

, 25. - 28.11.2025

1
25.11.2025 - 11:30

, 50m

: AQUA 2025

		/			
1.	,	2009	. . .	-1	27.66
2.	,	2008	"	"	30.00
3.	,	2007 I	. . .	-2	30.08 I
4.	,	2010 I	. . .	-2	30.42 I
5.	,	2008 I	"	"	30.69 I
6.	,	2009 I	"	"	30.98 I
7.	,	2009 I			31.36 I
8.	,	2008			31.40 I
9.	,	2010 II	"	"	32.30 II
10.	,	2009 II			32.38 II
11.	,	2009 II	. . .	-1	32.77 II
12.	,	2009 I	"	"	32.93 II
13.	,	2011 II			33.51 II
14.	,	2008 I	"	"	33.76 II
15.	,	2010 II	. . .	-2	34.63 II
16.	,	2010 II	. . .	-2	34.91 II
17.	,	2010 II	. . .	-2	34.99 II
18.	,	2011 II	"	"	35.02 II
19.	,	2011 II			35.48
20.	,	2011 I	. . .	-1	36.18
21.	,	2010 I	. . .	-1	36.66
22.	,	2011 III	"	"	36.88
23.	,	2011 II			36.97
24.	,	2009 II	. . .	-2	37.82
25.	,	2011 II			37.95
26.	,	2011 II	. . .	-1	37.97
27.	,	2011 II	. . .	-1	38.33
28.	,	2010 II	. . .	-1	39.48
29.	,	2010 II	"	"	40.45
30.	,	2011 III			41.34
31.	,	2011 III			41.39
32.	,	2007 I	. . .	-2	44.72
33.	,	2011 III	. . .	-2	46.58
EXH	,	2012 II	"	"	34.59 II
EXH	,	2012 II	"	"	35.40
EXH	,	2012 II	. . .	-2	39.96

2
25.11.2025 - 11:35

, 50m

: AQUA 2025

		/			
1.	,	2007			34.37 I
2.	,	2002	. . .	-2	34.83 I
3.	,	2010 I			35.22 I
4.	,	2009 II	"	"	37.62 II
5.	,	2011 I			39.53 II
6.	,	2011 I			39.83 II
7.	,	2011 I			47.51

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3
25.11.2025 - 11:40
200m

: AQUA 2025											
1.				2008						2:09.62	
	50m:	28.59	28.59	100m:	1:01.96	33.37	150m:	1:35.91	33.95	200m:	2:09.62 33.71
2.				2009 II				-1		2:30.78 II	
	50m:	1:10.81	1:10.81	100m:	1:51.34	40.53	150m:	2:32.81	41.47	200m:	2:30.78
3.				2009 II				-1		2:34.83 II	
	50m:	32.11	32.11	100m:	1:10.99	38.88	150m:	1:52.66	41.67	200m:	2:34.83 42.17
EXH				2012				-1		2:22.12 II	
	50m:	31.56	31.56	100m:	1:07.41	35.85	150m:	1:45.38	37.97	200m:	2:22.12 36.74

4
25.11.2025 - 11:40
200m

: AQUA 2025											
1.				2007 I				-2		3:08.61	
	50m:	36.00	36.00	100m:	1:23.98	47.98	150m:	2:18.36	54.38	200m:	3:08.61 50.25
2.				2009 II				-1		3:12.73	
	50m:	38.47	38.47	100m:	1:27.74	49.27	150m:	2:20.13	52.39	200m:	3:12.73 52.60
3.				2011 III						3:32.42	
	50m:	45.23	45.23	100m:	1:39.31	54.08	150m:	2:37.21	57.90	200m:	3:32.42 55.21
EXH				2002 III						3:28.47	
	50m:	44.94	44.94	100m:	1:39.48	54.54	150m:	2:36.08	56.60	200m:	3:28.47 52.39

5
25.11.2025 - 11:45
100m

: AQUA 2025											
1.				2009				-1		52.36	
	50m:	24.64	24.64	100m:	52.36	27.72					
2.				2009				-1		52.39	
	50m:	25.33	25.33	100m:	52.39	27.06					
3.				2003				-2		52.50	
	50m:	25.60	25.60	100m:	52.50	26.90					
4.				2009				-1		52.93	
	50m:	25.34	25.34	100m:	52.93	27.59					
5.				2009 I				-2		53.53 I	
	50m:	25.62	25.62	100m:	53.53	27.91					
6.				2009 I						55.59 I	
	50m:	26.48	26.48	100m:	55.59	29.11					
7.				2011 I						55.77 I	
	50m:	27.10	27.10	100m:	55.77	28.67					
8.				2007 II				-1		55.80 I	
	50m:	26.75	26.75	100m:	55.80	29.05					
9.				2009 I				-1		56.02 I	
	50m:	26.60	26.60	100m:	56.02	29.42					
10.				2010 II						56.41 I	
	50m:	27.28	27.28	100m:	56.41	29.13					

" " ", 25

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5, , 100m ,									
/									
11.				2010	II	"	"		56.57 I
	50m:	26.93	26.93	100m:	56.57	29.64			
12.				2009	II	.	.	.	-2 56.95 II
	50m:	27.11	27.11	100m:	56.95	29.84			
13.				2008	II				57.00 II
	50m:	27.26	27.26	100m:	57.00	29.74			
14.				2009	II	.	.	.	-2 57.04 II
	50m:	27.58	27.58	100m:	57.04	29.46			
15.				2009	I	"	"		57.18 II
	50m:	27.49	27.49	100m:	57.18	29.69			
				2008	I	"	"		57.18 II
	50m:	27.69	27.69	100m:	57.18	29.49			
17.				2010	II	.	.	.	-1 57.38 II
	50m:	27.27	27.27	100m:	57.38	30.11			
18.				2010	II	.	.	.	-2 57.39 II
	50m:	27.16	27.16	100m:	57.39	30.23			
19.				2010	I	.	.	.	-1 57.49 II
	50m:	27.30	27.30	100m:	57.49	30.19			
20.				2009	I	"	"		57.54 II
	50m:	27.51	27.51	100m:	57.54	30.03			
21.				2010	II				57.94 II
	50m:	27.43	27.43	100m:	57.94	30.51			
22.				2008	II	.	.	.	-2 58.05 II
	50m:	27.23	27.23	100m:	58.05	30.82			
23.				2009	II	.	.	.	-1 58.19 II
	50m:	27.83	27.83	100m:	58.19	30.36			
24.				2009	I	.	.	.	-2 58.43 II
	50m:	27.08	27.08	100m:	58.43	31.35			
25.				2003	I	.	.	.	-2 58.53 II
	50m:	27.84	27.84	100m:	58.53	30.69			
26.				2008	I	.	.	.	-1 59.16 II
	50m:	28.48	28.48	100m:	59.16	30.68			
27.				2011	II				59.41 II
	50m:	28.85	28.85	100m:	59.41	30.56			
28.				2009	II				59.53 II
	50m:	28.76	28.76	100m:	59.53	30.77			
29.				2010	II	.	.	.	-2 59.55 II
	50m:	27.97	27.97	100m:	59.55	31.58			
30.				2009	II	.	.	.	-1 59.97 II
	50m:	27.93	27.93	100m:	59.97	32.04			
31.				2010	II				1:00.27 II
	50m:	28.91	28.91	100m:	1:00.27	31.36			
32.				2011	I	.	.	.	-1 1:00.45 II
	50m:	28.12	28.12	100m:	1:00.45	32.33			
33.				2009	II	.	.	.	-2 1:00.54 II
	50m:	28.91	28.91	100m:	1:00.54	31.63			
34.				2009	II	.	.	.	-2 1:00.99 II
	50m:	29.38	29.38	100m:	1:00.99	31.61			
35.				2010	II	.	.	.	-1 1:01.20 II
	50m:	29.19	29.19	100m:	1:01.20	32.01			
36.				2011	II	.	.	.	-1 1:01.23 II
	50m:	28.89	28.89	100m:	1:01.23	32.34			
37.				2011	II				1:01.32 II
	50m:	29.88	29.88	100m:	1:01.32	31.44			

5, , 100m ,									
/									
38.				2009 II				-1	1:01.67 II
	50m:	29.69	29.69	100m:	1:01.67	31.98			
39.				2010 II					1:01.69 II
	50m:	29.50	29.50	100m:	1:01.69	32.19			
40.				2011 II					1:01.85 II
	50m:	29.57	29.57	100m:	1:01.85	32.28			
41.				2009 II				-1	1:02.09 II
	50m:	29.66	29.66	100m:	1:02.09	32.43			
42.				2010 II				-2	1:03.11
	50m:	30.67	30.67	100m:	1:03.11	32.44			
43.				2011 II		"		"	1:03.20
	50m:	29.94	29.94	100m:	1:03.20	33.26			
44.				2009 II					1:03.53
	50m:	29.95	29.95	100m:	1:03.53	33.58			
45.				2010 II				-2	1:03.67
	50m:	30.08	30.08	100m:	1:03.67	33.59			
46.				2011 II					1:03.95
	50m:	30.24	30.24	100m:	1:03.95	33.71			
47.				2009 II				-1	1:03.98
	50m:	29.91	29.91	100m:	1:03.98	34.07			
48.				2011 II				-2	1:04.07
	50m:	30.33	30.33	100m:	1:04.07	33.74			
49.				2010 II					1:04.45
	50m:	30.38	30.38	100m:	1:04.45	34.07			
50.				2011 II					1:04.53
	50m:	30.80	30.80	100m:	1:04.53	33.73			
51.				2011 II				-1	1:04.97
	50m:	31.17	31.17	100m:	1:04.97	33.80			
52.				2011 II					1:05.00
	50m:	30.42	30.42	100m:	1:05.00	34.58			
53.				2011 II					1:05.29
	50m:	31.71	31.71	100m:	1:05.29	33.58			
54.				2009 II		"		"	1:06.14
	50m:	32.21	32.21	100m:	1:06.14	33.93			
55.				2010 II		"		"	1:06.37
	50m:	32.29	32.29	100m:	1:06.37	34.08			
56.				2011 II					1:07.27
	50m:	32.40	32.40	100m:	1:07.27	34.87			
57.				2011 II				-2	1:07.82
	50m:	32.35	32.35	100m:	1:07.82	35.47			
58.				2011 III		"		"	1:08.81
	50m:	32.34	32.34	100m:	1:08.81	36.47			
59.				2011 I					1:09.57
	50m:	32.52	32.52	100m:	1:09.57	37.05			
60.				2011 III					1:10.79
	50m:	32.68	32.68	100m:	1:10.79	38.11			
61.				2011 III				-2	1:11.54
	50m:	33.75	33.75	100m:	1:11.54	37.79			
62.				2011 III					1:12.31
	50m:	34.87	34.87	100m:	1:12.31	37.44			
63.				2011 III				-2	1:13.87
	50m:	35.49	35.49	100m:	1:13.87	38.38			
64.				2011 III				-2	1:17.48
	50m:	37.39	37.39	100m:	1:17.48	40.09			
" " ", 25									

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5, , 100m ,						
/						
65.			2007 I			1:19.60
50m:	35.95	35.95	100m:	1:19.60	43.65	-2
66.			2011 III			1:21.56
50m:	37.48	37.48	100m:	1:21.56	44.08	
DSQ			2011 III			
EXH			2012 II			58.35 II
50m:	27.68	27.68	100m:	58.35	30.67	
EXH			2012 II		" "	1:00.34 II
50m:	28.36	28.36	100m:	1:00.34	31.98	
EXH			2012 II		" "	1:00.91 II
50m:	29.30	29.30	100m:	1:00.91	31.61	
EXH			2012 II			1:07.75
50m:	32.22	32.22	100m:	1:07.75	35.53	-2

6 , 100m
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: AQUA 2025

/						
1.			2006			58.46
50m:	28.27	28.27	100m:	58.46	30.19	
2.			2003			1:01.45 I
50m:	29.33	29.33	100m:	1:01.45	32.12	-2
3.			2007 I			1:02.00 I
50m:	1:02.26	1:02.26	100m:	1:02.00		-1
4.			2011 I			1:02.47 I
50m:	30.19	30.19	100m:	1:02.47	32.28	
5.			2011 I			1:04.26 II
50m:	31.16	31.16	100m:	1:04.26	33.10	
6.			2011 I			1:06.19 II
50m:	31.36	31.36	100m:	1:06.19	34.83	
7.			2007 I			1:06.35 II
50m:	30.97	30.97	100m:	1:06.35	35.38	-2
8.			2006			1:06.45 II
50m:	30.95	30.95	100m:	1:06.45	35.50	-1
9.			2009 II		" "	1:08.39 II
50m:	32.88	32.88	100m:	1:08.39	35.51	
10.			2011 III			1:12.23
50m:	34.52	34.52	100m:	1:12.23	37.71	
11.			2010 II			1:13.86
50m:	34.83	34.83	100m:	1:13.86	39.03	
12.			2011 III			1:14.14
50m:	35.46	35.46	100m:	1:14.14	38.68	-2
13.			2011 III			1:16.53
50m:	37.27	37.27	100m:	1:16.53	39.26	
14.			2011 III			1:17.10
50m:	36.34	36.34	100m:	1:17.10	40.76	
15.			2011 I			1:30.50
50m:	43.36	43.36	100m:	1:30.50	47.14	
DSQ			2010 I			-1

