1		, 50m		14 - 18
.09.2025 - 10:30				
,	/			
. ,	2009		-1	27.97
,	2008	"	"	30.78
,	2008 I	"	"	30.96
. , . ,	2007 I 2009 I		-2	31.35 31.52
· ,	2009 I	II .	II .	31.60
,	2008			31.89
. ,	2009 I	"	II .	32.10
. ,	2009 II		-1	33.17
. ,	2008 2009 II	-2		33.88 II 33.99 II
	2009 II 2008 I	-2	II .	34.17 II
	2009 II			39.52
,	2000			55.52
· ,	2010		0	29.65
. ,	2010 I 2010 II	 -2	-2	31.11 ∣ 33.73 ∥
	2010 II 2011 II	-2		33.91 II
. ,	2011 II	-2		34.11
,	2011 I		-1	34.29
. ,	2011 II			34.43
,	2010 II			34.47
. ,	2011 2011	-1		34.61 Ⅱ 35.25
	2010 II	-1		35.39
. ,	2010 II		-2	35.88
. ,	2010 II		-2	36.20
. ,	2011 II	-1		37.31
. ,	2011 2011		-1	39.04 39.71
. ,	2011 III 2010 II	·	II .	39.73
· ,	2011 I			40.20
. ,	2011 III	-2		42.02
. ,	2011 I	-1	_	43.48
,	2011 III		-2	
2 .09.2025 - 10:35		, 50m		14 - 18
	,			
,	/			
. ,	2007			34.46
· ,	2009 II	н	II .	37.70 Ⅱ
. ,	2009 I			37.85 II
,	2009 I			41.31

			, 16 - 19.09.	2025		(=0)		
2,	, 50m							
,		2010 2010 II	 -1	-1			36.19	II
,	,	2011 II 2011 II	-1					
,		2011 I 2010 III	-1				41.31 42.02	
,		2011 III	-2				49.11	
3			, 200m				14	l - 18
1.2025 - 10.40								
,		/						
, 50m: 29.23	29.23	2008 100m: 1:03.62	34.39 150m:	1:37.99	34.37	200m:	2:12.81 2:12.81	I 34.82
, 50m: 32 34	32 34	2009 II	 38 62 150m	-1 1:52.84	41 88	200m·	2:33.33	 40.49
,	02.0	2009 I	"	"		200	2:42.01	
50m: 38.63	38.63	100m: 1:19.32	40.69 150m:	2:03.05	43.73	200m:	2:42.01	38.96
,		2011 II	-1				2:20.42	II
50m: 31.65	31.65		36.67 150m:	1:44.35	36.03	200m:	2:20.42	36.07
50m: , 32.78	32.78	100m: 1:11.61	38.83 150m:	1:51.61	40.00	200m:	2:29.60	37.99
50m: , 32.40	32.40	2010 II 100m: 1:10.41	38.01 150m:	-1 1:51.70	41.29	200m:	2:33.85 2:33.85	 42.15
50m: 37.14	37.14	2011 II 100m: 1:19.57	 42.43 150m:	-1 2:05.44	45.87	200m:	2:53.39 2:53.39	47.95
4			, 200m				14	l - 18
).2025 - 10:45								
,		/						
			, 100m				14	l - 18
,		1						
, 50m: 24.94	24.94	2009 100m: 52.32	 27.38	-1			52.32	
		100m: 52.32 2009		-1 -1			52.32 52.63	
50m: , 25.18	25.18	100m: 52.32 2009 100m: 52.63 2009	27.45					
		100m: 52.32 2009 100m: 52.63		-1			52.63	I
50m: , 25.18	25.18	100m: 52.32 2009 100m: 52.63 2009 I 100m: 53.16	27.45 27.67	-1 -1			52.63 53.16	I
	3 9.2025 - 10:40 50m: 29.23 50m: 32.34 50m: 33.65 50m: 32.78 50m: 32.78 50m: 37.14 4 9.2025 - 10:45	3 9.2025 - 10:40 50m: 29.23 29.23 50m: 32.34 32.34 50m: 38.63 38.63 50m: 31.65 31.65 50m: 32.78 32.78 50m: 32.40 32.40 50m: 37.14 37.14 4 9.2025 - 10:45	3 9.2025 - 10:40 3 9.2025 - 10:40 3 9.2025 - 10:40 3 9.2025 - 10:40 3 9.2025 - 10:40 3 9.2025 - 10:40 3 9.2025 - 10:40 3 9.2025 - 10:40 3 9.2025 - 10:40 3 9.2025 - 10:40 3 9.2025 - 10:40 3 9.2025 - 10:45	2, ,50m , , 2010 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 2011 .1 20	2010	2, ,50m , , 2010	2, ,50m 2010	, 16 - 19.09.2025 2, ,50m 2010

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	5	5,	, 100m	1	,					
	,			/						
5.	50m:	, 25.79	25.79	2009 100m:	I 54.17	28.38		-2	54.17	I
6.	50m:	, 27.15	27.15	2009 100m:	I 55.84	28.69			55.84	I
7.	50m:	, 26.76	26.76	2008 100m:	l 56.23	29.47			56.23	I
8.	50m:	, 26.83	26.83	2009 100m:	I 56.49	29.66		-1	56.49	I
9.	50m:	, 27.42	27.42	2007 100m:	II 57.18	29.76		-1	57.18	II
10.	50m:	, 27.59	27.59	2008 100m:	I 57.38	29.79	-2		57.38	II
11.	50m:	, 27.98	27.98	2008 100m:	I 57.56	29.58		11	57.56	II
12.	50m:	, 28.11	28.11	2009 100m:	II 57.81	29.70		-2	57.81	II
13.	50m:	, 27.85	27.85	2009 100m:	J 57.82	29.97		п	57.82	II
14.	50m:	, 27.52	27.52	2008 100m:	II 58.01	30.49		-2	58.01	II
15.	50m:	, 27.21	27.21	2009 100m:	II 58.38	31.17	-2		58.38	II
16.	50m:	28.26	28.26	2009 100m:	l 58.55	30.29		н	58.55	II
17.	50m:	, 27.79	27.79	2009 100m:	II 59.08	31.29			59.08	II
18.	50m:	, 28.09	28.09	2009 100m:	I 59.33	31.24		-2	59.33	II
19.	50m:	, 27.71	27.71	2008 100m:	II 1:00.03	32.32		-1	1:00.03	II
20.	50m:	, 29.09	29.09	2009 100m:	 1:00.75	31.66		н	1:00.75	II
21.	50m:	, 29.99	29.99	2009 100m:	II 1:01.43	31.44	-2		1:01.43	II
22.	50m:	29.78	29.78	2009 100m:	 1:02.50	32.72		-1	1:02.50	II
23.	50m:	, 30.11	30.11	2009 100m:	 1:02.63	32.52		-1	1:02.63	II
24.	, 50m:	29.32	29.32	2009 100m:	 1:03.10	33.78		-2	1:03.10	II
<u>2</u> 5.	50m:	, 31.68	31.68	2009 100m:	 1:04.13	32.45	-2		1:04.13	
26.	50m:	, 30.58	30.58	2009 100m:	 1:04.63	34.05		-1	1:04.63	
27.	50m:	, 30.40	30.40	2009 100m:	 1:04.73	34.33	-2		1:04.73	
28.	50m:	, 30.79	30.79	2009 100m:	 1:05.04	34.25	-2		1:05.04	

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, 16 - 19.09.2025

	5,	,	, 100m			,				
1.	E0	, 25.12	QE 40	2010 100m:	E1 FF	26.40			51.	55
2.	50m:		25.12	2011	51.55 	26.43			55.	67 I
3.	50m:	26.59	26.59	100m: 2010	55.67	29.08		-2	57.	05
4.	50m:	26.78	26.78	100m: 2010	57.05	30.27		-1		26
	50m:	, 27.32	27.32	100m:	57.26	29.94		,		
5.	50m:	, 27.49	27.49	2011 100m:	57.67	30.18	-1			67 II
6.	50m:	, 28.25	28.25	2010 100m:	II 58.28	30.03	-2		58.	28
7.	50m:	, 28.12	28.12	2011 100m:	I 58.52	30.40			58.	52
8.	, 50m:	27.48	27.48	2010 100m:	 58.77	" 31.29		п	58.	77
9.	50m:	27.96	27.96	2011 100m:		30.93		-1	58.	89
10.	,			2010	II	"		"	59.	55
11.	50m:	29.36	29.36	100m: 2011	59.55	30.19	-2		59.	83
12.	50m:	29.21	29.21	100m: 2011	59.83 	30.62	-1		59.	87 II
13.	50m:	28.96	28.96	100m:	 59.87	30.91	-1		1:00.	
	50m:	28.73	28.73	100m: 1	1:00.32	31.59	-1	_		
14.	50m:	, 28.79	28.79	100m: 1	 :00.35	31.56		-2	1:00.	
5.	, 50m:	28.78	28.78		 :00.47	31.69	-2		1:00.	47 II
6.	, 50m:	28.95	28.95		 :00.55	31.60			1:00.	55 II
17.	50m:	, 28.85	28.85	2010		31.91			1:00.	76 II
18.		,		2011	II				1:01.	34
	50m:	29.49	29.49	2011	I:01.34 	31.85		-1	1:01.	34
20.	50m:	28.35	28.35	100m: 1	I:01.34 II	32.99	-1		1:01.	39
21.	50m:	29.65	29.65		1:01.39	31.74			1:02.	
	50m:	30.14	30.14	100m: 1	1:02.35	32.21	2			
22.	50m:	, 30.08	30.08		1:02.55	32.47	-2		1:02.	
23.	50m:	, 29.77	29.77		 :02.76	32.99		"	1:02.	76
24.	50m:	30.80	30.80		 :03.04	32.24	-1		1:03.	04
25.	50m:	, 30.85	30.85		 :03.53	32.68	-1		1:03.	53

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	5	,	, 100m		,				
	,			/					
26.	50m:	, 30.19	30.19	2011 100m:	 1:03.63	33.44	-1		1:03.63
27.	50m:	30.23	30.23	2010 100m:	 1:04.54	34.31	-2		1:04.54
28.	50m:	, 31.14	31.14	2010 100m:	 1:05.28	34.14		-2	1:05.28
29.	50m:	31.52	31.52	2011 100m:	 1:05.35	33.83		-1	1:05.35
30.	50m:	, 1:05.42	1:05.42	2011 100m:	 1:05.38				1:05.38
31.	50m:	, 31.38	31.38	2010 100m:	 1:05.53	34.15		"	1:05.53
32.	50m:	, 31.63	31.63	2011 100m:	II 1:06.74	35.11			1:06.74
33.	50m:	, 31.87	31.87	2011 100m:	III 1:06.94	35.07			1:06.94
34.	50m:	, 32.32	32.32	2011 100m:	 1:07.41	35.09		-2	1:07.41
35.	50m:	32.64	32.64	2011 100m:	III 1:09.95	37.31	-2		1:09.95
36.	50m:	, 33.88	33.88	2011 100m:	 1:10.48	36.60	-1		1:10.48
37.	50m:	, 33.16	33.16	2010 100m:	l 1:10.88	37.72		-2	1:10.88
38.	50m:	, 34.73	34.73	2011 100m:	l 1:13.30	38.57		-2	1:13.30
39.	50m:	, 34.96	34.96	2011 100m:	l 1:13.75	38.79	-1		1:13.75
40.	50m:	, 36.29	36.29	2011 100m:	l 1:14.60	38.31	-1		1:14.60
41.	50m:	, 35.15	35.15	2011 100m:	 1:14.86	39.71		-2	1:14.86
42.	50m:	, 34.99	34.99	2011 100m:	1:15.00	40.01			1:15.00
43.	50m:	38.43	38.43	2011 100m:	1:18.76	40.33		-2	1:18.76
44.	50m:	, 37.40	37.40	2011 100m:	1:19.69	42.29	-2		1:19.69
DSQ DSQ		,		2011 2010				-1 -2	

6.09.	6 2025 -				, 100m		14 - 18
	,			/			
1.	50m:	, 30.59	30.59	2007 I 100m: 1:02.73	 32.14	-1	1:02.73
2.	50m:	, 31.31	31.31	2009 I 100m: 1:04.14	32.83	-1	1:04.14
3.	50m:	, 30.39	30.39	2009 I 100m: 1:04.39	34.00		1:04.39
4.	50m:	, 32.09	32.09	2007 I 100m: 1:08.98	36.89	-2	1:08.98
5.	50m:	33.02	33.02	2009 II 100m: 1:09.24	36.22	п	1:09.24
6.	50m:	, 33.65	33.65	2009 II 100m: 1:10.75	37.10		1:10.75
1.	50m:	, 28.93	28.93	2011 100m: 59.94	 31.01	-1	59.94
2.	50m:	, 29.47	29.47	2010 100m: 1:00.55	 31.08	-1	1:00.55 I
3.	50m:	30.84	30.84	2011 I 100m: 1:04.06	-1 33.22		1:04.06
4.	50m:	, 34.07	34.07	2010 I 100m: 1:11.19	37.12		1:11.19
5.	50m:	, 34.99	34.99	2011 II 100m: 1:13.44	-2 38.45		1:13.44
6.	50m:	, 35.14	35.14	2011 III 100m: 1:13.48	-2 38.34		1:13.48
7.	50m:	36.42	36.42	2011 III 100m: 1:16.22	39.80	-2	1:16.22
8.	50m:	, 37.47	37.47	2010 III 100m: 1:17.58	-1 40.11		1:17.58
9.	50m:	37.68	37.68	2011 III 100m: 1:18.17	-2		1:18.17
0.	50m:	37.16	37.16	2011 III 100m: 1:19.08	-2 41.92		1:19.08
1.	50m:	, 38.17	38.17	2011 III 100m: 1:22.82	-2 44.65		1:22.82

16.09	7 9.2025 -				, 2	200m					14	l - 18
	,			1								
1.	50m:	, 27.39	27.39	2008 100m:	1:01.33	33.94	150m:	1:41.05	39.72	200m:	2:13.83 2:13.83	32.78
2.	50m:	, 28.92	28.92	2008 100m:	1:05.03	36.11	150m:	1:46.67	41.64	200m:	2:19.66 2:19.66	I 32.99
3.	50m:	, 30.27	30.27	2009 100m:	 1:05.64	35.37	 150m:	-2 1:48.38	42.74	200m:	2:19.86 2:19.86	I 31.48
4.	50m:	, 30.84	30.84	2009 100m:	 1:07.91	37.07	150m:	1:50.62	42.71	200m:	2:23.59 2:23.59	II 32.97
5.	50m:	, 30.99	30.99	2008 100m:	l 1:08.65	37.66	150m:	1:50.39	41.74	200m:	2:26.28 2:26.28	II 35.89
6.	50m:	30.19	30.19	2009 100m:	1:07.72	37.53	150m:	1:50.67	42.95	200m:	2:26.47 2:26.47	II 35.80
7. 8.	50m:	, 31.53	31.53	2009 100m: 2009	 1:08.48 	36.95	150m:	1:52.60	44.12	200m:	2:26.54 2:26.54 2:27.91	 33.94
9.	50m:	30.84	30.84	100m: 2009	1:10.74	39.90	150m:	1:55.26 -1	44.52	200m:	2:27.91 2:27.91 2:28.16	32.65
10.	50m:	31.23	31.23	100m: 2009	1:09.08	37.85	150m:	1:52.87 -2	43.79	200m:	2:28.16 2:38.23	35.29
11.	50m:	33.27	33.27	100m: 2009	1:13.98	40.71	150m:	2:02.82	48.84	200m:	2:38.23 2:44.05	35.41
12.	50m:	31.34	31.34	100m: 2009	1:16.38 	45.04	150m:	2:03.76 - 2	47.38	200m:	2:44.05 2:52.96	40.29
	50m:	38.90	38.90	100m:	1:22.44	43.54	150m:	2:17.55	55.11	200m:	2:52.96	35.41
1.	, 50m:	29.51	29.51	2011 100m:	l 1:04.58	35.07	 150m:	-1 1:47.36	42.78	200m:	2:20.34 2:20.34	32.98
2.	50m:	, 30.40	30.40	2011 100m:	l 1:08.89	38.49	150m:	- 1 1:50.37	41.48	200m:	2:22.81 2:22.81	 32.44
3.	50m:	, 31.59	31.59	2011 100m:	1:07.79	36.20	150m:	1:51.80	44.01	200m:	2:23.55 2:23.55	31.75
4. 5.	50m:	31.33	31.33	2011 100m: 2011	1:09.64	38.31	-1 150m: -1	1:54.03	44.39	200m:	2:26.25 2:26.25 2:29.59	 32.22
6.	50m:	31.16	31.16	100m: 2011	1:12.75	41.59	150m:	1:56.29 -1	43.54	200m:	2:29.59 2:29.94	33.30
7.	50m:	, 31.13	31.13	100m: 2011	1:07.03	35.90	150m:	1:54.18 -1	47.15	200m:	2:29.94 2:33.02	35.76
8.	50m:	, 31.56	31.56	100m:	1:11.86	40.30	150m:	1:57.31 -1	45.45	200m:	2:33.02 2:34.61	35.71
9.	50m:	, 31.82	31.82	100m: 2010	1:11.85	40.03	150m:	1:59.94 -2	48.09	200m:	2:34.61 2:36.00	34.67
10.	50m:	33.43	33.43	100m:	1:14.12	40.69	150m: -1	2:01.21	47.09	200m:	2:36.00 2:36.42	34.79
11.	50m:	, 33.18	33.18	100m: 2011	1:15.87	42.69	150m: -1	2:03.69	47.82	200m:	2:36.42 2:36.64	32.73
	50m:	35.27	35.27	100m:	1:16.87	41.60	150m:	2:02.50	45.63	200m:	2:36.64	34.14
	"	"	",	25					SWISS	STIMING	OANTI IM A	

