



# День стайера-2023

, 05.-06.05.2023

1  
05.05.2023 - 14:30

, 400m

9 - 10

10	5:21.51		16.11.2016
9	5:59.02		21.11.2013

: FINA 2023

							R.T.	FINA		
9		/								
1.	100m: 1:38.54	1:38.54	2014 2	200m: 3:26.72	1:48.18	300m: 5:12.63	1:45.91	<b>6:55.84</b>	1 183	400m: 6:55.84 1:43.21
2.	100m: 1:43.99	1:43.99	2014 2	200m: 3:32.07	1:48.08	300m: 5:19.90	1:47.83	<b>7:02.39</b>	1 175	400m: 7:02.39 1:42.49
3.	100m: 1:40.12	1:40.12	2014 1	200m: 3:34.33	1:54.21	300m: 5:27.60	1:53.27	<b>7:21.11</b>	1 153	400m: 7:21.11 1:53.51
4.	100m: 1:46.62	1:46.62	2014 1	200m: 3:47.14	2:00.52	300m: 5:49.21	2:02.07	<b>7:41.65</b>	2 134	400m: 7:41.65 1:52.44
5.	100m: 1:52.86	1:52.86	2014 /	200m: 4:00.37	2:07.51	300m: 6:06.94	2:06.57	<b>8:12.70</b>	2 110	400m: 8:12.70 2:05.76
6.	100m: 1:57.96	1:57.96	2014 /	200m: 4:12.40	2:14.44	300m: 6:37.77	2:25.37	<b>8:33.50</b>	2 97	400m: 8:33.50 1:55.73
7.	100m: 2:07.79	2:07.79	2014 /	200m: 4:36.62	2:28.83	300m: 7:04.65	2:28.03	<b>9:30.47</b>	3 71	400m: 9:30.47 2:25.82
8.	100m: 2:14.30	2:14.30	2014 3	200m: 4:53.23	2:38.93	300m: 7:28.32	2:35.09	<b>9:54.04</b>	3 63	400m: 9:54.04 2:25.72
10										
1.	100m: 1:19.75	1:19.75	2013 III	200m: 2:44.56	1:24.81	300m: 4:12.20	1:27.64	<b>5:38.53</b>	II 340	400m: 5:38.53 1:26.33
2.	100m: 1:22.38	1:22.38	2013 III	200m: 2:55.45	1:33.07	300m: 4:27.67	1:32.22	<b>5:55.52</b>	III 294	400m: 5:55.52 1:27.85
3.	100m: 1:22.14	1:22.14	2013 III	200m: 2:55.97	1:33.83	300m: 4:29.97	1:34.00	<b>6:02.95</b>	III 276	400m: 6:02.95 1:32.98
4.	100m: 1:27.90	1:27.90	2013 III	200m: 3:08.28	1:40.38	300m: 4:47.24	1:38.96	<b>6:25.75</b>	III 230	400m: 6:25.75 1:38.51
5.	100m: 1:37.97	1:37.97	2013 1	200m: 3:25.74	1:47.77	300m: 5:14.28	1:48.54	<b>7:00.94</b>	1 177	400m: 7:00.94 1:46.66
6.	100m: 1:35.90	1:35.90	2013 1	200m: 3:23.63	1:47.73	300m: 5:16.25	1:52.62	<b>7:06.05</b>	1 170	400m: 7:06.05 1:49.80
7.	100m: 1:40.38	1:40.38	2013 2	200m: 3:30.70	1:50.32	300m: 5:22.90	1:52.20	<b>7:09.72</b>	1 166	400m: 7:09.72 1:46.82
8.	100m: 1:38.93	1:38.93	2013 2	200m: 3:29.22	1:50.29	300m: 5:20.74	1:51.52	<b>7:12.64</b>	1 163	400m: 7:12.64 1:51.90
9.	100m: 1:31.54	1:31.54	2013 1	200m: 3:29.26	1:57.72	300m: 5:21.98	1:52.72	<b>7:12.95</b>	1 162	400m: 7:12.95 1:50.97
10.	100m: 1:43.96	1:43.96	2013 III	200m: 3:35.87	1:51.91	300m: 5:29.80	1:53.93	<b>7:16.15</b>	1 159	400m: 7:16.15 1:46.35
11.	100m: 1:44.07	1:44.07	2013 1	200m: 3:38.75	1:54.68	300m: 5:35.12	1:56.37	<b>7:28.82</b>	1 146	400m: 7:28.82 1:53.70





# День стайера-2023

, 05.-06.05.2023

1, , 400m		, 10						R.T.	FINA		
12.	100m: 1:46.53	1:46.53	2013 1	200m: 3:43.94	1:57.41	300m: 5:44.10	2:00.16	<b>7:43.88</b>	2 132	400m: 7:43.88	1:59.78
13.	100m: 1:48.20	1:48.20	2013 3	200m: 3:47.61	1:59.41	300m: 5:48.90	2:01.29	<b>7:45.45</b>	2 131	400m: 7:45.45	1:56.55
14.	100m: 1:49.54	1:49.54	2013 1	200m: 3:54.01	2:04.47	300m: 6:03.80	2:09.79	<b>8:14.92</b>	2 108	400m: 8:14.92	2:11.12
15.	100m: 1:56.52	1:56.52	2013 2	200m: 4:06.74	2:10.22	300m: 6:20.18	2:13.44	<b>8:25.05</b>	2 102	400m: 8:25.05	2:04.87
16.	100m: 2:03.70	2:03.70	2013 2	200m: 4:11.80	2:08.10	300m: 6:36.33	2:24.53	<b>8:31.06</b>	2 98	400m: 8:31.06	1:54.73
17.	100m: 1:56.39	1:56.39	2013 2	200m: 4:13.36	2:16.97	300m: 6:37.02	2:23.66	<b>8:53.30</b>	3 87	400m: 8:53.30	2:16.28
18.	100m: 2:05.81	2:05.81	2013 /	200m: 4:18.79	2:12.98	300m: 7:01.20	2:42.41	<b>8:54.38</b>	3 86	400m: 8:54.38	1:53.18
19.	100m: 2:04.34	2:04.34	2013 3	200m: 4:12.40	2:08.06	300m: 6:37.77	2:25.37	<b>8:55.54</b>	3 86	400m: 8:55.54	2:17.77

2  
05.05.2023 - 15:10

, 800m

11 - 12

12	9:50.33	20.02.2018
11	10:10.29	13.12.2013

: FINA 2023

		/						R.T.	FINA		
11			2012 II					<b>10:55.23</b>	II 405		
1.	100m: 1:16.42	1:16.42	300m: 3:58.86	1:21.71	500m: 6:45.27	1:23.75	700m: 9:34.17	1:24.05			
	200m: 2:37.15	1:20.73	400m: 5:21.52	1:22.66	600m: 8:10.12	1:24.85	800m: 10:55.23	1:21.06			
2.	100m: 1:21.66	1:21.66	2012 II	300m: 4:20.21	1:28.88	500m: 7:21.72	1:30.36	<b>11:45.58</b>	II 324	700m: 10:22.12	1:30.77
	200m: 2:51.33	1:29.67	400m: 5:51.36	1:31.15	600m: 8:51.35	1:29.63	800m: 11:45.58	1:23.46			
3.	100m: 1:24.15	1:24.15	2012 II	300m: 4:24.15	1:31.03	500m: 7:25.66	1:31.80	<b>11:52.77</b>	II 314	700m: 10:26.29	1:29.98
	200m: 2:53.12	1:28.97	400m: 5:53.86	1:29.71	600m: 8:56.31	1:30.65	800m: 11:52.77	1:26.48			
4.	100m: 1:27.62	1:27.62	2012 III	300m: 4:29.56	1:31.46	500m: 7:34.36	1:32.85	<b>12:08.54</b>	III 294	700m: 10:36.97	1:31.13
	200m: 2:58.10	1:30.48	400m: 6:01.51	1:31.95	600m: 9:05.84	1:31.48	800m: 12:08.54	1:31.57			
5.	100m: 1:29.05	1:29.05	2012 III	300m: 4:44.46	1:39.61	500m: 8:02.72	1:40.51	<b>13:01.40</b>	III 238	700m: 11:23.61	1:40.68
	200m: 3:04.85	1:35.80	400m: 6:22.21	1:37.75	600m: 9:42.93	1:40.21	800m: 13:01.40	1:37.79			
6.	100m: 1:29.48	1:29.48	2012 III	300m: 4:53.59	1:43.79	500m: 8:20.29	1:43.95	<b>13:20.17</b>	III 222	700m: 11:46.93	1:40.67
	200m: 3:09.80	1:40.32	400m: 6:36.34	1:42.75	600m: 10:06.26	1:45.97	800m: 13:20.17	1:33.24			
7.	100m: 1:31.34	1:31.34	2012 III	300m: 4:53.66	1:44.14	500m: 8:22.90	1:44.79	<b>13:23.78</b>	III 219	700m: 11:51.46	1:42.65
	200m: 3:09.52	1:38.18	400m: 6:38.11	1:44.45	600m: 10:08.81	1:45.91	800m: 13:23.78	1:32.32			