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6, , 100m											
EXH			2012	I						1:04.88	II
	50m:	, 30.38	30.38	100m:	1:04.88	34.50					
7 , 200m											
25.11.2025 - 12:10											
: AQUA 2025											
			/								
1.			2008		"		"			2:08.85	
	50m:	, 27.78	27.78	100m:	1:00.58	32.80	150m:	1:37.07	36.49	200m:	2:08.85 31.78
2.			2008							2:11.71	
	50m:	, 27.81	27.81	100m:	1:00.86	33.05	150m:	1:39.35	38.49	200m:	2:11.71 32.36
3.			2009	I			-2			2:14.53	I
	50m:	, 29.61	29.61	100m:	1:03.62	34.01	150m:	1:43.64	40.02	200m:	2:14.53 30.89
4.			2003				-2			2:16.06	I
	50m:	, 27.98	27.98	100m:	1:03.24	35.26	150m:	1:43.78	40.54	200m:	2:16.06 32.28
5.			2010	II		"		"		2:20.29	I
	50m:	, 31.01	31.01	100m:	1:06.59	35.58	150m:	1:48.18	41.59	200m:	2:20.29 32.11
6.			2009	I		"		"		2:21.27	I
	50m:	, 29.28	29.28	100m:	1:05.31	36.03	150m:	1:47.33	42.02	200m:	2:21.27 33.94
7.			2010	II		"		"		2:23.71	II
	50m:	, 29.89	29.89	100m:	1:07.16	37.27	150m:	1:49.27	42.11	200m:	2:23.71 34.44
8.			2009	I						2:24.07	II
	50m:	, 30.06	30.06	100m:	1:06.39	36.33	150m:	1:48.66	42.27	200m:	2:24.07 35.41
9.			2009	I		"		"		2:25.71	II
	50m:	, 32.44	32.44	100m:	1:09.67	37.23	150m:	1:53.00	43.33	200m:	2:25.71 32.71
10.			2008	I		"		"		2:26.42	II
	50m:	, 31.19	31.19	100m:	1:09.74	38.55	150m:	1:51.00	41.26	200m:	2:26.42 35.42
11.			2011	II			-1			2:32.39	II
	50m:	, 32.39	32.39	100m:	1:11.41	39.02	150m:	1:56.34	44.93	200m:	2:32.39 36.05
12.			2011	II						2:32.45	II
	50m:	, 31.98	31.98	100m:	1:12.74	40.76	150m:	1:58.32	45.58	200m:	2:32.45 34.13
13.			2009	II		"		"		2:34.74	II
	50m:	, 30.32	30.32	100m:	1:06.75	36.43	150m:	1:53.38	46.63	200m:	2:34.74 41.36
14.			2011	II						2:35.84	II
	50m:	, 32.85	32.85	100m:	1:16.30	43.45	150m:	2:03.06	46.76	200m:	2:35.84 32.78
15.			2011	II						2:35.85	II
	50m:	, 33.76	33.76	100m:	1:14.03	40.27	150m:	2:00.66	46.63	200m:	2:35.85 35.19
16.			2011	II						2:37.97	II
	50m:	, 33.47	33.47	100m:	1:14.57	41.10	150m:	2:01.70	47.13	200m:	2:37.97 36.27
17.			2010	II		"		"		2:41.52	
	50m:	, 33.77	33.77	100m:	1:16.56	42.79	150m:	2:03.65	47.09	200m:	2:41.52 37.87
18.			2010	III			-2			2:42.18	
	50m:	, 33.66	33.66	100m:	1:16.92	43.26	150m:	2:04.54	47.62	200m:	2:42.18 37.64
19.			2011	II						2:42.65	
	50m:	, 38.03	38.03	100m:	1:19.40	41.37	150m:	2:07.89	48.49	200m:	2:42.65 34.76
20.			2011	III			-2			2:59.32	
	50m:	, 38.22	38.22	100m:	1:23.68	45.46	150m:	2:15.91	52.23	200m:	2:59.32 43.41
EXH			2012	II		"		"		2:30.96	II
	50m:	, 31.65	31.65	100m:	1:10.75	39.10	150m:	1:53.81	43.06	200m:	2:30.96 37.15

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25.11.2025 - 12:20

, 200m

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/										
1.			2002			-2			2:29.58	I
50m:	32.52	32.52	100m: 1:11.80	39.28	150m: 1:54.60	42.80	200m: 2:29.58	34.98		
2.			2009 I						2:33.07	I
50m:	33.96	33.96	100m: 1:12.72	38.76	150m: 1:57.03	44.31	200m: 2:33.07	36.04		
3.			2007						2:39.75	II
50m:	33.40	33.40	100m: 1:17.14	43.74	150m: 1:59.93	42.79	200m: 2:39.75	39.82		
4.			2007 I			-1			2:42.49	II
50m:	34.94	34.94	100m: 1:17.37	42.43	150m: 2:07.12	49.75	200m: 2:42.49	35.37		
5.			2010 I						2:43.86	II
50m:	35.80	35.80	100m: 1:22.00	46.20	150m: 2:06.69	44.69	200m: 2:43.86	37.17		
6.			2009 II			-1			2:55.74	II
50m:	37.83	37.83	100m: 1:22.85	45.02	150m: 2:16.64	53.79	200m: 2:55.74	39.10		
7.			2010 II						3:01.60	
50m:	39.29	39.29	100m: 1:25.94	46.65	150m: 2:16.32	50.38	200m: 3:01.60	45.28		
EXH			2013 I						2:31.00	I
50m:	32.08	32.08	100m: 1:10.00	37.92	150m: 1:54.69	44.69	200m: 2:31.00	36.31		
EXH			2012 I						2:43.07	II
50m:	35.66	35.66	100m: 1:17.25	41.59	150m: 2:05.40	48.15	200m: 2:43.07	37.67		
EXH			2012 II						2:43.09	II
50m:	34.18	34.18	100m: 1:19.12	44.94	150m: 2:03.98	44.86	200m: 2:43.09	39.11		

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25.11.2025 - 12:25

, 4 x 50m

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: AQUA 2025

/										
1.			-1			-1			1:43.89	
			09 +0,62 23.37			06		27.94		
			07 +0,60 29.30			09 +0,48 23.28				
2.			-2			-2			1:46.05	
			09 +0,69 24.81			03		28.02		
			02 +0,30 29.34			03		23.88		
3.									1:50.71	
			10 +0,84 27.01			10 +0,22 29.02				
			11 +0,49 25.55			11 +0,60 29.13				
4.									1:53.18	
			11 +0,78 30.46			11 +0,63 30.08				
			10 +0,30 27.31			08 +0,30 25.33				
5.									2:04.62	
			08 +0,71 27.01			11		35.30		
			09 +0,64 28.54			11		33.77		

, 25. - 28.11.2025

10
25.11.2025 - 12:30 , 800m

: AQUA 2025

1.			2006									9:17.94
	50m:	30.67	30.67	250m:	2:48.72	35.16	450m:	5:09.56	35.25	650m:	7:30.70	35.25
	100m:	1:03.77	33.10	300m:	3:23.76	35.04	500m:	5:44.95	35.39	700m:	8:05.86	35.16
	150m:	1:38.31	34.54	350m:	3:58.91	35.15	550m:	6:19.98	35.03	750m:	8:41.68	35.82
	200m:	2:13.56	35.25	400m:	4:34.31	35.40	600m:	6:55.45	35.47	800m:	9:17.94	36.26
2.			2003					-2				10:00.84 I
	50m:	32.05	32.05	250m:	3:38.47	37.64	450m:	6:11.74	38.48	650m:	8:45.82	37.59
	100m:	1:45.22	1:13.17	300m:	4:16.60	38.13	500m:	6:50.57	38.83	700m:	9:23.86	38.04
	150m:	2:23.24	38.02	350m:	4:55.01	38.41	550m:	7:29.80	39.23	750m:	10:01.35	37.49
	200m:	3:00.83	37.59	400m:	5:33.26	38.25	600m:	8:08.23	38.43	800m:	10:00.84	
3.			2011 I									10:08.06 I
	50m:	34.26	34.26	250m:	3:07.35	38.79	450m:	5:41.50	38.40	650m:	8:16.18	39.02
	100m:	1:12.05	37.79	300m:	3:45.73	38.38	500m:	6:19.91	38.41	700m:	8:55.17	38.99
	150m:	1:50.14	38.09	350m:	4:24.53	38.80	550m:	6:58.53	38.62	750m:	9:33.56	38.39
	200m:	2:28.56	38.42	400m:	5:03.10	38.57	600m:	7:37.16	38.63	800m:	10:08.06	34.50
4.			2007 I					-2				11:09.24 II
	50m:	35.35	35.35	250m:	3:24.08	42.56	450m:	6:17.18	42.70	650m:	9:10.05	42.82
	100m:	1:15.65	40.30	300m:	4:08.47	44.39	500m:	7:00.92	43.74	700m:	9:53.12	43.07
	150m:	1:58.33	42.68	350m:	4:51.46	42.99	550m:	7:43.93	43.01	750m:	10:36.05	42.93
	200m:	2:41.52	43.19	400m:	5:34.48	43.02	600m:	8:27.23	43.30	800m:	11:09.24	33.19
5.			2011 II									11:45.95
	50m:	37.56	37.56	250m:	3:32.42	44.61	450m:	6:33.89	45.62	650m:	9:35.84	45.47
	100m:	1:19.73	42.17	300m:	4:17.84	45.42	500m:	7:19.67	45.78	700m:	10:20.50	44.66
	150m:	2:03.46	43.73	350m:	5:02.73	44.89	550m:	8:05.07	45.40	750m:	11:04.14	43.64
	200m:	2:47.81	44.35	400m:	5:48.27	45.54	600m:	8:50.37	45.30	800m:	11:45.95	41.81
6.			2011 III									12:08.42
	50m:	37.63	37.63	250m:	3:39.05	47.37	450m:	6:45.68	47.30	650m:	9:55.53	47.83
	100m:	1:20.14	42.51	300m:	4:26.37	47.32	500m:	7:33.14	47.46	700m:	10:41.14	45.61
	150m:	2:05.16	45.02	350m:	5:13.37	47.00	550m:	8:20.27	47.13	750m:	11:26.77	45.63
	200m:	2:51.68	46.52	400m:	5:58.38	45.01	600m:	9:07.70	47.43	800m:	12:08.42	41.65

11
26.11.2025 - 11:30 , 50m

: AQUA 2025

1.			2003									23.94
2.			2009					-1				26.92
3.			2009					-1				27.34
4.			2008			"		"				27.88 I
5.			2009 I			"		-2				28.20 I
6.			2009 I			"		"				28.58 I
7.			2009 I			"		-2				28.76 I
8.			2008			"		"				28.91 I
9.			2003			"		-2				29.24 I
10.			2009 I			"		"				29.43 II
11.			2009 II			"		-2				29.64 II
12.			2009 I			"		"				29.83 II
13.			2011 I			"		-1				29.93 II
14.			2011 I			"		"				30.23 II
15.			2010 II			"		"				30.47 II
16.			2009 I			"		-2				30.49 II
17.			2008 I			"		"				30.58 II
18.			2010 II			"		"				31.02 II
19.			2010 II			"		-2				31.18 II
20.			2010 II			"		"				31.44 II
21.			2011 II			"		-2				31.66 II
22.			2011 II			"		"				31.96 II

" " ", 25

SWISS TIMING QANTUM AQUATIC

, 25. - 28.11.2025

11, , 50m ,									
/									
23.	,		2009	II	.	.	.	-1	32.50
24.	,		2011	II	.	.	.	-1	32.85
25.	,		2011	II	.	.	.	-1	33.78
26.	,		2011	II	"	.	.	"	33.87
27.	,		2011	II	.	.	.		33.97
28.	,		2010	II	.	.	.	-1	34.06
29.	,		2011	II	.	.	.		34.78
30.	,		2011	III	"	.	.	"	35.78
31.	,		2010	II	"	.	.	"	37.86
32.	,		2011	III	.	.	.		40.45
EXH	,		2012	II	"	.	.	"	29.03 I

12 , 50m
26.11.2025 - 11:35

: AQUA 2025									
/									
1.	,		2006		.	.	.		31.66 II
2.	,		2006		.	.	.	-1	32.41 II
3.	,		2011	I	.	.	.		32.75 II
4.	,		2011	I	.	.	.		33.12 II
5.	,		2009	I	.	.	.		33.53 II
6.	,		2011	II	.	.	.		38.08
7.	,		2010	I	.	.	.	-1	38.24
8.	,		2011	III	.	.	.		42.70
9.	,		2011	III	.	.	.		43.04
10.	,		2011	I	.	.	.		49.23
EXH	,		2012	I	.	.	.		33.73 II

13 , 400m
26.11.2025 - 11:40

: AQUA 2025									
/									
1.			2009		.	.	.	-1	4:09.42 I
	50m:	27.93	27.93	150m:	1:30.45	31.48	250m:	2:34.51	32.03
	100m:	58.97	31.04	200m:	2:02.48	32.03	300m:	3:06.25	31.74
									350m:
									3:38.46
									32.21
									400m:
									4:09.42
									30.96
2.			2010	I	.	.	.	-1	4:16.69 I
	50m:	28.11	28.11	150m:	1:30.55	31.57	250m:	2:35.67	32.89
	100m:	58.98	30.87	200m:	2:02.78	32.23	300m:	3:09.18	33.51
									350m:
									3:43.05
									33.87
									400m:
									4:16.69
									33.64
3.			2009	I	"	.	.	"	4:26.23 II
	50m:	29.11	29.11	150m:	1:35.93	34.07	250m:	2:44.68	34.42
	100m:	1:01.86	32.75	200m:	2:10.26	34.33	300m:	3:19.14	34.46
									350m:
									3:53.92
									34.78
									400m:
									4:26.23
									32.31
4.			2009	I	.	.	.	-1	4:31.89 II
	50m:	30.15	30.15	150m:	1:36.02	33.71	250m:	2:45.59	35.23
	100m:	1:02.31	32.16	200m:	2:10.36	34.34	300m:	3:20.88	35.29
									350m:
									3:56.96
									36.08
									400m:
									4:31.89
									34.93
5.			2008	I	"	.	.	"	4:36.10 II
	50m:	29.33	29.33	150m:	1:36.30	34.41	250m:	2:47.31	35.76
	100m:	1:01.89	32.56	200m:	2:11.55	35.25	300m:	3:23.59	36.28
									350m:
									4:00.68
									37.09
									400m:
									4:36.10
									35.42
6.			2008	I	.	.	.	-1	4:36.14 II
	50m:	29.97	29.97	150m:	1:37.05	34.05	250m:	2:48.07	35.73
	100m:	1:03.00	33.03	200m:	2:12.34	35.29	300m:	3:24.17	36.10
									350m:
									4:00.42
									36.25
									400m:
									4:36.14
									35.72
7.			2011	II	.	.	.		4:37.64 II
	50m:	31.24	31.24	150m:	1:40.68	35.05	250m:	2:51.55	35.73
	100m:	1:05.63	34.39	200m:	2:15.82	35.14	300m:	3:27.29	35.74
									350m:
									4:03.16
									35.87
									400m:
									4:37.64
									34.48