						, 10	- 19.09.4	2025				
	7	,	, 200m			,						
	,			/								
12.	50m:	, 33.63	33.63	2011 100m:	 1:14.90	41.27	-1 150m:	2:03.32	48.42	200m:	2:38.15 2:38.15	 34.83
3.	50m:	, 32.18	32.18	2011 100m:	 1:15.59	" 43.41	150m:	2:02.22	46.63	200m:	2:38.35 2:38.35	 36.13
4.	50m:	, 33.38	33.38	2011 100m:	 1:15.42	42.04	150m:	2:03.81	48.39	200m:	2:40.37 2:40.37	36.56
5.	, 50m:	35.65	35.65	2011 100m:	 1:15.98	40.33	 150m:	-1 2:02.56	46.58	200m:	2:41.71 2:41.71	39.1
6.	50m:	, 36.45	36.45	2011 100m:	III 1:20.54	44.09	150m:	2:06.61	46.07	200m:	2:44.20 2:44.20	37.5
7.	50m:	, 33.19	33.19	2011 100m:	 1:17.36	44.17	-1 150m:	2:06.64	49.28	200m:	2:45.12 2:45.12	38.4
18.	50m:	, 35.63	35.63	2010 100m:	III 1:22.25	46.62	 150m:	-2 2:13.40	51.15	200m:	2:52.58 2:52.58	39.18
9.	50m:	, 38.62	38.62	2011 100m:	III 1:22.35	43.73	-1 150m:	2:14.92	52.57	200m:	2:54.51 2:54.51	39.5
20.	, 50m:	38.75	38.75	2011 100m:	l 1:29.66	50.91	150m:	2:21.79	52.13	200m:	3:05.22 3:05.22	43.43
6.09	9.2025 -	11:20										
	,			/								
1.	50m:	, 33.64	33.64	2009 100m:	l 1:12.75	39.11	150m:	1:57.38	44.63	200m:	2:35.16 2:35.16] 37.78
1.	50m:	, 33.30	33.30	2011 100m:	1:12.71	39.41	 150m:	- 1 1:56.74	44.03	200m:	2:29.23 2:29.23	32.4
2.	50m:	, 34.90	34.90	2011 100m:	 1:15.88	40.98	150m:	2:04.13	48.25	200m:	2:42.42 2:42.42	 38.2
3.	50m:	, 33.66	33.66	2011 100m:		42.11	150m:	2:04.89	49.12	200m:	2:44.51 2:44.51	 39.6
4.	50m:	, 36.55	36.55	2010 100m:	 1:22.46	45.91	-1 150m:	2:08.12	45.66	200m:	2:45.70 2:45.70	 37.5
5.	50m:	, 39.11	39.11	2011 100m:	 1:22.76	43.65	-2 150m:	2:15.13	52.37	200m:	2:55.19 2:55.19	II 40.0
6.	50m:	41.64	, 41.64	2011 100m:		46.86	-1 150m:	2:17.35	48.85	200m:	2:58.70 2:58.70	
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, 16 - 19.09.2025

				,						
9 16.09.2025 - 11:30				, 4 x 50)m				14	- 18
		/								
16 - 18										
1.									1:52.06	
,		09 09	+0,72 +0,57	31.68 29.77		,		08 08	+0,18 +0,45	25.40 25.21
4 - 15										
1.									1:56.90	
,		10 11	+0,89 +0,17	32.27 30.62		,		10 11	+0,31 +0,56	27.33 26.68
2	2	••	. 0,	00.02	-2				2:07.65	20.00
_,	_	10	+0,78		_	,		11	+0,19	
,		11				,		11	+0,06	
XH	1					-1			1:44.52	
,		09 10	+0,58	23.97		,		07 09	+0,53 +0,40	28.72
, XH	2	10	+0,36	27.79		, -2		09	1:49.16	24.04
XH	2	09	+0,65	24.95	,	-2			+0,60	29.64
,			+0,24	26.22	,				+0,59	28.35
XH ,		10	+0,59	23.62		,		09	1:50.40 +0,34	29.14
,		09	+0,34	25.59		,		09		32.05
	1	11	+0,64	26.52	-1			11	1:50.99 +0,43	26.96
,		• • • • • • • • • • • • • • • • • • • •	+0,50	27.34	,	,		10	+0,28	30.17
XH -	2	00	0.00	00.40	-2			44	1:59.61	0.4.4
,		08 10	+0,62 +0,30	26.16 26.27		,		11 11	0.00	34.47 32.71
10 6.09.2025 - 11:30				, 800m					14	- 18
,		/								
1. ,		2011	I		-1				10:03.19	I
50m: 33.3		250m:	3:03.05	38.00	450m:	5:35.83	38.02		8:10.65	39.04
100m: 1:10.2 150m: 1:47.5	2 37.29	300m: 350m:	3:41.24 4:18.91	38.19 37.67	500m: 550m:	6:14.52 6:53.19	38.69 38.67	750m:	8:49.84 9:28.79	39.19 38.95
200m: 2:25.0	5 37.53	400m:	4:57.81	38.90	600m:	7:31.61	38.42	800m: 1	0:03.19	34.40
SQ ,		2011	Ш		-2					

		, 10 10.00.2		
11 17.09.2025 - 10:30		, 50m		14 - 18
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1. ,	2009		-1	27.84
2. ,	2009 I		-1	27.86 l
3. ,	2008	"	"	28.44
4. ,	2009 I			28.70
5. ,	2009 I		-2	28.80
6. 7. ,	2009 I 2009 I		-2	29.29 29.34
	2009 I		-2 -2	29.34
9. ,	2008 I		_	29.58
10.	2008 I	II .	u .	30.03 II
11. ,	2008			30.16 Ⅱ
12. ,	2008			30.31 II
13. ,	2009 I	"	"	30.36 II
14. ,	2009 I		4	31.00
15. , 16. ,	2009 II 2009 II		-1 -1	32.60 33.23
, ,	2009 II 2009 II		-1	33.23
1	2011			20.76
1. , 2. ,	2011 II 2010 II			29.76 30.31
3. ,	2011		-1	30.47
4. ,	2011 I		-1	30.76 II
,	2011 I	-1		30.76 II
6. ,	2011 I			31.31
7. ,	2011			31.73
8. ,	2010		4	31.85
9. , 10. ,	2010 II 2010 II		-1	32.20 32.86
11	2010 II 2010 II	-2		33.58
12. ,	2011		-1	34.22
13. ,	2011 II			34.64
14. ,	2011 II	-1		34.72
15. ,	2011 II	II .	II .	34.85
16. ,	2011	-1		35.61
17. ,	2011		-1	36.06
18. ,	2011 II		-2	36.95
19. , 20. ,	2011 I 2010 I		-2	37.31 38.35
21	2010 II		-2	38.51
22. ,	2010 II	-1		39.32
osq ,	2010 II	"	н	

7.09	.2025 -	12 10:35				, 50n	n				14	4 - 18
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1. 2. 3.		,		2009 2009 2009	 			-1			32.95 33.44 33.63	II II
4. 5. 6.		,		2009 2007 2009	I II	11		"			34.57 35.75 36.92	
1. 2. 3.		,		2011 2011 2010	I		-1 	-1			33.45 33.53 33.96	II II
4. 5. 6.		,		2011 2010 2011	II I		-2				35.34 35.90 38.83	
7.09	.2025 -	13 10:40				, 400m					14	1 - 18
	,			1								
1.	50m: 100m:	, 28.26 59.64	28.26 31.38	2009 150m: 200m:	1:31.46 2:03.59	31.82 32.13	 250m: 300m:	-1 2:35.70 3:07.54	32.11 31.84	350m: 400m:	4:08.82 3:38.91 4:08.82	II 31.37 29.91
2.	50m: 100m:	, 30.17 1:03.28	30.17 33.11	2009 150m: 200m:	l 1:36.81 2:10.90	33.53 34.09	 250m: 300m:	-1 2:45.76 3:20.34	34.86 34.58	350m: 400m:	4:28.70 3:55.35 4:28.70	 35.01 33.35
3.	50m: 100m:	, 29.28 1:01.49	29.28 32.21	2008 150m: 200m:	l 1:36.51 2:11.72	35.02 35.21	250m: 300m:	2:47.89 3:23.79	36.17 35.90	350m: 400m:	4:36.01 4:00.65 4:36.01	36.86 35.36
4.	50m: 100m:	, 30.27 1:04.93	30.27 34.66	2009 150m: 200m:	1:40.68 2:17.20	35.75 36.52	250m: 300m:	-2 2:54.91 3:33.71	37.71 38.80	350m: 400m:	4:47.91 4:11.58 4:47.91	37.87 36.33
 6. 	50m: 100m:	, 33.13 1:09.74	33.13 36.61	2009 150m: 200m: 2009	II 1:47.07 2:24.61	37.33 37.54	250m: 300m:	3:03.18 3:41.68 -2	38.57 38.50	350m: 400m:	4:52.82 4:20.33 4:52.82 4:59.87	38.65 32.49
.	50m: 100m:	33.61 1:10.55	33.61 36.94	150m: 200m:	1:48.67 2:27.39	38.12 38.72	250m: 300m:	3:06.41 3:45.90	39.02 39.49	350m: 400m:	4:24.14 4:59.87	38.24 35.73
1.	50m:	, 27.81	27.81	2010 150m:	1:30.59	31.77	250m:	2:34.05	31.62	350m:	4:06.26 3:37.41	31.46
2.	100m: 50m: 100m:	58.82 29.21 1:01.65	31.01 29.21 32.44	200m: 2011 150m: 200m:	2:02.43 1:35.59 2:09.28	31.84 33.94 33.69	300m: 250m: 300m:	3:05.95 - 1 2:42.68 3:16.19	31.90 33.40 33.51	400m: 350m: 400m:	4:06.26 4:21.10 3:49.12 4:21.10	28.85 32.93 31.98
3.	50m: 100m:	, 29.78 1:03.58	29.78 33.80	2011 150m: 200m:	I 1:38.34 2:13.43	34.76 35.09		-1 2:48.53 3:23.38	35.10 34.85	350m: 400m:	4:31.55 3:58.10 4:31.55	
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, 16 - 19.09.2025

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4.	,	,		/ 2010	II	"		"			4:32.39	II
	50m: 100m:	31.55 1:05.60	31.55 34.05	150m: 200m:	1:40.27 2:15.34	34.67 35.07	250m: 300m:	2:51.08 3:26.63	35.74 35.55	350m: 400m:	4:01.02 4:32.39	34.39 31.37
5.	50m: 100m:	, 32.55 1:07.81	32.55 35.26	2011 150m: 200m:	III 1:43.95 2:20.02	36.14 36.07	-1 250m: 300m:	2:55.97 3:32.39	35.95 36.42	350m: 400m:	4:42.25 4:08.29 4:42.25	35.90 33.96
6.	50m: 100m:	, 31.21 1:06.52	31.21 35.31	2011 150m: 200m:	 1:42.93 2:19.72	36.41 36.79	 250m: 300m:	-1 2:54.91 3:30.28	35.19 35.37	350m: 400m:	4:46.88 4:07.14 4:46.88	II 36.86 39.74
7.	50m:	, 31.87	31.87	2011 150m:	 1:44.00	36.34	-1 250m:	2:57.88	37.24	350m:	4:46.92 4:12.72	 37.74
8.	100m:	1:07.66	35.79	200m: 2010	2:20.64 	36.64	300m:	3:34.98 -1	37.10	400m:	4:46.92 4:48.94	34.20
0	50m: 100m:	30.18 1:04.10	30.18 33.92	150m: 200m:	1:39.96 2:16.83	35.86 36.87	250m: 300m:	2:54.42 3:32.54	37.59 38.12	350m: 400m:	4:11.05 4:48.94	38.51 37.89
9.	50m: 100m:	31.22 1:06.66	31.22 35.44	2011 150m: 200m:	 1:44.34 2:21.72	37.68 37.38	250m: 300m:	-1 2:57.87 3:35.81	36.15 37.94	350m: 400m:	4:51.65 4:14.14 4:51.65	38.33 37.51
0.	50m: 100m:	, 33.35 1:08.83	33.35 35.48	2011 150m: 200m:	 1:45.28 2:22.16	36.45 36.88	-1 250m: 300m:	2:59.77 3:37.38	37.61 37.61	350m: 400m:	4:54.33 4:15.72 4:54.33	II 38.34 38.61
1.	50m: 100m:	, 32.37 1:08.36	32.37 35.99	2011 150m: 200m:	 1:45.62 2:23.47	37.26 37.85	250m: 300m:	3:01.10 3:39.48	37.63 38.38	350m: 400m:	4:54.54 4:17.86 4:54.54	II 38.38 36.68
2.	50m:	, 29.74	29.74	2010 150m:	 1:39.97	35.50	 250m:	-2 2:56.25	39.33	350m:	5:00.04 4:20.12	41.27
3.	100m: 50m:	1:04.47	34.73 32.75	200m: 2010 150m:	2:16.92 1:48.25	36.95 38.25	300m: 250m:	3:38.85 -2 3:05.51	42.60 38.72	400m: 350m:	5:00.04 5:00.53 4:23.59	39.92 39.20
4.	100m:	1:10.00	37.25	200m:	2:26.79	38.54	300m:	3:44.39	38.88	400m:	5:00.53 5:03.27	36.94
٦.	50m: 100m:	, 32.81 1:09.52	32.81 36.71	150m: 200m:	1:48.55 2:27.56	39.03 39.01	250m: 300m:	3:07.91 3:47.90	40.35 39.99	350m: 400m:	4:27.64 5:03.27	39.74 35.63
5.	50m: 100m:	34.26 1:11.56	34.26 37.30	2011 150m: 200m:	 1:50.71 2:30.20	39.15 39.49	 250m: 300m:	-1 3:09.86 3:49.89	39.66 40.03	350m: 400m:	5:05.60 4:29.27 5:05.60	39.38 36.33
6.	50m: 100m:	, 32.53 1:09.37	32.53 36.84	2011 150m: 200m:	 1:47.65 2:27.20	38.28 39.55	-1 250m: 300m:	3:06.54 3:46.75	39.34 40.21	350m: 400m:	5:05.81 4:26.94 5:05.81	40.19 38.87
7.	50m:	, 33.48	33.48	2011 150m:	III 1:51.93	40.19	250m:	3:13.13	40.73	350m:	5:13.72 4:35.38	41.14
8.	100m: 50m:	1:11.74 , 36.86	38.26 36.86	200m: 2011 150m:	2:32.40 1:59.47	40.47 41.71	300m: -1 250m:	3:54.24 3:22.78	41.11 41.42	400m: 350m:	5:13.72 5:24.56 4:45.93	38.34 41.51
9.	100m:	1:17.76	40.90	200m: 2010	2:41.36	41.89	300m:	4:04.42 -2	41.64	400m:	5:24.56 5:26.47	38.63
^	50m: 100m:	34.22 1:13.96	34.22 39.74	150m: 200m:	1:56.10 2:38.30	42.14 42.20	250m: 300m:	3:20.13 4:02.84	41.83 42.71	350m: 400m:	4:45.74 5:26.47	42.90 40.73
0.	50m: 100m:	32.61 1:09.86	32.61 37.25	2010 150m: 200m:	II 1:50.05 2:33.20	40.19 43.15	250m: 300m:	3:17.78 4:04.08	44.58 46.30	350m: 400m:	5:33.06 4:51.00 5:33.06	46.92 42.06
1.	50m: 100m:	, 35.77 1:16.53	35.77 40.76	2011 150m: 200m:	1:58.52 2:41.68	41.99 43.16	 250m: 300m:	-2 3:25.85 4:11.19	44.17 45.34	350m: 400m:	5:39.82 4:56.78 5:39.82	45.59 43.04
2.	50m: 100m:	35.82 1:19.41	35.82 43.59	2011 150m: 200m:	III 2:04.11 2:49.87	44.70 45.76	-2 250m: 300m:	3:34.88 4:19.65	45.01 44.77	350m: 400m:	5:43.30 5:04.06 5:43.30	44.41 39.24