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2, , 800m		, 11				R.T.		FINA	
8.			2012 III				<b>13:29.04</b>	III 215	
	100m: 1:30.75	1:30.75	300m: 4:53.12	1:41.70	500m: 8:23.50	1:46.30	700m: 11:51.59	1:42.99	
	200m: 3:11.42	1:40.67	400m: 6:37.20	1:44.08	600m: 10:08.60	1:45.10	800m: 13:29.04	1:37.45	
9.			2012 III				<b>13:40.20</b>	1 206	
	100m: 1:25.52	1:25.52	300m: 4:55.67	1:45.99	500m: 8:33.82	1:48.55	700m: 12:06.42	1:46.06	
	200m: 3:09.68	1:44.16	400m: 6:45.27	1:49.60	600m: 10:20.36	1:46.54	800m: 13:40.20	1:33.78	
10.			2012 III				<b>13:41.98</b>	1 205	
	100m: 1:37.27	1:37.27	300m: 5:02.88	1:42.83	500m: 8:31.16	1:44.45	700m: 12:00.89	1:45.28	
	200m: 3:20.05	1:42.78	400m: 6:46.71	1:43.83	600m: 10:15.61	1:44.45	800m: 13:41.98	1:41.09	
11.			2012 III				<b>13:45.58</b>	1 202	
	100m: 1:29.08	1:29.08	300m: 5:08.34	1:56.05	500m: 8:29.74	1:46.43	700m: 12:04.32	1:48.64	
	200m: 3:12.29	1:43.21	400m: 6:43.31	1:34.97	600m: 10:15.68	1:45.94	800m: 13:45.58	1:41.26	
12.			2012 1				<b>14:29.40</b>	1 173	
	100m: 1:33.96	1:33.96	300m: 5:18.56	1:54.15	500m: 9:05.06	1:52.09	700m: 12:48.06	1:50.96	
	200m: 3:24.41	1:50.45	400m: 7:12.97	1:54.41	600m: 10:57.10	1:52.04	800m: 14:29.40	1:41.34	
13.			2012 1				<b>15:21.58</b>	1 145	
	100m: 1:40.51	1:40.51	300m: 5:35.04	1:57.68	500m: 9:33.96	1:56.53	700m: 13:27.94	1:56.83	
	200m: 3:37.36	1:56.85	400m: 7:37.43	2:02.39	600m: 11:31.11	1:57.15	800m: 15:21.58	1:53.64	
14.			2012 1				<b>16:18.64</b>	2 121	
	100m: 1:47.99	1:47.99	300m: 6:01.50	2:06.86	500m: 10:10.78	2:03.76	700m: 14:17.40	2:01.99	
	200m: 3:54.64	2:06.65	400m: 8:07.02	2:05.52	600m: 12:15.41	2:04.63	800m: 16:18.64	2:01.24	
15.			2012 1				<b>16:28.88</b>	2 117	
	100m: 1:42.68	1:42.68	300m: 5:54.28	2:07.47	500m: 10:08.81	2:08.23	700m: 14:24.50	2:07.66	
	200m: 3:46.81	2:04.13	400m: 8:00.58	2:06.30	600m: 12:16.84	2:08.03	800m: 16:28.88	2:04.38	
16.			2012 1				<b>16:42.72</b>	2 113	
	100m: 1:53.13	1:53.13	300m: 6:09.50	2:09.52	500m: 10:24.30	2:07.07	700m: 14:36.60	2:05.10	
	200m: 3:59.98	2:06.85	400m: 8:17.23	2:07.73	600m: 12:31.50	2:07.20	800m: 16:42.72	2:06.12	
17.			2012 2				<b>17:23.04</b>	2 100	
	100m: 1:55.85	1:55.85	300m: 6:23.38	2:15.77	500m: 10:51.02	2:11.71	700m: 15:14.87	2:13.42	
	200m: 4:07.61	2:11.76	400m: 8:39.31	2:15.93	600m: 13:01.45	2:10.43	800m: 17:23.04	2:08.17	
18.			2012 /				<b>19:12.00</b>	3 74	
	100m: 2:10.17	2:10.17	300m: 7:04.87	2:27.67	500m: 11:59.75	2:27.53	700m: 16:53.24	2:27.04	
	200m: 4:37.20	2:27.03	400m: 9:32.22	2:27.35	600m: 14:26.20	2:26.45	800m: 19:12.00	2:18.76	
12									
1.			2011 I				<b>10:49.60</b>	II 415	
	100m: 1:15.14	1:15.14	300m: 3:57.50	1:21.85	500m: 6:43.51	1:23.00	700m: 9:29.26	1:22.89	
	200m: 2:35.65	1:20.51	400m: 5:20.51	1:23.01	600m: 8:06.37	1:22.86	800m: 10:49.60	1:20.34	
2.			2011 II				<b>11:03.38</b>	II 390	
	100m: 1:16.47	1:16.47	300m: 4:03.69	1:24.66	500m: 6:53.28	1:24.68	700m: 9:42.88	1:25.09	
	200m: 2:39.03	1:22.56	400m: 5:28.60	1:24.91	600m: 8:17.79	1:24.51	800m: 11:03.38	1:20.50	
3.			2011 II				<b>11:09.66</b>	II 379	
	100m: 1:18.33	1:18.33	300m: 4:09.50	1:25.65	500m: 7:00.19	1:25.53	700m: 9:49.76	1:24.57	
	200m: 2:43.85	1:25.52	400m: 5:34.66	1:25.16	600m: 8:25.19	1:25.00	800m: 11:09.66	1:19.90	
4.			2011 III				<b>12:34.82</b>	III 264	
	100m: 1:25.62	1:25.62	300m: 4:34.88	1:35.04	500m: 7:48.79	1:37.04	700m: 11:01.13	1:36.02	
	200m: 2:59.84	1:34.22	400m: 6:11.75	1:36.87	600m: 9:25.11	1:36.32	800m: 12:34.82	1:33.69	
5.			2011 III				<b>13:01.58</b>	III 238	
	100m: 1:35.56	1:35.56	300m: 4:46.95	1:33.64	500m: 8:07.28	1:40.63	700m: 11:23.54	1:36.65	
	200m: 3:13.31	1:37.75	400m: 6:26.65	1:39.70	600m: 9:46.89	1:39.61	800m: 13:01.58	1:38.04	





# День стайера-2023

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2, , 800m		, 12						R.T.	FINA		
6.		/	2011 III					<b>13:23.02</b>	III	220	
100m:	1:26.81	1:26.81	300m:	4:48.97	1:42.87	500m:	8:17.56	1:45.48	700m:	11:46.68	1:43.85
200m:	3:06.10	1:39.29	400m:	6:32.08	1:43.11	600m:	10:02.83	1:45.27	800m:	13:23.02	1:36.34
7.			2011 1					<b>14:58.99</b>	1	156	
100m:	1:32.62	1:32.62	300m:	5:10.28	1:51.79	500m:	9:05.08	1:57.82	700m:	13:03.99	2:00.56
200m:	3:18.49	1:45.87	400m:	7:07.26	1:56.98	600m:	11:03.43	1:58.35	800m:	14:58.99	1:55.00
8.			2011 1					<b>15:07.58</b>	1	152	
100m:	1:44.51	1:44.51	300m:	5:32.29	1:55.16	500m:	9:23.54	1:55.59	700m:	13:17.14	1:55.34
200m:	3:37.13	1:52.62	400m:	7:27.95	1:55.66	600m:	11:21.80	1:58.26	800m:	15:07.58	1:50.44
9.			2011 1					<b>15:41.86</b>	1	136	
100m:	1:41.99	1:41.99	300m:	5:40.37	2:00.15	500m:	9:42.56	2:01.02	700m:	13:43.49	2:00.69
200m:	3:40.22	1:58.23	400m:	7:41.54	2:01.17	600m:	11:42.80	2:00.24	800m:	15:41.86	1:58.37
10.			2011 /					<b>19:12.66</b>	3	74	
100m:	2:00.00	2:00.00	300m:	7:02.72	2:34.16	500m:	11:54.26	2:25.18	700m:	16:47.30	2:26.51
200m:	4:28.56	2:28.56	400m:	9:29.08	2:26.36	600m:	14:20.79	2:26.53	800m:	19:12.66	2:25.36

3 , 800m 13 - 14  
05.05.2023 - 16:10

14	8:43.49	-	01.01.2008
13	9:08.28		13.12.2018

: FINA 2023

13								R.T.	FINA		
1.		/	2010 II					<b>9:29.92</b>	I	499	
100m:	1:04.00	1:04.00	300m:	3:26.72	1:12.22	500m:	5:52.69	1:13.00	700m:	8:18.55	1:12.73
200m:	2:14.50	1:10.50	400m:	4:39.69	1:12.97	600m:	7:05.82	1:13.13	800m:	9:29.92	1:11.37
2.			2010 II					<b>9:42.05</b>	II	468	
100m:	1:07.03	1:07.03	300m:	3:33.04	1:14.14	500m:	6:00.72	1:13.75	700m:	8:30.10	1:14.34
200m:	2:18.90	1:11.87	400m:	4:46.97	1:13.93	600m:	7:15.76	1:15.04	800m:	9:42.05	1:11.95
3.			2010 II					<b>10:30.91</b>	II	368	
100m:	1:12.15	1:12.15	300m:	3:50.61	1:19.34	500m:	6:30.37	1:20.75	700m:	9:11.57	1:19.61
200m:	2:31.27	1:19.12	400m:	5:09.62	1:19.01	600m:	7:51.96	1:21.59	800m:	10:30.91	1:19.34
4.			2010 II					<b>10:33.80</b>	II	362	
100m:	1:12.29	1:12.29	300m:	3:50.96	1:20.22	500m:	6:32.44	1:20.82	700m:	9:14.41	1:20.55
200m:	2:30.74	1:18.45	400m:	5:11.62	1:20.66	600m:	7:53.86	1:21.42	800m:	10:33.80	1:19.39
5.			2010 II					<b>10:36.77</b>	II	357	
100m:	1:10.66	1:10.66	300m:	3:52.35	1:21.22	500m:	6:36.62	1:21.71	700m:	9:20.21	1:21.81
200m:	2:31.13	1:20.47	400m:	5:14.91	1:22.56	600m:	7:58.40	1:21.78	800m:	10:36.77	1:16.56
6.			2010 II					<b>10:37.77</b>	II	356	
100m:	1:14.16	1:14.16	300m:	3:54.72	1:20.24	500m:	6:37.25	1:20.81	700m:	9:20.62	1:21.62
200m:	2:34.48	1:20.32	400m:	5:16.44	1:21.72	600m:	7:59.00	1:21.75	800m:	10:37.77	1:17.15
7.			2010 III					<b>10:56.19</b>	II	327	
100m:	1:13.11	1:13.11	300m:	4:02.19	1:25.11	500m:	6:50.11	1:23.10	700m:	9:36.91	1:23.31
200m:	2:37.08	1:23.97	400m:	5:27.01	1:24.82	600m:	8:13.60	1:23.49	800m:	10:56.19	1:19.28
8.			2010 II					<b>11:08.68</b>	II	309	
100m:	1:18.17	1:18.17	300m:	4:02.22	1:22.59	500m:	6:53.13	1:26.32	700m:	9:47.65	1:28.00
200m:	2:39.63	1:21.46	400m:	5:26.81	1:24.59	600m:	8:19.65	1:26.52	800m:	11:08.68	1:21.03