" " ", 25

SWISS TIMING QANTUM AQUATIC

13, , 400m ,												
/												
8.			2011 I		-1		4:40.42 II					
	50m:	31.24	31.24	150m:	1:40.89	35.55	250m:	2:52.21	35.65	350m:	4:04.39	36.99
	100m:	1:05.34	34.10	200m:	2:16.56	35.67	300m:	3:27.40	35.19	400m:	4:40.42	36.03
9.			2009 II		"		4:42.17 II					
	50m:	30.86	30.86	150m:	1:39.90	35.45	250m:	2:52.61	36.44	350m:	4:06.78	37.19
	100m:	1:04.45	33.59	200m:	2:16.17	36.27	300m:	3:29.59	36.98	400m:	4:42.17	35.39
10.			2011 II		-1		4:44.17 II					
	50m:	31.95	31.95	150m:	1:42.66	35.56	250m:	2:54.10	35.55	350m:	4:07.79	37.45
	100m:	1:07.10	35.15	200m:	2:18.55	35.89	300m:	3:30.34	36.24	400m:	4:44.17	36.38
11.			2009 II		-2		4:45.26 II					
	50m:	31.01	31.01	150m:	1:43.76	37.51	250m:	2:58.41	36.86	350m:	4:11.60	36.06
	100m:	1:06.25	35.24	200m:	2:21.55	37.79	300m:	3:35.54	37.13	400m:	4:45.26	33.66
12.			2011 II				4:47.57 II					
	50m:	32.18	32.18	150m:	1:43.70	36.17	250m:	2:56.80	36.46	350m:	4:11.03	37.33
	100m:	1:07.53	35.35	200m:	2:20.34	36.64	300m:	3:33.70	36.90	400m:	4:47.57	36.54
13.			2010 II				4:48.82 II					
	50m:	31.41	31.41	150m:	1:41.95	35.75	250m:	2:55.95	37.03	350m:	4:11.48	37.79
	100m:	1:06.20	34.79	200m:	2:18.92	36.97	300m:	3:33.69	37.74	400m:	4:48.82	37.34
14.			2011 II				4:51.76 II					
	50m:	31.68	31.68	150m:	1:44.19	36.85	250m:	2:59.49	37.70	350m:	4:15.66	38.18
	100m:	1:07.34	35.66	200m:	2:21.79	37.60	300m:	3:37.48	37.99	400m:	4:51.76	36.10
15.			2010 II		"		4:52.08 II					
	50m:	30.73	30.73	150m:	1:41.02	36.11	250m:	2:55.84	38.06	350m:	4:15.42	39.78
	100m:	1:04.91	34.18	200m:	2:17.78	36.76	300m:	3:35.64	39.80	400m:	4:52.08	36.66
16.			2011 II		"		4:52.12 II					
	50m:	31.83	31.83	150m:	1:44.70	37.35	250m:	3:00.28	38.09	350m:	4:16.09	37.96
	100m:	1:07.35	35.52	200m:	2:22.19	37.49	300m:	3:38.13	37.85	400m:	4:52.12	36.03
17.			2011 II				5:00.87					
	50m:	31.68	31.68	150m:	1:45.50	37.56	250m:	3:03.11	39.48	350m:	4:22.73	40.02
	100m:	1:07.94	36.26	200m:	2:23.63	38.13	300m:	3:42.71	39.60	400m:	5:00.87	38.14
18.			2010 II		-2		5:01.21					
	50m:	31.44	31.44	150m:	1:44.28	37.15	250m:	3:02.39	39.90	350m:	4:23.56	40.93
	100m:	1:07.13	35.69	200m:	2:22.49	38.21	300m:	3:42.63	40.24	400m:	5:01.21	37.65
19.			2011 II				5:01.47					
	50m:	34.87	34.87	150m:	1:52.55	39.15	250m:	3:09.64	38.32	350m:	4:25.30	37.16
	100m:	1:13.40	38.53	200m:	2:31.32	38.77	300m:	3:48.14	38.50	400m:	5:01.47	36.17
20.			2011 II		-1		5:03.80					
	50m:	32.49	32.49	150m:	1:48.22	38.54	250m:	3:06.38	39.21	350m:	4:25.22	39.16
	100m:	1:09.68	37.19	200m:	2:27.17	38.95	300m:	3:46.06	39.68	400m:	5:03.80	38.58
21.			2010 II		"		5:13.18					
	50m:	33.39	33.39	150m:	1:50.69	39.83	250m:	3:13.27	42.01	350m:	4:34.49	40.50
	100m:	1:10.86	37.47	200m:	2:31.26	40.57	300m:	3:53.99	40.72	400m:	5:13.18	38.69
22.			2011 II		-1		5:16.44					
	50m:	32.73	32.73	150m:	1:49.11	39.31	250m:	3:13.03	42.75	350m:	4:37.38	42.20
	100m:	1:09.80	37.07	200m:	2:30.28	41.17	300m:	3:55.18	42.15	400m:	5:16.44	39.06
23.			2010 III		-2		5:22.85					
	50m:	33.10	33.10	150m:	1:53.35	41.32	250m:	3:17.38	42.27	350m:	4:43.00	42.26
	100m:	1:12.03	38.93	200m:	2:35.11	41.76	300m:	4:00.74	43.36	400m:	5:22.85	39.85
24.			2011 III		-2		5:30.25					
	50m:	35.10	35.10	200m:	3:24.45	2:08.66	300m:	4:50.87	42.83	400m:	5:30.25	
	100m:	1:15.79	40.69	250m:	4:08.04	43.59	350m:	5:30.47	39.60			
25.			2011 III				5:30.93					
	50m:	35.79	35.79	150m:	1:59.64	42.36	250m:	3:24.81	42.95	350m:	4:51.74	43.27
	100m:	1:17.28	41.49	200m:	2:41.86	42.22	300m:	4:08.47	43.66	400m:	5:30.93	39.19
26.			2011 II				5:39.33					
	50m:	34.22	34.22	150m:	1:54.01	41.70	250m:	3:22.21	44.03	350m:	4:52.12	45.10
	100m:	1:12.31	38.09	200m:	2:38.18	44.17	300m:	4:07.02	44.81	400m:	5:39.33	47.21
27.			2011 III		-2		5:42.63					
	50m:	37.05	37.05	150m:	2:03.69	44.49	250m:	3:32.61	44.89	350m:	5:03.97	45.80
	100m:	1:19.20	42.15	200m:	2:47.72	44.03	300m:	4:18.17	45.56	400m:	5:42.63	38.66
" " " 25												

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SWISS TIMING QANTUM AQUATIC

, 25. - 28.11.2025

13, , 400m											
/											
28.			2011	III							5:50.75
50m:	35.86	35.86	150m:	2:01.73	44.69	250m:	3:34.15	46.61	350m:	5:07.00	46.05
100m:	1:17.04	41.18	200m:	2:47.54	45.81	300m:	4:20.95	46.80	400m:	5:50.75	43.75
29.			2011	III							6:15.99
50m:	35.91	35.91	150m:	2:09.05	48.10	250m:	3:46.72	49.54	350m:	5:27.10	49.96
100m:	1:20.95	45.04	200m:	2:57.18	48.13	300m:	4:37.14	50.42	400m:	6:15.99	48.89
DSQ			2011	I							
EXH			2012								4:20.22 I
50m:	28.89	28.89	150m:	1:34.30	33.33	250m:	2:41.07	33.41	350m:	3:47.74	32.89
100m:	1:00.97	32.08	200m:	2:07.66	33.36	300m:	3:14.85	33.78	400m:	4:20.22	32.48
EXH			2012	II							4:48.40 II
50m:	31.18	31.18	150m:	1:42.25	36.62	250m:	2:57.69	38.12	350m:	4:14.00	38.16
100m:	1:05.63	34.45	200m:	2:19.57	37.32	300m:	3:35.84	38.15	400m:	4:48.40	34.40
EXH			2012	II							5:10.37
50m:	33.00	33.00	150m:	1:49.96	39.15	250m:	3:11.73	41.02	350m:	4:33.37	41.05
100m:	1:10.81	37.81	200m:	2:30.71	40.75	300m:	3:52.32	40.59	400m:	5:10.37	37.00

14 , 400m
26.11.2025 - 12:10

: AQUA 2025

/											
1.			2006								4:27.86
50m:	30.27	30.27	150m:	1:37.24	33.79	250m:	2:46.40	34.52	350m:	3:55.25	34.33
100m:	1:03.45	33.18	200m:	2:11.88	34.64	300m:	3:20.92	34.52	400m:	4:27.86	32.61
2.			2003								4:45.37 I
50m:	31.13	31.13	150m:	1:42.64	36.34	250m:	2:55.80	36.37	350m:	4:09.54	36.90
100m:	1:06.30	35.17	200m:	2:19.43	36.79	300m:	3:32.64	36.84	400m:	4:45.37	35.83
3.			2011	I							5:06.73 II
50m:	32.68	32.68	150m:	1:48.23	38.31	250m:	3:07.48	39.78	350m:	4:28.77	40.75
100m:	1:09.92	37.24	200m:	2:27.70	39.47	300m:	3:48.02	40.54	400m:	5:06.73	37.96
4.			2007	I							5:12.36 II
50m:	32.22	32.22	150m:	1:49.93	40.44	250m:	3:12.79	41.61	350m:	4:37.14	42.52
100m:	1:09.49	37.27	200m:	2:31.18	41.25	300m:	3:54.62	41.83	400m:	5:12.36	35.22
5.			2009	II							5:29.13 II
50m:	35.17	35.17	150m:	1:55.50	40.61	250m:	3:21.79	44.08	350m:	4:49.86	44.09
100m:	1:14.89	39.72	200m:	2:37.71	42.21	300m:	4:05.77	43.98	400m:	5:29.13	39.27
6.			2011	III							5:29.50 II
50m:	35.65	35.65	150m:	1:57.26	41.19	250m:	3:22.81	42.75	350m:	4:49.30	42.54
100m:	1:16.07	40.42	200m:	2:40.06	42.80	300m:	4:06.76	43.95	400m:	5:29.50	40.20
7.			2010	II							5:53.04
50m:	36.80	36.80	150m:	2:02.97	44.50	250m:	3:35.83	47.07	350m:	5:09.67	46.45
100m:	1:18.47	41.67	200m:	2:48.76	45.79	300m:	4:23.22	47.39	400m:	5:53.04	43.37
8.			2011	III							6:06.27
50m:	38.98	38.98	150m:	2:07.88	45.34	250m:	3:43.43	48.09	350m:	5:20.32	48.86
100m:	1:22.54	43.56	200m:	2:55.34	47.46	300m:	4:31.46	48.03	400m:	6:06.27	45.95
EXH			2012	I							5:11.46 II
50m:	33.82	33.82	150m:	1:54.07	40.41	250m:	3:14.95	39.19	350m:	4:34.71	38.99
100m:	1:13.66	39.84	200m:	2:35.76	41.69	300m:	3:55.72	40.77	400m:	5:11.46	36.75

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15
26.11.2025 - 12:20

, 100m

: AQUA 2025

1.				2003				-2	56.08
	50m:	26.09	26.09	100m:	56.08	29.99			
2.				2008					57.41
	50m:	26.41	26.41	100m:	57.41	31.00			
3.				2008					58.49 I
	50m:	27.05	27.05	100m:	58.49	31.44			
4.				2009 I		"		"	1:01.78 II
	50m:	28.57	28.57	100m:	1:01.78	33.21			
5.				2009 I		"		"	1:02.90 II
	50m:	28.31	28.31	100m:	1:02.90	34.59			
6.				2011 I					1:04.52 II
	50m:	29.04	29.04	100m:	1:04.52	35.48			
7.				2009 I				-2	1:05.10 II
	50m:	29.17	29.17	100m:	1:05.10	35.93			
8.				2010 II		"		"	1:05.40 II
	50m:	29.93	29.93	100m:	1:05.40	35.47			
9.				2010 I				-1	1:06.45 II
	50m:	30.78	30.78	100m:	1:06.45	35.67			
10.				2009 II				-1	1:06.71 II
	50m:	30.15	30.15	100m:	1:06.71	36.56			
11.				2010 II				-2	1:06.87 II
	50m:	30.31	30.31	100m:	1:06.87	36.56			
12.				2009 II				-1	1:07.66 II
	50m:	31.02	31.02	100m:	1:07.66	36.64			
13.				2011 II					1:07.67 II
	50m:	30.71	30.71	100m:	1:07.67	36.96			
14.				2010 II				-2	1:10.57
	50m:	31.40	31.40	100m:	1:10.57	39.17			
15.				2009 II				-2	1:12.44
	50m:	32.56	32.56	100m:	1:12.44	39.88			
16.				2011 II				-1	1:13.28
	50m:	33.63	33.63	100m:	1:13.28	39.65			
17.				2011 II					1:13.44
	50m:	32.48	32.48	100m:	1:13.44	40.96			
18.				2011 III				-2	1:20.28
	50m:	36.09	36.09	100m:	1:20.28	44.19			
EXH				2012 II					1:02.83 II
	50m:	30.00	30.00	100m:	1:02.83	32.83			
EXH				2012 I				-1	1:06.82 II
	50m:	30.55	30.55	100m:	1:06.82	36.27			
EXH				2012 II		"		"	1:08.64 II
	50m:	32.48	32.48	100m:	1:08.64	36.16			
EXH				2012 II		"		"	1:11.12
	50m:	33.61	33.61	100m:	1:11.12	37.51			

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16
26.11.2025 - 12:25
, 100m