50m							, 10	19.09.	2023				
3.		,	13,	, 400m			,						
50m 37.20 37.20 150m 204.68 45.12 250m 33.60 45.87 350m 504.74 43.7	0.0	,										_	
100m: 119.66 42.36 200m: 250.15 44.47 300m: 42.100 44.98 400m: 643.43 38.87 50m: 37.82 337.82 150m: 20.5.55 55.55 300m: 42.43 44.88 350m: 50.85 45.85 50m: 37.82 337.82 150m: 20.5.85 44.83 250m: 337.44 44.88 350m: 50.85 45.85 50m: 35.87 38.87 150m: 20.6.82 44.83 250m: 33.87 46.28 350m: 55.50.72 100m: 121.89 44.72 200m: 252.98 48.88 300m: 425.55 46.28 400m: 55.072 44.51 50m: 36.87 38.87 150m: 20.6.82 44.83 300m: 425.55 46.28 400m: 55.072 44.51 50m: 36.30 35.30 150m: 20.4.87 46.87 300m: 423.86 47.51 300m: 55.6.74 100m: 171.25 43.35 200m: 259.87 44.57 300m: 423.86 47.51 400m: 528.74 44.37 1.	23.	50m:	, 37.20	37.20			45.12		3:36.02	45.87	350m:		43.74
Som: 37.82 37.82 19.0m: 2.09.95 44.63 250m: 3.37.44 45.89 350m: 50.96.85 43.5 Som: 36.97 36.97 150m: 2.06.62 44.93 250m: 3.39.27 46.29 350m: 55.50.72 Som: 36.97 36.97 150m: 2.06.62 44.93 250m: 3.39.27 46.28 400m: 55.00.72 40.5 Som: 36.93 35.30 150m: 2.04.87 45.87 250m: 3.39.27 46.29 40.0m: 55.00.72 40.5 Som: 35.30 35.30 150m: 2.04.87 45.87 250m: 3.39.37 46.29 40.0m: 55.00.72 40.5 Som: 35.30 35.30 150m: 2.04.87 45.87 250m: 3.38.35 46.91 350m: 51.6.47 44.3 Q													38.69
100m: 12132 4350 200m: 25155 4580 300m: 42335 46.91 400m: 550.53 46.55 5.5m: 36.97 36.97 15mn: 206.62 44.93 250m: 339.27 46.29 350m: 510.22 4.55 5.5m: 36.97 15mn: 206.62 44.93 250m: 325.24 46.98 300m: 425.55 46.28 400m: 55.07.2 40.9 6.	24.		,	07.00			44.00			45.00	050		45.00
50m: 38.97 38.97 12.69 44.72 200m: 25.98 44.39 300m: 42.55 48.28 400m: 55.67.2 40.59 50m: 35.90 35.90 150m: 25.98 46.39 300m: 42.55 48.28 400m: 55.67.2 40.59 50m: 35.90 35.90 150m: 20.48.7 48.52 250m: 33.83.5 46.91 350m: 55.67.4 44.3 48.57 300m: 42.58 47.51 400m: 55.67.4 44.3 48.57 300m: 42.58 47.51 400m: 55.67.2 40.5 50m: 20.80.7 11.10 4.25 43.35 200m: 2.51.44 48.57 300m: 42.58 47.51 400m: 55.67.4 44.3 48.57 300m: 44.41.3 350m: 44.41.67 42.3 41.5 41.5 400m: 55.00.3 48.4 41.5 41.5 400m: 55.00.3 48.4 41.5 400m: 55.4 50.5 40.5 400m: 44.4 41.5 400m: 55.4 50.5 40.5 400m: 44.4 41.5 400m: 55.4 50.5 40.5 40.5 40.5 40.5 40.5 40.5													40.88
Som:	25.		,		2011	III			-2			5:50.72	
6. 2011 III			36.97										44.67
Som:	26.	100111.		77.72			40.00	500m.	4.20.00	40.20	400111.		40.00
14	20.		35.90		150m:	2:04.87						5:12.40	46.54
14 - 14 7.09.2025 - 11:10 1.		100m:	1:19.25	43.35				300m:		47.51	400m:	5:56.74	44.34
7.09.2025 - 11:10 1.	SQ	,	,		2010	II	"						
1.	47.00						, 400m					14	4 - 18
1.	17.08	9.2025 -	• 11:10										
50m: 36.39 35.39 150m: 1.56.69 41.19 250m: 3.18.04 41.13 350m: 4.41.87 42.3 100m: 1.14.50 39.11 200m: 2.36.91 41.22 300m: 3.59.55 41.51 400m: 5.20.30 38.41		,			/								
100m: 1:14.50	1.		,		2007	1			-2			5:20.30	II
1.													42.32 38 43
50m: 31.63 31.63 15.0m: 1.42.70 36.14 250m: 2.54.61 36.11 350m: 4.07.95 36.8 34.93 200m: 2.18.50 35.80 300m: 3.31.2 36.51 400m: 4.42.49 34.5 34.5 2.													
100m: 1:06.56 34.93 200m: 2:18.50 35.80 300m: 3:31.12 36.51 400m: 4:42.49 34.5 2.	1.		,		2011				-1			4:42.49	I
2.													36.83 34.54
50m: 36.92 36.92 150m: 2.01.33 42.48 250m: 3.27.75 43.48 350m: 4.54.04 43.4 40.0 100m: 1:18.85 41.93 200m: 2.44.27 42.94 300m: 4:10.63 42.88 400m: 5:34.85 48.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:34.85 49.8 40.0 15:35.78 40.0 15.0 15.0 15.0 15.0 15.0 15.0 15.0 1	2	100111.	1.00.00	01.00			00.00			00.01	100111.		01.0
3.	۷.				150m:	2:01.33		250m:	3:27.75			4:54.04	43.41
50m: 37.72 37.72 150m: 2:04.33 44.34 250m: 3:35.80 45.72 350m: 5:07.74 46.3 100m: 1:19.99 42.27 200m: 2:50.08 45.75 300m: 4:21.43 45.63 400m: 5:53.78 46.0 4.	•	100m:	1:18.85	41.93			42.94		4:10.63	42.88	400m:		40.81
100m: 1:19.99	3.	50m:		37.72			44.34		3:35.80	45.72	350m:		46.31
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5.	50m:	, 29.44	29.44	2009 100m:	I 1:03.15	33.71		"	1:03.15
6.	50m:	29.28	29.28	2009 100m:	I 1:04.38	" 35.10		"	1:04.38
7.	50m:	, 31.77	31.77	2009 100m:	 1:08.48	36.71		-1	1:08.48
8.	50m:	, 32.46	32.46	2009 100m:	 1:11.70	39.24			1:11.70
9.	50m:	, 30.69	30.69	2009 100m:	II 1:13.86	43.17			1:13.86
0.	50m:	, 38.06	38.06	2009 100m:	II 1:23.08	45.02		-2	1:23.08
1.	, 50m:	29.90	29.90	2011 100m:	 1:03.20	33.30	-1		1:03.20
2.	50m:	, 29.65	29.65	2011 100m:	l 1:03.45	33.80			1:03.45
3.	50m:	, 30.15	30.15	2010 100m:	 1:07.10	36.95	-2		1:07.10
4.	50m:	, 31.29	31.29	2011 100m:	l 1:08.60	37.31		-1	1:08.60
5.	50m:	, 31.80	31.80	2011 100m:	 1:08.67	36.87	-1		1:08.67
6.	50m:	, 32.58	32.58	2010 100m:	 1:08.91	36.33		"	1:08.91
7.	50m:	, 32.67	32.67	2011 100m:	 1:11.47	38.80	-1		1:11.47
8.	50m:	, 32.83	32.83	2011 100m:	 1:13.44	40.61			1:13.44
9.	50m:	, 34.29	34.29	2011 100m:	 1:15.79	41.50		-1	1:15.79
0.	50m:	, 44.27	44.27	2011 100m:	I 1:41.86	57.59	-1		1:41.86
Q	,			2011	I			-2	
7.09	1 .2025 -	6 11:25				, 100m			14 - 18
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1.	E0	,	24.00	2009		20.54			1:12.57
2.	50m:	34.03	34.03	100m: 2009		38.54			1:22.00
	50m:	35.88	35.88	100m:	1:22.00	46.12			

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	16	6,	, 100m									
1.	50m:	30.86	30.86	2011 100m:	1:06.12	35.26		-1			1:06.12	
2.	50m:	34.31	34.31	2011 100m:	1:13.48	39.17	-1				1:13.48	
3.	50m:	, 34.29	34.29	2011 100m:	1:13.60	39.31					1:13.60	
4.	50m:	, 35.22	35.22	2011 100m:	l 1:19.10	43.88					1:19.10	II
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7.09	.2025 - 1	1:25										
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1.	50m:	, 34.19	34.19	2008 100m:	I 1:13.17	38.98	150m:	1:53.63	40.46	200m:	2:33.56 2:33.56	 39.93
2.	50m:	, 34.63	34.63	2007 100m:	l 1:14.63	40.00	 150m:	-2 1:54.67	40.04	200m:	2:33.97 2:33.97	II 39.30
3.	50m:	, 35.29	35.29	2009 100m:	 1:14.77	39.48	150m:	1:56.24	41.47	200m:	2:36.70 2:36.70	 40.46
4.	50m:	34.63	34.63	2009 100m:	 1:14.53	39.90	 150m:	-1 1:55.75	41.22	200m:	2:36.76 2:36.76	 41.0
5.	50m:	35.70	35.70	2009 100m:	 1:17.15	41.45	150m:	2:00.29	43.14	200m:	2:42.95 2:42.95	 42.66
1.		,		2010							2:22.31	
2.	50m:	31.86	31.86	100m: 2010	1:07.95 	36.09	150m:	1:45.27 - 2	37.32	200m:	2:22.31 2:31.68	
3.	50m:	32.78	32.78	100m: 2011	1:10.97 	38.19	150m: - 2	1:51.83	40.86	200m:	2:31.68 2:41.47	39.85
4.	50m:	35.57	35.57	100m: 2011	1:16.09 	40.52	150m:	1:58.36	42.27	200m:	2:41.47 2:45.66	43.1′
5.	50m:	37.26	37.26	100m: 2011	1:19.08 	41.82	150m: -1	2:03.60	44.52	200m:	2:45.66 2:46.15	42.06
6.	50m:	38.10	38.10	100m: 2010		42.19	150m:	2:03.33	43.04	200m:	2:46.15 2:49.89	
7.	50m:	37.68	37.68	100m: 2011		43.76	150m: -1	2:05.82	44.38	200m:	2:49.89 2:50.47	
8.	50m:	38.84	38.84	100m: 2010	1:22.62	43.78	150m:	2:06.53	43.91	200m:	2:50.47 2:51.16	
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0.	50m:	, 42.34	42.34	2011 100m:	III 1:30.55	48.21	150m:	2:19.41	48.86	200m:	3:07.63 3:07.63	48.22
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2.	, 50m:	42.68	42.68	/ 2011 100m:	 1:34.54	51.86	150m:	2:27.20	52.66	200m:	3:15.48 3:15.48	48.28
3.	50m:	, 46.99	46.99	2011 100m:	III 1:39.16	52.17	-2 150m:	2:32.03	52.87	200m:	3:22.87 3:22.87	50.84
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	,			/								
	50m:	, 38.97	38.97	2007 100m:	1:21.42	42.45	150m:	2:04.68	43.26	200m:	2:46.43 2:46.43	 41.75
<u>2</u> .	50m:	42.92	42.92	2009 100m:	 1:31.79	48.87	150m:	2:20.76	48.97	200m:	3:09.88 3:09.88	II 49.12
	50m:	, 39.19	39.19	2010 100m:	1:22.10	42.91	 150m:	-1 2:04.73	42.63	200m:	2:46.30 2:46.30	 41.57
2.	50m:	, 40.95	40.95	2010 100m:	II 1:25.82	44.87	-1 150m:	2:11.19	45.37	200m:	2:56.42 2:56.42	
3.	50m:	43.20	, 43.20	2011 100m:	 1:28.35	45.15	-1 150m:	2:15.96	47.61	200m:	3:01.60 3:01.60	 45.64
l.	50m:	, 44.88	44.88	2010 100m:	1132.56	47.68	-1 150m:	2:23.84	51.28	200m:	3:13.08 3:13.08	 49.24
5.	50m:	, 48.81	48.81	2011 100m: 2011	 1:47.85 	59.04	-2 150m: -2	2:50.39	1:02.54	200m:	3:50.90 3:50.90 3:52.01	1:00.51
6.	50m:	, 50.51	50.51	2011 100m:	1:49.09	58.58	-2 150m:	2:49.99	1:00.90	200m:		1:02.02
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14 - '	15											
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٠.	,			11	+0,58	33.67		,		1		28.2
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		,		11	+0,54	39.09		,		1	1 +0,49	27.6
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XH											1:59.77	
Λι i				10	+0,63	26.81				09		29.9
	,			09	+0,57	31.32		,		09		31.6
XH		-1					-1				2:03.93	
,					+0,79	32.25	,			1	1 +0,47	29.6
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17.09	9.2025 - 1	1:50										
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1.				2009	ı	"		"			17:59.11	ı
	50m:	30.68	30.68	450m:	5:16.92	35.63	850m:	10:05.43	36.70	1250m:	14:59.24	37.21
		1:04.89	34.21	500m:	5:52.27	35.35	900m:	10:42.03	36.60	1300m:	15:36.50	37.26
		1:40.22 2:16.17	35.33 35.95	550m: 600m:	6:27.81 7:03.79	35.54 35.98	950m: 1000m:	11:18.35 11:55.14	36.32 36.79	1350m: 1400m:	16:13.42 16:50.00	36.92 36.58
	250m: 2	2:52.51	36.34	650m:	7:39.39	35.60	1050m:	12:32.08	36.94	1450m:	17:26.72	36.72
		3:28.60 4:05.41	36.09 36.81	700m: 750m:	8:15.61	36.22 36.27	1100m: 1150m:	13:08.40 13:44.98	36.32 36.58	1500m:	17:59.11	32.39
		4:41.29	35.88	800m:	8:51.88 9:28.73	36.85	1200m:	14:22.03	37.05			
2.				2008	II			-1			18:19.16	II
۷.	50m:	30.83	30.83	450m:	5:17.26	36.98	850m:	10:15.58	37.20	1250m:	15:15.78	38.07
		1:04.67	33.84	500m:	5:54.66	37.40	900m:	10:53.26	37.68	1300m:	15:53.24	37.46
		1:39.17	34.50	550m:	6:31.48	36.82	950m:	11:30.77	37.51	1350m:	16:29.54	36.30
		2:14.68 2:50.40	35.51 35.72	600m: 650m:	7:09.09 7:46.39	37.61 37.30	1000m: 1050m:	12:08.68 12:45.97	37.91 37.29	1400m: 1450m:	17:05.88 17:42.75	36.34 36.87
		3:26.92	36.52	700m:	8:23.59	37.20	1100m:	13:23.45	37.48	1500m:	18:19.16	36.41
	350m: 4	4:03.47	36.55	750m:	9:01.27	37.68	1150m:	14:00.69	37.24			
	400m: 4	4:40.28	36.81	800m:	9:38.38	37.11	1200m:	14:37.71	37.02			
3.		,		2009	II			-1			20:59.55	
	50m:	32.65	32.65	450m:	6:00.92	42.84	850m:	11:46.08	44.42	1250m:	17:33.84	42.93
		1:09.05 1:47.89	36.40 38.84	500m: 550m:	6:44.14 7:26.79	43.22 42.65	900m: 950m:	12:28.56 13:12.34	42.48 43.78	1300m: 1350m:	18:17.26 18:58.15	43.42 40.89
		2:28.66	40.77	600m:	8:09.23	42.44	1000m:	13:55.85	43.51	1400m:	19:39.09	40.94
	250m: 3	3:09.91	41.25	650m:	8:53.00	43.77	1050m:	14:39.06	43.21	1450m:	20:19.46	40.37
		3:52.68 4:36.28	42.77 43.60	700m: 750m:	9:34.58 10:18.30	41.58 43.72	1100m: 1150m:	15:22.17 16:06.88	43.11 44.71	1500m:	20:59.55	40.09
		4.30.20 5:18.08	43.80	800m:	11:01.66	43.72	1200m:	16:50.91	44.71			