# День стайера-2023

, 05.-06.05.2023

3, , 800m , 13								R.T.	FINA		
9.			2010 II					<b>11:10.48</b>	II 306		
	100m: 1:15.32	1:15.32	300m: 4:07.04	1:25.94	500m: 6:58.16	1:25.11	700m: 9:50.83	1:26.74			
	200m: 2:41.10	1:25.78	400m: 5:33.05	1:26.01	600m: 8:24.09	1:25.93	800m: 11:10.48	1:19.65			
10.			2010 II					<b>11:11.70</b>	II 304		
	100m: 1:16.37	1:16.37	300m: 4:03.13	1:22.50	500m: 7:03.93	1:28.82	700m: 9:56.69	1:32.99			
	200m: 2:40.63	1:24.26	400m: 5:35.11	1:31.98	600m: 8:23.70	1:19.77	800m: 11:11.70	1:15.01			
11.			2010 III					<b>11:12.05</b>	II 304		
	100m: 1:17.39	1:17.39	300m: 4:07.44	1:24.94	500m: 6:59.05	1:24.88	700m: 9:50.46	1:25.50			
	200m: 2:42.50	1:25.11	400m: 5:34.17	1:26.73	600m: 8:24.96	1:25.91	800m: 11:12.05	1:21.59			
12.			2010 II					<b>11:18.66</b>	III 295		
	100m: 1:13.19	1:13.19	300m: 4:08.31	1:27.99	500m: 7:07.09	1:31.27	700m: 9:57.44	1:26.89			
	200m: 2:40.32	1:27.13	400m: 5:35.82	1:27.51	600m: 8:30.55	1:23.46	800m: 11:18.66	1:21.22			
13.			2010 III					<b>11:26.83</b>	III 285		
	100m: 1:19.72	1:19.72	300m: 4:15.04	1:26.84	500m: 7:11.08	1:28.95	700m: 10:03.77	1:27.19			
	200m: 2:48.20	1:28.48	400m: 5:42.13	1:27.09	600m: 8:36.58	1:25.50	800m: 11:26.83	1:23.06			
14.			2010 III					<b>11:40.90</b>	III 268		
	100m: 1:17.47	1:17.47	300m: 4:17.87	1:30.48	500m: 7:21.44	1:30.86	700m: 10:19.90	1:29.24			
	200m: 2:47.39	1:29.92	400m: 5:50.58	1:32.71	600m: 8:50.66	1:29.22	800m: 11:40.90	1:21.00			
15.			2010 III					<b>11:48.75</b>	III 259		
	100m: 1:17.78	1:17.78	300m: 4:17.96	1:32.40	500m: 7:19.69	1:30.85	700m: 10:23.28	1:32.78			
	200m: 2:45.56	1:27.78	400m: 5:48.84	1:30.88	600m: 8:50.50	1:30.81	800m: 11:48.75	1:25.47			
16.			2010 III					<b>12:11.38</b>	III 236		
	100m: 1:23.25	1:23.25	300m: 4:28.62	1:33.00	500m: 7:36.06	1:33.84	700m: 10:44.98	1:33.70			
	200m: 2:55.62	1:32.37	400m: 6:02.22	1:33.60	600m: 9:11.28	1:35.22	800m: 12:11.38	1:26.40			
17.			2010 III					<b>12:23.27</b>	III 225		
	100m: 1:21.58	1:21.58	300m: 4:29.84	1:33.97	500m: 7:39.46	1:35.47	700m: 10:52.36	1:37.37			
	200m: 2:55.87	1:34.29	400m: 6:03.99	1:34.15	600m: 9:14.99	1:35.53	800m: 12:23.27	1:30.91			
18.			2010 III					<b>12:26.20</b>	III 222		
	100m: 1:23.86	1:23.86	300m: 4:34.71	1:37.37	500m: 7:48.61	1:37.49	700m: 11:00.55	1:36.68			
	200m: 2:57.34	1:33.48	400m: 6:11.12	1:36.41	600m: 9:23.87	1:35.26	800m: 12:26.20	1:25.65			
19.			2010 III					<b>12:31.07</b>	III 218		
	100m: 1:19.28	1:19.28	300m: 4:34.00	1:35.56	500m: 7:46.56	1:38.70	700m: 10:59.85	1:39.73			
	200m: 2:58.44	1:39.16	400m: 6:07.86	1:33.86	600m: 9:20.12	1:33.56	800m: 12:31.07	1:31.22			
20.			2010 III					<b>12:48.12</b>	1 203		
	100m: 1:28.90	1:28.90	300m: 4:43.50	1:37.69	500m: 7:57.87	1:36.49	700m: 11:12.69	1:37.27			
	200m: 3:05.81	1:36.91	400m: 6:21.38	1:37.88	600m: 9:35.42	1:37.55	800m: 12:48.12	1:35.43			
21.			2010 III					<b>13:13.31</b>	1 185		
	100m: 1:20.13	1:20.13	300m: 4:33.92	1:40.47	500m: 8:01.49	1:44.85	700m: 11:30.84	1:43.35			
	200m: 2:53.45	1:33.32	400m: 6:16.64	1:42.72	600m: 9:47.49	1:46.00	800m: 13:13.31	1:42.47			
22.			2010 1					<b>13:34.30</b>	1 171		
	100m: 1:28.24	1:28.24	300m: 4:56.53	1:46.91	500m: 8:23.20	1:43.50	700m: 11:55.37	1:44.90			
	200m: 3:09.62	1:41.38	400m: 6:39.70	1:43.17	600m: 10:10.47	1:47.27	800m: 13:34.30	1:38.93			
23.			2010 1					<b>13:34.43</b>	1 171		
	100m: 1:25.56	1:25.56	300m: 4:51.27	1:43.40	500m: 8:22.83	1:45.06	700m: 11:55.55	1:45.36			
	200m: 3:07.87	1:42.31	400m: 6:37.77	1:46.50	600m: 10:10.19	1:47.36	800m: 13:34.43	1:38.88			
24.			2010 1					<b>13:48.13</b>	1 162		
	100m: 1:25.16	1:25.16	300m: 4:58.58	1:48.22	500m: 8:34.41	1:45.84	700m: 12:07.38	1:44.81			
	200m: 3:10.36	1:45.20	400m: 6:48.57	1:49.99	600m: 10:22.57	1:48.16	800m: 13:48.13	1:40.75			
25.			2010 1					<b>13:48.45</b>	1 162		
	100m: 1:34.23	1:34.23	300m: 5:05.92	1:46.06	500m: 8:37.30	1:46.56	700m: 12:07.60	1:45.65			
	200m: 3:19.86	1:45.63	400m: 6:50.74	1:44.82	600m: 10:21.95	1:44.65	800m: 13:48.45	1:40.85			