: AQUA 2025

1.				2006				-1		1:10.98	
	50m:	32.71	32.71	100m:	1:10.98	38.27					
2.				2009 I						1:11.80	
	50m:	33.62	33.62	100m:	1:11.80	38.18					
3.				2007 I				-1		1:13.23	
	50m:	33.34	33.34	100m:	1:13.23	39.89					
4.				2011 I						1:13.40	
	50m:	32.71	32.71	100m:	1:13.40	40.69					
5.				2011 I						1:16.17	
	50m:	33.58	33.58	100m:	1:16.17	42.59					
6.				2011 II						1:19.01	
	50m:	37.26	37.26	100m:	1:19.01	41.75					
7.				2009 II		"		"		1:20.98	
	50m:	35.76	35.76	100m:	1:20.98	45.22					
8.				2007 I				-2		1:26.33	
	50m:	36.20	36.20	100m:	1:26.33	50.13					
9.				2009 II				-1		1:29.37	
	50m:	40.60	40.60	100m:	1:29.37	48.77					
10.				2011 III						1:35.41	
	50m:	44.91	44.91	100m:	1:35.41	50.50					

17
26.11.2025 - 12:30
, 200m

: AQUA 2025

1.				2008		"		"		2:25.23	
	50m:	32.36	32.36	100m:	1:09.64	37.28	150m:	1:47.02	37.38	200m:	2:25.23 38.21
2.				2008 I		"		"		2:30.01	I
	50m:	32.85	32.85	100m:	1:10.92	38.07	150m:	1:50.53	39.61	200m:	2:30.01 39.48
3.				2007 I				-2		2:35.21	I
	50m:	34.36	34.36	100m:	1:13.17	38.81	150m:	1:53.05	39.88	200m:	2:35.21 42.16
4.				2009 II						2:38.70	
	50m:	33.49	33.49	100m:	1:12.97	39.48	150m:	1:53.30	40.33	200m:	2:38.70 45.40
5.				2009 II				-1		2:40.22	
	50m:	35.09	35.09	100m:	1:15.16	40.07	150m:	1:57.43	42.27	200m:	2:40.22 42.79
6.				2009 I						2:41.78	
	50m:	34.75	34.75	100m:	1:15.89	41.14	150m:	1:59.21	43.32	200m:	2:41.78 42.57
7.				2009 I		"		"		2:45.16	
	50m:	34.68	34.68	100m:	1:15.25	40.57	150m:	1:59.05	43.80	200m:	2:45.16 46.11
8.				2010 II				-2		2:45.44	
	50m:	35.23	35.23	100m:	1:17.03	41.80	150m:	2:00.90	43.87	200m:	2:45.44 44.54
9.				2009 II		"		"		2:45.95	
	50m:	36.91	36.91	100m:	1:19.87	42.96	150m:	2:03.77	43.90	200m:	2:45.95 42.18
10.				2010 II				-2		2:46.86	
	50m:	37.37	37.37	100m:	1:21.15	43.78	150m:	2:02.04	40.89	200m:	2:46.86 44.82
11.				2011 II						2:48.77	
	50m:	35.27	35.27	100m:	1:16.28	41.01	150m:	2:01.49	45.21	200m:	2:48.77 47.28
12.				2011 II						2:51.02	
	50m:	36.18	36.18	100m:	1:21.34	45.16	150m:	2:06.81	45.47	200m:	2:51.02 44.21

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SWISS TIMING QANTUM AQUATIC

, 25. - 28.11.2025

17, , 200m ,										
/										
13.			2011	III	"	"			2:54.53	II
50m:	37.94	37.94	100m:	1:21.98	44.04	150m:	2:08.34	46.36	200m:	2:54.53 46.19
14.			2011	III		-2			3:20.12	
50m:	41.46	41.46	100m:	1:29.59	48.13	150m:	2:24.30	54.71	200m:	3:20.12 55.82
EXH			2012	II	"	"			2:44.42	II
50m:	36.84	36.84	100m:	1:17.99	41.15	150m:	2:01.19	43.20	200m:	2:44.42 43.23

18
26.11.2025 - 12:40
: AQUA 2025

/										
1.			2010	I					2:47.60	I
50m:	38.46	38.46	100m:	1:21.29	42.83	150m:	2:04.46	43.17	200m:	2:47.60 43.14
2.			2007						2:50.15	I
50m:	39.48	39.48	100m:	1:23.09	43.61	150m:	2:07.25	44.16	200m:	2:50.15 42.90
3.			2009	II	"	"			3:03.37	II
50m:	41.11	41.11	100m:	1:27.89	46.78	150m:	2:16.10	48.21	200m:	3:03.37 47.27
4.			2010	II					3:06.48	II
50m:	43.00	43.00	100m:	1:29.75	46.75	150m:	2:18.38	48.63	200m:	3:06.48 48.10
5.			2011	I					3:35.77	
50m:	51.09	51.09	100m:	1:45.94	54.85	150m:	2:42.36	56.42	200m:	3:35.77 53.41
6.			2011	III					3:46.52	
50m:	48.20	48.20	100m:	1:45.49	57.29	150m:	2:46.26	1:00.77	200m:	3:46.52 1:00.26
EXH			2012			-1			2:37.28	
50m:	35.41	35.41	100m:	1:15.23	39.82	150m:	1:56.64	41.41	200m:	2:37.28 40.64
EXH			2012	II		-1			2:55.60	II
50m:	40.41	40.41	100m:	1:27.18	46.77	150m:	2:12.33	45.15	200m:	2:55.60 43.27
EXH			2012	II					2:57.72	II

19 , 4 x 50m 14
26.11.2025 - 12:45
: AQUA 2025

/										
1.			-1						1:53.91	
			09	+0,55	27.28				06	+0,46 30.71
			09	+0,11	27.50				07	+0,53 28.42
2.			-2						1:55.84	
			09	+0,65	28.56				03	+0,57 24.88
			02	+0,63	34.54				03	+0,53 27.86
3.									2:02.90	
			06	+0,79	32.31				11	+0,55 29.55
			10	+0,15	35.34				11	+0,47 25.70
4.									2:05.13	
			09	+0,68	29.56				11	+0,60 32.75
			09	+0,45	37.93				08	+0,52 24.89
5.									2:17.16	
			11	+0,72	33.97				10	+0,22 27.72
			11	+0,62	47.59				11	+0,10 27.88

" " ", 25

SWISS TIMING QANTUM AQUATIC

20
26.11.2025 - 12:50

, 1500m

: AQUA 2025

/											
1.			2009	I	"	"	17:49.25 I				
50m:	29.64	29.64	450m:	5:13.09	35.95	850m:	10:02.56	36.23	1250m:	14:52.46	36.34
100m:	1:03.86	34.22	500m:	5:49.43	36.34	900m:	10:38.84	36.28	1300m:	15:29.02	36.56
150m:	1:38.87	35.01	550m:	6:25.36	35.93	950m:	11:14.98	36.14	1350m:	16:05.29	36.27
200m:	2:14.10	35.23	600m:	7:01.50	36.14	1000m:	11:51.18	36.20	1400m:	16:41.28	35.99
250m:	2:49.44	35.34	650m:	7:37.91	36.41	1050m:	12:27.51	36.33	1450m:	17:17.39	36.11
300m:	3:25.18	35.74	700m:	8:13.79	35.88	1100m:	13:03.81	36.30	1500m:	17:49.25	31.86
350m:	4:00.79	35.61	750m:	8:49.76	35.97	1150m:	13:40.15	36.34			
400m:	4:37.14	36.35	800m:	9:26.33	36.57	1200m:	14:16.12	35.97			
2.			2010	II	"	"	18:05.80 II				
50m:	31.10	31.10	450m:	5:15.95	36.86	850m:	10:10.46	36.72	1250m:	15:07.16	36.28
100m:	1:05.16	34.06	500m:	5:52.78	36.83	900m:	10:48.13	37.67	1300m:	15:43.65	36.49
150m:	1:39.30	34.14	550m:	6:29.63	36.85	950m:	11:26.06	37.93	1350m:	16:20.78	37.13
200m:	2:14.26	34.96	600m:	7:06.36	36.73	1000m:	12:03.95	37.89	1400m:	16:57.42	36.64
250m:	2:50.84	36.58	650m:	7:43.29	36.93	1050m:	12:41.05	37.10	1450m:	17:33.08	35.66
300m:	3:27.00	36.16	700m:	8:20.09	36.80	1100m:	13:17.42	36.37	1500m:	18:05.80	32.72
350m:	4:02.67	35.67	750m:	8:57.63	37.54	1150m:	13:53.50	36.08			
400m:	4:39.09	36.42	800m:	9:33.74	36.11	1200m:	14:30.88	37.38			
3.			2010	II	-1		18:18.39 II				
50m:	31.69	31.69	450m:	5:21.11	36.89	850m:	10:17.29	36.73	1250m:	15:16.42	37.95
100m:	1:06.08	34.39	500m:	5:58.87	37.76	900m:	10:54.91	37.62	1300m:	15:54.22	37.80
150m:	1:41.41	35.33	550m:	6:35.87	37.00	950m:	11:32.07	37.16	1350m:	16:31.86	37.64
200m:	2:18.12	36.71	600m:	7:12.76	36.89	1000m:	12:09.85	37.78	1400m:	17:08.51	36.65
250m:	2:53.92	35.80	650m:	7:50.12	37.36	1050m:	12:46.13	36.28	1450m:	17:44.53	36.02
300m:	3:30.72	36.80	700m:	8:28.05	37.93	1100m:	13:22.35	36.22	1500m:	18:18.39	33.86
350m:	4:07.52	36.80	750m:	9:04.71	36.66	1150m:	14:00.25	37.90			
400m:	4:44.22	36.70	800m:	9:40.56	35.85	1200m:	14:38.47	38.22			
4.			2009	II	-1		18:34.93 II				
50m:	30.76	30.76	450m:	5:23.76	37.55	850m:	10:28.77	37.54	1250m:	15:29.60	37.45
100m:	1:05.68	34.92	500m:	6:01.96	38.20	900m:	11:06.37	37.60	1300m:	16:06.87	37.27
150m:	1:41.70	36.02	550m:	6:38.84	36.88	950m:	11:43.96	37.59	1350m:	16:44.75	37.88
200m:	2:18.53	36.83	600m:	7:17.15	38.31	1000m:	12:22.27	38.31	1400m:	17:22.78	38.03
250m:	2:54.76	36.23	650m:	7:55.75	38.60	1050m:	12:59.45	37.18	1450m:	18:00.41	37.63
300m:	3:31.83	37.07	700m:	8:33.82	38.07	1100m:	13:36.86	37.41	1500m:	18:34.93	34.52
350m:	4:09.02	37.19	750m:	9:12.54	38.72	1150m:	14:14.47	37.61			
400m:	4:46.21	37.19	800m:	9:51.23	38.69	1200m:	14:52.15	37.68			
5.			2011	II			18:35.30 II				
50m:	32.19	32.19	450m:	5:30.27	37.24	850m:	10:30.32	37.74	1250m:	15:29.82	37.38
100m:	1:08.45	36.26	500m:	6:07.68	37.41	900m:	11:08.28	37.96	1300m:	16:07.06	37.24
150m:	1:45.84	37.39	550m:	6:44.88	37.20	950m:	11:45.75	37.47	1350m:	16:45.07	38.01
200m:	2:23.12	37.28	600m:	7:22.51	37.63	1000m:	12:23.20	37.45	1400m:	17:22.83	37.76
250m:	3:00.51	37.39	650m:	7:59.79	37.28	1050m:	13:00.38	37.18	1450m:	18:00.73	37.90
300m:	3:38.13	37.62	700m:	8:37.17	37.38	1100m:	13:38.05	37.67	1500m:	18:35.30	34.57
350m:	4:15.79	37.66	750m:	9:14.91	37.74	1150m:	14:15.12	37.07			
400m:	4:53.03	37.24	800m:	9:52.58	37.67	1200m:	14:52.44	37.32			
6.			2011	II			18:36.09 II				
50m:	33.12	33.12	450m:	5:29.77	37.65	850m:	10:30.15	37.46	1250m:	15:33.54	38.26
100m:	1:08.44	35.32	500m:	6:07.21	37.44	900m:	11:08.13	37.98	1300m:	16:10.92	37.38
150m:	1:44.69	36.25	550m:	6:44.96	37.75	950m:	11:46.15	38.02	1350m:	16:48.81	37.89
200m:	2:21.62	36.93	600m:	7:22.57	37.61	1000m:	12:23.79	37.64	1400m:	17:25.46	36.65
250m:	2:59.29	37.67	650m:	7:59.50	36.93	1050m:	13:01.33	37.54	1450m:	18:02.77	37.31
300m:	3:36.89	37.60	700m:	8:37.31	37.81	1100m:	13:39.24	37.91	1500m:	18:36.09	33.32
350m:	4:14.43	37.54	750m:	9:14.78	37.47	1150m:	14:17.16	37.92			
400m:	4:52.12	37.69	800m:	9:52.69	37.91	1200m:	14:55.28	38.12			
7.			2009	II	-1		20:04.53 II				
50m:	31.73	31.73	450m:	5:42.02	40.49	850m:	11:13.01	41.08	1250m:	16:43.09	40.95
100m:	1:06.43	34.70	500m:	6:23.11	41.09	900m:	11:55.17	42.16	1300m:	17:24.22	41.13
150m:	1:44.41	37.98	550m:	7:04.20	41.09	950m:	12:36.52	41.35	1350m:	18:03.93	39.71
200m:	2:23.14	38.73	600m:	7:45.12	40.92	1000m:	13:17.86	41.34	1400m:	18:43.12	39.19
250m:	3:02.25	39.11	650m:	8:26.46	41.34	1050m:	13:58.85	40.99	1450m:	19:24.02	40.90
300m:	3:42.50	40.25	700m:	9:08.44	41.98	1100m:	14:41.00	42.15	1500m:	20:04.53	40.51
350m:	4:21.83	39.33	750m:	9:50.14	41.70	1150m:	15:21.31	40.31			
400m:	5:01.53	39.70	800m:	10:31.93	41.79	1200m:	16:02.14	40.83			