	2	20,	, 1500)m								
		,		2011	II		-1				18:24.65	II
	50m:	33.60	33.60	450m:	5:29.36	37.18	850m:	10:26.95	37.64	1250m:	15:25.07	37.20
	100m:	1:09.71	36.11	500m:	6:06.55	37.19	900m:	11:04.39	37.44	1300m:	16:01.92	36.85
	150m:	1:46.67	36.96	550m:	6:43.79	37.24	950m:	11:41.76	37.37	1350m:	16:38.97	37.05
	200m:	2:23.94	37.27	600m:	7:21.16	37.37	1000m:	12:19.13	37.37	1400m:	17:15.67	36.70
	250m: 300m:	3:00.99 3:38.15	37.05 37.16	650m: 700m:	7:58.29 8:35.18	37.13 36.89	1050m: 1100m:	12:56.80 13:34.06	37.67 37.26	1450m: 1500m:	17:51.26 18:24.65	35.59 33.39
	350m:	4:15.27	37.10	750m:	9:12.28	37.10	1150m:	14:10.93	36.87	1300111.	10.24.03	33.33
	400m:	4:52.18	36.91	800m:	9:49.31	37.03	1200m:	14:47.87	36.94			
				2011	II		-1				18:51.25	II
	50m:	, 32.85	32.85	450m:	5:31.91	37.94	850m:	10:36.77	37.85	1250m:	15:43.18	39.05
	100m:	1:09.71	36.86	500m:	6:10.15	38.24	900m:	11:15.02	38.25	1300m:	16:21.73	38.55
	150m:	1:46.70	36.99	550m:	6:48.29	38.14	950m:	11:53.23	38.21	1350m:	17:00.48	38.75
	200m:	2:23.96	37.26	600m:	7:26.45	38.16	1000m:	12:31.47	38.24	1400m:	17:38.63	38.15
	250m:	3:01.19	37.23	650m:	8:04.32	37.87	1050m:	13:09.03	37.56	1450m:	18:16.78	38.15
	300m:	3:38.74	37.55	700m:	8:42.86	38.54	1100m:	13:47.01	37.98	1500m:	18:51.25	34.47
	350m: 400m:	4:16.49 4:53.97	37.75 37.48	750m: 800m:	9:20.83 9:58.92	37.97 38.09	1150m: 1200m:	14:25.63 15:04.13	38.62 38.50			
	400111.	4.00.01	37.40			30.03	1200111.		30.30			
		,		2011				-2		,	20:41.40	
	50m:	34.73	34.73	450m:	6:01.13	41.70	850m:	11:34.18	40.61	1250m:	17:12.10	43.05
	100m:	1:13.65	38.92	500m:	6:42.80	41.67	900m:	12:16.36	42.18	1300m:	17:55.17	43.07
	150m: 200m:	1:53.83 2:34.66	40.18 40.83	550m: 600m:	7:24.50 8:06.54	41.70 42.04	950m: 1000m:	12:58.65 13:41.25	42.29 42.60	1350m: 1400m:	18:37.98 19:19.06	42.81 41.08
	250m:	3:15.54	40.88	650m:	8:48.67	42.13	1050m:	14:22.53	41.28	1450m:	20:01.42	42.36
	300m:	3:56.90	41.36	700m:	9:29.78	41.11	1100m:	15:04.82	42.29	1500m:	20:41.40	39.98
	350m:	4:38.09	41.19	750m:	10:11.99	42.21	1150m:	15:46.51	41.69			
	400m:	5:19.43	41.34	800m:	10:53.57	41.58	1200m:	16:29.05	42.54			
		,		2011	III		-1				22:16.40	
	50m:	39.22	39.22	450m:	6:35.73	45.03	850m:	12:36.30	45.13	1250m:	18:37.09	43.88
	100m:	1:22.53	43.31	500m:	7:21.22	45.49	900m:	13:21.88	45.58	1300m:	19:21.92	44.83
	150m:	2:06.90	44.37	550m:	8:06.13	44.91	950m:	14:06.89	45.01	1350m:	20:06.42	44.50
	200m: 250m:	2:51.34	44.44 45.14	600m:	8:51.09 9:35.76	44.96 44.67	1000m:	14:52.05 15:37.18	45.16 45.13	1400m: 1450m:	20:51.59 21:35.86	45.17 44.27
	300m:	3:36.48 4:21.24	44.76	650m: 700m:	10:20.98	45.22	1050m: 1100m:	16:22.46	45.13 45.28	1500m:	22:16.40	40.54
	350m:	5:06.18	44.94	750m:	11:05.59	44.61	1150m:	17:08.03	45.57			
	400m:	5:50.70	44.52	800m:	11:51.17	45.58	1200m:	17:53.21	45.18			
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		,		2007	•			-2			25.97	
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		,		2008	i I						27.27	II
				2009							27.27	
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		,		2009				-1			27.59	
		,						-1				
		,		2009		"		"			28.06	
		,		2009		"		"			28.31	
		,		2008							28.58	
		,		2007				-2			28.75	
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		,		2009				_			30.45	
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18.	,		2009 II		-1	31.60
19. 20.	,		2009 II 2009 II	 -2	-2	31.86 32.36
21.	,		2009 II	-2 -2		33.52
22	,		2009 II		-2	34.47
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1.	,		2010			26.81
2.	,		2010 II		-2	28.31 II
3.	,		2011 I			28.39 II
4.	,		2011 I	-1		28.79 II
5.	,		2010 I		-2	28.83
6.	,		2010 II		4	29.00
0	,		2011 I 2011 II	 -1	-1	29.12 29.30
9.	,		2011 II	-1 -1		29.57
10.	,		2011 II	-1 -1		29.89
11.	,		2011 II		-1	30.23
12.	,		2011 II	-1	•	30.58
13.	,		2010 II		-2	30.66
14.	,		2011 II			30.96
15.	,		2010 II		-1	30.98
16.	,		2011 II		-1	31.08
17.	,		2011 II			31.71
18.	,		2011 II	" .	"	31.74
19.	,		2011 II	-1		31.88
20.	,		2010 II	-2		32.35
21. 22.	,		2011 II 2010 III	-1	2	32.71 33.74
22. 23.	,		2010 III 2011 II		-2 -1	33.88
24	,		2011 II		- 1	34.15
25.	,		2010 I		-2	34.96
26.	,		2010 II	"	_ "	35.22
27.	,		2010 II		-2	35.46
28.	,		2010 II		-2	35.58
29.	,		2011 III	-1		36.85
30.	,		2010 II		-2	37.62
31.	,		2011 III			39.40
32.	,		2011 I	-1		40.17
33.	,		2011 I	-1		42.23
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18.09.2025 -				, 		
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1.			2009 I			30.25
2.	,		2007			30.62
3.	,		2007 I		-1	30.86
4.	,		2009 I		·	31.51
5.	,		2009 I			33.34 II
6.	,		2009 II	II .	II .	34.72
II .	"	",	25			
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1. 2.		,		2011 2010				-1 -1			30.36 31.78	
3.		,		2011	1		-1	·			32.44	II
4.		,		2011	II						32.63	
5. 6.		,		2011 2010	l I						32.89 33.98	II
7.		,		2010	II		-1				34.58	
8. 9.			,	2011 2011	II III		-1 -1				36.31 39.78	
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0.00		23				, 200m					14	4 - 18
3.08	9.2025 -	10:45										
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1.	50m:	, 26.42	26.42	2009 100m:	54.61	28.19	 150m:	-1 1:23.97	29.36	200m:	1:53.84 1:53.84	29.8
2.		,		2009	I			-2			2:03.24	ı
	50m:	27.89	27.89	100m:	59.27	31.38	150m:	1:31.68	32.41	200m:	2:03.24	31.5
3.	50m:	, 27.97	27.97	2009 100m:	I 59.00	31.03	 150m:	-1 1:32.03	33.03	200m:	2:05.16 2:05.16] 33.1
4.	50m:	, 28.08	28.08	2009 100m:	l 59.56	31.48	 150m:	-2 1:32.46	32.90	200m:	2:05.21 2:05.21	1 32.7
5.		,		2008	1	"		"			2:05.72	II
_	50m:	28.86	28.86	100m:	1:00.73	31.87	150m:	1:34.10	33.37	200m:	2:05.72	31.6
6.	50m:	, 29.74	29.74	2009 100m:	 1:04.05	34.31	 150m:	-2 1:37.91	33.86	200m:	2:08.12 2:08.12	 30.2
7.		,		2008	1		-2				2:10.05	II
	50m:	30.10	30.10	100m:	1:03.12	33.02	150m:	1:37.38	34.26	200m:	2:10.05	32.6
8.	50m:	, 29.75	29.75	2008 100m:	 1:02.53	32.78	 150m:	-2 1:36.86	34.33	200m:	2:11.88 2:11.88	 35.0
9.		,		2009	II			-2			2:13.45	
	50m:	30.21	30.21	100m:	1:03.97	33.76	150m:	1:39.19	35.22	200m:	2:13.45	34.2
0.	50m:	, 30.01	30.01	2009 100m:	II 1:03.68	33.67	150m:	1:39.68	36.00	200m:	2:14.29 2:14.29	 34.6
1.	, 50m:	32.37	32.37	2009 100m:	 1:09.15	36.78	 150m:	-2 1:47.28	38.13	200m:	2:22.43 2:22.43	35.1
2.	JOIII.	02.01	02.01	2009		30.70		-1	30.10	200111.	2:24.68	00.1
	50m:	32.10	32.10	100m:	1:09.15	37.05	150m:	1:48.15	39.00	200m:	2:24.68	36.5
				0040							4.50.00	
1.	50m:	25.47	25.47	2010 100m:	53.84	28.37	150m:	1:23.05	29.21	200m:	1:52.82 1:52.82	29.7
2.	50m:	, 28.27	28.27	2010 100m:	58.94	30.67	150m:	1:30.58	31.64	200m:	2:01.49 2:01.49	I 30.9
3.	E0m:		20.04	2011	1:00.93	24.00	150	1.00 70	20.00	200	2:05.79	
4.	50m:	28.91	28.91	100m: 2011	1:00.83 	31.92	150m: -1	1:33.76	32.93	200m:	2:05.79 2:06.57	32.0
→.	50m:	, 28.94	28.94	2011 100m:	1 1:00.46	31.52	- I 150m:	1:33.60	33.14	200m:	2:06.57	II 32.9

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э.	50m:	, 29.28	29.28	2010 100m:	II 1:01.54	32.26	-2 150m:	1:34.85	33.31	200m:	2:06.63 2:06.63	II 31.78
3.	50m:	, 31.11	31.11	2010 100m:	 1:04.29	33.18	150m:	1:37.93	33.64	200m:	2:08.38 2:08.38	II 30.45
7.	50m:	, 28.46	28.46	2010 100m:	1:01.67	33.21	 150m:	-1 1:36.59	34.92	200m:	2:09.44 2:09.44	 32.85
8.	50m:	, 28.92	28.92	2011 100m:	l 1:02.28	33.36	 150m:	-1 1:36.89	34.61	200m:	2:10.40 2:10.40	II 33.51
9.	50m:	, 30.64	30.64	2011 100m:	 1:04.14	33.50	- 1 150m:	1:38.80	34.66	200m:	2:11.81 2:11.81	II 33.01
0.	50m:	28.92	28.92	2010 100m:	II 1:02.00	33.08	150m:	1:36.71	34.71	200m:	2:12.13 2:12.13	 35.42
1.	, 50m:	29.72	29.72	2010 100m:	 1:02.91	33.19	-2 150m:	1:38.50	35.59	200m:	2:13.63 2:13.63	 35.13
2.	50m:	, 29.48	29.48	2010 100m:	II 1:02.39	32.91	 150m:	-2 1:39.22	36.83	200m:	2:15.94 2:15.94	
3.	50m:	, 31.86	31.86	2011 100m:	 1:06.32	34.46	-1 150m:	1:41.75	35.43	200m:	2:16.23 2:16.23	 34.48
4.	50m:	, 31.28	31.28	2011 100m:	 1:06.05	34.77	 150m:	-1 1:41.75	35.70	200m:	2:16.37 2:16.37	II 34.62
5.	50m:	, 31.34	31.34	2011 100m:	 1:05.99	34.65	150m:	1:42.20	36.21	200m:	2:16.82 2:16.82	 34.62
6.	50m:	, 31.98	31.98	2011 100m:	 1:06.73	34.75	-1 150m:	1:42.99	36.26	200m:	2:18.18 2:18.18	II 35.19
7.	50m:	, 32.05	32.05	2010 100m:	 1:07.51	35.46	 150m:	-2 1:44.82	37.31	200m:	2:21.24 2:21.24	36.42
8.	50m:	, 32.13	32.13	2011 100m:	 1:07.71	35.58	-1 150m:	1:45.03	37.32	200m:	2:22.45 2:22.45	37.42
9.	50m:	, 32.22	32.22	2010 100m:	 1:08.79	36.57	150m:	1:46.84	38.05	200m:	2:22.80 2:22.80	35.96
0.	50m:	, 31.59	31.59	2010 100m:	 1:08.37	36.78	 150m:	-2 1:47.17	38.80	200m:	2:23.52 2:23.52	36.35
1.	50m:	, 32.63	32.63	2011 100m:	 1:09.58	36.95	150m:	1:47.77	38.19	200m:	2:23.53 2:23.53	35.76
2.	50m:	, 33.25	33.25	2011 100m:	 1:09.92	36.67	 150m:	- 1 1:47.01	37.09	200m:	2:23.86 2:23.86	36.85
3.	50m:	32.47	32.47	2011 100m:	III 1:09.44	36.97	-2 150m:	1:46.76	37.32	200m:	2:24.23 2:24.23	37.47
4.	50m:	, 33.34	33.34	2011 100m:	 1:10.87	37.53	 150m:	-2 1:50.61	39.74	200m:	2:27.70 2:27.70	37.09
5.	50m:	, 35.41	35.41	2011 100m:	III 1:13.94	38.53	-1 150m:	1:53.25	39.31	200m:	2:30.49 2:30.49	37.24
6.	50m:	, 34.13	34.13	2010 100m:	 1:13.78	39.65	 150m:	-2 1:55.96	42.18	200m:	2:37.42 2:37.42	41.46
7.	50m:	, 35.81	35.81	2011 100m:	1:16.50	40.69	 150m:	-2 1:58.34	41.84	200m:	2:39.38 2:39.38	41.04
8.	50m:	, 36.20	36.20	2011 100m:	1:17.89	41.69	-1 150m:	2:00.20	42.31	200m:	2:40.06 2:40.06	39.86
9.	50m:	, 35.95	35.95	2011 100m:	III 1:18.32	42.37	 150m:	-2 2:03.70	45.38	200m:	2:44.45 2:44.45	40.75
0.	50m:	, 37.41	37.41	2011 100m:	l 1:20.18	42.77	- 1 150m:	2:04.11	43.93	200m:	2:45.79 2:45.79	41.68

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1.	50m:	37.33	37.33	2011 100m:	 1:19.97	42.64	 150m:	-2 2:04.38	44.41	200m:	2:47.83 2:47.83	43.45
2.	50m:	, 35.59	35.59	2011 100m:	III 1:18.33	42.74	150m:	2:04.59	46.26	200m:	2:48.66 2:48.66	44.07
3.	50m:	, 35.20	35.20	2011 100m:	III 1:19.10	43.90	-2 150m:	2:06.39	47.29	200m:	2:53.13 2:53.13	46.74
4.	50m:	, 41.11	41.11	2011 100m:	III 1:27.41	46.30	-2 150m:	2:15.00	47.59	200m:	3:00.62 3:00.62	45.62
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١.	50m:	, 32.37	32.37	2009 100m:	I 1:07.79	35.42	 150m:	-1 1:43.74	35.95	200m:	2:18.97 2:18.97	l 35.23
2.	50m:	, 32.95	32.95	2009 100m:	I 1:10.03	37.08	150m:	1:48.40	38.37	200m:	2:25.28 2:25.28	II 36.88
3.	50m:	, 32.37	32.37	2007 100m:	I 1:09.13	36.76	 150m:	-2 1:48.57	39.44	200m:	2:25.95 2:25.95	II 37.38
4.	50m:	33.34	33.34	2009 100m:	 1:11.70	38.36	150m:	1:54.72	43.02	200m:	2:37.09 2:37.09	42.37
١.	50m:	, 30.48	30.48	2011 100m:	1:05.01	34.53	 150m:	-1 1:40.25	35.24	200m:	2:14.75 2:14.75	I 34.50
<u>2</u> .	50m:	32.03	32.03	2010 100m:	1:07.28	35.25		-1 1:44.14	36.86	200m:	2:20.92 2:20.92	
3.	50m:	, 32.58	32.58	2011 100m:	 1:08.80	36.22	150m:	1:46.68	37.88	200m:	2:25.41 2:25.41	II 38.73
١.	50m:	, 33.09	33.09	2010 100m:	 1:09.90	36.81	-1 150m:	1:49.12	39.22	200m:	2:27.36 2:27.36	II 38.24
	50m:	, 35.22	35.22	2011 100m:	 1:16.92	41.70	 150m:	-2 1:59.73	42.81	200m:	2:40.97 2:40.97	41.24
i.	50m:	, 37.77	37.77	2010 100m:	 1:19.15	41.38	-1 150m:	2:02.74	43.59	200m:	2:44.97 2:44.97	42.23
	50m:	41.14	41.14	2011 100m:	III 1:26.70	45.56	-2 150m:	2:14.24	47.54	200m:	2:58.49 2:58.49	44.25
3.	50m:	, 38.73	38.73	2011 100m:	III 1:24.58	45.85	-2 150m:	2:13.50	48.92	200m:	3:00.04 3:00.04	46.54