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3,		, 800m		, 13		R.T.		FINA				
26.				2010	1			<b>13:54.76</b>	1	158		
	100m:	1:32.70	1:32.70	300m:	5:05.58	1:47.17	500m:	8:40.22	1:46.40	700m:	12:15.06	1:43.81
	200m:	3:18.41	1:45.71	400m:	6:53.82	1:48.24	600m:	10:31.25	1:51.03	800m:	13:54.76	1:39.70
27.				2010	1			<b>14:08.55</b>	1	151		
	100m:	1:33.28	1:33.28	300m:	5:10.08	1:47.92	500m:	8:50.65	1:50.28	700m:	12:29.13	1:48.21
	200m:	3:22.16	1:48.88	400m:	7:00.37	1:50.29	600m:	10:40.92	1:50.27	800m:	14:08.55	1:39.42
28.				2010	1			<b>14:46.64</b>	2	132		
	100m:	1:35.03	1:35.03	300m:	5:17.26	1:51.39	500m:	9:06.60	1:54.66	700m:	12:59.49	1:56.45
	200m:	3:25.87	1:50.84	400m:	7:11.94	1:54.68	600m:	11:03.04	1:56.44	800m:	14:46.64	1:47.15
14												
1.				2009	II			<b>9:51.50</b>	II	446		
	100m:	1:08.32	1:08.32	300m:	3:37.94	1:14.67	500m:	6:08.57	1:15.39	700m:	8:38.64	1:15.01
	200m:	2:23.27	1:14.95	400m:	4:53.18	1:15.24	600m:	7:23.63	1:15.06	800m:	9:51.50	1:12.86
2.				2009	II			<b>9:58.32</b>	II	431		
	100m:	1:08.46	1:08.46	300m:	3:39.71	1:15.87	500m:	6:13.62	1:17.75	700m:	8:45.68	1:15.65
	200m:	2:23.84	1:15.38	400m:	4:55.87	1:16.16	600m:	7:30.03	1:16.41	800m:	9:58.32	1:12.64
3.				2009	II			<b>9:58.71</b>	II	430		
	100m:	1:08.07	1:08.07	300m:	3:37.60	1:15.12	500m:	6:09.40	1:16.04	700m:	8:44.24	1:17.89
	200m:	2:22.48	1:14.41	400m:	4:53.36	1:15.76	600m:	7:26.35	1:16.95	800m:	9:58.71	1:14.47
4.				2009	II			<b>10:22.27</b>	II	383		
	100m:	1:10.49	1:10.49	300m:	3:48.05	1:19.44	500m:	6:27.99	1:20.46	700m:	9:08.55	1:19.89
	200m:	2:28.61	1:18.12	400m:	5:07.53	1:19.48	600m:	7:48.66	1:20.67	800m:	10:22.27	1:13.72
5.				2009	I			<b>10:22.95</b>	II	382		
	100m:	1:14.21	1:14.21	300m:	3:54.81	1:20.19	500m:	6:31.87	1:15.23	700m:	9:08.25	1:18.42
	200m:	2:34.62	1:20.41	400m:	5:16.64	1:21.83	600m:	7:49.83	1:17.96	800m:	10:22.95	1:14.70
6.				2009	II			<b>10:26.06</b>	II	376		
	100m:	1:07.92	1:07.92	300m:	3:42.08	1:17.91	500m:	6:23.17	1:20.77	700m:	9:07.17	1:21.61
	200m:	2:24.17	1:16.25	400m:	5:02.40	1:20.32	600m:	7:45.56	1:22.39	800m:	10:26.06	1:18.89
7.				2009	II			<b>10:37.09</b>	II	357		
	100m:	1:09.67	1:09.67	300m:	3:49.97	1:20.79	500m:	6:32.57	1:21.97	700m:	9:17.73	1:22.11
	200m:	2:29.18	1:19.51	400m:	5:10.60	1:20.63	600m:	7:55.62	1:23.05	800m:	10:37.09	1:19.36
8.				2009	II			<b>10:39.05</b>	II	354		
	100m:	1:14.14	1:14.14	300m:	3:52.42	1:19.67	500m:	6:35.00	1:21.33	700m:	9:19.89	1:21.88
	200m:	2:32.75	1:18.61	400m:	5:13.67	1:21.25	600m:	7:58.01	1:23.01	800m:	10:39.05	1:19.16
9.				2009	II			<b>10:54.21</b>	II	330		
	100m:	1:13.40	1:13.40	300m:	3:56.31	1:21.81	500m:	6:44.18	1:23.57	700m:	9:33.40	1:25.09
	200m:	2:34.50	1:21.10	400m:	5:20.61	1:24.30	600m:	8:08.31	1:24.13	800m:	10:54.21	1:20.81
10.				2009	II			<b>11:00.02</b>	II	321		
	100m:	1:17.46	1:17.46	300m:	4:06.28	1:23.80	500m:	6:54.04	1:24.10	700m:	9:41.47	1:23.15
	200m:	2:42.48	1:25.02	400m:	5:29.94	1:23.66	600m:	8:18.32	1:24.28	800m:	11:00.02	1:18.55
11.				2009	II			<b>11:05.62</b>	II	313		
	100m:	1:14.16	1:14.16	300m:	4:02.97	1:26.79	500m:	6:53.78	1:25.85	700m:	9:45.72	1:25.20
	200m:	2:36.18	1:22.02	400m:	5:27.93	1:24.96	600m:	8:20.52	1:26.74	800m:	11:05.62	1:19.90
12.				2009	II			<b>11:06.22</b>	II	312		
	100m:	1:14.33	1:14.33	300m:	4:04.56	1:25.03	500m:	6:57.62	1:26.96	700m:	9:50.47	1:26.18
	200m:	2:39.53	1:25.20	400m:	5:30.66	1:26.10	600m:	8:24.29	1:26.67	800m:	11:06.22	1:15.75
13.				2009	II			<b>11:18.02</b>	III	296		
	100m:	1:11.34	1:11.34	300m:	4:01.41	1:27.47	500m:	6:59.16	1:29.36	700m:	9:57.01	1:28.73
	200m:	2:33.94	1:22.60	400m:	5:29.80	1:28.39	600m:	8:28.28	1:29.12	800m:	11:18.02	1:21.01





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3,		, 800m		, 14				R.T.	FINA			
14.				2009 II				<b>11:26.37</b>	III 285			
	100m:	1:20.80	1:20.80	300m:	4:13.28	1:27.60	500m:	7:06.49	1:27.01	700m:	10:04.33	1:29.71
	200m:	2:45.68	1:24.88	400m:	5:39.48	1:26.20	600m:	8:34.62	1:28.13	800m:	11:26.37	1:22.04
15.				2009 III				<b>11:29.25</b>	III 282			
	100m:	1:18.90	1:18.90	300m:	4:14.27	1:28.63	500m:	7:09.72	1:27.87	700m:	10:04.81	1:26.34
	200m:	2:45.64	1:26.74	400m:	5:41.85	1:27.58	600m:	8:38.47	1:28.75	800m:	11:29.25	1:24.44
16.				2009 III				<b>11:32.66</b>	III 278			
	100m:	1:18.23	1:18.23	300m:	4:13.12	1:27.79	500m:	7:09.33	1:22.94	700m:	10:06.57	1:28.10
	200m:	2:45.33	1:27.10	400m:	5:46.39	1:33.27	600m:	8:38.47	1:29.14	800m:	11:32.66	1:26.09
17.				2009 II				<b>11:33.77</b>	III 276			
	100m:	1:13.50	1:13.50	300m:	4:03.16	1:25.21	500m:	7:03.81	1:31.71	700m:	10:09.16	1:33.24
	200m:	2:37.95	1:24.45	400m:	5:32.10	1:28.94	600m:	8:35.92	1:32.11	800m:	11:33.77	1:24.61
18.				2009 III				<b>11:46.98</b>	III 261			
	100m:	1:18.62	1:18.62	300m:	4:18.56	1:31.56	500m:	7:17.45	1:29.92	700m:	10:19.15	1:30.76
	200m:	2:47.00	1:28.38	400m:	5:47.53	1:28.97	600m:	8:48.39	1:30.94	800m:	11:46.98	1:27.83
19.				2009 II				<b>11:52.14</b>	III 255			
	100m:	1:11.51	1:11.51	300m:	4:14.28	1:35.16	500m:	7:21.30	1:34.60	700m:	10:31.34	1:36.13
	200m:	2:39.12	1:27.61	400m:	5:46.70	1:32.42	600m:	8:55.21	1:33.91	800m:	11:52.14	1:20.80
20.				2009 III				<b>11:52.19</b>	III 255			
	100m:	1:17.37	1:17.37	300m:	4:17.41	1:31.65	500m:	7:21.32	1:31.53	700m:	10:23.09	1:29.39
	200m:	2:45.76	1:28.39	400m:	5:49.79	1:32.38	600m:	8:53.70	1:32.38	800m:	11:52.19	1:29.10
21.				2009 III				<b>11:52.30</b>	III 255			
	100m:	1:17.50	1:17.50	300m:	4:20.07	1:33.08	500m:	7:25.34	1:31.50	700m:	10:26.77	1:29.28
	200m:	2:46.99	1:29.49	400m:	5:53.84	1:33.77	600m:	8:57.49	1:32.15	800m:	11:52.30	1:25.53
22.				2009 III				<b>11:59.73</b>	III 247			
	100m:	1:22.42	1:22.42	300m:	4:22.27	1:30.51	500m:	7:25.19	1:31.99	700m:	10:29.35	1:31.96
	200m:	2:51.76	1:29.34	400m:	5:53.20	1:30.93	600m:	8:57.39	1:32.20	800m:	11:59.73	1:30.38
23.				2009 III				<b>12:02.67</b>	III 244			
	100m:	1:18.53	1:18.53	300m:	4:20.81	1:34.03	500m:	7:28.12	1:34.04	700m:	10:34.72	1:33.47
	200m:	2:46.78	1:28.25	400m:	5:54.08	1:33.27	600m:	9:01.25	1:33.13	800m:	12:02.67	1:27.95
24.				2009 II				<b>12:09.01</b>	III 238			
	100m:	1:18.21	1:18.21	300m:	4:15.78	1:31.04	500m:	7:24.75	1:35.62	700m:	10:34.54	1:34.09
	200m:	2:44.74	1:26.53	400m:	5:49.13	1:33.35	600m:	9:00.45	1:35.70	800m:	12:09.01	1:34.47
25.				2009 III				<b>12:13.64</b>	III 234			
	100m:	1:26.00	1:26.00	300m:	4:33.44	1:33.54	500m:	7:40.99	1:34.03	700m:	10:46.89	1:33.19
	200m:	2:59.90	1:33.90	400m:	6:06.96	1:33.52	600m:	9:13.70	1:32.71	800m:	12:13.64	1:26.75
26.				2009 III				<b>12:15.90</b>	III 231			
	100m:	1:21.16	1:21.16	300m:	4:27.91	1:33.50	500m:	7:39.22	1:34.42	700m:	10:47.72	1:34.15
	200m:	2:54.41	1:33.25	400m:	6:04.80	1:36.89	600m:	9:13.57	1:34.35	800m:	12:15.90	1:28.18
27.				2009 III				<b>12:16.22</b>	III 231			
	100m:	1:16.96	1:16.96	300m:	4:24.69	1:35.33	500m:	7:34.76	1:35.10	700m:	10:44.54	1:34.75
	200m:	2:49.36	1:32.40	400m:	5:59.66	1:34.97	600m:	9:09.79	1:35.03	800m:	12:16.22	1:31.68
28.				2009 III				<b>12:22.54</b>	III 225			
	100m:	1:26.23	1:26.23	300m:	4:34.74	1:33.75	500m:	7:44.89	1:34.55	700m:	10:53.92	1:34.32
	200m:	3:00.99	1:34.76	400m:	6:10.34	1:35.60	600m:	9:19.60	1:34.71	800m:	12:22.54	1:28.62
29.				2009 III				<b>12:23.28</b>	III 225			
	100m:	1:22.53	1:22.53	300m:	4:30.45	1:35.59	500m:	7:39.47	1:34.91	700m:	10:55.51	1:39.49
	200m:	2:54.86	1:32.33	400m:	6:04.56	1:34.11	600m:	9:16.02	1:36.55	800m:	12:23.28	1:27.77
30.				2009 II				<b>12:24.10</b>	III 224			
	100m:	1:24.20	1:24.20	300m:	4:30.57	1:33.99	500m:	7:41.15	1:35.06	700m:	10:56.87	1:37.28
	200m:	2:56.58	1:32.38	400m:	6:06.09	1:35.52	600m:	9:19.59	1:38.44	800m:	12:24.10	1:27.23





