	<b>10:19.75</b>	II	366
	50m:	32.95	32.95	250m:	3:08.84	39.35	450m:	5:48.44	39.89	650m:	8:25.87	39.09						
	100m:	1:10.50	37.55	300m:	3:48.97	40.13	500m:	6:27.85	39.41	700m:	9:06.08	40.21						
	150m:	1:49.62	39.12	350m:	4:28.74	39.77	550m:	7:07.75	39.90	750m:	9:44.18	38.10						
	200m:	2:29.49	39.87	400m:	5:08.55	39.81	600m:	7:46.78	39.03	800m:	10:19.75	35.57						
14.			2010 II												+0,57	<b>10:34.22</b>	II	341
	50m:	33.42	33.42	250m:	3:12.87	40.01	450m:	5:54.81	40.54	650m:	8:36.96	40.58						
	100m:	1:12.56	39.14	300m:	3:53.43	40.56	500m:	6:35.20	40.39	700m:	9:16.76	39.80						
	150m:	1:52.59	40.03	350m:	4:33.95	40.52	550m:	7:15.98	40.78	750m:	9:56.93	40.17						
	200m:	2:32.86	40.27	400m:	5:14.27	40.32	600m:	7:56.38	40.40	800m:	10:34.22	37.29						
15.			2009 II												+0,68	<b>10:34.35</b>	II	341
	50m:	32.31	32.31	250m:	3:08.56	40.30	450m:	5:50.14	40.57	650m:	8:33.96	41.11						
	100m:	1:09.97	37.66	300m:	3:48.79	40.23	500m:	6:30.98	40.84	700m:	9:15.10	41.14						
	150m:	1:48.76	38.79	350m:	4:29.35	40.56	550m:	7:11.78	40.80	750m:	9:55.47	40.37						
	200m:	2:28.26	39.50	400m:	5:09.57	40.22	600m:	7:52.85	41.07	800m:	10:34.35	38.88						
16.			2010 II													<b>10:45.58</b>	II	324
	50m:	35.70	35.70	250m:	3:18.24	40.35	450m:	6:03.52	42.62	650m:	8:47.12	40.86						
	100m:	1:17.07	41.37	300m:	3:59.14	40.90	500m:	6:43.93	40.41	700m:	9:28.40	41.28						
	150m:	1:57.71	40.64	350m:	4:39.83	40.69	550m:	7:25.30	41.37	750m:	10:08.22	39.82						
	200m:	2:37.89	40.18	400m:	5:20.90	41.07	600m:	8:06.26	40.96	800m:	10:45.58	37.36						
17.			2009 II												+0,72	<b>10:51.29</b>	II	315
	50m:	34.28	34.28	250m:	3:16.91	41.60	450m:	6:04.00	41.51	650m:	8:50.91	41.58						
	100m:	1:13.58	39.30	300m:	3:59.03	42.12	500m:	6:45.88	41.88	700m:	9:33.34	42.43						
	150m:	1:54.59	41.01	350m:	4:40.97	41.94	550m:	7:27.84	41.96	750m:	10:13.41	40.07						
	200m:	2:35.31	40.72	400m:	5:22.49	41.52	600m:	8:09.33	41.49	800m:	10:51.29	37.88						
18.			2010 III													<b>10:59.96</b>	II	303
	50m:	36.18	36.18	250m:	3:20.94	41.52	450m:	6:09.86	42.16	650m:	8:58.54	42.00						
	100m:	1:16.40	40.22	300m:	4:02.71	41.77	500m:	6:51.91	42.05	700m:	9:40.13	41.59						
	150m:	1:57.78	41.38	350m:	4:44.95	42.24	550m:	7:34.22	42.31	750m:	10:21.98	41.85						
	200m:	2:39.42	41.64	400m:	5:27.70	42.75	600m:	8:16.54	42.32	800m:	10:59.96	37.98						
19.			2009 II													<b>11:06.42</b>		294
	50m:	32.58	32.58	250m:	3:15.67	41.56	450m:	6:04.42	42.66	650m:	8:58.37	42.89						
	100m:	1:11.13	38.55	300m:	3:57.51	41.84	500m:	6:48.23	43.81	700m:	9:42.82	44.45						
	150m:	1:52.39	41.26	350m:	4:39.81	42.30	550m:	7:31.80	43.57	800m:	11:06.42	1:23.60						
	200m:	2:34.11	41.72	400m:	5:21.76	41.95	600m:	8:15.48	43.68									

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SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