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18.09	2 9.2025 -	25 11:10			, 100m		14 - 18
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1.	50m:	, 29.32	29.32	2009 100m: 1:00.88	 31.56	-2	1:00.88
2.	50m:	, 29.34	29.34	2009 I 100m: 1:01.11	 31.77	-1	1:01.11
3.	50m:	, 30.08	30.08	2008 100m: 1:01.51	31.43	"	1:01.51
4.		, 30.46	30.46	2009 100m: 1:03.80	33.34	н	1:03.80
5.		,		2009 I			1:05.03
6.	50m:	30.45	30.45	100m: 1:05.03 2008	34.58		1:05.84
7.	50m:	32.06	32.06	100m: 1:05.84 2009 I	33.78	-2	1:05.92
8.	50m:	31.81	31.81	100m: 1:05.92 2009	34.11	ıı .	1:05.93
9.	50m:	32.12	32.12	100m: 1:05.93 2009	33.81	"	1:09.19
	50m:	33.45	33.45	100m: 1:09.19	35.74	4	
0.	50m:	, 34.40	34.40	2009 II 100m: 1:10.95	36.55	-1	1:10.95
1.	50m:	31.60	31.60	2009 II 100m: 1:16.34	44.74	-2	1:16.34
1.				2011 I		-1	1:03.90
2.	50m:	30.86	30.86	100m: 1:03.90 2011	33.04	-1	1:04.73
	50m:	, 31.00	31.00	100m: 1:04.73	33.73	-1	
3.	50m:	, 32.41	32.41	2011 I 100m: 1:06.49	34.08		1:06.49
4.	50m:	, 31.57	31.57	2010 II 100m: 1:06.51	34.94		1:06.51
5.	50m:	, 33.68	33.68	2010 II 100m: 1:07.26	33.58	"	1:07.26
6.	50m:	, 33.35	33.35	2011 II 100m: 1:07.37	34.02		1:07.37
7.	50m:	, 33.75	33.75	2010 II 100m: 1:09.07	35.32		1:09.07
8.		,		2010 II			1:12.36
9.	50m:		34.44	100m: 1:12.36 2010	37.92	н	1:12.78
	50m:	34.84	34.84	100m: 1:12.78 2011	37.94	-1	1:12.78
1.	50m:	35.48	35.48	100m: 1:12.78 2011	37.30		1:14.61
2.	50m:	36.96	36.96	100m: 1:14.61 2011	37.65 -1		1:17.76
۷.	50m:	37.21	37.21	100m: 1:17.76	40.55		1.17.70
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13.	,			2011	I						1:20.16	
	50m:	39.23	39.23	100m:	1:20.16	40.93		0			4-00.05	
14.	50m:	, 39.19	39.19	2011 100m:	 1:20.85	41.66		-2			1:20.85	
		26				, 100	m				14	1 - 18
8.09	9.2025 -	11:20										
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1.	50m:	, 34.83	34.83	2011 100m:	I 1:10.02	35.19	-1				1:10.02	I
2.	F0	,	24.05	2011	l 1:11.94	27.00					1:11.94	I
3.	50m:	34.85	34.85	100m: 2010	1:11.94	37.09					1:16.94	Ш
0.	50m:	, 37.14	37.14	100m:	1:16.94	39.80						
4.	, 50m:	43.49	43.49	2011 100m:	 1:28.40	44.91	-1				1:28.40	
18 09		27 11·20			, 4	100m					14	4 - 18
18.09	9.2025 -				, 4	100m					14	4 - 18
18.09				/	, 4	100m					14	1 - 18
18.09	9.2025 -		29.79 35.55	/ 2008 150m: 200m:	1:43.14 2:20.81	37.80 37.67	250m: 300m:	3:03.30 3:46.73	42.49 43.43	350m: 400m:	4:53.85 4:21.06 4:53.85	 34.3
	9.2025 - , 50m: 100m:	11:20 , 29.79 1:05.34	35.55	2008 150m: 200m:	1:43.14 2:20.81	37.80 37.67	300m:	3:46.73	43.43	400m:	4:53.85 4:21.06 4:53.85 5:00.32	 34.33 32.79
1.	9.2025 - , 50m:	11:20 , , 29.79		2008 150m: 200m:	1:43.14	37.80					4:53.85 4:21.06 4:53.85	I 34.3 32.7 I 35.2
1.	9.2025 - , 50m: 100m:	, , , , 29.79 1:05.34 , , 30.34	35.55 30.34	2008 150m: 200m: 2008 150m:	1:43.14 2:20.81 1:44.14 2:22.42	37.80 37.67 38.24	300m: 250m:	3:46.73 3:04.92	43.43 42.50	400m: 350m:	4:53.85 4:21.06 4:53.85 5:00.32 4:25.16	 34.3 32.7 35.2 35.1 35.8
1.	9.2025 - , 50m: 100m: 50m: 100m:	, 29.79 1:05.34 , 30.34 1:05.90	35.55 30.34 35.56 31.90	2008 150m: 200m: 2008 150m: 200m: 2009 150m:	1:43.14 2:20.81 1:44.14 2:22.42 1:49.10 2:28.84	37.80 37.67 38.24 38.28	300m: 250m: 300m: 250m:	3:46.73 3:04.92 3:49.90	43.43 42.50 44.98 45.01	400m: 350m: 400m: 350m:	4:53.85 4:21.06 4:53.85 5:00.32 4:25.16 5:00.32 5:09.24 4:35.05 5:09.24 5:28.05	 34.33 32.79 35.20 35.10
1. 2. 3.	50m: 100m: 50m: 100m:	, 29.79 1:05.34 , 30.34 1:05.90 , 31.90 1:09.00	35.55 30.34 35.56 31.90	2008 150m: 200m: 2008 150m: 200m: 2009 150m: 200m:	1:43.14 2:20.81 1:44.14 2:22.42 1:49.10 2:28.84	37.80 37.67 38.24 38.28 " 40.10 39.74	300m: 250m: 300m: 250m:	3:46.73 3:04.92 3:49.90 " 3:13.85 3:59.23	43.43 42.50 44.98 45.01	400m: 350m: 400m: 350m:	4:53.85 4:21.06 4:53.85 5:00.32 4:25.16 5:00.32 5:09.24 4:35.05 5:09.24	34.3 32.7 35.2 35.1 35.8 34.1 40.0
1. 2. 3.	50m: 100m: 50m: 100m: 50m: 100m:	, 29.79 1:05.34 , 30.34 1:05.90 , 31.90 1:09.00 , 33.22 1:15.38	35.55 30.34 35.56 31.90 37.10 33.22 42.16	2008 150m: 200m: 2008 150m: 200m: 2009 150m: 2008 150m: 2008:	1:43.14 2:20.81 1:44.14 2:22.42 1:49.10 2:28.84 1:58.04 2:37.95 	37.80 37.67 38.24 38.28 40.10 39.74 42.66 39.91	300m: 250m: 300m: 250m: 300m: 250m: 300m:	3:46.73 3:04.92 3:49.90 " 3:13.85 3:59.23 " 3:24.01 4:10.93	43.43 42.50 44.98 45.01 45.38 46.06 46.92	400m: 350m: 400m: 350m: 400m:	4:53.85 4:21.06 4:53.85 5:00.32 4:25.16 5:00.32 5:09.24 4:35.05 5:09.24 5:28.05 4:51.02 5:28.05 5:35.91	34.3 32.7 35.2 35.1 II 40.0 37.0 II
1. 2. 3.	50m: 100m: 50m: 100m: 50m: 100m:	, 29.79 1:05.34 , 30.34 1:05.90 , 31.90 1:09.00 , 33.22 1:15.38	35.55 30.34 35.56 31.90 37.10	2008 150m: 200m: 2008 150m: 200m: 2009 150m: 2008 150m: 2008:	1:43.14 2:20.81 1:44.14 2:22.42 1:49.10 2:28.84 1:58.04 2:37.95	37.80 37.67 38.24 38.28 " 40.10 39.74 " 42.66 39.91	300m: 250m: 300m: 250m: 300m:	3:46.73 3:04.92 3:49.90 " 3:13.85 3:59.23 " 3:24.01 4:10.93	43.43 42.50 44.98 45.01 45.38	400m: 350m: 400m: 350m: 400m:	4:53.85 4:21.06 4:53.85 5:00.32 4:25.16 5:00.32 5:09.24 4:35.05 5:09.24 5:28.05	34.3 32.7' 35.2; 35.1' 35.8; 34.1' 40.0' 37.0' 39.2'
1. 2. 3.	50m: 100m: 50m: 100m: 50m: 100m: 50m: 100m:	, 29.79 1:05.34 , 30.34 1:05.90 , 31.90 1:09.00 , 33.22 1:15.38 , 34.59 1:17.10	35.55 30.34 35.56 31.90 37.10 33.22 42.16 34.59 42.51	2008 150m: 200m: 2008 150m: 2009: 150m: 2008: 150m: 2008: 2009: 150m: 2009:	1:43.14 2:20.81 1:44.14 2:22.42 1:49.10 2:28.84 1:58.04 2:37.95 2:01.48 2:44.66	37.80 37.67 38.24 38.28 40.10 39.74 42.66 39.91	300m: 250m: 300m: 250m: 300m: 250m: 300m:	3:46.73 3:04.92 3:49.90 " 3:13.85 3:59.23 " 3:24.01 4:10.93 " 3:32.95 4:19.77	43.43 42.50 44.98 45.01 45.38 46.06 46.92 48.29 46.82	350m: 400m: 350m: 400m: 350m: 400m: 350m: 400m:	4:53.85 4:21.06 4:53.85 5:00.32 4:25.16 5:00.32 5:09.24 4:35.05 5:09.24 5:28.05 4:51.02 5:28.05 5:35.91 4:59.00 5:35.91 6:03.68	34.33 32.75 35.20 35.81 35.83 34.15 40.00 37.00 1 39.22 36.9
1. 2. 3. 4.	50m: 100m: 50m: 100m: 50m: 100m: 50m: 100m:	, 29.79 1:05.34 , 30.34 1:05.90 , 31.90 1:09.00 , 33.22 1:15.38 , 34.59 1:17.10	35.55 30.34 35.56 31.90 37.10 33.22 42.16	2008 150m: 2008 150m: 2009 150m: 2009 150m: 2008 150m: 2009 150m: 2009	1:43.14 2:20.81 1:44.14 2:22.42 1:49.10 2:28.84 1:58.04 2:37.95 2:01.48 2:44.66	37.80 37.67 38.24 38.28 40.10 39.74 42.66 39.91	300m: 250m: 300m: 250m: 300m: 250m: 300m:	3:46.73 3:04.92 3:49.90 " 3:13.85 3:59.23 " 3:24.01 4:10.93	43.43 42.50 44.98 45.01 45.38 46.06 46.92	400m: 350m: 400m: 350m: 400m: 350m: 400m:	4:53.85 4:21.06 4:53.85 5:00.32 4:25.16 5:00.32 5:09.24 4:35.05 5:09.24 5:28.05 4:51.02 5:28.05 5:35.91	34.33 32.79 35.21 35.81 34.19 40.00 37.00

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						, 10	19.09.	2025				
	2	27,	, 400m									
1.	50m:	, 31.37	31.37	2011 150m:	 1:49.78	40.51	 250m:	-1 3:11.26	42.13	350m:	5:03.79 4:30.12	 34.76
	100m:	1:09.27	37.90	200m:	2:29.13	39.35	300m:	3:55.36	44.10	400m:	5:03.79	33.67
2.	50m: 100m:	31.99 1:08.93	31.99 36.94	2011 150m: 200m:	 1:50.46 2:30.56	41.53 40.10	-1 250m: 300m:	3:13.87 3:56.91	43.31 43.04	350m: 400m:	5:06.90 4:32.25 5:06.90	II 35.34 34.65
3.	50m: 100m:	, 33.63 1:13.85	33.63 40.22	2011 150m: 200m:	 1:52.43 2:31.03	38.58 38.60	-1 250m: 300m:	3:14.00 3:57.99	42.97 43.99	350m: 400m:	5:11.90 4:35.84 5:11.90	II 37.85 36.06
4.	50m: 100m:	, 32.12 1:12.30	32.12 40.18	2011 150m: 200m:	 1:57.00 2:39.48	44.70 42.48	-2 250m: 300m:	3:22.48 4:07.64	43.00 45.16	350m: 400m:	5:19.25 4:46.06 5:19.25	II 38.42 33.19
5.	50m: 100m:	, 33.04 1:13.55	33.04 40.51	2010 150m: 200m:	 1:55.19 2:36.42	41.64 41.23	 250m: 300m:	-1 3:25.70 4:15.32	49.28 49.62	350m: 400m:	5:27.08 4:51.70 5:27.08	II 36.38 35.38
6.	50m: 100m:	, 35.13	35.13 41.35	2010 150m: 200m:		43.81 44.05	250m:	3:33.13	48.79	350m:	5:41.08 5:03.34 5:41.08	II 40.85
7.	TOOM:	1:16.48	41.35	2011	2:44.34 	44.05	300m: -1	4:22.49	49.36	400m:	5:41.70	37.74
7.	50m: 100m:	36.69 1:19.29	36.69 42.60	150m: 200m:	2:01.75 2:44.16	42.46 42.41	250m: 300m:	3:36.66 4:26.27	52.50 49.61	350m: 400m:	5:04.19 5:41.70	37.92 37.51
18.09). 2025 -	28 11:35			, 4	-00m					14	1 - 18
	,			/								
1.	50m: 100m:	, 35.52 1:17.75	35.52 42.23	2009 150m: 200m:	l 1:58.11 2:39.49	40.36 41.38	250m: 300m:	3:25.66 4:13.00	46.17 47.34	350m: 400m:	5:27.17 4:51.25 5:27.17	l 38.25 35.92
1.	50m: 100m:	, 38.14 1:24.69	38.14 46.55	2011 150m: 200m:	 2:11.11 2:56.97	46.42 45.86	-2 250m: 300m:	3:50.17 4:45.04	53.20 54.87	350m: 400m:	6:09.30 5:27.79 6:09.30	 42.75 41.51
18 09	: 9.2025 -	29 . 11·45				, 4 x 50r	n				14	1 - 18
10.00	3.2020			/								
1.	,		-1	09 09	+0,68 +0,44	23.62 23.96		-1		09 09	1:36.69 +0,62 +0,41	24.93 24.18
2.	,	Н	п	08 08	+0,65 +0,39	26.40 26.89	,	, "		09	1:43.87	26.16 24.42
3.	,		-2	09 09	+0,68 +0,48	25.18 26.08		, -2 ,		09	1:44.15	26.86 26.03
	ıı	n	",	25	;				0)4/10/2	TIME	OANITUM /	

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(25) , 16 - 19.09.2025

				, 16	5 - 19.09	9.2025			
	29,	, 4 x 50m							
1.		-2 10 10	+0,63	26.02 28.79		-2	10 10	1:48.30 +0,20	26.81 26.68
2.	,	11 10	+0,83 +0,51	28.80 26.94		,	11 11	1:48.97 +0,23 +0,45	27.14 26.09
3.	, -2	10 10	+0,95 +0,50	26.70 26.81	-2	,	11 10	1:49.54 +0,59 +0,25	27.99 28.04
4.	, -1 ,	11 11	+0,76 +0,58	27.74 26.52	-1	,	11 11	1:49.55 +0,39 +0,30	27.48 27.81
5.	,	-1 11	+0,76	26.90		, -1 ,	10	1:50.26 +0,56	28.45
6.	, II	11 " 10 10	+0,31 +0,44 +0,58	26.77 " 26.49 29.68		, n	11 11 10	+0,35 1:50.62 0.00	28.14 27.41 27.04
7.	, -1 ,	11 11	+0,69 +0,17	29.63 29.87	-1	,	11 11	1:56.51 +0,67 +0,59	27.84 29.17
EXH	, 	-2				-2		1:38.19	20
, EXH	,	07	+0,67 +0,54	23.94 25.15	,	,	09	1:39.83	
EXH	,	10 09	+0,69 +0,48	23.28 24.95		,	09 11	+0,46 +0,47 1:42.92	26.23 25.37
EXH	, , -2	09 10	+0,51 +0,37	26.54 25.41	-2	,	08 08	+0,65 +0,27 1:48.33	25.98 24.99
	,	08 10	+0,67 +0,62	26.33 27.80		,	09 09	+0,71 +0,50	28.54 25.66
18.09.2	30 2025 - 11:45			, 4 x 50m	1			14	- 18
		1							
1.	-2	11	+0,98	34.38	-2		11	2:19.96 +0,61	33.45
	,	11	+0,43	35.99		,	11	+0,35	36.14

" ", 25

. 16 - 19.09.2025

					, 1	6 - 19.09.2	025		
	30,	, 4 x 50m							
EXH		-1	10 07	+0,73 +0,49	28.09 28.55	,	-1	09 +0	54.12 ,24 29.37 ,29 28.11
EXH	- 1		10 11	+0,71	30.11 32.50	-1 ,		1:5 11 +0	58.56 ,50 28.59 ,49 27.36
XH	 ,	-2	11 07	+0,95	33.79 30.01	· · · · · · · · · · · · · · · · · · ·	-2		10.58 29.06 ,45 27.72
EXH	,		09 11		31.37 30.96	,	,		9 1.60 ,56 30.62 28.65
18.09.2	31 025 - 11:50				, 1500r	m			14 - 18
	,		/		50.	-			44 40
19.09.2	32 :025 - 10:30				, 50m	า			14 - 18
	,		/						
1. 2. 3. 4. 5. 6. 7.	, , , ,		2009 2009 2007 2009 2009 2009 2008 2008	1			-1 -1 -2 -1 -1	2 2 2 2 2 2 2	3.37
9. 10. 11. 12. 13.	, , ,		2008 2008 2008 2009 2009 2009	 	"	 -2	-2 -2 "	2 2 2 2	25.65 25.83 25.84 26.12 26.16 26.19
15. 16. 17. 18. 19. 20. 21.	, , ,		2009 2008 2009 2009 2009 2008 2009	 	"	-2 	-2 -2 "	2 2 2 2 2	66.22 66.36 66.49 66.81 66.89 66.91
21. 22. 23. 24. 25. 26. 27.	, , ,		2009 2008 2009 2009 2009 2009	 			-1 -1 -1	2 2 2 2	10.92 17.00 18.31 18.39 18.49

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			, 16 - 19.09.2	2025	
	32,	, 50m			
4		2010			23.50
1. 2.	,	2010 2010 II		-2	25.68 II
3.	,	2011 I	-1	_	25.87 II
4.	,	2011 II			26.03 II
5.	,	2011 I			26.22 II
6.	,	2010 II	-2		26.23 II
7.	,	2010 II		-1	26.34 II
8.	,	2010 II	"	"	26.68
9.	,	2010 II		-2	26.97
10. 11.	,	2010 II 2010 II			27.08 27.35
12.	,	2010 II 2011 II	-1		27.92
13.	,	2011 II		-1	28.34
14.	,	2010 II	-2	·	28.53
15.	,	2011 II		-1	28.66
16.	,	2010 II	-2		28.74
17.	,	2011 I		-1	28.76
18.	,	2011 II	" .	"	28.79
19.	,	2011	-1		29.19
20.	,	2011 II 2011 II	-1	4	29.39
21. 22.	,	2011 II 2011 II		-1	29.48 29.49
23.	,	2010 II	II	II .	29.75
24.	,	2011	-1		30.11
25.	,	2011 III			30.88
26.	,	2011 I			31.09
27.	,	2010 I		-2	31.20
28.	,	2011 II		-1	31.22
29.	,	2011		-2	31.31
30.	,	2011	-2		31.73
31. 32.	,	2011 III 2011 I	-1 -1		31.76 32.17
32. 33.	,	2011 I	-1 -1		33.08
34.	,	2011 I		-2	33.28
35.	,	2011 III		_	33.48
36.	,	2011 III		-2	34.27
37.	,	2011 I		-2	35.71
19.09.2	33 025 - 10:40		, 50m		14 - 18
	,	/			
1.	,	2007		4	28.37
2.	,	2007 I		-1	28.56 II
3. 4.	,	2009 I 2009 I			29.06 ∥ 29.34 ∥
4. 5.	,	2009 I 2009 I		-1	29.34 ∥ 30.26 ∥
6.	,	2009 II		-1	30.87
7.	,	2009 II		-1	31.31
8.	,	2009 II			31.93