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3,		, 800m		, 14				R.T.		FINA	
31.				2009 III					<b>12:24.42</b>	III 224	
	100m:	1:25.71	1:25.71	300m:	4:33.44	1:33.54	500m:	7:42.03	1:34.02	700m:	10:51.72
	200m:	2:59.90	1:34.19	400m:	6:08.01	1:34.57	600m:	9:15.54	1:33.51	800m:	12:24.42
32.				2009 III					<b>12:27.86</b>	III 220	
	100m:	1:18.34	1:18.34	300m:	4:28.19	1:39.01	500m:	7:43.18	1:37.54	700m:	10:54.13
	200m:	2:49.18	1:30.84	400m:	6:05.64	1:37.45	600m:	9:20.00	1:36.82	800m:	12:27.86
33.				2009 III					<b>12:32.33</b>	III 217	
	100m:	1:23.40	1:23.40	300m:	4:39.61	1:36.93	500m:	7:56.21	1:35.43	700m:	11:09.50
	200m:	3:02.68	1:39.28	400m:	6:20.78	1:41.17	600m:	9:32.21	1:36.00	800m:	12:32.33
34.				2009 III					<b>12:32.44</b>	III 216	
	100m:	1:20.80	1:20.80	300m:	4:29.69	1:35.90	500m:	7:47.01	1:39.31	700m:	11:00.89
	200m:	2:53.79	1:32.99	400m:	6:07.70	1:38.01	600m:	9:21.38	1:34.37	800m:	12:32.44
35.				2009 1					<b>12:51.80</b>	1 201	
	100m:	1:22.42	1:22.42	300m:	4:33.53	1:37.61	500m:	7:56.09	1:43.03	700m:	11:16.78
	200m:	2:55.92	1:33.50	400m:	6:13.06	1:39.53	600m:	9:37.92	1:41.83	800m:	12:51.80
36.				2009 1					<b>13:21.37</b>	1 179	
	100m:	1:26.75	1:26.75	300m:	4:54.68	1:44.72	500m:	8:23.90	1:44.52	700m:	11:50.82
	200m:	3:09.96	1:43.21	400m:	6:39.38	1:44.70	600m:	10:08.10	1:44.20	800m:	13:21.37
37.				2009 III					<b>13:22.57</b>	1 178	
	100m:	1:27.05	1:27.05	300m:	4:47.42	1:41.82	500m:	8:13.87	1:42.80	700m:	11:43.10
	200m:	3:05.60	1:38.55	400m:	6:31.07	1:43.65	600m:	9:58.54	1:44.67	800m:	13:22.57
38.				2009 2					<b>14:08.47</b>	1 151	
	100m:	1:36.70	1:36.70	300m:	5:09.32	1:47.24	500m:	8:45.16	1:46.75	700m:	12:23.30
	200m:	3:22.08	1:45.38	400m:	6:58.41	1:49.09	600m:	10:34.50	1:49.34	800m:	14:08.47
39.				2009 1					<b>14:46.30</b>	2 132	
	100m:	1:28.26	1:28.26	300m:	5:03.23	1:53.04	500m:	8:56.30	1:58.02	700m:	12:55.18
	200m:	3:10.19	1:41.93	400m:	6:58.28	1:55.05	600m:	10:57.29	2:00.99	800m:	14:46.30
40.				2009 1					<b>15:01.11</b>	2 126	
	100m:	1:37.09	1:37.09	300m:	5:23.38	1:51.09	500m:	9:18.13	2:01.32	700m:	13:15.17
	200m:	3:32.29	1:55.20	400m:	7:16.81	1:53.43	600m:	11:19.36	2:01.23	800m:	15:01.11

4		, 400m		9 - 10	
06.05.2023 - 14:30					
10			5:26.04		11.03.2010
9			5:31.13		22.12.2019

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9						R.T.		FINA			
1.				2014 1				<b>6:18.19</b>	1 197		
	100m:	1:24.23	1:24.23	200m:	3:03.25	1:39.02	300m:	4:43.12	1:39.87	400m:	6:18.19
2.				2014 2				<b>6:42.01</b>	1 164		
	100m:	1:26.10	1:26.10	200m:	3:08.94	1:42.84	300m:	4:55.54	1:46.60	400m:	6:42.01
3.				2014 2				<b>6:52.06</b>	2 152		
	100m:	1:32.17	1:32.17	200m:	3:18.72	1:46.55	300m:	5:07.41	1:48.69	400m:	6:52.06
4.				2014 /				<b>7:04.95</b>	2 138		
	100m:	1:40.64	1:40.64	200m:	3:31.10	1:50.46	300m:	5:21.26	1:50.16	400m:	7:04.95







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	4,	, 400m		, 9				R.T.		FINA							
5.	100m:	1:39.19	1:39.19	2014	3	200m:	3:29.87	1:50.68	300m:	5:21.39	1:51.52	<b>7:13.78</b>	2	130	400m:	7:13.78	1:52.39
6.	100m:	1:42.90	1:42.90	2014	3	200m:	3:35.36	1:52.46	300m:	5:27.26	1:51.90	<b>7:14.96</b>	2	129	400m:	7:14.96	1:47.70
7.	100m:	1:41.28	1:41.28	2014	/	200m:	3:33.84	1:52.56	300m:	5:30.26	1:56.42	<b>7:22.75</b>	2	122	400m:	7:22.75	1:52.49
8.	100m:	1:45.59	1:45.59	2014	3	200m:	3:43.33	1:57.74	300m:	5:37.56	1:54.23	<b>7:24.99</b>	2	120	400m:	7:24.99	1:47.43
9.	100m:	1:42.23	1:42.23	2014	/	200m:	3:41.36	1:59.13	300m:	5:31.98	1:50.62	<b>7:29.58</b>	2	117	400m:	7:29.58	1:57.60
10.	100m:	1:57.12	1:57.12	2014	2	200m:	3:51.82	1:54.70	300m:	5:44.62	1:52.80	<b>7:36.27</b>	2	112	400m:	7:36.27	1:51.65
11.	100m:	1:42.78	1:42.78	2014	1	200m:	3:40.10	1:57.32	300m:	5:39.57	1:59.47	<b>7:36.65</b>	2	111	400m:	7:36.65	1:57.08
12.	100m:	1:44.66	1:44.66	2014	3	200m:	3:44.24	1:59.58	300m:	5:41.81	1:57.57	<b>7:36.68</b>	2	111	400m:	7:36.68	1:54.87
13.	100m:	1:47.29	1:47.29	2014	3	200m:	3:45.45	1:58.16	300m:	5:45.19	1:59.74	<b>7:38.01</b>	2	110	400m:	7:38.01	1:52.82
14.	100m:	1:47.29	1:47.29	2014	/	200m:	3:45.45	1:58.16	300m:	5:44.10	1:58.65	<b>7:40.11</b>	2	109	400m:	7:40.11	1:56.01
15.	100m:	1:51.36	1:51.36	2014	/	200m:	3:50.50	1:59.14	300m:	5:46.14	1:55.64	<b>7:41.10</b>	2	108	400m:	7:41.10	1:54.96
16.	100m:	1:52.24	1:52.24	2014	3	200m:	3:51.49	1:59.25	300m:	5:48.13	1:56.64	<b>7:47.33</b>	3	104	400m:	7:47.33	1:59.20
17.	100m:	1:51.23	1:51.23	2014	/	200m:	3:53.23	2:02.00	300m:	5:53.22	1:59.99	<b>7:50.38</b>	3	102	400m:	7:50.38	1:57.16
18.	100m:	1:51.15	1:51.15	2014	/	200m:	3:55.22	2:04.07	300m:	5:59.12	2:03.90	<b>7:54.31</b>	3	99	400m:	7:54.31	1:55.19
19.	100m:	1:48.28	1:48.28	2014	3	200m:	3:55.34	2:07.06	300m:	6:03.72	2:08.38	<b>8:00.06</b>	3	96	400m:	8:00.06	1:56.34
20.	100m:	1:48.15	1:48.15	2014	3	200m:	3:55.18	2:07.03	300m:	6:00.22	2:05.04	<b>8:02.80</b>	3	94	400m:	8:02.80	2:02.58
21.	100m:	1:43.15	1:43.15	2014	/	200m:	3:53.22	2:10.07	300m:	6:06.25	2:13.03	<b>8:11.28</b>	3	89	400m:	8:11.28	2:05.03
22.	100m:	2:00.80	2:00.80	2014	/	200m:	4:16.15	2:15.35	300m:	6:26.79	2:10.64	<b>8:37.64</b>	3	76	400m:	8:37.64	2:10.85
23.	100m:	1:52.81	1:52.81	2014	3	200m:	4:05.44	2:12.63	300m:	6:21.09	2:15.65	<b>8:37.97</b>	3	76	400m:	8:37.97	2:16.88
24.	100m:	1:53.83	1:53.83	2014	3	200m:	4:07.31	2:13.48	300m:	6:25.07	2:17.76	<b>8:41.17</b>		75	400m:	8:41.17	2:16.10
25.	100m:	2:01.02	2:01.02	2014	/	200m:	4:21.36	2:20.34	300m:	6:36.84	2:15.48	<b>8:51.24</b>		71	400m:	8:51.24	2:14.40
26.	100m:	2:01.22	2:01.22	2014	3	200m:	4:23.05	2:21.83	300m:	6:44.67	2:21.62	<b>9:02.52</b>		66	400m:	9:02.52	2:17.85
27.	100m:	1:58.30	1:58.30	2014	/	200m:	4:16.22	2:17.92	300m:	6:41.08	2:24.86	<b>9:04.31</b>		66	400m:	9:04.31	2:23.23