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20, , 1500m

8.			2009	II			-2			20:15.02	II
50m:	32.93	32.93	450m:	5:48.63	40.61	850m:	11:22.11	41.09	1250m:	16:55.96	42.21
100m:	1:09.86	36.93	500m:	6:30.02	41.39	900m:	12:02.48	40.37	1300m:	17:38.11	42.15
150m:	1:49.19	39.33	550m:	7:11.39	41.37	950m:	12:46.47	43.99	1350m:	18:20.11	42.00
200m:	2:28.12	38.93	600m:	7:52.69	41.30	1000m:	13:26.42	39.95	1400m:	19:00.95	40.84
250m:	3:07.33	39.21	650m:	8:35.63	42.94	1050m:	14:08.26	41.84	1450m:	19:41.92	40.97
300m:	3:47.17	39.84	700m:	9:16.95	41.32	1100m:	14:51.03	42.77	1500m:	20:15.02	33.10
350m:	4:27.54	40.37	750m:	9:59.22	42.27	1150m:	15:33.23	42.20			
400m:	5:08.02	40.48	800m:	10:41.02	41.80	1200m:	16:13.75	40.52			

EXH			2012		II			"				19:47.07		II
50m:	33.59	33.59	450m:	5:48.89	40.11	850m:	11:11.44	38.77	1250m:	16:29.49	40.58			
100m:	1:10.97	37.38	500m:	6:28.75	39.86	900m:	11:48.29	36.85	1300m:	17:10.67	41.18			
150m:	1:49.97	39.00	550m:	7:10.24	41.49	950m:	12:28.52	40.23	1350m:	17:52.56	41.89			
200m:	2:29.57	39.60	600m:	7:49.69	39.45	1000m:	13:08.29	39.77	1400m:	18:32.55	39.99			
250m:	3:09.68	40.11	650m:	8:30.85	41.16	1050m:	13:48.33	40.04	1450m:	19:12.55	40.00			
300m:	3:49.25	39.57	700m:	9:11.69	40.84	1100m:	14:28.75	40.42	1500m:	19:47.07	34.52			
350m:	4:28.52	39.27	750m:	9:52.17	40.48	1150m:	15:07.30	38.55						
400m:	5:08.78	40.26	800m:	10:32.67	40.50	1200m:	15:48.91	41.61						

21

, 50m

27.11.2025 - 11:30

: AQUA 2025

1.			2003						24.15
2.			2009				-1		24.77
3.			2003				-2		25.00
4.			2003				-2		26.37
5.			2008						26.42
6.			2008		"		"		26.67
7.			2008	I					26.71
8.			2009	I					26.80
9.			2009				-1		27.15 II
10.			2011	I					27.37 II
11.			2009	I	"		"		27.69 II
12.			2009	I			-1		27.72 II
13.			2009	I			-2		27.78 II
14.			2009	I	"		"		27.87 II
15.			2010	II					28.07 II
16.			2010	II			-2		28.35 II
17.			2010	II	"		"		28.39 II
18.			2007	II			-1		28.61 II
19.			2008	I	"		"		28.84 II
20.			2008	I	"		"		29.11 II
21.			2011	I			-1		29.42 II
22.			2008	I			-1		29.80 II
23.			2010	II			-2		29.97 II
24.			2010	II					30.09
25.			2009	II			-2		30.10
26.			2010	I			-1		30.25
27.			2010	II			-1		30.52
28.			2011	II					30.75
29.			2011	II					30.78
30.			2011	II					30.97
31.			2011	II					31.53
32.			2011	II	"		"		31.67
33.			2011	II			-1		32.54
34.			2010	III			-2		32.59
35.			2011	II			-1		32.95

" " ", 25

SWISS TIMING QANTUM AQUATIC

, 25. - 28.11.2025

21, , 50m ,									
/									
36.			2011	III	"		"		33.15
37.			2010	II	"	. . .	-2		33.64
38.			2010	II	"		"		36.56
39.			2011	III					38.55
EXH			2009			. . .	-1		27.42 II
EXH			2012	I		. . .	-1		28.30 II
EXH			2012	II					28.50 II
EXH			2012	II	"		"		28.94 II
EXH			2012	II	"		"		29.54 II
EXH			2012	II	"		"		32.24
EXH			2012	II		. . .	-2		36.18

22 , 50m									
27.11.2025 - 11:40									
: AQUA 2025									
/									
1.			2003			. . .	-2		30.04 I
2.			2007						30.22 I
3.			2006			. . .	-1		30.79 I
4.			2007	I		. . .	-1		30.93 I
5.			2011	I					31.58 II
6.			2011	I					32.32 II
7.			2009	II	"		"		34.69
8.			2009	II		. . .	-1		35.93
DSQ			2011	I					
EXH			2012	II					33.27 II

23 , 200m									
27.11.2025 - 11:40									
: AQUA 2025									
/									
1.	50m:	26.33	26.33	100m:	54.75	28.42	150m:	1:23.88	29.13 200m: 1:53.44 29.56
2.	50m:	27.43	27.43	100m:	57.44	30.01	150m:	1:28.46	31.02 200m: 2:00.42 I 31.96
3.	50m:	27.69	27.69	100m:	58.12	30.43	150m:	1:29.71	31.59 200m: 2:01.51 I 31.80
4.	50m:	28.15	28.15	100m:	58.43	30.28	150m:	1:30.42	31.99 200m: 2:02.60 I 32.18
5.	50m:	27.85	27.85	100m:	59.30	31.45	150m:	1:32.65	33.35 200m: 2:06.58 II 33.93
6.	50m:	27.89	27.89	100m:	1:01.53	33.64	150m:	1:35.76	34.23 200m: 2:07.37 II 31.61
7.	50m:	28.50	28.50	100m:	1:00.31	31.81	150m:	1:34.21	33.90 200m: 2:08.19 II 33.98
8.	50m:	30.28	30.28	100m:	1:03.89	33.61	150m:	1:37.74	33.85 200m: 2:08.45 II 30.71
9.	50m:	29.13	29.13	100m:	1:02.05	32.92	150m:	1:36.54	34.49 200m: 2:09.82 II 33.28
10.	50m:	30.33	30.33	100m:	1:04.34	34.01	150m:	1:38.20	33.86 200m: 2:10.38 II 32.18

" " ", 25

SWISS TIMING QANTUM AQUATIC

23, , 200m ,											
/											
10.			2008 II							2:10.38 II	
	50m:	30.26	30.26	100m:	1:03.16	32.90	150m:	1:37.29	34.13	200m:	2:10.38 33.09
12.			2011 II							2:10.65 II	
	50m:	30.55	30.55	100m:	1:04.18	33.63	150m:	1:38.67	34.49	200m:	2:10.65 31.98
13.			2010 II							2:10.66 II	
	50m:	29.76	29.76	100m:	1:03.05	33.29	150m:	1:37.21	34.16	200m:	2:10.66 33.45
14.			2009 II			"		"		2:11.35 II	
	50m:	30.24	30.24	100m:	1:04.22	33.98	150m:	1:39.25	35.03	200m:	2:11.35 32.10
15.			2011 II					-1		2:12.37 II	
	50m:	29.77	29.77	100m:	1:03.26	33.49	150m:	1:38.11	34.85	200m:	2:12.37 34.26
16.			2011 II							2:14.50 II	
	50m:	30.71	30.71	100m:	1:05.06	34.35	150m:	1:40.35	35.29	200m:	2:14.50 34.15
17.			2009 II					-2		2:14.72 II	
	50m:	30.74	30.74	100m:	1:04.53	33.79	150m:	1:40.12	35.59	200m:	2:14.72 34.60
18.			2011 II			"		"		2:15.27 II	
	50m:	31.15	31.15	100m:	1:05.46	34.31	150m:	1:40.55	35.09	200m:	2:15.27 34.72
19.			2010 II					-1		2:15.54 II	
	50m:	29.96	29.96	100m:	1:03.90	33.94	150m:	1:40.07	36.17	200m:	2:15.54 35.47
20.			2010 II							2:16.90 II	
	50m:	31.21	31.21	100m:	1:05.94	34.73	150m:	1:41.39	35.45	200m:	2:16.90 35.51
21.			2011 II							2:19.14 II	
	50m:	31.99	31.99	100m:	1:06.94	34.95	150m:	1:43.18	36.24	200m:	2:19.14 35.96
22.			2009 II					-2		2:19.20 II	
	50m:	31.24	31.24	100m:	1:06.48	35.24	150m:	1:44.24	37.76	200m:	2:19.20 34.96
23.			2010 II					-2		2:19.33 II	
	50m:	31.57	31.57	100m:	1:06.33	34.76	150m:	1:43.06	36.73	200m:	2:19.33 36.27
24.			2011 II							2:20.61	
	50m:	30.43	30.43	100m:	1:05.73	35.30	150m:	1:43.62	37.89	200m:	2:20.61 36.99
25.			2010 II					-2		2:21.25	
	50m:	29.54	29.54	100m:	1:04.52	34.98	150m:	1:42.80	38.28	200m:	2:21.25 38.45
26.			2010 II					-2		2:21.46	
	50m:	30.56	30.56	100m:	1:06.96	36.40	150m:	1:45.22	38.26	200m:	2:21.46 36.24
27.			2011 II							2:22.19	
	50m:	32.64	32.64	100m:	1:09.78	37.14	150m:	1:47.35	37.57	200m:	2:22.19 34.84
28.			2009 II							2:25.99	
	50m:	32.03	32.03	100m:	1:08.43	36.40	150m:	1:47.29	38.86	200m:	2:25.99 38.70
29.			2011 II					-1		2:26.41	
	50m:	32.94	32.94	100m:	1:09.89	36.95	150m:	1:47.62	37.73	200m:	2:26.41 38.79
30.			2010 II			"		"		2:27.62	
	50m:	33.40	33.40	100m:	1:11.38	37.98	150m:	1:51.74	40.36	200m:	2:27.62 35.88
31.			2011 II					-2		2:28.19	
	50m:	32.77	32.77	100m:	1:10.29	37.52	150m:	1:49.88	39.59	200m:	2:28.19 38.31
32.			2010 II							2:30.59	
	50m:	32.05	32.05	100m:	1:09.88	37.83	150m:	1:50.30	40.42	200m:	2:30.59 40.29
33.			2010 III					-2		2:32.19	
	50m:	33.51	33.51	100m:	1:11.91	38.40	150m:	1:52.61	40.70	200m:	2:32.19 39.58
34.			2011 II							2:34.57	
	50m:	34.23	34.23	100m:	1:12.23	38.00	150m:	1:54.14	41.91	200m:	2:34.57 40.43
35.			2011 III							2:35.51	
	50m:	33.44	33.44	100m:	1:12.55	39.11	150m:	1:53.86	41.31	200m:	2:35.51 41.65
36.			2011 III					-2		2:37.42	
	50m:	34.20	34.20	100m:	1:14.63	40.43	150m:	1:56.55	41.92	200m:	2:37.42 40.87
37.			2011 I							2:38.69	
	50m:	34.35	34.35	100m:	1:13.89	39.54	150m:	1:56.34	42.45	200m:	2:38.69 42.35
" " ", 25											

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23, , 200m											
/											
38.			2011 III			-2				2:43.68	
50m:	36.71	36.71	100m: 1:19.16	42.45	150m: 2:02.31	43.15	200m: 2:43.68	41.37			
39.			2011 III							2:44.21	
50m:	35.88	35.88	100m: 1:17.27	41.39	150m: 2:01.62	44.35	200m: 2:44.21	42.59			
40.			2011 III							2:59.18	
50m:	34.86	34.86	100m: 1:20.04	45.18	150m: 2:10.79	50.75	200m: 2:59.18	48.39			
41.			2007 I			-2				3:00.21	
50m:	37.77	37.77	100m: 1:22.05	44.28	150m: 2:12.65	50.60	200m: 3:00.21	47.56			
42.			2011 III							3:00.60	
50m:	37.03	37.03	100m: 1:23.18	46.15	150m: 2:11.35	48.17	200m: 3:00.60	49.25			
EXH			2012 II	"	"					2:12.24 II	
50m:	30.26	30.26	100m: 1:03.61	33.35	150m: 1:38.43	34.82	200m: 2:12.24	33.81			
EXH			2012 II	"	"					2:14.17 II	
50m:	31.42	31.42	100m: 1:05.60	34.18	150m: 1:39.73	34.13	200m: 2:14.17	34.44			
EXH			2012 II							2:14.72 II	
50m:	31.48	31.48	100m: 1:05.30	33.82	150m: 1:40.58	35.28	200m: 2:14.72	34.14			
EXH			2012 II			-2				2:32.11	
50m:	33.20	33.20	100m: 1:11.48	38.28	150m: 1:53.28	41.80	200m: 2:32.11	38.83			

24
27.11.2025 - 12:10

: AQUA 2025

/											
1.			2006							2:06.94	
50m:	28.82	28.82	100m: 1:00.62	31.80	150m: 1:33.81	33.19	200m: 2:06.94	33.13			
2.			2003			-2				2:17.74 I	
50m:	30.91	30.91	100m: 1:05.65	34.74	150m: 1:41.87	36.22	200m: 2:17.74	35.87			
3.			2007 I			-1				2:21.86 II	
50m:	32.04	32.04	100m: 1:07.95	35.91	150m: 1:44.85	36.90	200m: 2:21.86	37.01			
4.			2007 I			-2				2:23.65 II	
50m:	32.67	32.67	100m: 1:09.05	36.38	150m: 1:47.32	38.27	200m: 2:23.65	36.33			
5.			2011 I							2:25.82 II	
50m:	32.27	32.27	100m: 1:08.78	36.51	150m: 1:47.77	38.99	200m: 2:25.82	38.05			
6.			2009 II			-1				2:36.72	
50m:	34.11	34.11	100m: 1:13.43	39.32	150m: 1:55.39	41.96	200m: 2:36.72	41.33			
7.			2010 I			-1				2:40.09	
50m:	35.95	35.95	100m: 1:16.66	40.71	150m: 1:59.13	42.47	200m: 2:40.09	40.96			
8.			2011 III							2:41.08	
50m:	35.67	35.67	100m: 1:16.52	40.85	150m: 1:59.94	43.42	200m: 2:41.08	41.14			
9.			2010 II							2:42.14	
50m:	35.91	35.91	100m: 1:16.20	40.29	150m: 1:59.30	43.10	200m: 2:42.14	42.84			
10.			2011 III							2:51.94	
50m:	39.41	39.41	100m: 1:23.04	43.63	150m: 2:08.73	45.69	200m: 2:51.94	43.21			
11.			2011 III							2:55.87	
50m:	37.13	37.13	100m: 1:21.81	44.68	150m: 2:09.89	48.08	200m: 2:55.87	45.98			
DSQ			2011 III			-2					