				, 16 - 19.09.2	2025	,
	33,	, 50m				
1. 2. 3. 4. 5. 6. 7. 8. 9.	, , ,		2010 2011 2011 2011 2011 2010 2010 2011 2011	-1 -2 -2	-1 -1	27.67 27.88 29.27 30.55 31.00 31.55 33.87 34.17 35.79 40.01
19.09	34 9.2025 - 10:45			, 100m		14 - 18
	,		/			
1.	, 50m: 29.70	29.70	2009 100m: 1:04.36	 34.66	-1	1:04.36
2.	, 50m: 31.59		2008 I 100m: 1:07.98	" 36.39	"	1:07.98
3.	,		2007 I		-2	1:11.22
4.	50m: 33.39		100m: 1:11.22 2009	37.83	-1	1:12.08
5.	50m: 33.50	33.50	100m: 1:12.08 2009 II	38.58 -2		1:13.02
6.	50m: 34.33	34.33	100m: 1:13.02 2009	38.69	"	1:16.24
0.	50m: 34.97	34.97	100m: 1:16.24	41.27		
1.	, 50m: 30.40		2010 100m: 1:04.19	33.79		1:04.19
2.	, 50m: 30.76	30.76	2010 I 100m: 1:07.92	 37.16	-2	1:07.92
3.	, 50m: 34.04	34.04	2011 II 100m: 1:13.45	39.41		1:13.45
4.	, 50m: 34.86		2011 I 100m: 1:14.31	 39.45	-1	1:14.31
5.	50m: 34.68		2011 II 100m: 1:14.34	-2 39.66		1:14.34
6.	,		2011 II			1:15.78
7.	50m: 34.79		100m: 1:15.78 2010	40.99	-2	1:16.20
8.	50m: 35.98		100m: 1:16.20 2011	40.22 -1		1:16.21
9.	50m: 35.64	35.64	100m: 1:16.21 2010	40.57	-2	1:20.16
10.	50m: 36.35	36.35	100m: 1:20.16 2011	43.81		1:27.69
	50m: 40.43	40.43	100m: 1:27.69	47.26		1.21.00
	11 11	",	25			SWISS TIMING OANTI IM AOUATIC

						, 1	6 - 19.09.2	2025	
	3	34,	, 100n	n ,					
	,			/					
11.	50m:	, 40.44	40.44	2011 100m:	 1:27.87	47.43			1:27.87
12.		,		2011	III		-2		1:34.58
13.	50m:	45.72	45.72	100m: 2011	1:34.58 III	48.86		-2	1:41.81
	50m:	47.98	47.98	100m:	1:41.81	53.83		_	
10.00	3 9.2025 -	5 10:50				, 1	00m		14 - 18
19.08	9.2025 -	10.50							
	,			/					
1.				2007					1:17.80
1.	50m:	36.48	36.48	100m:	1:17.80	41.32			1.17.00
1.		,		2010				-1	1:17.95
	50m:	36.66	36.66	100m:	1:17.95	41.29			
2.	50m:	, 36.60	36.60	2010 100m:	II 1:19.06	42.46	-1		1:19.06
3.	50m:	41.83	, 41.83	2011 100m:	 1:25.26	43.43	-1		1:25.26
4.		,		2011	III		-2		1:42.63
5.	50m:	47.13	47.13	100m: 2011	1:42.63 III	55.50	-2		1:49.21
o.	50m:	, 51.44	51.44	100m:	1:49.21	57.77	_		
0.00	3 9.2025 -	6 10:50			,	100m			14 - 18
19.08	9.2025 -	10.50							
	,			1					
1.				2008		"		"	59.66
	50m:	27.89	27.89	100m:	59.66	31.77			
2.	50m:	, 27.31	27.31	2008 100m:	1:00.35	33.04			1:00.35
3.	50m:	, 28.70	28.70	2008 100m:	1:02.67	33.97			1:02.67
4.	50111.	,	26.70	2009	1.02.67	33.97		"	1:03.46
	50m:	29.66	29.66	100m:	1:03.46	33.80		"	
5.	50m:	29.80	29.80	2009 100m:	l 1:03.53	33.73			1:03.53
6.	50m:	, 29.60	29.60	2009 100m:	l 1:03.54	33.94		-2	1:03.54
7.		,		2009	I				1:04.11
8.	50m:	29.21	29.21	100m: 2008	1:04.11	34.90			1:04.21
о.	50m:	, 31.86	31.86	2008 100m:	1:04.21	32.35			1:04.21
	ıı .	II .	",	25					
									SWISS TIMING QANTUM AQUATION

, 16 - 19.09.2025

	3	6,	, 100	m	,				
	,			/					
9.	50m:	, 29.64	29.64	2008 I 100m: 1:04.32	34.68			1:04.32	I
0.	50m:	, 29.06	29.06	2009 II 100m: 1:06.01	36.95	-2		1:06.01	II
1.	50m:	, 31.82	31.82	2009 II 100m: 1:06.82	35.00		II	1:06.82	II
2.	50m:	, 31.08	31.08	2008 I 100m: 1:06.89	"		II	1:06.89	II
3.	50m:	, 29.98	29.98	2009 I 100m: 1:07.35				1:07.35	II
4.	50m:	30.88	30.88	2009 II 100m: 1:07.89				1:07.89	II
5.		,		2009 II			-1	1:08.39	II
6.	50m:	31.07	31.07	100m: 1:08.39 2007			-2	1:08.54	II
7.	50m:	31.32	31.32	100m: 1:08.54 2009			-2	1:11.26	II
8.	50m:	33.11	33.11	100m: 1:11.26 2009		-2		1:11.30	II
9.	50m:	34.56	34.56	100m: 1:11.30 2009			-1	1:12.73	II
20.	50m:	35.44	35.44	100m: 1:12.73 2009 II				1:13.33	II
1.	50m:	33.14	33.14	100m: 1:13.33 2009 II	40.19	-2		1:15.69	
2.	50m:	35.35	35.35	100m: 1:15.69 2009 II	40.34		-2	1:16.78	
23.	50m:	35.94	35.94	100m: 1:16.78 2009 II	40.84	-2		1:19.09	
	50m:	37.30	37.30	100m: 1:19.09	41.79				
1.	E0m:	, 26.95	26.05	2010	24.62			58.48	
2.	50m:	26.85	26.85	100m: 58.48 2010				1:01.94	I
3.	50m:	29.78	29.78	100m: 1:01.94 2011		-1		1:04.58	I
4.	50m:	30.03	30.03	100m: 1:04.58 2011				1:05.97	II
5.		31.29	31.29	100m: 1:05.97 2011				1:06.50	II
6.	50m:	30.42	30.42	100m: 1:06.50 2010 II	"		II .	1:07.29	II
7.	50m:	31.55 ,	31.55	100m: 1:07.29 2010 II	35.74			1:07.56	II
8.	50m:	30.26	30.26	100m: 1:07.56 2010 II	37.30		-2	1:07.99	II
9.	50m:	'31.11	31.11	100m: 1:07.99	36.88		-2	1:09.00	
J.	50m:	, 32.44	32.44	100m: 1:09.00	36.56		-	1.03.00	"

	36,	, 10	0m		,		
	,		/				
10.	50m: 33.	69 33.69	2011 II 100m: 1:09	9.10 35.41	-1		1:09.10
11.	50m: 32.	49 32.49	2010 II 100m: 1:09	9.48 36.99	-2		1:09.48
12.	, 50m: 32.	53 32.53	2011 II 100m: 1:09	9.56 37.03			1:09.56
13.	, 50m: 33.	05 33.05	2010 II 100m: 1:09	9.65 36.60	-2		1:09.65
14.	, 50m: 32.	56 32.56	2011 II 100m: 1:09	9.77 37.21	-1		1:09.77
15.	, 50m: 32.	99 32.99	2010 II 100m: 1:10	0.34 37.35			1:10.34
16.		,	2011 II	0.59 38.19	-1		1:10.59 II
17.	, 50m: 32.		2010 II	0.89 38.21		n .	1:10.89
18.	50m: 31.		2010 II	1.20 39.82			1:11.20
19.	50m: 32.		2010 II	1.49 38.73		-1	1:11.49
20.	50m: 33.		2011 II	1.51 38.12		-1	1:11.51
21.	50m: 34.		2010 II	2.41 37.93	-2		1:12.41
22.	,		2011 II				1:13.27
23.	,		2010 II	3.27 40.08		-2	1:14.47
24.	50m: 35.	,	2011 II	4.47 38.69	-1		1:15.08
25.	50m: 33.		2010 II	5.08 41.38		-2	1:15.26
26.	50m: 36.		2011 II		-1		1:15.39
27.	50m: 35.	15 35.15	2011 II	5.39 40.24		-1	1:16.81
28.	50m: 36.	27 36.27	100m: 1:16 2011	6.81 40.54			1:17.18
29.	50m: 37.		2010 II	7.18 39.55		-2	1:18.61
30.	50m: 41.	47 41.47	100m: 1:18 2010 III	8.61 37.14		-2	1:20.11
31.	50m: 37.			0.11 42.95		-2	1:21.51
32.	50m: 36.			1.51 44.90	-2		1:24.64
33.	50m: 38.			4.64 46.28	-2		1:28.09
34.	50m: 43.	, 28 43.28		8.09 44.81	-2		1:29.80
35.	50m: 43.	12 43.12		9.80 46.68	-1		1:31.88
	50m: 42.			1.88 49.25	-1		1.31.00
	" "	",	25			SW	SS TIMING QANTUM AQUATIC

(25)

						, 10	6 - 19.09.2	2025	(20)	
	3	36,	, 100m				,			
DSQ DSQ	,	,		/ 2011 2010			-1 -2		II	
19.09	3 9.2025 -	37 11:05			, 10	00m			14 - 1	8
	,			/						
1.	50m:	, 33.01	33.01	2009 100m:	I 1:10.88	37.87			1:10.88	
2.	50m:	, 34.45	34.45	2007 100m:	1:11.64	37.19			1:11.64	
3.	50m:	, 33.05	33.05	2009 100m:	l 1:13.32	40.27			1:13.32	
4.	50m:	, 35.15	35.15	2009 100m:	l 1:13.58	38.43		-1	1:13.58	
5.	50m:	, 34.11	34.11	2007 100m:		40.09		-1	1:14.20	
6.	50m:	, 35.84	35.84	2009 100m:	 1:16.44	40.60		"	1:16.44	
7.	50m:	, 36.36	36.36	2009 100m:	I 1:17.43	41.07			1:17.43	
8.		,		2009	II			-1	1:19.87	
9.	50m: 50m:	37.34 , 36.56	37.34 36.56	100m: 2009 100m:	1:19.87 1:21.42	42.53 44.86			1:21.42	
1.	50m:	, 32.44	32.44	2011 100m:	1:08.74	36.30		-1	1:08.74	
2.	50m:	, 36.09	36.09	2010 100m:		37.98	-1		1:14.07	
3.	50m:	, 33.01	33.01	2011 100m:	 1:14.35	41.34			1:14.35	
4.	50m:	39.23	, 39.23	2011 100m:	 1:21.43	42.20	-1		1:21.43	
5.	50m:	, 40.90	40.90	2010 100m:	III 1:23.80	42.90	-1		1:23.80	
6.		,		2011	III		-2		1:31.90	
7.	50m:	44.05	44.05	100m: 2011	1:31.90	47.85	-1		1:33.86	
8.	50m:	41.55	41.55	100m: 2011	1:33.86	52.31	-2		1:36.28	
9.	50m:	46.77	46.77	100m: 2011	1:36.28	49.51	-2		1:36.94	
DSQ	50m:	47.51	47.51	100m: 2011	1:36.94 	49.43	-2			

, 16 - 19.09.2025

.09	3 9.2025 -	8 11:15				, 200)m				14	1 - 18
	,			/								
1.	50m:	, 31.26	31.26	2009 100m:	I 1:05.26	34.00	 150m:	-2 1:41.39	36.13	200m:	2:18.05 2:18.05	l 36.66
2.	50m:	, 32.39	32.39	2008 100m:	1:06.84	34.45	150m:	1:43.91	37.07	200m:	2:20.31 2:20.31	 36.40
3.	, 50m:	33.06	33.06	2009 100m:	l 1:09.02	" 35.96	150m:	1:46.61	37.59	200m:	2:21.81 2:21.81	 35.20
4.	50m:	35.10	35.10	2009 100m:	II 1:13.80	38.70	 150m:	-1 1:54.21	40.41	200m:	2:33.26 2:33.26	
1.	, 50m;	24.22	24.22	2011		22.75		-1	24.25	200	2:13.31	
2.	50m:	31.33	31.33	100m: 2011		33.75	150m:	1:39.43	34.35	200m:	2:13.31 2:18.64	I
3.	50m:	32.22	32.22	100m: 2010		34.34	150m:	1:42.44	35.88	200m:	2:18.64 2:21.42	
4.	50m:	34.58	34.58	100m: 2010		36.00	150m:	1:47.19	36.61	200m:	2:21.42 2:34.55	
5.	50m:	35.90	35.90	100m: 2011	1:15.01 	39.11	150m:	1:55.44 -1	40.43	200m:	2:34.55 2:36.02	39.11
6.	50m:	36.83	36.83	100m: 2011	1:16.42 	39.59	150m:	1:56.95 -2	40.53	200m:	2:36.02 2:49.92	39.07
	50m:	38.85	38.85	100m:	1:22.28	43.43	150m:	2:05.97	43.69	200m:	2:49.92	43.95
9.09	3 9.2025 -	9 11:20				, 200	m				14	1 - 18
	,			/								
1.	50m:	, 36.67	36.67	2009 100m:	 1:17.68	41.01	150m:	1:59.23	41.55	200m:	2:39.05 2:39.05	 39.82
1.	, 50m:	35.07	35.07	2011 100m:	 1:12.44	37.37	-1 150m:	1:51.70	39.26	200m:	2:27.91 2:27.91	l 36.2
2.	50m:	, 35.02	35.02	2011 100m:	l 1:14.56	39.54	150m:	1:55.91	41.35	200m:	2:38.57 2:38.57	 42.60
3.	50m:	, 37.22	37.22	2010 100m:		40.80	150m:	2:00.56	42.54	200m:	2:43.56 2:43.56	
4.	50m:	, 41.51	41.51	2011 100m:		44.64	-2 150m:	2:12.39	46.24	200m:	2:55.90 2:55.90	43.5
5.	JOIII.	71.01	71.01	2011	III	i-1.0 1	-1	2.12.00	10.24	200111.	3:11.22	.0.0

" "

(25) , 16 - 19.09.2025

19.09	40 .2025 - 11:25			, 4	x 50m					14	- 18
			/								
1.	,	II	09	+0,78	29.01	ı		,	08	1:52.87	26.99
	,		80	+0,55	30.90		,		09		25.97
2.	, ,	-2	09 07	+0,67 +0,46	34.21 30.61		,	-2	09 09	2:02.95 +0,43	34.68 23.45
DSQ		-1						-1			
DSQ	, , -2	, ,	,	,	,	-2					
1.	,		11 11	+0,67	29.74 34.39		,	,	10 10	1:57.86 +0,49 +0,73	29.96 23.77
2.	,		10 11	+0,65 +0,04	30.54 32.58		,		11 11	2:00.23 +0,45 +0,61	28.10 29.01
3.		-2	10 10	+0,72	33.90 35.45		,	-2	10 10	2:04.14 +0,25	27.95 26.84
4.	, -1		11	+0,65	34.87	-1	,		11	2:07.41 +0,55	30.21
5.	, -2		11	+0,39	35.73	-2	,		11	+0,52 2:08.58 +0,64	26.60 32.37
	,		11	+0,81 +0,59	34.00 35.62		,		10	+0,47	26.59
6.	, ,	"	10 10	+0,75 +0,43	32.86 39.52	•	,	II	10 11	2:10.16 +0,29	30.03 27.75
7.	-1		11	+0,81	35.20	-1		,	11	2:14.85 +0,41	33.07
DSQ	,	-1	11		38.94		,	-1	11	+0,15	27.64
EXH		, , -2		, ,	,			-2			
	, ,	, ,,,,		,							
EXH	,		09 10	+0,76 +0,37	29.01 29.45		,		08 08	1:50.02 +0,44	26.57 24.99