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4, , 400m , 9								R.T.		FINA	
28.	100m: 2:07.30	2:07.30	2014 /	200m: 4:30.91	2:23.61	300m: 6:57.31	2:26.40	<b>9:19.23</b>	400m: 9:19.23	2:21.92	60
29.	100m: 2:08.49	2:08.49	2014 3	200m: 4:36.97	2:28.48	300m: 7:01.40	2:24.43	<b>9:20.64</b>	400m: 9:20.64	2:19.24	60
30.	100m: 2:04.42	2:04.42	2014 /	200m: 4:27.96	2:23.54	300m: 6:57.76	2:29.80	<b>9:24.76</b>	400m: 9:24.76	2:27.00	59
31.	100m: 2:02.78	2:02.78	2014 3	200m: 4:17.65	2:14.87	300m: 6:33.24	2:15.59	<b>9:39.03</b>	400m: 9:39.03	3:05.79	54
32.	100m: 2:06.50	2:06.50	2014 3	200m: 4:37.40	2:30.90	300m: 7:08.74	2:31.34	<b>9:41.14</b>	400m: 9:41.14	2:32.40	54
33.	100m: 2:15.58	2:15.58	2014 3	200m: 4:49.21	2:33.63	300m: 7:36.17	2:46.96	<b>9:50.52</b>	400m: 9:50.52	2:14.35	51
34.	100m: 2:14.10	2:14.10	2014 /	200m: 4:42.10	2:28.00	300m: 7:16.38	2:34.28	<b>9:56.84</b>	400m: 9:56.84	2:40.46	50
35.	100m: 2:22.66	2:22.66	2014 /	200m: 5:21.11	2:58.45	300m: 8:35.54	3:14.43	<b>11:53.39</b>	400m: 11:53.39	3:17.85	29
36.	100m: 2:55.50	2:55.50	2014 /	200m: 6:12.21	3:16.71	300m: 9:26.27	3:14.06	<b>12:48.02</b>	400m: 12:48.02	3:21.75	23
DSQ			2014 /								
10											
1.	100m: 1:19.62	1:19.62	2013 1	200m: 2:49.55	1:29.93	300m: 4:20.83	1:31.28	<b>5:49.42</b>	400m: 5:49.42	1:28.59	III 249
2.	100m: 1:23.54	1:23.54	2013 1	200m: 2:53.36	1:29.82	300m: 4:25.06	1:31.70	<b>5:52.51</b>	400m: 5:52.51	1:27.45	1 243
3.	100m: 1:23.05	1:23.05	2013 1	200m: 2:54.07	1:31.02	300m: 4:25.30	1:31.23	<b>5:53.11</b>	400m: 5:53.11	1:27.81	1 242
4.	100m: 1:22.10	1:22.10	2013 1	200m: 2:53.46	1:31.36	300m: 4:29.10	1:35.64	<b>6:01.83</b>	400m: 6:01.83	1:32.73	1 224
5.	100m: 1:24.44	1:24.44	2013 1	200m: 2:58.38	1:33.94	300m: 4:34.33	1:35.95	<b>6:04.42</b>	400m: 6:04.42	1:30.09	1 220
6.	100m: 1:26.46	1:26.46	2013 1	200m: 3:00.76	1:34.30	300m: 4:38.20	1:37.44	<b>6:10.56</b>	400m: 6:10.56	1:32.36	1 209
7.	100m: 1:25.71	1:25.71	2013 1	200m: 3:03.66	1:37.95	300m: 4:44.80	1:41.14	<b>6:24.74</b>	400m: 6:24.74	1:39.94	1 187
8.	100m: 1:27.01	1:27.01	2013 1	200m: 3:07.18	1:40.17	300m: 4:48.76	1:41.58	<b>6:26.39</b>	400m: 6:26.39	1:37.63	1 184
9.	100m: 1:30.52	1:30.52	2013 1	200m: 3:11.94	1:41.42	300m: 4:52.88	1:40.94	<b>6:31.15</b>	400m: 6:31.15	1:38.27	1 178
10.	100m: 1:26.67	1:26.67	2013 1	200m: 3:08.72	1:42.05	300m: 4:54.26	1:45.54	<b>6:39.88</b>	400m: 6:39.88	1:45.62	1 166
11.	100m: 1:29.30	1:29.30	2013 1	200m: 3:14.01	1:44.71	300m: 5:00.34	1:46.33	<b>6:43.42</b>	400m: 6:43.42	1:43.08	1 162
	100m: 1:34.56	1:34.56	2013 1	200m: 3:18.87	1:44.31	300m: 5:05.99	1:47.12	<b>6:43.42</b>	400m: 6:43.42	1:37.43	1 162





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4,	, 400m		, 10		R.T.			FINA				
	100m:	1:34.31	1:34.31	200m:	3:22.03	1:47.72	300m:	5:05.11	1:43.08	400m:	6:48.04	1:42.93
13.				2013	1					<b>6:48.04</b>	2	156
14.				2013						<b>6:56.56</b>	2	147
15.				2013						<b>6:59.49</b>	2	144
16.				2013	2					<b>7:01.42</b>	2	142
17.				2013	2					<b>7:02.28</b>	2	141
18.				2013	/					<b>7:09.35</b>	2	134
19.				2013	2					<b>7:22.48</b>	2	123
20.				2013	/					<b>7:24.59</b>	2	121
21.				2013	2					<b>7:25.82</b>	2	120
22.				2013						<b>7:26.48</b>	2	119
23.				2013	/					<b>7:32.79</b>	2	114
24.				2013	2					<b>7:36.36</b>	2	112
25.				2013	/					<b>7:36.40</b>	2	112
26.				2013	3					<b>7:39.81</b>	2	109
27.				2013	/					<b>7:40.88</b>	2	108
28.				2013	3					<b>7:43.93</b>	3	106
29.				2013	2					<b>7:45.81</b>	3	105
30.				2013	1					<b>7:55.28</b>	3	99
31.				2013	2					<b>7:59.74</b>	3	96
32.				2013	3					<b>8:20.51</b>	3	85
33.				2013	/					<b>8:30.66</b>	3	80
34.				2013	2					<b>8:30.99</b>	3	79
35.				2013	3					<b>8:54.00</b>		69





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4,		, 400m		, 10		R.T.		FINA			
36.	100m: 2:01.73	2:01.73	2013 /	200m: 4:20.79	2:19.06	300m: 6:39.93	2:19.14	<b>8:57.98</b>	68	400m: 8:57.98	2:18.05
37.	100m: 2:02.18	2:02.18	2013 3	200m: 4:19.12	2:16.94	300m: 6:41.78	2:22.66	<b>8:59.43</b>	67	400m: 8:59.43	2:17.65
38.	100m: 1:59.87	1:59.87	2013 3	200m: 4:24.67	2:24.80	300m: 6:50.57	2:25.90	<b>9:13.42</b>	62	400m: 9:13.42	2:22.85
39.	100m: 1:53.80	1:53.80	2013 3	200m: 3:15.40	1:21.60	300m: 6:46.81	3:31.41	<b>9:21.04</b>	60	400m: 9:21.04	2:34.23
40.	100m: 2:16.51	2:16.51	2013 /	200m: 4:49.47	2:32.96	300m: 7:22.31	2:32.84	<b>9:47.10</b>	52	400m: 9:47.10	2:24.79
41.	100m: 2:25.17	2:25.17	2013 3	200m: 5:02.10	2:36.93	300m: 7:32.40	2:30.30	<b>10:04.17</b>	48	400m: 10:04.17	2:31.77
42.	100m: 2:36.42	2:36.42	2013 3	200m: 5:39.62	3:03.20	300m: 8:30.20	2:50.58	<b>11:22.05</b>	33	400m: 11:22.05	2:51.85
DSQ			2013 2								
EXH	100m: 1:30.15	1:30.15	2015 /	200m: 3:15.56	1:45.41	300m: 5:03.22	1:47.66	<b>6:48.25</b>	156	400m: 6:48.25	1:45.03
EXH	100m: 1:47.77	1:47.77	2015 /	200m: 3:48.38	2:00.61	300m: 5:48.53	2:00.15	<b>7:48.33</b>	103	400m: 7:48.33	1:59.80
EXH	100m: 2:10.30	2:10.30	2015 /	200m: 4:37.92	2:27.62	300m: 7:09.59	2:31.67	<b>9:44.40</b>	53	400m: 9:44.40	2:34.81

5 , 800m 11 - 12  
06.05.2023 - 16:15

12	10:04.76	13.12.2018
11	10:08.59	07.06.2021

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12		/		R.T.		FINA				
1.	100m: 1:13.91	1:13.91	2011 III	300m: 3:57.66	1:23.13	500m: 6:46.35	1:24.64	<b>10:54.61</b> II 329	700m: 9:34.06	1:24.08
	200m: 2:34.53	1:20.62		400m: 5:21.71	1:24.05	600m: 8:09.98	1:23.63		800m: 10:54.61	1:20.55
2.	100m: 1:14.20	1:14.20	2011 II	300m: 3:59.20	1:23.05	500m: 6:48.14	1:24.01	<b>10:57.54</b> II 325	700m: 9:35.15	1:22.95
	200m: 2:36.15	1:21.95		400m: 5:24.13	1:24.93	600m: 8:12.20	1:24.06		800m: 10:57.54	1:22.39
3.	100m: 1:16.22	1:16.22	2011 II	300m: 4:05.15	1:23.90	500m: 6:54.35	1:25.00	<b>11:07.33</b> II 310	700m: 9:44.21	1:24.99
	200m: 2:41.25	1:25.03		400m: 5:29.35	1:24.20	600m: 8:19.22	1:24.87		800m: 11:07.33	1:23.12
4.	100m: 1:17.20	1:17.20	2011 III	300m: 4:06.76	1:25.18	500m: 6:59.60	1:26.49	<b>11:18.00</b> II 296	700m: 9:55.94	1:27.81
	200m: 2:41.58	1:24.38		400m: 5:33.11	1:26.35	600m: 8:28.13	1:28.53		800m: 11:18.00	1:22.06
5.	100m: 1:17.22	1:17.22	2011 III	300m: 4:07.95	1:26.70	500m: 7:02.87	1:27.44	<b>11:20.15</b> III 293	700m: 9:57.20	1:27.05
	200m: 2:41.25	1:24.03		400m: 5:35.43	1:27.48	600m: 8:30.15	1:27.28		800m: 11:20.15	1:22.95