" " ", 25

SWISS TIMING QANTUM AQUATIC

, 25. - 28.11.2025

25
27.11.2025 - 12:15
, 100m

: AQUA 2025									
/									
1.				2003					54.74
	50m:	26.51	26.51	100m:	54.74	28.23			
2.				2009				-1	59.60
	50m:	28.52	28.52	100m:	59.60	31.08			
3.				2008				"	1:00.19
	50m:	29.40	29.40	100m:	1:00.19	30.79			
4.				2009 I				-2	1:00.78 I
	50m:	29.84	29.84	100m:	1:00.78	30.94			
5.				2008 I					1:00.82 I
	50m:	29.25	29.25	100m:	1:00.82	31.57			
6.				2009 I				-2	1:01.61 I
	50m:	28.70	28.70	100m:	1:01.61	32.91			
7.				2009 I				"	1:02.12 I
	50m:	29.95	29.95	100m:	1:02.12	32.17			
8.				2009 I				"	1:03.50 I
	50m:	30.54	30.54	100m:	1:03.50	32.96			
9.				2011 I				-1	1:03.61 I
	50m:	30.74	30.74	100m:	1:03.61	32.87			
10.				2010 II				"	1:05.17 II
	50m:	32.53	32.53	100m:	1:05.17	32.64			
11.				2009 I					1:05.18 II
	50m:	31.74	31.74	100m:	1:05.18	33.44			
12.				2011 I					1:06.25 II
	50m:	32.65	32.65	100m:	1:06.25	33.60			
13.				2009 II				-2	1:06.75 II
	50m:	32.08	32.08	100m:	1:06.75	34.67			
14.				2008 I				"	1:06.83 II
	50m:	32.12	32.12	100m:	1:06.83	34.71			
15.				2010 II					1:06.99 II
	50m:	32.65	32.65	100m:	1:06.99	34.34			
16.				2011 II				-2	1:07.42 II
	50m:	32.94	32.94	100m:	1:07.42	34.48			
17.				2011 II					1:07.46 II
	50m:	33.10	33.10	100m:	1:07.46	34.36			
18.				2009 II				-1	1:10.26 II
	50m:	33.86	33.86	100m:	1:10.26	36.40			
19.				2010 II				-2	1:10.37 II
	50m:	34.24	34.24	100m:	1:10.37	36.13			
20.				2010 II				"	1:10.74 II
	50m:	34.50	34.50	100m:	1:10.74	36.24			
21.				2011 II					1:12.19 II
	50m:	35.35	35.35	100m:	1:12.19	36.84			
22.				2011 II				-1	1:14.23
	50m:	36.07	36.07	100m:	1:14.23	38.16			
23.				2011 II					1:17.09
	50m:	37.10	37.10	100m:	1:17.09	39.99			
24.				2011 III				"	1:19.47
	50m:	38.77	38.77	100m:	1:19.47	40.70			
25.				2009 II				-2	1:20.39
	50m:	40.06	40.06	100m:	1:20.39	40.33			
26.				2011 III				-2	1:21.60
	50m:	40.00	40.00	100m:	1:21.60	41.60			

" " ", 25

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, 25. - 28.11.2025

25, , 100m

EXH , 2012 II " " 1:09.78 II
50m: 32.74 32.74 100m: 1:09.78 37.04

26 , 100m

27.11.2025 - 12:20

: AQUA 2025

1. / 2006 -1 1:09.00 I
50m: 33.13 33.13 100m: 1:09.00 35.87
2. 2011 I 1:09.74 I
50m: 33.55 33.55 100m: 1:09.74 36.19
3. 2011 I 1:10.45 I
50m: 34.48 34.48 100m: 1:10.45 35.97
4. 2009 I 1:10.47 I
50m: 34.15 34.15 100m: 1:10.47 36.32
5. 2011 I 1:14.74 II
50m: 36.57 36.57 100m: 1:14.74 38.17
6. 2007 I -2 1:20.02 II
50m: 37.17 37.17 100m: 1:20.02 42.85
7. 2009 II " " 1:22.66
50m: 39.27 39.27 100m: 1:22.66 43.39
8. 2011 III 1:28.37
50m: 43.27 43.27 100m: 1:28.37 45.10
9. 2011 I 1:49.54
50m: 51.59 51.59 100m: 1:49.54 57.95
EXH 2013 I 1:11.40 I
50m: 33.93 33.93 100m: 1:11.40 37.47
EXH 2012 I 1:12.56 I
50m: 35.78 35.78 100m: 1:12.56 36.78

27 , 400m

27.11.2025 - 12:25

: AQUA 2025

1. / 2008 4:44.84 I
50m: 29.07 29.07 150m: 1:39.40 36.44 250m: 2:56.97 41.44 350m: 4:12.69 33.39
100m: 1:02.96 33.89 200m: 2:15.53 36.13 300m: 3:39.30 42.33 400m: 4:44.84 32.15
2. 2008 4:57.45 I
50m: 29.42 29.42 150m: 1:42.05 37.32 250m: 3:03.07 43.39 350m: 4:23.16 35.40
100m: 1:04.73 35.31 200m: 2:19.68 37.63 300m: 3:47.76 44.69 400m: 4:57.45 34.29
3. 2009 I " " 5:07.33 II
50m: 31.78 31.78 150m: 1:49.82 39.16 250m: 3:13.24 44.26 350m: 4:34.49 35.66
100m: 1:10.66 38.88 200m: 2:28.98 39.16 300m: 3:58.83 45.59 400m: 5:07.33 32.84
4. 2009 II " " 5:17.73 II
50m: 32.37 32.37 150m: 1:51.96 41.69 250m: 3:18.63 45.75 350m: 4:41.48 36.06
100m: 1:10.27 37.90 200m: 2:32.88 40.92 300m: 4:05.42 46.79 400m: 5:17.73 36.25
5. 2011 II -1 5:25.58 II
50m: 33.42 33.42 150m: 1:55.80 42.24 250m: 3:22.68 46.59 350m: 4:49.15 39.03
100m: 1:13.56 40.14 200m: 2:36.09 40.29 300m: 4:10.12 47.44 400m: 5:25.58 36.43
6. 2011 II 5:25.88 II
50m: 33.99 33.99 150m: 1:57.99 44.72 250m: 3:27.91 47.96 350m: 4:51.62 37.36
100m: 1:13.27 39.28 200m: 2:39.95 41.96 300m: 4:14.26 46.35 400m: 5:25.88 34.26

" " ", 25

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, 25. - 28.11.2025

27, , 400m

DSQ

2010 II

"

"

28

, 400m

27.11.2025 - 12:35

: AQUA 2025

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1.				2009 I									5:37.05 II
	50m:	35.82	35.82	150m:	2:00.87	41.94	250m:	3:31.20	47.25	350m:	4:58.52	39.68	
	100m:	1:18.93	43.11	200m:	2:43.95	43.08	300m:	4:18.84	47.64	400m:	5:37.05	38.53	
2.				2007									5:51.04 II
	50m:	38.54	38.54	150m:	2:09.78	45.96	250m:	3:41.19	46.68	350m:	5:09.35	41.93	
	100m:	1:23.82	45.28	200m:	2:54.51	44.73	300m:	4:27.42	46.23	400m:	5:51.04	41.69	
3.				2011 II									6:03.51 II
	50m:	37.97	37.97	150m:	2:11.13	48.25	250m:	3:50.13	53.48	350m:	5:24.57	40.34	
	100m:	1:22.88	44.91	200m:	2:56.65	45.52	300m:	4:44.23	54.10	400m:	6:03.51	38.94	
4.				2007 I									6:41.99
	50m:	41.81	41.81	150m:	2:24.33	50.98	250m:	4:15.83	59.99	350m:	5:59.42	44.97	
	100m:	1:33.35	51.54	200m:	3:15.84	51.51	300m:	5:14.45	58.62	400m:	6:41.99	42.57	

29

, 4 x 50m

27.11.2025 - 12:40

: AQUA 2025

/

1.				-1					-1				1:35.25	
					09	+0,63	23.25					09	+0,30	23.65
					09	+0,60	24.82					09	+0,53	23.53
2.				-2					-2				1:39.51	
					09	+0,48	25.07					03	+0,02	24.75
					10		25.97					03		23.72
3.				-2					-2				1:43.06	
					09	+0,64	24.72					09	+0,49	26.52
					09	+0,64	26.26					09	+0,09	25.56
4.				"					"				1:43.36	
					08	+0,66	27.12					08	+0,59	26.28
					09	+0,45	25.44					08	+0,38	24.52
5.				-1					-1				1:43.46	
					07	+0,67	25.37					09	+0,42	26.11
					08	+0,29	26.21					10	+0,41	25.77
6.													1:43.91	
					09	+0,45	26.75					08	+0,49	24.95
					11	+0,23	27.03					08	+0,49	25.18
7.				"					"				1:45.74	
					10	+0,40	26.30					10		26.57
					11	+0,30	27.45					10	+0,54	25.42
8.													1:47.97	
					08	+0,63	25.98					10	+0,50	25.85
					09	+0,53	27.86					11	+0,43	28.28
9.				"					"				1:48.01	
					09	+0,85	26.09					10	+0,45	29.08
					09		26.98					09	+0,31	25.86
10.													1:48.11	
					11	+0,61	25.00					11	+0,41	27.36
					10	+0,23	26.71					11		29.04

"

"

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25

SWISS TIMING QANTUM AQUATIC

, 25. - 28.11.2025

29, , 4 x 50m ,									
/									
11.	.	.	.	-2		.	.	.	-2
	,				11	+0,67	29.35	,	
	,				10	+0,62	28.49	,	
								10	+0,35 28.24
								10	+0,45 26.66
EXH	.	.	.	-2		.	.	.	-2
	,				09		28.36	,	
	,				10		29.22	,	
								10	30.61
								09	26.56

30
27.11.2025 - 12:45 , 4 x 50m

: AQUA 2025

/									
1.	.	.	.	-2		.	.	.	-2
	,				11		34.80	,	
	,				02		30.60	,	
								07	28.99
								03	+0,41 27.91
2.	
	,				06	+0,73	27.33	,	
	,				11	+0,57	29.19	,	
								11	+0,76 33.33
								10	+0,47 32.96

31
27.11.2025 - 12:50 , 1500m

: AQUA 2025

/									
32 , 50m									

: AQUA 2025

/									
1.					2003				22.67
2.					2009	.	.	.	23.08
3.					2009	.	.	.	23.45
4.					2009	.	.	.	24.01
5.					2008	"		"	24.61
6.					2009				24.69
7.					2009	.	.	.	24.70
8.					2011				24.72
9.					2008				25.01
10.					2009	.	.	.	25.26
11.					2010				25.90
					2010	.	.	.	25.90
13.					2010	.	.	.	25.91
14.					2009	"		"	25.95
15.					2003	.	.	.	25.98
16.					2008	.	.	.	25.99
17.					2010				26.06
18.					2009	.	.	.	26.08
19.					2009	"		"	26.26
20.					2008				26.29
21.					2008	"		"	26.36
22.					2010				26.41
23.					2009	.	.	.	26.55
24.					2009	.	.	.	26.64
25.					2010	.	.	.	26.70
26.					2009				26.72

" " , 25

SWISS TIMING QANTUM AQUATIC

, 25. - 28.11.2025

32,	, 50m	,			
	,	/			
27.	,	2008 I	. . .	-1	26.92
28.	,	2010 II	. . .	-2	26.95
29.	,	2009 II	. . .	-1	27.07
30.	,	2011 II			27.33
31.	,	2011 I	. . .	-1	27.34
32.	,	2011 II	"	"	27.93
33.	,	2009 II	. . .	-1	27.98
34.	,	2011 II	. . .	-1	28.05
35.	,	2010 II	. . .	-1	28.16
36.	,	2009 II	. . .	-2	28.20
37.	,	2010 II			28.23
38.	,	2010 II			28.38
39.	,	2009 II			28.50
40.	,	2011 II			28.58
41.	,	2011 II			28.83
42.	,	2011 II			29.03
43.	,	2011 II	. . .	-2	29.06
44.	,	2011 II			29.09
45.	,	2011 II	. . .	-1	29.20
46.	,	2011 II			29.40
47.	,	2010 II	"	"	29.47
48.	,	2007 II	. . .	-1	29.78
49.	,	2011 II			30.81
50.	,	2011 II	. . .	-2	31.00
51.	,	2011 III			31.22
52.	,	2011 II	. . .	-1	31.23
53.	,	2009 I	"	"	31.61
54.	,	2011 III			31.93
55.	,	2011 III	. . .	-2	32.79
56.	,	2011 I			32.82
57.	,	2011 III	. . .	-2	33.05
58.	,	2011 III	. . .	-2	35.73
DSQ	,	2011 III			
EXH	,	2009	. . .	-1	24.57 II
EXH	,	2012 II			26.96
EXH	,	2012 II	"	"	27.51
EXH	,	2012 II	"	"	28.06
EXH	,	2012 II	. . .	-2	31.52

33
28.11.2025 - 11:40 , 50m

: AQUA 2025

	,	/			
1.	,	2006			26.84 I
2.	,	2003	. . .	-2	27.96 II
3.	,	2007			28.10 II
4.	,	2007 I	. . .	-1	28.35 II
5.	,	2006	. . .	-1	28.96 II
6.	,	2007 I	. . .	-2	29.17 II
7.	,	2011 I			29.41 II
8.	,	2011 I			29.98 II
9.	,	2010 I	. . .	-1	30.19 II
10.	,	2009 II	. . .	-1	32.15
11.	,	2010 II			33.28
12.	,	2011 III	. . .	-2	33.97