36, , 800m , (13-14 )													
												R.T.	
20.				2009	II					<b>+0,58</b>	<b>11:07.11</b>		293
	50m:	36.39	36.39	250m:	3:23.78	42.32	450m:	6:13.52	43.79	650m:	9:04.54	43.37	
	100m:	1:16.95	40.56	300m:	4:05.53	41.75	500m:	6:56.58	43.06	700m:	9:47.28	42.74	
	150m:	1:59.06	42.11	350m:	4:47.95	42.42	550m:	7:39.50	42.92	750m:	10:29.10	41.82	
	200m:	2:41.46	42.40	400m:	5:29.73	41.78	600m:	8:21.17	41.67	800m:	11:07.11	38.01	
21.				2010	III					<b>+0,83</b>	<b>11:27.31</b>		268
	50m:	34.01	34.01	250m:	3:20.88	42.84	450m:	6:19.80	45.20	650m:	9:20.87	44.03	
	100m:	1:12.96	38.95	300m:	4:05.13	44.25	500m:	7:05.64	45.84	700m:	10:05.40	44.53	
	150m:	1:54.61	41.65	350m:	4:49.51	44.38	550m:	7:51.02	45.38	750m:	10:47.69	42.29	
	200m:	2:38.04	43.43	400m:	5:34.60	45.09	600m:	8:36.84	45.82	800m:	11:27.31	39.62	
22.				2009	III						<b>11:33.24</b>		261
	50m:	36.79	36.79	250m:	3:30.51	43.80	450m:	6:26.91	43.02	650m:	9:23.31	44.40	
	100m:	1:19.23	42.44	300m:	4:14.53	44.02	500m:	7:10.68	43.77	700m:	10:08.49	45.18	
	150m:	2:02.56	43.33	350m:	4:58.95	44.42	550m:	7:55.19	44.51	750m:	10:53.12	44.63	
	200m:	2:46.71	44.15	400m:	5:43.89	44.94	600m:	8:38.91	43.72	800m:	11:33.24	40.12	
23.				2010	III						<b>11:36.10</b>		258
	50m:	36.80	36.80	250m:	3:26.61	44.23	450m:	6:24.78	45.88	650m:	9:27.56	45.61	
	100m:	1:17.79	40.99	300m:	4:11.16	44.55	500m:	7:11.14	46.36	700m:	10:13.25	45.69	
	150m:	1:59.38	41.59	350m:	4:55.70	44.54	550m:	7:56.43	45.29	750m:	10:56.08	42.83	
	200m:	2:42.38	43.00	400m:	5:38.90	43.20	600m:	8:41.95	45.52	800m:	11:36.10	40.02	
24.				2009	II						<b>11:42.14</b>		251
	50m:	35.75	35.75	250m:	3:27.67	44.19	450m:	6:29.34	45.12	650m:	9:31.22	45.87	
	100m:	1:16.90	41.15	300m:	4:13.07	45.40	500m:	7:14.94	45.60	700m:	10:17.66	46.44	
	150m:	1:59.63	42.73	350m:	4:58.57	45.50	550m:	8:00.46	45.52	750m:	11:01.19	43.53	
	200m:	2:43.48	43.85	400m:	5:44.22	45.65	600m:	8:45.35	44.89	800m:	11:42.14	40.95	
25.				2009	III						<b>12:07.25</b>		226
	50m:	37.69	37.69	250m:	3:35.60	46.21	450m:	6:42.70	47.44	650m:	9:50.64	46.91	
	100m:	1:20.20	42.51	300m:	4:21.57	45.97	500m:	7:29.68	46.98	700m:	10:37.56	46.92	
	150m:	2:04.48	44.28	350m:	5:08.51	46.94	550m:	8:17.63	47.95	750m:	11:23.71	46.15	
	200m:	2:49.39	44.91	400m:	5:55.26	46.75	600m:	9:03.73	46.10	800m:	12:07.25	43.54	
EXH				2012	I								
EXH				2012	II						<b>9:52.11</b>	II	419
	50m:	32.77	32.77	250m:	2:59.19	37.49	450m:	5:30.00	38.06	650m:	8:01.77	37.05	
	100m:	1:08.81	36.04	300m:	3:36.98	37.79	500m:	6:08.54	38.54	700m:	8:39.22	37.45	
	150m:	1:44.99	36.18	350m:	4:14.51	37.53	550m:	6:46.54	38.00	750m:	9:16.42	37.20	
	200m:	2:21.70	36.71	400m:	4:51.94	37.43	600m:	7:24.72	38.18	800m:	9:52.11	35.69	
EXH				2011	III						<b>10:39.50</b>	II	333
	50m:	36.90	36.90	250m:	3:17.46	40.26	450m:	5:59.14	40.31	650m:	8:40.82	40.36	
	100m:	1:16.16	39.26	300m:	3:57.94	40.48	500m:	6:39.52	40.38	700m:	9:21.41	40.59	
	150m:	1:56.84	40.68	350m:	4:38.48	40.54	550m:	7:20.10	40.58	750m:	10:01.11	39.70	
	200m:	2:37.20	40.36	400m:	5:18.83	40.35	600m:	8:00.46	40.36	800m:	10:39.50	38.39	
EXH				2012	III						<b>10:43.50</b>	II	327
	50m:	35.83	35.83	250m:	3:18.22	41.25	450m:	6:01.45	40.77	650m:	8:45.56	41.90	
	100m:	1:15.64	39.81	300m:	3:58.94	40.72	500m:	6:42.76	41.31	700m:	9:25.71	40.15	
	150m:	1:56.14	40.50	350m:	4:39.55	40.61	550m:	7:23.00	40.24	750m:	10:06.18	40.47	
	200m:	2:36.97	40.83	400m:	5:20.68	41.13	600m:	8:03.66	40.66	800m:	10:43.50	37.32	
EXH				2009	III						<b>11:01.84</b>	II	300
	50m:	36.41	36.41	250m:	3:19.57	40.65	450m:	6:09.49	41.39	650m:	8:59.24	42.33	
	100m:	1:12.62	36.21	300m:	4:02.93	43.36	500m:	6:52.43	42.94	700m:	9:41.35	42.11	
	150m:	1:54.67	42.05	350m:	4:45.13	42.20	550m:	7:34.32	41.89	750m:	10:24.22	42.87	
	200m:	2:38.92	44.25	400m:	5:28.10	42.97	600m:	8:16.91	42.59	800m:	11:01.84	37.62	