, 16 - 19.09.2025

19.09	، - 2025.	41 · 11:30			, 4 :	x 50m					14	l - 18
				/								
SQ		-2					-2					
	,	,	,	,	,	,	,					
XH	,		-1	09 07	+0,73 +0,53	34.32 40.04		-1		11 10		29.3 27.2
VII		,		O/	+0,55	40.04	4	,		10		21.2
XH	,	-1		11 10	+0,80	33.32 35.81	-1	,		11	2:12.43	36.3 26.9
XΗ											2:13.28	
	,			11 09	+0,63	33.40 38.09	,	,		11 09		32.7 29.0
XH ,, ,,		,	-2	,				-2				
10.00	- 2025.	42				, 800m					14	l - 18
9.08	1.2025 -	11.33										
	,			/								
1.	, 50m [.]	, 29.63	29 63	2009	 - 2:43.82	34 60	 450m [.]	-2 5:06 65	36.03	650m [.]	9:14.41	 35.99
1.	50m: 100m:	, 29.63 1:01.78	29.63 32.15	2009 250m: 300m:	2:43.82 3:19.09	34.60 35.27	 450m: 500m:	5:06.65 5:42.64	36.03 35.99	650m: 700m:	7:31.05 8:06.70	I 35.99 35.65
1.	100m: 150m:	1:01.78 1:34.82	32.15 33.04	2009 250m: 300m: 350m:	2:43.82 3:19.09 3:54.68	35.27 35.59	500m: 550m:	5:06.65 5:42.64 6:18.92	35.99 36.28	700m: 750m:	7:31.05 8:06.70 8:42.24	35.65 35.54
	100m:	1:01.78	32.15	2009 250m: 300m: 350m: 400m:	2:43.82 3:19.09 3:54.68 4:30.62	35.27	500m: 550m: 600m:	5:06.65 5:42.64 6:18.92 6:55.06	35.99	700m:	7:31.05 8:06.70 8:42.24 9:14.41	35.65
1.	100m: 150m:	1:01.78 1:34.82	32.15 33.04	2009 250m: 300m: 350m:	2:43.82 3:19.09 3:54.68	35.27 35.59	500m: 550m:	5:06.65 5:42.64 6:18.92	35.99 36.28	700m: 750m:	7:31.05 8:06.70 8:42.24	35.65 35.54
	100m: 150m: 200m: 50m: 100m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33	32.15 33.04 34.40 30.18 33.15	2009 250m: 300m: 350m: 400m: 2008 250m: 300m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77	35.27 35.59 35.94 34.90 35.52	500m: 550m: 600m: 450m: 500m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99	35.99 36.28 36.14 35.85 35.89	700m: 750m: 800m: 650m: 700m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56	35.65 35.54 32.17 I 35.84 35.88
	100m: 150m: 200m: 50m: 100m: 150m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52	32.15 33.04 34.40 30.18 33.15 34.19	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m:	2:43.82 3:19.09 3:54.68 4:30.62 	35.27 35.59 35.94 34.90 35.52 35.57	500m: 550m: 600m: 450m: 500m: 550m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90	35.99 36.28 36.14 35.85 35.89 35.91	700m: 750m: 800m: 650m: 700m: 750m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29	35.65 35.54 32.17 I 35.84 35.88 35.73
2.	100m: 150m: 200m: 50m: 100m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33	32.15 33.04 34.40 30.18 33.15	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25	35.27 35.59 35.94 34.90 35.52 35.57 35.91	500m: 550m: 600m: 450m: 500m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99	35.99 36.28 36.14 35.85 35.89	700m: 750m: 800m: 650m: 700m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76	35.65 35.54 32.17 35.84 35.88 35.73 34.47
	100m: 150m: 200m: 50m: 100m: 150m: 200m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52 2:12.35	32.15 33.04 34.40 30.18 33.15 34.19 34.83	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25	35.27 35.59 35.94 34.90 35.52 35.57 35.91	500m: 550m: 600m: 450m: 500m: 550m: 600m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84	35.99 36.28 36.14 35.85 35.89 35.91 35.94	700m: 750m: 800m: 650m: 700m: 750m: 800m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76 9:24.32	35.65 35.54 32.17 35.84 35.88 35.73 34.47
2.	100m: 150m: 200m: 50m: 100m: 150m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52	32.15 33.04 34.40 30.18 33.15 34.19	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25	35.27 35.59 35.94 34.90 35.52 35.57 35.91	500m: 550m: 600m: 450m: 500m: 550m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84	35.99 36.28 36.14 35.85 35.89 35.91	700m: 750m: 800m: 650m: 700m: 750m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76	35.65 35.54 32.17 35.84 35.88 35.73 34.47
2.	100m: 150m: 200m: 50m: 100m: 150m: 200m: 50m: 100m: 150m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52 2:12.35 , 30.52 1:04.51 1:39.28	32.15 33.04 34.40 30.18 33.15 34.19 34.83 30.52 33.99 34.77	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2009 250m: 300m: 350m:	2:43.82 3:19.09 3:54.68 4:30.62 2:47.25 3:22.77 3:58.34 4:34.25 2:50.54 3:26.30 4:02.15	35.27 35.59 35.94 34.90 35.52 35.57 35.91 " 35.84 35.76 35.85	500m: 550m: 600m: 550m: 500m: 550m: 550m: 600m: 550m: 550m: 550m: 550m: 550m: 550m: 550m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84 " 5:14.79 5:51.22 6:27.52	35.99 36.28 36.14 35.85 35.89 35.91 35.94 36.46 36.43 36.30	700m: 750m: 800m: 650m: 700m: 750m: 800m: 650m: 700m: 750m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76 9:24.32 7:39.69 8:16.01 8:51.95	35.65 35.54 32.17 I 35.84 35.88 35.73 34.47 II 35.89 36.32 35.94
2.	100m: 150m: 200m: 50m: 100m: 150m: 200m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52 2:12.35 , 30.52 1:04.51	32.15 33.04 34.40 30.18 33.15 34.19 34.83 30.52 33.99	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2009 250m: 300m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25 I 2:50.54 3:26.30	35.27 35.59 35.94 34.90 35.52 35.57 35.91	500m: 550m: 600m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84	35.99 36.28 36.14 35.85 35.89 35.91 35.94 36.46 36.43	700m: 750m: 800m: 650m: 700m: 750m: 800m: 650m: 700m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76 9:24.32 7:39.69 8:16.01	35.65 35.54 32.17 35.84 35.88 35.73 34.47 35.89 36.32
2.	100m: 150m: 200m: 50m: 100m: 150m: 200m: 100m: 150m: 200m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52 2:12.35 , 30.52 1:04.51 1:39.28 2:14.70	32.15 33.04 34.40 30.18 33.15 34.19 34.83 30.52 33.99 34.77 35.42	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2009 250m: 300m: 350m: 400m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25 I 2:50.54 3:26.30 4:02.15 4:38.33 I	35.27 35.59 35.94 34.90 35.52 35.57 35.91 " 35.84 35.76 35.85 36.18	500m: 550m: 600m: 550m: 500m: 550m: 600m: 550m: 500m: 550m: 500m: 550m: 600m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84 " 5:14.79 5:51.22 6:27.52 7:03.80	35.99 36.28 36.14 35.85 35.89 35.91 35.94 36.46 36.43 36.30 36.28	700m: 750m: 800m: 650m: 700m: 750m: 800m: 750m: 750m: 800m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76 9:24.32 7:39.69 8:16.01 8:51.95 9:24.32 9:37.83	35.65 35.54 32.17 I 35.84 35.88 35.73 34.47 II 35.89 36.32 35.94 32.37 II
2.	100m: 150m: 200m: 50m: 100m: 150m: 200m: 150m: 100m: 150m: 200m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52 2:12.35 , 30.52 1:04.51 1:39.28 2:14.70	32.15 33.04 34.40 30.18 33.15 34.19 34.83 30.52 33.99 34.77 35.42	2009 250m: 300m: 350m: 400m: 2008 250m: 350m: 400m: 2009 250m: 350m: 400m: 2008 250m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25 I 2:50.54 3:26.30 4:02.15 4:38.33 I 2:52.17	35.27 35.59 35.94 34.90 35.52 35.57 35.91 " 35.84 35.76 35.85 36.18	500m: 550m: 600m: 550m: 500m: 550m: 600m: 550m: 500m: 550m: 600m: 550m: 600m: 450m: 450m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84 " 5:14.79 5:51.22 6:27.52 7:03.80	35.99 36.28 36.14 35.85 35.89 35.91 35.94 36.46 36.43 36.30 36.28	700m: 750m: 800m: 750m: 750m: 750m: 800m: 750m: 750m: 750m: 750m: 800m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76 9:24.32 7:39.69 8:16.01 8:51.95 9:24.32 9:37.83 7:48.52	35.65 35.54 32.17 I 35.84 35.88 35.73 34.47 II 35.89 36.32 35.94 32.37 II 37.35
2.	100m: 150m: 200m: 50m: 100m: 150m: 200m: 50m: 100m: 200m:	1:01.78 1:34.82 2:09.22 , , 30.18 1:03.33 1:37.52 2:12.35 , , 30.52 1:04.51 1:39.28 2:14.70 , , 30.84 1:04.90	32.15 33.04 34.40 30.18 33.15 34.19 34.83 30.52 33.99 34.77 35.42 30.84 34.06	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2009 250m: 300m: 350m: 400m: 2008 250m: 300m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25 I 2:50.54 3:26.30 4:02.15 4:38.33 I 2:52.17 3:28.08	35.27 35.59 35.94 34.90 35.52 35.57 35.91 " 35.84 35.76 35.85 36.18	500m: 550m: 600m: 550m: 500m: 550m: 600m: 550m: 550m: 600m: 550m: 600m: 550m: 600m: 550m: 500m: 500m: 500m: 500m: 500m: 500m: 500m: 500m: 500m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84 " 5:14.79 5:51.22 6:27.52 7:03.80	35.99 36.28 36.14 35.85 35.89 35.91 35.94 36.46 36.43 36.30 36.28	700m: 750m: 800m: 750m: 750m: 750m: 800m: 750m: 750m: 750m: 800m: 750m: 800m: 750m: 800m: 700m: 700m: 700m: 700m: 700m: 700m: 700m: 700m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76 9:24.32 7:39.69 8:16.01 8:51.95 9:24.32 9:37.83 7:48.52 8:25.90	35.65 35.54 32.17 35.84 35.88 35.73 34.47 35.89 36.32 35.94 32.37 37.35 37.38
2.	100m: 150m: 200m: 50m: 100m: 150m: 200m: 150m: 100m: 150m: 200m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52 2:12.35 , 30.52 1:04.51 1:39.28 2:14.70	32.15 33.04 34.40 30.18 33.15 34.19 34.83 30.52 33.99 34.77 35.42	2009 250m: 300m: 350m: 400m: 2008 250m: 350m: 400m: 2009 250m: 350m: 400m: 2008 250m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25 I 2:50.54 3:26.30 4:02.15 4:38.33 I 2:52.17	35.27 35.59 35.94 34.90 35.52 35.57 35.91 " 35.84 35.76 35.85 36.18	500m: 550m: 600m: 550m: 500m: 550m: 600m: 550m: 500m: 550m: 600m: 550m: 600m: 450m: 450m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84 " 5:14.79 5:51.22 6:27.52 7:03.80	35.99 36.28 36.14 35.85 35.89 35.91 35.94 36.46 36.43 36.30 36.28	700m: 750m: 800m: 750m: 750m: 750m: 800m: 750m: 750m: 750m: 750m: 800m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76 9:24.32 7:39.69 8:16.01 8:51.95 9:24.32 9:37.83 7:48.52	35.65 35.54 32.17 I 35.84 35.88 35.73 34.47 II 35.89 36.32 35.94 32.37 II 37.35
 3. 4. 	100m: 150m: 200m: 50m: 100m: 150m: 200m: 150m: 200m: 150m: 100m: 150m: 150m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52 2:12.35 , 30.52 1:04.51 1:39.28 2:14.70 , 30.84 1:04.90 1:40.13 2:15.66	32.15 33.04 34.40 30.18 33.15 34.19 34.83 30.52 33.99 34.77 35.42 30.84 34.06 35.23	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25 I 2:50.54 3:26.30 4:02.15 4:38.33 I 2:52.17 3:28.08 4:04.91 4:41.84	35.27 35.59 35.94 34.90 35.52 35.57 35.91 35.84 35.76 35.85 36.18	500m: 550m: 600m: 550m: 550m: 550m: 500m: 550m: 600m: 550m: 550m: 600m: 550m: 550m: 600m: 550m: 550m: 600m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84 " 5:14.79 5:51.22 6:27.52 7:03.80 " 5:19.08 5:56.19 6:33.16 7:11.17	35.99 36.28 36.14 35.85 35.89 35.91 35.94 36.46 36.43 36.30 36.28 37.24 37.11 36.97	700m: 750m: 800m: 750m: 800m: 750m: 800m: 750m: 800m: 750m: 800m: 750m: 800m: 750m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76 9:24.32 7:39.69 8:16.01 8:51.95 9:24.32 9:37.83 7:48.52 8:25.90 9:03.71 9:37.83	35.65 35.54 32.17 I 35.84 35.73 34.47 II 35.89 36.32 35.94 32.37 II 37.35 37.38 37.81 34.12
2.	100m: 150m: 200m: 50m: 100m: 150m: 200m: 150m: 200m: 50m: 100m: 150m: 200m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52 2:12.35 , 30.52 1:04.51 1:39.28 2:14.70 , 30.84 1:04.90 1:40.13 2:15.66	32.15 33.04 34.40 30.18 33.15 34.19 34.83 30.52 33.99 34.77 35.42 30.84 34.06 35.23 35.53	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25 I 2:50.54 3:26.30 4:02.15 4:38.33 I 2:52.17 3:28.08 4:04.91 4:41.84 II	35.27 35.59 35.94 34.90 35.52 35.57 35.91 "35.84 35.76 35.85 36.18 "36.51 35.91 36.83 36.93	500m: 550m: 600m: 550m: 600m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84 " 5:14.79 5:51.22 6:27.52 7:03.80 " 5:19.08 5:56.19 6:33.16 7:11.17	35.99 36.28 36.14 35.85 35.89 35.91 35.94 36.46 36.43 36.30 36.28 37.24 37.11 36.97 38.01	700m: 750m: 800m: 800m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76 9:24.32 7:39.69 8:16.01 8:51.95 9:24.32 9:37.83 7:48.52 8:25.90 9:03.71 9:37.83	35.65 35.54 32.17 I 35.84 35.83 34.47 II 35.89 36.32 35.94 32.37 II 37.35 37.38 37.38 37.41 31.12
 3. 4. 	100m: 150m: 200m: 50m: 100m: 150m: 200m: 150m: 200m: 150m: 200m: 50m: 200m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52 2:12.35 , 30.52 1:04.51 1:39.28 2:14.70 , 30.84 1:04.90 1:40.13 2:15.66	32.15 33.04 34.40 30.18 33.15 34.19 34.83 30.52 33.99 34.77 35.42 30.84 34.06 35.23 35.53	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25 I 2:50.54 3:26.30 4:02.15 4:38.33 I 2:52.17 3:28.08 4:04.91 4:41.84 II 2:58.63	35.27 35.59 35.94 34.90 35.52 35.57 35.91 "35.84 35.76 35.85 36.18 "36.51 35.91 36.83 36.93	500m: 550m: 600m: 550m: 500m: 550m: 600m: 550m: 550m: 600m: 550m: 550m: 550m: 550m: 600m: 550m: 550m: 600m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84 5:14.79 5:51.22 6:27.52 7:03.80 " 5:19.08 5:56.19 6:33.16 7:11.17 -2 5:35.48	35.99 36.28 36.14 35.85 35.89 35.91 35.94 36.46 36.43 36.30 36.28 37.24 37.11 36.97 38.01	700m: 750m: 800m: 750m: 800m: 750m: 800m: 750m: 800m: 750m: 800m: 750m: 800m: 750m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76 9:24.32 7:39.69 8:16.01 8:51.95 9:24.32 9:37.83 7:48.52 8:25.90 9:03.71 9:37.83	35.65 35.54 32.17 I 35.84 35.73 34.47 II 35.89 36.32 35.94 32.37 II 37.35 37.38 37.81 34.12
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 3. 4. 	100m: 150m: 200m: 50m: 100m: 150m: 200m: 150m: 200m: 50m: 150m: 200m: 50m: 150m: 200m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52 2:12.35 , 30.52 1:04.51 1:39.28 2:14.70 , 30.84 1:04.90 1:40.13 2:15.66 , 31.98 1:07.43 1:44.00 2:21.45	32.15 33.04 34.40 30.18 33.15 34.19 34.83 30.52 33.99 34.77 35.42 30.84 34.06 35.23 35.53 31.98 35.45 36.57	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2008 250m: 350m: 400m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25 I 2:50.54 3:26.30 4:02.15 4:38.33 I 2:52.17 3:28.08 4:04.91 4:41.84 II 2:58.63 3:37.38 4:16.12	35.27 35.59 35.94 34.90 35.52 35.57 35.91 " 35.84 35.76 35.85 36.18 " 36.51 36.93 37.18 38.75 38.74	500m: 550m: 600m: 550m: 500m: 550m: 600m: 550m: 550m: 600m: 550m: 600m: 550m: 600m: 550m: 600m: 550m: 600m: 550m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84 5:14.79 5:51.22 6:27.52 7:03.80 " 5:19.08 5:56.19 6:33.16 7:11.17 -2 5:35.48 6:15.64 6:55.92	35.99 36.28 36.14 35.85 35.89 35.91 35.94 36.46 36.43 36.30 36.28 37.24 37.11 36.97 38.01	700m: 750m: 800m: 750m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76 9:24.32 7:39.69 8:16.01 8:51.95 9:24.32 9:37.83 7:48.52 8:25.90 9:03.71 9:37.83 10:17.32 8:17.27 8:57.92 9:37.93	35.65 35.54 32.17 I 35.84 35.83 34.47 II 35.89 36.32 35.94 32.37 II 37.35 37.38 37.81 34.12 II 41.13 40.65 40.01 39.39
 3. 4. 5. 	100m: 150m: 200m: 50m: 100m: 150m: 200m: 50m: 100m: 150m: 200m: 50m: 100m: 150m: 100m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52 2:12.35 , 30.52 1:04.51 1:39.28 2:14.70 , 30.84 1:04.90 1:40.13 2:15.66 , 31.98 1:07.43 1:44.00 2:21.45	32.15 33.04 34.40 30.18 33.15 34.19 34.83 30.52 33.99 34.77 35.42 30.84 34.06 35.23 35.53 31.98 35.45 36.57	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2009 250m: 300m: 350m: 400m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25 I 2:50.54 3:26.30 4:02.15 4:38.33 I 2:52.17 3:28.08 4:04.91 4:41.84 II 2:58.63 3:37.38 4:16.12 4:55.63	35.27 35.59 35.94 34.90 35.52 35.57 35.91 " 35.84 35.76 35.85 36.18 " 36.51 36.93 37.18 38.75 38.74	500m: 550m: 600m: 550m: 500m: 550m: 500m: 550m: 600m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84 5:14.79 5:51.22 6:27.52 7:03.80 " 5:19.08 5:56.19 6:33.16 7:11.17 -2 5:35.48 6:15.64 6:55.92 7:36.14	35.99 36.28 36.14 35.85 35.89 35.91 35.94 36.46 36.43 36.30 36.28 37.24 37.11 36.97 38.01	700m: 750m: 800m: 750m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76 9:24.32 7:39.69 8:16.01 8:51.95 9:24.32 9:37.83 7:48.52 8:25.90 9:03.71 9:37.83 10:17.32 8:17.27 8:57.92 9:37.93 10:17.32	35.65 35.54 32.17 I 35.84 35.83 34.47 II 35.89 36.32 35.94 32.37 II 37.35 37.38 37.81 34.12 II 41.13 40.65 40.01 39.39
 3. 4. 	100m: 150m: 200m: 50m: 100m: 150m: 200m: 50m: 100m: 150m: 200m: 50m: 100m: 150m: 200m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52 2:12.35 , 30.52 1:04.51 1:39.28 2:14.70 , 30.84 1:04.90 1:40.13 2:15.66 , 31.98 1:07.43 1:44.00 2:21.45 ,	32.15 33.04 34.40 30.18 33.15 34.19 34.83 30.52 33.99 34.77 35.42 30.84 34.06 35.23 35.53 31.98 35.45 36.57 37.45	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2009 250m: 300m: 350m: 400m: 2009 250m: 300m: 350m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25 I 2:50.54 3:26.30 4:02.15 4:38.33 I 2:52.17 3:28.08 4:04.91 4:41.84 II 2:58.63 3:37.38 4:16.12 4:55.63 II 3:12.64 3:53.46	35.27 35.59 35.94 34.90 35.52 35.57 35.91 "35.84 35.76 35.85 36.18 "36.51 36.93 37.18 38.75 38.74 39.51	500m: 550m: 600m: 550m: 600m: 550m: 600m: 550m: 600m: 550m: 600m: 550m: 550m: 600m: 550m: 550m: 600m: 550m: 5500m: 55000m: 550000m: 55000m: 55000m: 550	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84 5:14.79 5:51.22 6:27.52 7:03.80 " 5:19.08 5:56.19 6:33.16 7:11.17 -2 5:35.48 6:15.64 6:55.92 7:36.14 -2 5:57.55 6:39.91	35.99 36.28 36.14 35.85 35.89 35.91 35.94 36.46 36.43 36.30 36.28 37.24 37.11 36.97 38.01 39.85 40.16 40.28 40.22	700m: 750m: 800m: 750m: 750m: 800m: 750m: 750m: 800m: 750m: 750m: 800m: 750m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76 9:24.32 7:39.69 8:16.01 8:51.95 9:24.32 9:37.83 7:48.52 8:25.90 9:03.71 9:37.83 10:17.32 8:17.27 8:57.92 9:37.93 10:17.32 10:43.93 8:46.51 9:26.76	35.65 35.54 32.17 I 35.84 35.88 35.73 34.47 II 35.89 36.32 35.94 32.37 II 37.35 37.38 37.81 34.12 II 41.13 40.65 40.01 39.39 II 42.21 40.25
 3. 4. 	100m: 150m: 200m: 50m: 100m: 150m: 200m: 50m: 100m: 150m: 200m: 50m: 100m: 150m: 200m:	1:01.78 1:34.82 2:09.22 , 30.18 1:03.33 1:37.52 2:12.35 , 30.52 1:04.51 1:39.28 2:14.70 , 30.84 1:04.90 1:40.13 2:15.66 , 31.98 1:07.43 1:44.00 2:21.45	32.15 33.04 34.40 30.18 33.15 34.19 34.83 30.52 33.99 34.77 35.42 30.84 34.06 35.23 35.53 31.98 35.45 36.57 37.45	2009 250m: 300m: 350m: 400m: 2008 250m: 300m: 350m: 400m: 2009 250m: 300m: 350m: 400m: 2008 250m: 350m: 400m: 2009 250m: 350m: 400m: 2009 250m: 300m: 350m: 400m:	2:43.82 3:19.09 3:54.68 4:30.62 II 2:47.25 3:22.77 3:58.34 4:34.25 I 2:50.54 3:26.30 4:02.15 4:38.33 I 2:52.17 3:28.08 4:04.91 4:41.84 II 2:58.63 3:37.38 4:16.12 4:55.63 II 3:12.64	35.27 35.59 35.94 34.90 35.52 35.57 35.91 "35.84 35.76 35.85 36.18 "36.51 35.91 36.83 36.93 37.18 38.75 38.74 39.51	500m: 550m: 600m: 550m: 550m: 600m: 550m: 550m: 600m: 550m: 550m: 600m: 550m: 600m: 550m:	5:06.65 5:42.64 6:18.92 6:55.06 -1 5:10.10 5:45.99 6:21.90 6:57.84 " 5:14.79 5:51.22 6:27.52 7:03.80 " 5:19.08 5:56.19 6:33.16 7:11.17 -2 5:35.48 6:15.64 6:55.92 7:36.14 -2 5:57.55	35.99 36.28 36.14 35.85 35.89 35.91 35.94 36.46 36.43 36.30 36.28 37.24 37.11 36.97 38.01 39.85 40.16 40.28 40.22	700m: 750m: 800m:	7:31.05 8:06.70 8:42.24 9:14.41 9:19.76 7:33.68 8:09.56 8:45.29 9:19.76 9:24.32 7:39.69 8:16.01 8:51.95 9:24.32 9:37.83 7:48.52 8:25.90 9:03.71 9:37.83 10:17.32 8:57.92 9:37.93 10:17.32 10:43.93 8:46.51	35.65 35.54 32.17 I 35.84 35.73 34.47 II 35.89 36.32 35.94 32.37 II 37.35 37.38 37.81 34.12 II 41.13 40.65 40.01 39.39 II 42.21