" " ", 25

SWISS TIMING QANTUM AQUATIC

, 25. - 28.11.2025

33, , 50m ,				
/				
13.	,	2011	III	34.56
14.	,	2011	III	35.24
15.	,	2011	I	41.25
EXH	,	2012	I	29.78 II

34 , 100m
28.11.2025 - 11:40

: AQUA 2025

/				
1.	,	2008	I	" " 1:06.72
50m:	31.03 31.03	100m:	1:06.72 35.69	
2.	,	2007	I	. . . -2 1:07.77 I
50m:	30.63 30.63	100m:	1:07.77 37.14	
3.	,	2009	II	1:09.98 I
50m:	32.73 32.73	100m:	1:09.98 37.25	
4.	,	2009	II	. . . -1 1:12.20 II
50m:	33.44 33.44	100m:	1:12.20 38.76	
5.	,	2011	II	1:13.36 II
50m:	33.80 33.80	100m:	1:13.36 39.56	
6.	,	2011	II	1:13.97 II
50m:	34.43 34.43	100m:	1:13.97 39.54	
7.	,	2010	II	. . . -2 1:17.24 II
50m:	34.96 34.96	100m:	1:17.24 42.28	
8.	,	2010	II	. . . -2 1:18.54 II
50m:	35.25 35.25	100m:	1:18.54 43.29	
9.	,	2011	III	" " 1:20.02 II
50m:	37.20 37.20	100m:	1:20.02 42.82	
10.	,	2009	II	" " 1:23.59
50m:	39.96 39.96	100m:	1:23.59 43.63	
11.	,	2011	III	1:30.20
50m:	41.39 41.39	100m:	1:30.20 48.81	
12.	,	2011	III	. . . -2 1:38.40
50m:	46.57 46.57	100m:	1:38.40 51.83	
13.	,	2007	I	. . . -2 1:41.40
50m:	46.06 46.06	100m:	1:41.40 55.34	
EXH	,	2012	II	" " 1:14.48 II
50m:	36.44 36.44	100m:	1:14.48 38.04	

35 , 100m
28.11.2025 - 11:45

: AQUA 2025

/				
1.	,	2002		. . . -2 1:16.47 I
50m:	35.58 35.58	100m:	1:16.47 40.89	
2.	,	2007		1:19.94 I
50m:	36.74 36.74	100m:	1:19.94 43.20	
3.	,	2010	II	1:27.01 II
50m:	40.77 40.77	100m:	1:27.01 46.24	

" " ", 25

SWISS TIMING QANTUM AQUATIC

, 25. - 28.11.2025

35, , 100m ,									
/									
4.			2011 I						1:40.36
50m:	47.75	47.75	100m:	1:40.36	52.61				
5.			2011 III						1:41.47
50m:	46.59	46.59	100m:	1:41.47	54.88				
EXH			2012						1:13.28
50m:	35.41	35.41	100m:	1:13.28	37.87				

36 , 100m
28.11.2025 - 11:50

: AQUA 2025

/									
1.			2003						55.78
50m:	24.95	24.95	100m:	55.78	30.83				
2.			2009						56.90
50m:	26.38	26.38	100m:	56.90	30.52				
3.			2008						58.67
50m:	27.25	27.25	100m:	58.67	31.42				
4.			2008						1:00.00
50m:	27.10	27.10	100m:	1:00.00	32.90				
5.			2008 I						1:00.51
50m:	27.55	27.55	100m:	1:00.51	32.96				
6.			2003						1:01.83 I
50m:	28.94	28.94	100m:	1:01.83	32.89				
7.			2009 I						1:01.85 I
50m:	28.44	28.44	100m:	1:01.85	33.41				
8.			2008						1:02.23 I
50m:	28.20	28.20	100m:	1:02.23	34.03				
9.			2009 I						1:02.32 I
50m:	30.38	30.38	100m:	1:02.32	31.94				
10.			2009 I						1:02.67 I
50m:	28.57	28.57	100m:	1:02.67	34.10				
11.			2007 II						1:03.52 I
50m:	28.95	28.95	100m:	1:03.52	34.57				
			2011 I						1:03.52 I
50m:	29.07	29.07	100m:	1:03.52	34.45				
13.			2010 II						1:03.84 I
50m:	29.23	29.23	100m:	1:03.84	34.61				
14.			2009 I						1:04.14 I
50m:	29.80	29.80	100m:	1:04.14	34.34				
15.			2009 II						1:05.26 I
50m:	30.09	30.09	100m:	1:05.26	35.17				
16.			2009 I						1:05.37 I
50m:	29.56	29.56	100m:	1:05.37	35.81				
17.			2010 II						1:05.81 II
50m:	31.32	31.32	100m:	1:05.81	34.49				
18.			2009 II						1:06.36 II
50m:	31.53	31.53	100m:	1:06.36	34.83				
19.			2009 I						1:07.11 II
50m:	29.95	29.95	100m:	1:07.11	37.16				
20.			2009 II						1:08.91 II
50m:	30.73	30.73	100m:	1:08.91	38.18				

" " ", 25

SWISS TIMING QANTUM AQUATIC

36,		, 100m							

, 25. - 28.11.2025

37
28.11.2025 - 12:00

: AQUA 2025

/

1.		,		2006						1:07.62	
	50m:		30.85	30.85	100m:	1:07.62	36.77				1:07.62
2.		,		2009 I							1:10.14 I
	50m:		32.12	32.12	100m:	1:10.14	38.02				
3.		,		2006				. . .	-1		1:10.64 I
	50m:		31.39	31.39	100m:	1:10.64	39.25				
4.		,		2003				. . .	-2		1:10.76 I
	50m:		32.22	32.22	100m:	1:10.76	38.54				
5.		,		2011 I							1:11.41 I
	50m:		33.25	33.25	100m:	1:11.41	38.16				
6.		,		2007							1:12.16 I
	50m:		34.69	34.69	100m:	1:12.16	37.47				
7.		,		2007 I				. . .	-1		1:13.19 I
	50m:		33.15	33.15	100m:	1:13.19	40.04				
8.		,		2009 II			"		"		1:14.83 II
	50m:		34.88	34.88	100m:	1:14.83	39.95				
9.		,		2011 I							1:15.83 II
	50m:		33.76	33.76	100m:	1:15.83	42.07				
10.		,		2009 II				. . .	-1		1:19.75 II
	50m:		36.06	36.06	100m:	1:19.75	43.69				
11.		,		2011 III							1:28.09
	50m:		41.30	41.30	100m:	1:28.09	46.79				
12.		,		2011 III							1:32.01
	50m:		44.78	44.78	100m:	1:32.01	47.23				
13.		,		2011 III							1:32.06
	50m:		43.24	43.24	100m:	1:32.06	48.82				
EXH		,		2012 I							1:11.91 I
	50m:		32.36	32.36	100m:	1:11.91	39.55				
EXH		,		2012 II							1:13.52 I
	50m:		34.92	34.92	100m:	1:13.52	38.60				

38
28.11.2025 - 12:05

: AQUA 2025

/

1.			2009	I			-2			2:15.23	I
	50m:	31.30	31.30	100m:	1:05.47	34.17	150m:	1:40.85	35.38	200m:	2:15.23 34.38
2.			2011	I			-1			2:15.65	I
	50m:	31.12	31.12	100m:	1:05.01	33.89	150m:	1:40.27	35.26	200m:	2:15.65 35.38
3.			2010	II		"		"		2:17.66	I
	50m:	33.12	33.12	100m:	1:08.48	35.36	150m:	1:43.68	35.20	200m:	2:17.66 33.98
4.			2009	I		"		"		2:19.95	II
	50m:	32.59	32.59	100m:	1:08.45	35.86	150m:	1:45.24	36.79	200m:	2:19.95 34.71
5.			2011	II			-1			2:36.52	
	50m:	35.36	35.36	100m:	1:14.31	38.95	150m:	1:55.64	41.33	200m:	2:36.52 40.88
6.			2011	II						2:44.92	
	50m:	37.70	37.70	100m:	1:18.77	41.07	150m:	2:02.23	43.46	200m:	2:44.92 42.69

|| || ||

25

SWISS TIMING QANTUM AQUATIC

, 25. - 28.11.2025

38, , 200m

EXH , 2012 II " " 2:24.84 II
50m: , 33.24 33.24 100m: 1:11.41 38.17 150m: 1:49.76 38.35 200m: 2:24.84 35.08

39 , 200m

28.11.2025 - 12:10

: AQUA 2025

1. / 2011 I 2:28.07 I
50m: , 34.03 34.03 100m: 1:11.40 37.37 150m: 1:50.77 39.37 200m: 2:28.07 37.30
2. 2007 I -2 2:51.95 II
50m: , 38.89 38.89 100m: 1:22.96 44.07 150m: 2:08.10 45.14 200m: 2:51.95 43.85
3. 2011 II 2:55.72
50m: , 41.66 41.66 100m: 1:26.47 44.81 150m: 2:12.06 45.59 200m: 2:55.72 43.66
4. 2011 III 3:07.11
50m: , 43.70 43.70 100m: 1:31.17 47.47 150m: 2:19.89 48.72 200m: 3:07.11 47.22
EXH 2012 I 2:36.57 II
50m: , 36.57 36.57 100m: 1:16.87 40.30 150m: 1:58.12 41.25 200m: 2:36.57 38.45

40 , 4 x 50m

28.11.2025 - 12:15

: AQUA 2025

1. -2 2:15.36
03 +0.70 33.10 07 +0.52 33.44
02 +0.68 35.37 11 33.45
2. 2:23.33
11 +0.64 33.40 10 37.66
11 +0.55 45.25 06 +0.42 27.02
3. 2:23.93
11 +0.61 33.24 09 +0.55 33.29
11 +0.51 47.57 11 +0.13 29.83

41 , 4 x 50m

28.11.2025 - 12:15

: AQUA 2025

1. -1 1:45.60
09 +0.60 27.30 09 26.04
09 27.56 09 24.70
2. -2 1:50.08
09 +0.61 28.52 03 26.75
07 30.09 09 24.72
3. " " 1:52.37
09 +0.73 30.30 08 26.56
08 28.96 08 26.55
4. -2 1:57.22
09 +0.71 29.78 09 29.00
09 32.07 09 26.37
5. 1:57.84
09 +0.67 29.76 08 26.34
11 37.16 08 24.58

" " ", 25

SWISS TIMING QANTUM AQUATIC

, 25. - 28.11.2025

41, , 4 x 50m ,									
/									
6.	"	"		"	"			2:00.26	
	,		10	+0,53	30.65	,		10	+0,54 29.94
	,		10	+0,53	32.37	,		11	+0,14 27.30
7.	"	"		"	"			2:00.66	
	,		09	+0,61	29.59	,		09	27.97
	,		09		33.57	,		10	29.53
8.	-2				-2	2:02.21	
	,		10	+0,67	31.70	,		10	+0,18 28.43
	,		10	+0,57	34.20	,		10	+0,09 27.88
9.	-1				-1	2:03.20	
	,		09	+0,57	32.01	,		09	31.40
	,		07		33.51	,		10	26.28
10.								2:03.85	
	,		10	+0,86	34.51	,		10	29.78
	,		09		33.81	,		08	25.75
11.								2:06.04	
	,		11	+0,66	35.11	,		10	27.99
	,		11		37.70	,		11	+0,42 25.24
EXH	-2				-2	2:09.55	
	,		11	+0,71	32.38	,		10	32.53
	,		10	+0,55	35.79	,		11	28.85

42 , 800m
28.11.2025 - 12:20

: AQUA 2025

/											
1.			2010	I			-1			9:13.20	I
	50m:	28.46	28.46	250m:	2:38.53	33.60	450m:	4:58.34	35.49	650m:	7:24.72 37.26
	100m:	59.62	31.16	300m:	3:12.89	34.36	500m:	5:34.63	36.29	700m:	8:01.21 36.49
	150m:	1:31.75	32.13	350m:	3:47.71	34.82	550m:	6:11.25	36.62	750m:	8:37.74 36.53
	200m:	2:04.93	33.18	400m:	4:22.85	35.14	600m:	6:47.46	36.21	800m:	9:13.20 35.46
2.			2011	II						9:24.55	II
	50m:	31.60	31.60	250m:	2:54.87	36.15	450m:	5:18.39	35.91	650m:	7:41.24 35.32
	100m:	1:06.70	35.10	300m:	3:31.14	36.27	500m:	5:54.38	35.99	700m:	8:16.28 35.04
	150m:	1:42.61	35.91	350m:	4:06.94	35.80	550m:	6:30.21	35.83	750m:	8:51.68 35.40
	200m:	2:18.72	36.11	400m:	4:42.48	35.54	600m:	7:05.92	35.71	800m:	9:24.55 32.87
3.			2010	II			"			9:28.42	II
	50m:	31.14	31.14	250m:	2:51.25	36.10	450m:	5:18.79	37.08	650m:	7:44.62 36.21
	100m:	1:05.08	33.94	300m:	3:27.80	36.55	500m:	5:55.65	36.86	700m:	8:20.03 35.41
	150m:	1:39.99	34.91	350m:	4:04.19	36.39	550m:	6:32.26	36.61	750m:	8:55.66 35.63
	200m:	2:15.15	35.16	400m:	4:41.71	37.52	600m:	7:08.41	36.15	800m:	9:28.42 32.76
4.			2009	I			"			9:30.04	II
	50m:	31.00	31.00	250m:	2:53.37	35.49	450m:	5:17.68	36.42	650m:	7:43.94 36.54
	100m:	1:05.82	34.82	300m:	3:28.96	35.59	500m:	5:54.38	36.70	700m:	8:20.22 36.28
	150m:	1:41.99	36.17	350m:	4:04.81	35.85	550m:	6:30.85	36.47	750m:	8:56.10 35.88
	200m:	2:17.88	35.89	400m:	4:41.26	36.45	600m:	7:07.40	36.55	800m:	9:30.04 33.94
5.			2010	II			-1			9:34.40	II
	50m:	31.09	31.09	250m:	2:50.74	35.67	450m:	5:17.59	37.57	650m:	7:46.53 36.88
	100m:	1:04.21	33.12	300m:	3:27.37	36.63	500m:	5:54.93	37.34	700m:	8:24.06 37.53
	150m:	1:39.15	34.94	350m:	4:04.06	36.69	550m:	6:32.36	37.43	750m:	9:00.58 36.52
	200m:	2:15.07	35.92	400m:	4:40.02	35.96	600m:	7:09.65	37.29	800m:	9:34.40 33.82
6.			2008	I			"			9:37.16	II
	50m:	31.33	31.33	250m:	2:56.26	37.62	450m:	5:24.61	35.91	650m:	7:49.25 36.74
	100m:	1:05.82	34.49	300m:	3:33.38	37.12	500m:	6:00.23	35.62	700m:	8:26.10 36.85
	150m:	1:42.06	36.24	350m:	4:11.54	38.16	550m:	6:36.30	36.07	750m:	9:02.95 36.85
	200m:	2:18.64	36.58	400m:	4:48.70	37.16	600m:	7:12.51	36.21	800m:	9:37.16 34.21