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SWISS TIMING QUANTUM AQUANIC





# Первенство Астраханской области по плаванию

, 12 - 15.12.2023

36, , 800m

										R.T.			
EXH				2012	III					<b>11:13.42</b>		285	
50m:	36.79	36.79	250m:	3:25.09	42.44	450m:	6:17.62	43.35	650m:	9:11.24	43.52		
100m:	1:17.83	41.04	300m:	4:07.69	42.60	500m:	7:01.07	43.45	700m:	9:53.64	42.40		
150m:	1:59.69	41.86	350m:	4:50.92	43.23	550m:	7:44.33	43.26	750m:	10:34.48	40.84		
200m:	2:42.65	42.96	400m:	5:34.27	43.35	600m:	8:27.72	43.39	800m:	11:13.42	38.94		
EXH				2012	III					<b>11:17.48</b>		280	
50m:	38.83	38.83	250m:	3:28.26	42.42	450m:	6:19.82	42.44	650m:	9:12.39	42.53		
100m:	1:21.20	42.37	300m:	4:11.48	43.22	500m:	7:03.19	43.37	700m:	9:56.04	43.65		
150m:	2:03.13	41.93	350m:	4:54.52	43.04	550m:	7:46.30	43.11	750m:	10:37.56	41.52		
200m:	2:45.84	42.71	400m:	5:37.38	42.86	600m:	8:29.86	43.56	800m:	11:17.48	39.92		
EXH				2011	III					<b>11:17.65</b>		280	
50m:	36.68	36.68	250m:	3:25.30	42.93	450m:	6:20.00	44.97	650m:	9:13.20	43.20		
100m:	1:18.29	41.61	300m:	4:07.95	42.65	500m:	7:02.80	42.80	700m:	9:56.99	43.79		
150m:	2:00.21	41.92	350m:	4:51.22	43.27	550m:	7:46.05	43.25	750m:	10:38.97	41.98		
200m:	2:42.37	42.16	400m:	5:35.03	43.81	600m:	8:30.00	43.95	800m:	11:17.65	38.68		
EXH				2011	III					<b>11:40.13</b>		254	
50m:	36.60	36.60	250m:	3:20.80	37.70	450m:	6:26.32	43.98	650m:	9:26.84	44.84		
100m:	1:15.92	39.32	300m:	4:13.64	52.84	500m:	7:11.23	44.91	700m:	10:12.01	45.17		
150m:	2:01.92	46.00	350m:	4:52.86	39.22	550m:	7:56.39	45.16	750m:	10:56.93	44.92		
200m:	2:43.10	41.18	400m:	5:42.34	49.48	600m:	8:42.00	45.61	800m:	11:40.13	43.20		
EXH				2011	III					<b>11:53.61</b>		239	
50m:	36.82	36.82	250m:	3:32.02	45.71	450m:	6:34.56	46.02	650m:	9:38.33	44.61		
100m:	1:19.38	42.56	300m:	4:17.46	45.44	500m:	7:20.50	45.94	700m:	10:22.79	44.46		
150m:	2:02.63	43.25	350m:	5:03.40	45.94	550m:	8:07.01	46.51	750m:	11:10.09	47.30		
200m:	2:46.31	43.68	400m:	5:48.54	45.14	600m:	8:53.72	46.71	800m:	11:53.61	43.52		
EXH				2012	1					<b>12:51.32</b>		189	
50m:	39.25	39.25	250m:	3:54.93	49.78	450m:	7:15.67	50.05	650m:	10:34.87	49.51		
100m:	1:26.03	46.78	300m:	4:43.81	48.88	500m:	8:04.92	49.25	700m:	11:23.25	48.38		
150m:	2:15.83	49.80	350m:	5:34.21	50.40	550m:	8:55.57	50.65	750m:	12:12.09	48.84		
200m:	3:05.15	49.32	400m:	6:25.62	51.41	600m:	9:45.36	49.79	800m:	12:51.32	39.23		

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SWISS TIMING QUANTUM AQUANIC