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5,		, 800m		, 12				R.T.	FINA			
6.				2011 III				<b>11:21.00</b>	III 292			
	100m:	1:17.50	1:17.50	300m:	4:08.50	1:26.35	500m:	7:03.35	1:27.71	700m:	9:58.73	1:27.85
	200m:	2:42.15	1:24.65	400m:	5:35.64	1:27.14	600m:	8:30.88	1:27.53	800m:	11:21.00	1:22.27
7.				2011 II				<b>11:25.50</b>	III 286			
	100m:	1:18.47	1:18.47	300m:	4:08.96	1:26.52	500m:	7:04.02	1:28.13	700m:	10:00.13	1:27.94
	200m:	2:42.44	1:23.97	400m:	5:35.89	1:26.93	600m:	8:32.19	1:28.17	800m:	11:25.50	1:25.37
8.				2011 III				<b>11:42.57</b>	III 266			
	100m:	1:19.23	1:19.23	300m:	4:18.08	1:30.07	500m:	7:19.31	1:30.44	700m:	10:19.97	1:29.95
	200m:	2:48.01	1:28.78	400m:	5:48.87	1:30.79	600m:	8:50.02	1:30.71	800m:	11:42.57	1:22.60
9.				2011 III				<b>11:46.77</b>	III 261			
	100m:	1:17.50	1:17.50	300m:	4:13.56	1:29.97	500m:	7:14.30	1:29.61	700m:	10:17.82	1:32.48
	200m:	2:43.59	1:26.09	400m:	5:44.69	1:31.13	600m:	8:45.34	1:31.04	800m:	11:46.77	1:28.95
10.				2011 III				<b>11:46.89</b>	III 261			
	100m:	1:17.45	1:17.45	300m:	4:12.47	1:29.62	500m:	7:16.12	1:33.36	700m:	10:20.97	1:32.61
	200m:	2:42.85	1:25.40	400m:	5:42.76	1:30.29	600m:	8:48.36	1:32.24	800m:	11:46.89	1:25.92
11.				2011 I				<b>11:54.76</b>	III 253			
	100m:	1:19.29	1:19.29	300m:	4:20.68	1:32.01	500m:	7:27.08	1:30.67	700m:	10:30.65	1:30.54
	200m:	2:48.67	1:29.38	400m:	5:56.41	1:35.73	600m:	9:00.11	1:33.03	800m:	11:54.76	1:24.11
12.				2011 I				<b>12:00.90</b>	III 246			
	100m:	1:24.28	1:24.28	300m:	4:25.01	1:30.86	500m:	7:30.38	1:32.56	700m:	10:34.16	1:31.02
	200m:	2:54.15	1:29.87	400m:	5:57.82	1:32.81	600m:	9:03.14	1:32.76	800m:	12:00.90	1:26.74
13.				2011 III				<b>12:05.18</b>	III 242			
	100m:	1:23.02	1:23.02	300m:	4:27.52	1:32.50	500m:	7:34.51	1:33.52	700m:	10:41.58	1:32.35
	200m:	2:55.02	1:32.00	400m:	6:00.99	1:33.47	600m:	9:09.23	1:34.72	800m:	12:05.18	1:23.60
14.				2011 I				<b>12:05.66</b>	III 241			
	100m:	1:19.81	1:19.81	300m:	4:21.12	1:30.42	500m:	7:27.31	1:33.41	700m:	10:35.73	1:35.29
	200m:	2:50.70	1:30.89	400m:	5:53.90	1:32.78	600m:	9:00.44	1:33.13	800m:	12:05.66	1:29.93
15.				2011 III				<b>12:09.70</b>	III 237			
	100m:	1:23.42	1:23.42	300m:	4:25.40	1:30.00	500m:	7:34.50	1:35.08	700m:	10:42.22	1:34.62
	200m:	2:55.40	1:31.98	400m:	5:59.42	1:34.02	600m:	9:07.60	1:33.10	800m:	12:09.70	1:27.48
16.				2011 I				<b>12:10.75</b>	III 236			
	100m:	1:22.41	1:22.41	300m:	4:25.14	1:31.74	500m:	7:34.46	1:34.97	700m:	10:40.99	1:31.75
	200m:	2:53.40	1:30.99	400m:	5:59.49	1:34.35	600m:	9:09.24	1:34.78	800m:	12:10.75	1:29.76
17.				2011 I				<b>12:29.15</b>	III 219			
	100m:	1:23.19	1:23.19	300m:	4:35.01	1:36.19	500m:	7:47.10	1:36.19	700m:	10:59.22	1:36.13
	200m:	2:58.82	1:35.63	400m:	6:10.91	1:35.90	600m:	9:23.09	1:35.99	800m:	12:29.15	1:29.93
18.				2011 I				<b>12:29.86</b>	III 219			
	100m:	1:25.71	1:25.71	300m:	4:37.45	1:36.49	500m:	7:49.37	1:35.38	700m:	10:57.56	1:32.88
	200m:	3:00.96	1:35.25	400m:	6:13.99	1:36.54	600m:	9:24.68	1:35.31	800m:	12:29.86	1:32.30
19.				2011 III				<b>12:35.69</b>	III 214			
	100m:	1:24.83	1:24.83	300m:	4:35.15	1:36.03	500m:	7:49.34	1:36.99	700m:	11:02.40	1:35.00
	200m:	2:59.12	1:34.29	400m:	6:12.35	1:37.20	600m:	9:27.40	1:38.06	800m:	12:35.69	1:33.29
20.				2011 I				<b>12:35.74</b>	III 214			
	100m:	1:21.88	1:21.88	300m:	4:35.35	1:37.57	500m:	7:50.46	1:38.17	700m:	11:04.80	1:35.95
	200m:	2:57.78	1:35.90	400m:	6:12.29	1:36.94	600m:	9:28.85	1:38.39	800m:	12:35.74	1:30.94
21.				2011 III				<b>12:41.75</b>	I 209			
	100m:	1:26.93	1:26.93	300m:	4:38.66	1:36.68	500m:	7:52.68	1:37.64	700m:	11:05.20	1:36.35
	200m:	3:01.98	1:35.05	400m:	6:15.04	1:36.38	600m:	9:28.85	1:36.17	800m:	12:41.75	1:36.55
22.				2011 III				<b>12:49.36</b>	I 202			
	100m:	1:27.35	1:27.35	300m:	4:42.17	1:38.78	500m:	8:02.37	1:39.87	700m:	11:18.97	1:37.67
	200m:	3:03.39	1:36.04	400m:	6:22.50	1:40.33	600m:	9:41.30	1:38.93	800m:	12:49.36	1:30.39