" " ", 25

SWISS TIMING QANTUM AQUATIC

42, , 800m , /										
7.			2011	II					9:52.79 II	
50m:	32.44	32.44	250m:	2:59.69	36.93	450m:	5:29.65	37.03	650m:	8:01.73 38.54
100m:	1:08.67	36.23	300m:	3:37.42	37.73	500m:	6:07.46	37.81	700m:	8:39.26 37.53
150m:	1:45.49	36.82	350m:	4:14.81	37.39	550m:	6:45.29	37.83	750m:	9:17.51 38.25
200m:	2:22.76	37.27	400m:	4:52.62	37.81	600m:	7:23.19	37.90	800m:	9:52.79 35.28
8.			2011	II					9:54.25 II	
50m:	33.46	33.46	250m:	2:59.19	37.25	450m:	5:31.48	37.91	650m:	8:04.78 38.48
100m:	1:08.71	35.25	300m:	3:36.77	37.58	500m:	6:09.62	38.14	700m:	8:42.80 38.02
150m:	1:44.73	36.02	350m:	4:14.69	37.92	550m:	6:48.16	38.54	750m:	9:20.95 38.15
200m:	2:21.94	37.21	400m:	4:53.57	38.88	600m:	7:26.30	38.14	800m:	9:54.25 33.30
9.			2011	II					10:02.49 II	
50m:	32.18	32.18	250m:	3:00.22	37.76	450m:	5:33.96	38.73	650m:	8:09.87 39.31
100m:	1:07.70	35.52	300m:	3:38.18	37.96	500m:	6:12.90	38.94	700m:	8:48.87 39.00
150m:	1:44.55	36.85	350m:	4:16.57	38.39	550m:	6:51.80	38.90	750m:	9:27.87 39.00
200m:	2:22.46	37.91	400m:	4:55.23	38.66	600m:	7:30.56	38.76	800m:	10:02.49 34.62
10.			2009	II			-1		10:08.30 II	
50m:	30.81	30.81	250m:	2:55.17	36.60	450m:	5:27.83	37.50	650m:	8:09.16 40.06
100m:	1:05.15	34.34	300m:	3:32.92	37.75	500m:	6:08.03	40.20	700m:	8:49.85 40.69
150m:	1:41.35	36.20	350m:	4:12.62	39.70	550m:	6:49.14	41.11	750m:	9:29.95 40.10
200m:	2:18.57	37.22	400m:	4:50.33	37.71	600m:	7:29.10	39.96	800m:	10:08.30 38.35
11.			2010	II					10:18.15 II	
50m:	32.75	32.75	250m:	3:03.28	39.61	450m:	5:44.14	39.51	650m:	8:21.81 38.02
100m:	1:07.76	35.01	300m:	3:44.11	40.83	500m:	6:23.78	39.64	700m:	9:02.89 41.08
150m:	1:44.79	37.03	350m:	4:26.36	42.25	550m:	7:03.07	39.29	750m:	9:42.56 39.67
200m:	2:23.67	38.88	400m:	5:04.63	38.27	600m:	7:43.79	40.72	800m:	10:18.15 35.59
12.			2011	II					10:37.65 II	
50m:	33.32	33.32	250m:	3:09.56	39.65	450m:	5:51.42	41.49	650m:	8:36.23 40.45
100m:	1:11.66	38.34	300m:	3:48.95	39.39	500m:	6:32.92	41.50	700m:	9:17.55 41.32
150m:	1:50.71	39.05	350m:	4:29.20	40.25	550m:	7:14.59	41.67	750m:	9:58.47 40.92
200m:	2:29.91	39.20	400m:	5:09.93	40.73	600m:	7:55.78	41.19	800m:	10:37.65 39.18
13.			2009	II			-1		10:39.32 II	
50m:	32.82	32.82	250m:	3:08.55	40.95	450m:	5:54.37	41.83	650m:	8:40.81 41.60
100m:	1:09.07	36.25	300m:	3:49.91	41.36	500m:	6:35.81	41.44	700m:	9:21.79 40.98
150m:	1:47.81	38.74	350m:	4:31.63	41.72	550m:	7:17.65	41.84	750m:	10:01.39 39.60
200m:	2:27.60	39.79	400m:	5:12.54	40.91	600m:	7:59.21	41.56	800m:	10:39.32 37.93
14.			2010	II					10:40.51 II	
50m:	34.37	34.37	250m:	3:12.56	39.94	450m:	5:57.04	41.43	650m:	8:44.00 42.01
100m:	1:11.88	37.51	300m:	3:53.83	41.27	500m:	6:38.65	41.61	700m:	9:24.82 40.82
150m:	1:51.75	39.87	350m:	4:34.30	40.47	550m:	7:21.09	42.44	750m:	10:04.32 39.50
200m:	2:32.62	40.87	400m:	5:15.61	41.31	600m:	8:01.99	40.90	800m:	10:40.51 36.19
15.			2010	III			-2		10:54.23 II	
50m:	34.07	34.07	250m:	3:16.37	41.56	450m:	6:04.13	42.37	650m:	8:53.47 41.72
100m:	1:13.09	39.02	300m:	3:58.19	41.82	500m:	6:46.50	42.37	700m:	9:35.17 41.70
150m:	1:53.46	40.37	350m:	4:39.75	41.56	550m:	7:29.22	42.72	750m:	10:16.25 41.08
200m:	2:34.81	41.35	400m:	5:21.76	42.01	600m:	8:11.75	42.53	800m:	10:54.23 37.98
16.			2011	II			-2		11:01.21 II	
50m:	33.73	33.73	250m:	3:14.63	41.56	450m:	6:02.94	41.94	650m:	8:53.82 42.48
100m:	1:12.46	38.73	300m:	3:56.19	41.56	500m:	6:45.66	42.72	700m:	9:37.26 43.44
150m:	1:52.52	40.06	350m:	4:38.78	42.59	550m:	7:28.54	42.88	750m:	10:19.72 42.46
200m:	2:33.07	40.55	400m:	5:21.00	42.22	600m:	8:11.34	42.80	800m:	11:01.21 41.49
17.			2011	III					11:35.63	
50m:	36.10	36.10	250m:	3:30.05	43.87	450m:	6:29.37	44.86	650m:	9:28.53 44.81
100m:	1:19.16	43.06	300m:	4:14.10	44.05	500m:	7:15.07	45.70	700m:	10:12.07 43.54
150m:	2:03.63	44.47	350m:	4:59.44	45.34	550m:	7:59.29	44.22	750m:	10:55.58 43.51
200m:	2:46.18	42.55	400m:	5:44.51	45.07	600m:	8:43.72	44.43	800m:	11:35.63 40.05
18.			2011	III			-2		11:47.08	
50m:	36.55	36.55	250m:	3:33.70	45.04	450m:	6:34.54	45.65	650m:	9:35.44 44.58
100m:	1:19.24	42.69	300m:	4:18.05	44.35	500m:	7:20.65	46.11	700m:	10:20.24 44.80
150m:	2:04.67	45.43	350m:	5:04.31	46.26	550m:	8:05.57	44.92	750m:	11:06.20 45.96
200m:	2:48.66	43.99	400m:	5:48.89	44.58	600m:	8:50.86	45.29	800m:	11:47.08 40.88
19.			2011	III			-2		11:47.66	
50m:	36.57	36.57	250m:	3:36.13	43.84	450m:	6:41.07	46.75	650m:	9:42.51 45.32
100m:	1:20.92	44.35	300m:	4:23.47	47.34	500m:	7:26.93	45.86	700m:	10:24.56 42.05
150m:	2:06.62	45.70	350m:	5:10.20	46.73	550m:	8:13.20	46.27	750m:	11:10.30 45.74
200m:	2:52.29	45.67	400m:	5:54.32	44.12	600m:	8:57.19	43.99	800m:	11:47.66 37.36

42, , 800m ,												
/												
20.			2011	III			-2	11:51.92				
	50m:	35.10	35.10	250m:	3:25.69	44.29	450m:	6:30.00	46.24	650m:	9:36.57	47.76
	100m:	1:14.93	39.83	300m:	4:11.02	45.33	500m:	7:15.69	45.69	700m:	10:23.34	46.77
	150m:	1:57.34	42.41	350m:	4:57.82	46.80	550m:	8:01.83	46.14	750m:	11:08.47	45.13
	200m:	2:41.40	44.06	400m:	5:43.76	45.94	600m:	8:48.81	46.98	800m:	11:51.92	43.45
21.			2011	II				12:00.52				
	50m:	35.87	35.87	250m:	3:29.13	45.69	450m:	6:36.88	47.50	650m:	9:44.73	47.21
	100m:	1:15.72	39.85	300m:	4:15.40	46.27	500m:	7:23.69	46.81	700m:	10:31.78	47.05
	150m:	1:58.64	42.92	350m:	5:02.06	46.66	550m:	8:10.33	46.64	750m:	11:17.08	45.30
	200m:	2:43.44	44.80	400m:	5:49.38	47.32	600m:	8:57.52	47.19	800m:	12:00.52	43.44
22.			2011	III			-2	12:22.66				
	50m:	36.55	36.55	250m:	3:40.11	46.97	450m:	6:52.29	48.86	650m:	10:06.96	49.36
	100m:	1:19.98	43.43	300m:	4:26.69	46.58	500m:	7:40.77	48.48	700m:	10:55.17	48.21
	150m:	2:06.19	46.21	350m:	5:14.85	48.16	550m:	8:29.35	48.58	750m:	11:43.67	48.50
	200m:	2:53.14	46.95	400m:	6:03.43	48.58	600m:	9:17.60	48.25	800m:	12:22.66	38.99
DSQ			2010	II								
EXH			2012	II				9:35.80 II				
	50m:	31.73	31.73	250m:	2:55.41	35.97	450m:	5:21.36	36.70	650m:	7:48.38	36.90
	100m:	1:06.72	34.99	300m:	3:31.60	36.19	500m:	5:57.98	36.62	700m:	8:25.48	37.10
	150m:	1:42.83	36.11	350m:	4:08.05	36.45	550m:	6:34.66	36.68	750m:	9:02.10	36.62
	200m:	2:19.44	36.61	400m:	4:44.66	36.61	600m:	7:11.48	36.82	800m:	9:35.80	33.70
EXH			2012	II			"			"	10:05.68	II
	50m:	34.40	34.40	250m:	3:06.34	38.53	450m:	5:41.25	38.83	650m:	8:16.64	38.77
	100m:	1:11.37	36.97	300m:	3:44.83	38.49	500m:	6:20.24	38.99	700m:	8:55.51	38.87
	150m:	1:49.91	38.54	350m:	4:24.23	39.40	550m:	6:59.53	39.29	750m:	9:33.54	38.03
	200m:	2:27.81	37.90	400m:	5:02.42	38.19	600m:	7:37.87	38.34	800m:	10:05.68	32.14
EXH			2014	III			-2	10:11.93 II				
	50m:	33.86	33.86	250m:	3:09.04	39.18	450m:	5:45.77	39.47	650m:	8:21.48	38.66
	100m:	1:12.02	38.16	300m:	3:47.86	38.82	500m:	6:24.67	38.90	700m:	8:59.46	37.98
	150m:	1:50.90	38.88	350m:	4:27.14	39.28	550m:	7:04.02	39.35	750m:	9:37.04	37.58
	200m:	2:29.86	38.96	400m:	5:06.30	39.16	600m:	7:42.82	38.80	800m:	10:11.93	34.89
EXH			2012	II			-2	10:35.28 II				
	50m:	32.94	32.94	250m:	3:12.02	40.97	450m:	5:54.80	41.37	650m:	8:39.07	41.43
	100m:	1:11.32	38.38	300m:	3:51.66	39.64	500m:	6:35.28	40.48	700m:	9:19.99	40.92
	150m:	1:50.28	38.96	350m:	4:32.91	41.25	550m:	7:16.08	40.80	750m:	9:59.90	39.91
	200m:	2:31.05	40.77	400m:	5:13.43	40.52	600m:	7:57.64	41.56	800m:	10:35.28	35.38
EXH			2012	III			-2	10:45.27 II				
	50m:	35.81	35.81	250m:	3:17.42	40.70	450m:	6:00.21	40.80	650m:	8:44.95	41.28
	100m:	1:16.00	40.19	300m:	3:58.24	40.82	500m:	6:41.09	40.88	700m:	9:24.97	40.02
	150m:	1:56.25	40.25	350m:	4:38.92	40.68	550m:	7:22.43	41.34	750m:	10:06.18	41.21
	200m:	2:36.72	40.47	400m:	5:19.41	40.49	600m:	8:03.67	41.24	800m:	10:45.27	39.09
EXH			2014	III			-2	10:49.58 II				
	50m:	34.99	34.99	250m:	3:12.87	40.61	450m:	5:58.84	41.60	650m:	8:46.03	41.75
	100m:	1:13.23	38.24	300m:	3:53.93	41.06	500m:	6:40.27	41.43	700m:	9:28.27	42.24
	150m:	1:52.65	39.42	350m:	4:35.60	41.67	550m:	7:21.88	41.61	750m:	10:10.08	41.81
	200m:	2:32.26	39.61	400m:	5:17.24	41.64	600m:	8:04.28	42.40	800m:	10:49.58	39.50