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7.	E0m:	, 33.29	33.29	2009 250m:	3:03:04	20.49	 450m:	-1 5:52.75	43.10	6E0m:	10:45.20 8:43.74	 42.52
	50m: 100m:	33.29 1:09.95	33.29 36.66	300m:	3:03.94 3:44.13	39.48 40.19	450m: 500m:	6:35.49	43.10 42.74	650m: 800m:		42.52 2:01.46
	150m:	1:46.42	36.47	350m:	4:27.39	43.26	550m:	7:18.74	43.25	000111.	10.43.20	2.01.40
	200m:	2:24.46	38.04	400m:	5:09.65	42.26	600m:	8:01.22	42.48			
1.				2011	I			-1			9:20.84	ı
١.	50m:	31.13	31.13	250m:	2:50.85	35.44	450m:	5:11.58	35.54	650m:	7:35.06	35.93
	100m:	1:05.29	34.16	300m:	3:25.92	35.07	500m:	5:47.56	35.98	700m:	8:10.70	35.64
	150m:	1:40.13	34.84	350m:	4:00.98	35.06	550m:	6:23.13	35.57	750m:	8:46.34	35.64
	200m:	2:15.41	35.28	400m:	4:36.04	35.06	600m:	6:59.13	36.00	800m:	9:20.84	34.50
2.				2011	II		-1				9:30.81	II
۷.	50m:	, 32.08	32.08	250m:	2:55.41	35.71	450m:	5:19.16	36.43	650m:	7:44.06	36.15
	100m:	1:07.94	35.86	300m:	3:31.04	35.63	500m:	5:55.85	36.69	700m:	8:20.54	36.48
	150m:	1:43.94	36.00	350m:	4:06.95	35.91	550m:	6:32.02	36.17	750m:	8:56.18	35.64
	200m:	2:19.70	35.76	400m:	4:42.73	35.78	600m:	7:07.91	35.89	800m:	9:30.81	34.63
3.		_		2011	II		-1				9:43.36	II
٥.	50m:	, 32.99	32.99	250m:	2:58.81	36.60	450m:	5:25.82	36.43	650m:	7:53.51	36.66
	100m:	1:09.28	36.29	300m:	3:36.05	37.24	500m:	6:02.62	36.80	700m:	8:30.76	37.25
	150m:	1:45.76	36.48	350m:	4:12.52	36.47	550m:	6:39.46	36.84	750m:	9:07.58	36.82
	200m:	2:22.21	36.45	400m:	4:49.39	36.87	600m:	7:16.85	37.39	800m:	9:43.36	35.78
4.		,		2011	II		-1				9:48.33	II
	50m:	31.86	31.86	250m:	2:57.56	36.88	450m:	5:27.66	37.54	650m:	7:59.17	37.64
	100m: 150m:	1:07.34 1:43.96	35.48 36.62	300m: 350m:	3:34.99 4:12.68	37.43 37.69	500m: 550m:	6:05.67 6:43.59	38.01 37.92	700m: 750m:	8:36.82 9:14.51	37.65 37.69
	200m:	2:20.68	36.72	400m:	4:50.12	37.44	600m:	7:21.53	37.94	800m:	9:48.33	33.82
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5.	=-	,		2010				-1			9:51.26	
	50m: 100m:	31.15 1:05.59	31.15 34.44	250m: 300m:	2:53.68 3:31.15	36.52 37.47	450m: 500m:	5:24.01 6:02.47	37.55 38.46	650m: 700m:	7:57.02 8:36.31	38.05 39.29
	150m:	1:41.02	35.43	350m:	4:08.45	37.30	550m:	6:40.57	38.10	750m:	9:14.39	38.08
	200m:	2:17.16	36.14	400m:	4:46.46	38.01	600m:	7:18.97	38.40	800m:	9:51.26	36.87
6.		,		2011	II		-1				10:02.73	II
	50m:	33.85	33.85	250m:	3:03.09	37.58	450m:	5:36.05	37.94	650m:	8:11.44	38.73
	100m:	1:10.17	36.32	300m:	3:41.73	38.64	500m:	6:14.09	38.04	700m:	8:50.75	39.31
	150m:	1:47.88	37.71	350m:	4:19.76	38.03	550m:	6:53.42	39.33	750m:	9:30.09	39.34
	200m:	2:25.51	37.63	400m:	4:58.11	38.35	600m:	7:32.71	39.29	800m:	10:02.73	32.64
7.		,		2011	II	"		"			10:07.19	II
	50m:	33.33	33.33	250m:	3:04.61	38.90	450m:	5:38.80	39.01	650m:	8:14.41	39.54
	100m:	1:10.21	36.88	300m:	3:43.37	38.76	500m:	6:17.59	38.79	700m:	8:53.79	39.38
	150m: 200m:	1:47.61 2:25.71	37.40 38.10	350m: 400m:	4:21.86 4:59.79	38.49 37.93	550m: 600m:	6:55.77 7:34.87	38.18 39.10	750m: 800m:	9:32.53 10:07.19	38.74 34.66
	200111.	2.23.71	30.10	400111.		37.93		7.34.07	39.10	600III.	10.07.19	34.00
8.		,		2011	II		-2				10:11.02	II
	50m:	33.40	33.40	250m:	3:04.09	38.70	450m:	5:41.52	39.56	650m:	8:18.68	40.16
	100m:	1:09.63	36.23	300m:	3:43.11	39.02	500m:	6:19.94	38.42	700m:	8:59.41	40.73
	150m: 200m:	1:46.50 2:25.39	36.87 38.89	350m: 400m:	4:22.66 5:01.96	39.55 39.30	550m: 600m:	6:58.80 7:38.52	38.86 39.72	750m: 800m:	9:39.26 10:11.02	39.85 31.76
9.				2010	II		-2				10:18.61	II
٥.	50m:	32.55	32.55	250m:	3:03.02	38.91	-∠ 450m:	5:41.77	40.02	650m:	8:22.31	39.92
	100m:	1:08.92	36.37	300m:	3:42.09	39.07	500m:	6:22.02	40.25	700m:	9:01.89	39.58
	150m:	1:46.38	37.46	350m:	4:21.89	39.80	550m:	7:02.33	40.31	750m:	9:41.58	39.69
	200m:	2:24.11	37.73	400m:	5:01.75	39.86	600m:	7:42.39	40.06	800m:	10:18.61	37.03
10.		,		2010	II			-2			10:26.31	II
	50m:	33.37	33.37	250m:	3:08.05	39.77	450m:	5:48.71	40.60	650m:	8:31.87	40.80
	100m:	1:10.87	37.50	300m:	3:47.75	39.70	500m:	6:29.50	40.79	700m:	9:12.07	40.20
	150m: 200m:	1:49.21 2:28.28	38.34 39.07	350m: 400m:	4:27.69 5:08.11	39.94 40.42	550m: 600m:	7:10.20 7:51.07	40.70 40.87	750m: 800m:	9:50.80 10:26.31	38.73 35.51
	ZUUIII.	2.20.20	53.07		5:08.11		JUUIII.		+0.07	JUUIII.	10:26.31	35.51
11.	50	,	04.45	2010		10.04	450	" 5.55.45	44.70	050	10:35.16	
	50m:	34.15	34.15	250m:	3:10.65	40.61	450m:	5:55.15	41.73	650m:	8:38.25	39.91
	100m: 150m:	1:11.69 1:50.79	37.54 39.10	300m: 350m:	3:51.37 4:32.90	40.72 41.53	500m: 550m:	6:36.71 7:17.61	41.56 40.90	700m: 750m:	9:19.17 9:59.34	40.92 40.17
	200m:	2:30.04	39.10 39.25	350m: 400m:	4:32.90 5:13.42	41.53	600m:	7:17.61	40.90	750m: 800m:	9:59.3 4 10:35.16	40.17 35.82
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	42,		, 800m			,						
	,			/								
12.				2011	III		-1				10:50.02	П
	50m:	, 35.85	35.85	250m:	3:18.41	41.20	450m:	6:02.71	41.64	650m:	8:48.77	41.74
	100m:	1:15.51	39.66	300m:	3:59.14	40.73	500m:	6:43.96	41.25	700m:	9:30.13	41.36
	150m:	1:56.02	40.51	350m:	4:40.15	41.01	550m:	7:25.45	41.49	750m:	10:11.19	41.06
	200m:	2:37.21	41.19	400m:	5:21.07	40.92	600m:	8:07.03	41.58	800m:	10:50.02	38.83
13.		_		2011	Ш						10:56.17	П
	50m:	33.97	33.97	250m:	3:15.22	40.97	450m:	6:03.01	42.37	650m:	8:52.78	42.13
	100m:	1:12.76	38.79	300m:	3:56.83	41.61	500m:	6:45.46	42.45	700m:	9:35.47	42.69
	150m:	1:53.23	40.47	350m:	4:38.84	42.01	550m:	7:27.93	42.47	750m:	10:17.48	42.01
	200m:	2:34.25	41.02	400m:	5:20.64	41.80	600m:	8:10.65	42.72	800m:	10:56.17	38.69
14.				2010	Ш			-2			11:13.15	
	50m:	35.28	35.28	250m:	3:23.60	42.58	450m:	6:16.58	43.06	650m:	9:07.93	42.32
	100m:	1:15.90	40.62	300m:	4:06.85	43.25	500m:	7:00.13	43.55	700m:	9:51.12	43.19
	150m:	1:58.26	42.36	350m:	4:49.91	43.06	550m:	7:43.18	43.05	750m:	10:33.83	42.71
	200m:	2:41.02	42.76	400m:	5:33.52	43.61	600m:	8:25.61	42.43	800m:	11:13.15	39.32
15.	,			2011	III		-2				11:25.28	
	50m:	36.99	36.99	250m:	3:27.62	44.23	450m:	6:25.41	44.61	650m:	9:21.47	43.22
	100m:	1:18.34	41.35	300m:	4:11.38	43.76	500m:	7:10.08	44.67	700m:	10:05.15	43.68
	150m:	2:00.43	42.09	350m:	4:57.00	45.62	550m:	7:54.77	44.69	750m:	10:45.68	40.53
	200m:	2:43.39	42.96	400m:	5:40.80	43.80	600m:	8:38.25	43.48	800m:	11:25.28	39.60
16.	, 2				I		-1				11:54.35	
	50m:	37.87	37.87	250m:	3:35.27	45.44	450m:	6:42.08	46.69	650m:	9:48.13	45.61
	100m:	1:20.65	42.78	300m:	4:22.21	46.94	500m:	7:29.28	47.20	700m:	10:32.51	44.38
	150m:	2:04.46	43.81	350m:	5:08.82	46.61	550m:	8:15.37	46.09	750m:	11:14.96	42.45
	200m:	2:49.83	45.37	400m:	5:55.39	46.57	600m:	9:02.52	47.15	800m:	11:54.35	39.39
17.	,		2011 I			2				12:12.87		
	50m:	37.96	37.96	250m:	3:40.78	46.36	450m:	6:48.60	48.33	650m:	9:59.01	48.32
	100m:	1:21.43	43.47	300m:	4:24.76	43.98	500m:	7:35.03	46.43	700m:	10:47.22	48.21
	150m:	2:07.77	46.34	350m:	5:12.07	47.31	550m:	8:23.75	48.72	750m:	11:32.95	45.73
	200m:	2:54.42	46.65	400m:	6:00.27	48.20	600m:	9:10.69	46.94	800m:	12:12.87	39.92