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5,		, 800m		, 12				R.T.		FINA		
23.				2011	III					<b>12:53.08</b>	1 200	
	100m:	1:27.12	1:27.12	300m:	4:40.25	1:37.03	500m:	7:57.30	1:38.05	700m:	11:16.25	1:41.00
	200m:	3:03.22	1:36.10	400m:	6:19.25	1:39.00	600m:	9:35.25	1:37.95	800m:	12:53.08	1:36.83
24.				2011	1					<b>12:57.62</b>	1 196	
	100m:	1:26.32	1:26.32	300m:	4:46.33	1:41.22	500m:	8:06.08	1:40.06	700m:	11:20.10	1:34.99
	200m:	3:05.11	1:38.79	400m:	6:26.02	1:39.69	600m:	9:45.11	1:39.03	800m:	12:57.62	1:37.52
25.				2011	1					<b>13:00.70</b>	1 194	
	100m:	1:27.56	1:27.56	300m:	4:45.02	1:39.82	500m:	8:07.50	1:41.43	700m:	11:29.09	1:40.32
	200m:	3:05.20	1:37.64	400m:	6:26.07	1:41.05	600m:	9:48.77	1:41.27	800m:	13:00.70	1:31.61
26.				2011	2					<b>13:07.63</b>	1 189	
	100m:	1:30.86	1:30.86	300m:	4:49.87	1:39.19	500m:	8:10.57	1:40.49	700m:	11:30.37	1:39.36
	200m:	3:10.68	1:39.82	400m:	6:30.08	1:40.21	600m:	9:51.01	1:40.44	800m:	13:07.63	1:37.26
27.				2011	1					<b>13:10.39</b>	1 187	
	100m:	1:27.87	1:27.87	300m:	4:46.99	1:39.92	500m:	8:11.16	1:43.07	700m:	11:34.44	1:41.48
	200m:	3:07.07	1:39.20	400m:	6:28.09	1:41.10	600m:	9:52.96	1:41.80	800m:	13:10.39	1:35.95
28.				2011	1					<b>13:36.60</b>	1 169	
	100m:	1:27.98	1:27.98	300m:	4:52.78	1:42.98	500m:	8:23.30	1:45.78	700m:	11:55.26	1:45.75
	200m:	3:09.80	1:41.82	400m:	6:37.52	1:44.74	600m:	10:09.51	1:46.21	800m:	13:36.60	1:41.34
29.				2011	1					<b>13:37.63</b>	1 169	
	100m:	1:33.20	1:33.20	300m:	5:01.40	1:40.95	500m:	8:33.55	1:46.10	700m:	12:01.47	1:42.00
	200m:	3:20.45	1:47.25	400m:	6:47.45	1:46.05	600m:	10:19.47	1:45.92	800m:	13:37.63	1:36.16
30.				2011	1					<b>14:01.92</b>	1 154	
	100m:	1:30.22	1:30.22	300m:	5:01.22	1:47.00	500m:	8:40.23	1:51.83	700m:	12:20.33	1:48.91
	200m:	3:14.22	1:44.00	400m:	6:48.40	1:47.18	600m:	10:31.42	1:51.19	800m:	14:01.92	1:41.59
31.				2011	1					<b>14:08.96</b>	1 151	
	100m:	1:30.46	1:30.46	300m:	5:04.52	1:48.11	500m:	8:45.71	1:51.25	700m:	12:24.46	1:48.85
	200m:	3:16.41	1:45.95	400m:	6:54.46	1:49.94	600m:	10:35.61	1:49.90	800m:	14:08.96	1:44.50
32.				2011	2					<b>14:51.77</b>	2 130	
	100m:	1:35.41	1:35.41	300m:	5:21.99	1:53.02	500m:	9:11.24	1:54.98	700m:	12:57.11	1:52.02
	200m:	3:28.97	1:53.56	400m:	7:16.26	1:54.27	600m:	11:05.09	1:53.85	800m:	14:51.77	1:54.66
33.				2011	1					<b>14:54.55</b>	2 129	
	100m:	1:28.32	1:28.32	300m:	5:11.23	1:54.78	500m:	9:06.35	1:59.10	700m:	13:00.42	1:56.04
	200m:	3:16.45	1:48.13	400m:	7:07.25	1:56.02	600m:	11:04.38	1:58.03	800m:	14:54.55	1:54.13
34.				2011	1					<b>15:14.31</b>	2 120	
	100m:	1:38.24	1:38.24	300m:	5:38.73	2:01.42	500m:	9:34.78	1:59.41	700m:	13:20.19	1:52.38
	200m:	3:37.31	1:59.07	400m:	7:35.37	1:56.64	600m:	11:27.81	1:53.03	800m:	15:14.31	1:54.12
35.				2011	2					<b>15:44.78</b>	2 109	
	100m:	1:42.18	1:42.18	300m:	5:44.94	2:02.64	500m:	9:46.56	1:59.05	700m:	13:49.44	2:01.83
	200m:	3:42.30	2:00.12	400m:	7:47.51	2:02.57	600m:	11:47.61	2:01.05	800m:	15:44.78	1:55.34
36.				2011	1					<b>16:00.34</b>	2 104	
	100m:	1:40.05	1:40.05	300m:	5:33.49	1:57.51	500m:	9:40.77	2:04.91	700m:	13:53.92	2:07.34
	200m:	3:35.98	1:55.93	400m:	7:35.86	2:02.37	600m:	11:46.58	2:05.81	800m:	16:00.34	2:06.42
37.				2011	2					<b>16:37.64</b>	2 93	
	100m:	1:44.92	1:44.92	300m:	6:00.64	2:09.16	500m:	10:20.04	2:10.30	700m:	14:33.43	2:05.54
	200m:	3:51.48	2:06.56	400m:	8:09.74	2:09.10	600m:	12:27.89	2:07.85	800m:	16:37.64	2:04.21
38.				2011	2					<b>18:46.80</b>	64	
	100m:	2:01.22	2:01.22	300m:	6:45.35	2:23.17	500m:	11:36.51	2:24.37	700m:	16:25.42	2:23.56
	200m:	4:22.18	2:20.96	400m:	9:12.14	2:26.79	600m:	14:01.86	2:25.35	800m:	18:46.80	2:21.38







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5,		, 800m		, 11								
								R.T.		FINA		
17.				2012	1				<b>13:44.43</b>	1	164	
	100m:	1:33.05	1:33.05	300m:	5:03.90	1:45.95	500m:	8:33.34	1:44.82	700m:	12:02.08	1:43.56
	200m:	3:17.95	1:44.90	400m:	6:48.52	1:44.62	600m:	10:18.52	1:45.18	800m:	13:44.43	1:42.35
18.				2012	1				<b>13:50.49</b>	1	161	
	100m:	1:26.93	1:26.93	300m:	5:00.25	1:48.28	500m:	8:35.21	1:45.21	700m:	12:10.20	1:44.90
	200m:	3:11.97	1:45.04	400m:	6:50.00	1:49.75	600m:	10:25.30	1:50.09	800m:	13:50.49	1:40.29
19.				2012	1				<b>13:51.17</b>	1	160	
	100m:	1:30.36	1:30.36	300m:	5:03.90	1:47.29	500m:	8:42.48	1:49.47	700m:	12:12.01	1:42.17
	200m:	3:16.61	1:46.25	400m:	6:53.01	1:49.11	600m:	10:29.84	1:47.36	800m:	13:51.17	1:39.16
20.				2012	2				<b>14:02.66</b>	1	154	
	100m:	1:31.36	1:31.36	300m:	5:05.29	1:47.29	500m:	8:46.83	1:52.48	700m:	12:19.98	1:47.51
	200m:	3:18.00	1:46.64	400m:	6:54.35	1:49.06	600m:	10:32.47	1:45.64	800m:	14:02.66	1:42.68
21.				2012	1				<b>14:12.97</b>	1	148	
	100m:	1:36.53	1:36.53	300m:	5:14.53	1:49.69	500m:	8:51.58	1:47.80	700m:	12:29.42	1:49.82
	200m:	3:24.84	1:48.31	400m:	7:03.78	1:49.25	600m:	10:39.60	1:48.02	800m:	14:12.97	1:43.55
22.				2012	2				<b>14:15.13</b>	1	147	
	100m:	1:34.81	1:34.81	300m:	5:09.73	1:48.33	500m:	8:51.84	1:50.45	700m:	12:27.57	1:44.79
	200m:	3:21.40	1:46.59	400m:	7:01.39	1:51.66	600m:	10:42.78	1:50.94	800m:	14:15.13	1:47.56
23.				2012	1				<b>14:34.97</b>	1	137	
	100m:	1:36.77	1:36.77	300m:	5:16.52	1:50.71	500m:	8:59.81	1:52.40	700m:	12:42.11	1:50.39
	200m:	3:25.81	1:49.04	400m:	7:07.41	1:50.89	600m:	10:51.72	1:51.91	800m:	14:34.97	1:52.86
24.				2012	1				<b>14:36.96</b>	1	137	
	100m:	1:37.28	1:37.28	300m:	5:19.89	1:50.90	500m:	9:06.58	1:52.93	700m:	12:49.00	1:50.86
	200m:	3:28.99	1:51.71	400m:	7:13.65	1:53.76	600m:	10:58.14	1:51.56	800m:	14:36.96	1:47.96
25.				2012	2				<b>14:40.93</b>	1	135	
	100m:	1:38.45	1:38.45	300m:	5:21.49	1:53.32	500m:	9:11.28	1:54.36	700m:	12:53.74	1:54.41
	200m:	3:28.17	1:49.72	400m:	7:16.92	1:55.43	600m:	10:59.33	1:48.05	800m:	14:40.93	1:47.19
26.				2012	1				<b>15:14.77</b>	2	120	
	100m:	1:47.37	1:47.37	300m:	5:40.79	1:56.60	500m:	9:33.64	1:56.34	700m:	13:24.02	1:54.49
	200m:	3:44.19	1:56.82	400m:	7:37.30	1:56.51	600m:	11:29.53	1:55.89	800m:	15:14.77	1:50.75
27.				2012	/				<b>15:23.03</b>	2	117	
	100m:	1:39.44	1:39.44	300m:	5:34.50	1:59.05	500m:	9:29.50	1:58.00	700m:	13:28.54	1:59.99
	200m:	3:35.45	1:56.01	400m:	7:31.50	1:57.00	600m:	11:28.55	1:59.05	800m:	15:23.03	1:54.49
28.				2012	2				<b>15:29.61</b>	2	115	
	100m:	1:45.22	1:45.22	300m:	5:45.22	2:01.87	500m:	9:41.22	1:59.09	700m:	13:38.12	1:58.70
	200m:	3:43.35	1:58.13	400m:	7:42.13	1:56.91	600m:	11:39.42	1:58.20	800m:	15:29.61	1:51.49
29.				2012	3				<b>15:46.22</b>	2	109	
	100m:	1:41.48	1:41.48	300m:	5:43.31	2:03.10	500m:	9:44.27	1:58.13	700m:	13:48.82	2:01.45
	200m:	3:40.21	1:58.73	400m:	7:46.14	2:02.83	600m:	11:47.37	2:03.10	800m:	15:46.22	1:57.40
30.				2012	1				<b>15:52.83</b>	2	106	
	100m:	1:42.86	1:42.86	300m:	5:47.32	2:03.31	500m:	9:50.23	2:00.90	700m:	14:03.20	2:05.13
	200m:	3:44.01	2:01.15	400m:	7:49.33	2:02.01	600m:	11:58.07	2:07.84	800m:	15:52.83	1:49.63
31.				2012	/				<b>16:40.56</b>	2	92	
	100m:	1:47.12	1:47.12	300m:	5:59.15	2:09.72	500m:	10:15.90	2:08.10	700m:	14:30.81	2:07.49
	200m:	3:49.43	2:02.31	400m:	8:07.80	2:08.65	600m:	12:23.32	2:07.42	800m:	16:40.56	2:09.75
32.				2012	2				<b>17:47.39</b>	3	75	
	100m:	1:56.37	1:56.37	300m:	6:31.74	2:19.35	500m:	11:09.38	2:15.93	700m:	15:39.28	2:12.03
	200m:	4:12.39	2:16.02	400m:	8:53.45	2:21.71	600m:	13:27.25	2:17.87	800m:	17:47.39	2:08.11

